

COVID-19 Caregiving Resources

AARP Caregiving COVID-19 Tip Sheets

Caregiving and COVID-19 fact sheets, preparedness checklists for caregivers, and other timely resources.
aarp.org/employercaregiving

AARP Coronavirus Information

AARP is working tirelessly to inform and protect older Americans, who are more at risk to be seriously impacted by the coronavirus. As the pandemic continues, you can count on us for the information you need to keep you and your loved ones safe.

aarp.org/coronavirus

AARP COVID-19 Videos

Keep learning with free interactive videos.

aarp.org/vcworkshop

AARP Caregiving Resource Center & Family Caregiver Support Line

One-stop shop for tips, tools and resources while caring for a loved one.

English: aarp.org/caregiving or call 877-333-5885

Spanish: aarp.org/cuidar or call 888-971-2013

AARP Community Connections

Whether you want to start a group, find a group, or even request a friendly call from one of our volunteers, we can help you connect with other family caregivers in your community.

aarpcommunityconnections.org or call 888-284-0145

AARP Prepare to Care: A Caregiving Planning Guide for Families

Information includes: how to have conversations with older family members, organizing important documents, assessing a loved one's needs, and locating important resources. The guide is available in English, Spanish, Chinese, Asian American, Military and LGBT editions.

aarp.org/preparetocare

AARP Caregiving Preparation Tools

Being a family caregiver is one of the most important roles you'll take on. Check out this information, resources, and checklists to help you get organized and find the support you might need.

aarp.org/caregivingprep

AARP Community Resource Finder

The online tool makes it easy for people living with Alzheimer's and other dementias, family caregivers and those involved in making care-related decisions to find local programs and services.

aarp.org/crf

AARP How to Find Coronavirus Resources in Your State

Click on your state and follow the link to find resources for public health updates and other real-time information, plus how to get food and health care assistance, including food banks and grocery delivery options.

aarp.org/health/healthy-living/info-2020/coronavirus-state-resources

Essential Community Services

A free and confidential service that helps people across North America find the local resources they need.

211.org or 2-1-1

Eldercare Locator

A public service of the U.S. Administration on Aging that connects caregivers to local services and resources for older adults.

eldercare.acl.gov or call 800-677-1116

COVID-19 Caregiving Resources

AARP Near You

AARP wants to help you stay connected, share ideas and help your neighbors. Let us be your guide to great programs, stimulating things to do, local services, discounts and more.

aarp.org/nearyou

AARP Learn@50+

Take advantage of the many tools, tips and resources offered by AARP - at no cost to you.

learn.aarp.org

LIVE EVENTS

AARP Free Caregiving Webinar - Prepare to Care Understanding the Cost of Caregiving 5/14/20 7 p.m. ET & 7 p.m. PT

Webinar discusses the financial impacts of family caregiving, focusing on four key areas: Legal, Health, Housing, and Preparing for the Future.

learn.aarp.org/online-events

AARP Coronavirus Tele-Town Halls, Thursdays at 1:00 p.m. ET

Live Q&A event, where experts share information about COVID-19 and how to protect yourself.

aarp.org/coronavirus

Call 855-274-9507

