

**HOW  
WEALTHY  
ARE YOU?**

# Financial Wealth in Years Worksheet

Financial planner Allan Roth advises clients to think of wealth in terms of years, not dollars. Here's how to figure it out.

## 1. Add up your assets:

- \_\_\_\_\_ Bank balances
- \_\_\_\_\_ Investments—401(k)s, IRAs,  
brokerage accounts, mutual  
funds
- \_\_\_\_\_ Value of your home

*(You may be able to downsize and sell or,  
as a last resort, take out a reverse mortgage  
for cash to live on.)*

\_\_\_\_\_ **TOTAL**

## 2. Add up your liabilities:

- \_\_\_\_\_ Mortgage
- \_\_\_\_\_ Credit card balances
- \_\_\_\_\_ Car loan
- \_\_\_\_\_ Other debt
- \_\_\_\_\_ **TOTAL**

## 3. Subtract your liabilities from your assets to get your net worth:

\_\_\_\_\_ **NET WORTH**

## 4. Now, estimate your annual expenses:

*(Yes, that could be a whole article in itself.  
One starting point: The Bureau of Labor  
Statistics says the average annual expenditure  
of a household headed by someone age 65 or  
older is \$49,500.)*

\_\_\_\_\_ **ANNUAL EXPENSES**

## 5. Add up your annual guaranteed income:

- \_\_\_\_\_ Social Security  
*(Current average of \$17,500 for retired  
workers; \$29,400 for older couples)*
- \_\_\_\_\_ Pension income
- \_\_\_\_\_ **TOTAL**

## 6. Subtract your guaranteed income from your expenses to get your annual additional need:

\_\_\_\_\_ **ANNUAL ADDITIONAL  
NEED**

## 7. Divide your net worth by your annual additional need to get your wealth, measured in years:

\_\_\_\_\_ **YEARS**