



2025 Loneliness Study: Hispanic/Latino Adults 45-plus Annotated Questionnaire

Study population: Hispanic/Latino adults age 45-plus

Field dates: August 4, 2025 - August 19, 2025

Data collection vendor: Ipsos Public Affairs

TOTAL sample size (and breakout of any subgroups): Hispanic/Latino sample, n=618; Lonely, n=254, Not lonely, n=357

MOE or appropriate estimate of error: Hispanic/Latino total (95% level): $\pm 4.39\%$

Notes:

- Data are weighted to represent the Hispanic/Latino 45-plus population
 - Percentages may not add to 100% due to rounding
 - Default base for all tables is n=618 unless otherwise stated
 - Cell values of “-” mean 0%, Cell values of “*” mean <0.5%, and cell values of “^” mean data suppressed due to small base size
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Research study page: <https://www.aarp.org/loneliness2025>



S1. What is your current gender identity?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Man	48%	53%	45%
Woman	51%	46%	55%
Non-binary	—	—	—
Another gender (please specify)	*	*	*

S3. Did you ever serve on active duty in the U.S. Armed Forces?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	6%	7%	6%
No	94%	93%	94%

S4. [If S3=1] Are you now in the U.S. Armed Forces?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	55	28	27
Yes	^	^	^
No	^	^	^

^*Data suppressed due to small base size

S2. Do you identify as LGBTQ+?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	2%	3%	1%
No	95%	93%	96%
Not sure	1%	2%	1%
Prefer not to say	2%	3%	2%



Q2. How would you rate your overall health at the present time?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
Unweighted n	618	254	357
Top 2 Box (Net)	34%	26%	40%
Excellent	6%	4%	7%
Very good	28%	22%	33%
Good	42%	44%	41%
Bottom 2 Box (Net)	24%	30%	19%
Fair	19%	23%	16%
Poor	5%	7%	3%

Q3. Do you currently identify as a person with a disability or other chronic condition?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
Unweighted n	618	254	357
Yes	27%	32%	23%
No	71%	66%	75%
Prefer not to answer	2%	2%	2%



Q4. Do you have any of the following challenges or conditions?

a. Difficulty hearing

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	19%	23%	17%
Yes, serious difficulty	3%	4%	2%
Yes, but not serious difficulty	16%	19%	15%
No difficulty	80%	77%	83%

b. Deafness

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	11%	13%	9%
Yes, serious difficulty	3%	3%	2%
Yes, but not serious difficulty	8%	9%	7%
No difficulty	89%	87%	91%

c. Difficulty seeing, even when wearing glasses, or blindness

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	22%	29%	17%
Yes, serious difficulty	2%	3%	2%
Yes, but not serious difficulty	20%	26%	15%
No difficulty	77%	70%	82%



d. Difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional problem

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	18%	23%	13%
Yes, serious difficulty	3%	4%	2%
Yes, but not serious difficulty	15%	19%	12%
No difficulty	82%	76%	86%

e. Difficulty walking or climbing stairs

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	25%	28%	23%
Yes, serious difficulty	6%	7%	5%
Yes, but not serious difficulty	19%	21%	18%
No difficulty	74%	71%	77%

f. Difficulty dressing or bathing

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	10%	13%	8%
Yes, serious difficulty	2%	3%	2%
Yes, but not serious difficulty	8%	10%	6%
No difficulty	89%	85%	91%



g. Difficulty doing errands alone such as visiting a doctor's office or shopping because of a physical, mental, or emotional problems

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	12%	15%	9%
Yes, serious difficulty	3%	4%	3%
Yes, but not serious difficulty	8%	11%	6%
No difficulty	88%	85%	90%

h. Difficulty communicating, for example, understanding or being understood

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	8%	13%	4%
Yes, serious difficulty	2%	4%	—
Yes, but not serious difficulty	6%	10%	4%
No difficulty	91%	86%	95%

i. A chronic condition or disease that has lasted more than three months

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes, difficulty (net)	35%	38%	31%
Yes, serious difficulty	12%	18%	8%
Yes, but not serious difficulty	22%	20%	23%
No difficulty	64%	62%	67%



Q5. Which of the following medical conditions have you been diagnosed with, if any?

a. Diabetes (high blood sugar)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	24%	27%	21%
No	75%	72%	77%

b. Obesity

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	22%	23%	21%
No	77%	76%	78%

c. Depression

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	17%	25%	11%
No	82%	74%	88%

d. Anxiety

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	20%	27%	15%
No	79%	72%	84%

e. ADHD

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	2%	4%	1%
No	96%	95%	96%



f. Other mood disorder (e.g., bipolar disorder)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	3%	6%	2%
No	96%	94%	98%

g. Sleep disorder (e.g., insomnia, sleep apnea)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	20%	25%	17%
No	79%	75%	82%

h. High Cholesterol

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	40%	43%	37%
No	60%	56%	62%

i. Other Chronic Pain Condition

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	20%	26%	16%
No	79%	74%	82%

j. Drug/Alcohol Abuse

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	2%	3%	*
No	98%	96%	99%



k. HIV/AIDS

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	*	1%	—
No	98%	96%	99%

l. Other sexually transmitted diseases

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	3%	2%	3%
No	97%	98%	96%

m. Other medical condition (please specify)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	19%	17%	21%
No	73%	77%	71%



Q10. On a scale from 1 to 10, where 1 is “extremely low” and 10 is “extremely high,” please rate the overall stress level in your life today.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 3 Box	13%	19%	9%
10 Extremely High	3%	5%	1%
9	2%	4%	1%
8	8%	10%	6%
Middle 4 Box	49%	61%	41%
7	9%	16%	5%
6	13%	16%	10%
5	16%	18%	15%
4	11%	11%	12%
Bottom 3 Box	38%	20%	50%
3	14%	10%	16%
2	13%	6%	17%
1 Extremely Low	11%	3%	17%

Q22. [Those married / partner (PPMARIT = 1 or 6)] How satisfied are you in your current relationship with your spouse or partner?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	421	160	256
Top 2 Box	80%	69%	86%
Very satisfied	58%	37%	70%
Somewhat satisfied	22%	32%	17%
Neither satisfied nor unsatisfied	11%	17%	8%
Bottom 2 Box	8%	14%	5%
Somewhat unsatisfied	6%	9%	4%
Very unsatisfied	3%	4%	2%



Q23. [Those divorced (PPMARIT = 3)] How long have you been divorced?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	76	29	47
Less than 10 years (Net)	^	^	^
Less than 1 year	^	^	^
1 to 2 years	^	^	^
3 to 4 years	^	^	^
5 to 9 years	^	^	^
10 or more years (Net)	^	^	^
10 to 19 years	^	^	^
20 years or more	^	^	^

^*Data suppressed due to small base size

Q24. [Those widowed (PPMARIT = 2)] How long have you been widowed?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	28	11	16
Less than 10 years (Net)	^	^	^
Less than 1 year	^	^	^
1 to 2 years	^	^	^
3 to 4 years	^	^	^
5 to 9 years	^	^	^
10 or more years (Net)	^	^	^
10 to 19 years	^	^	^
20 years or more	^	^	^

^*Data suppressed due to small base size



Q25a. Are your parents still living?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes (Net)	55%	58%	53%
Yes, both	21%	20%	22%
Yes, one	34%	38%	31%
No	45%	42%	47%
Don't know	—	—	—



Q26. How many siblings do you have?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0	6%	6%	5%
Up to 5 sibling (Net)	66%	67%	66%
1	13%	14%	13%
2	18%	20%	17%
3	16%	16%	17%
4	9%	9%	9%
5	9%	8%	10%
Between 6 and 10 (Net)	24%	19%	27%
6	7%	5%	9%
7	8%	7%	8%
8	5%	4%	5%
9	2%	2%	3%
10	2%	1%	2%
11 or more (Net)	3%	5%	2%
11	1%	2%	*
12	1%	1%	1%
13	*	*	—
14	*	*	—
15	1%	1%	*



Q43. How many children age 18 or older do you have?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0	22%	27%	19%
Up to 5 children (Net)	74%	68%	79%
1	17%	16%	18%
2	29%	26%	31%
3	18%	15%	20%
4	7%	5%	9%
5	3%	6%	2%
Between 6 and 10 (Net)	2%	3%	2%
6	1%	1%	2%
7	1%	1%	*
8	*	—	1%
9	*	1%	—
10	—	—	—
11 or more (Net)	*	1%	—
11	—	—	—
12	—	—	—
13	—	—	—
14	*	1%	—
15	—	—	—



Q44. How many children under the age of 18 do you have?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0	71%	70%	72%
Up to 5 children (Net)	26%	27%	26%
1	14%	12%	16%
2	10%	11%	9%
3	1%	2%	1%
4	1%	2%	—
5	*	*	1%
Between 6 and 10 (Net)	*	1%	—
6	*	1%	—
7	—	—	—
8	*	*	—
9	—	—	—
10	—	—	—
11 or more (Net)	—	—	—
11	—	—	—
12	—	—	—
13	—	—	—
14	—	—	—
15	—	—	—



Q45. Are you a grandparent or step-grandparent?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes (Net)	49%	45%	51%
Yes, I'm a grandparent	45%	40%	49%
Yes, I'm a step-grandparent	7%	8%	6%
No, I am not a grandparent nor a step-grandparent	51%	55%	49%

Q46_new. How many close relatives (parents, siblings, grandparents, etc.) do you have - people that you feel at ease with and can talk to about private matters?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
None	14%	20%	9%
1-2 (Net)	31%	37%	27%
1	14%	19%	10%
2	17%	19%	17%
3+ (Net)	54%	42%	63%
3-5	35%	30%	38%
6+ (Net)	19%	12%	25%
6-9	10%	8%	13%
10 or more	9%	4%	13%



Q47. How many close friends do you have - people that you feel at ease with and can talk to about private matters?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
None	17%	29%	9%
1-2 (Net)	41%	43%	40%
1	14%	17%	12%
2	27%	25%	29%
3+ (Net)	41%	28%	50%
3-5	30%	24%	34%
6+ (Net)	11%	5%	16%
6-9	6%	3%	9%
10 or more	5%	2%	8%

Q34. Have any good friends, close relatives, or a spouse or partner passed away in the past 5 years, since 2020?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes (Net)	62%	65%	61%
Yes, a good friend/close relative (Net)	61%	63%	59%
Yes, a good friend	22%	24%	21%
Yes, a close relative	48%	50%	48%
Yes, a spouse or partner [AUTOMATICALLY SELECT AND PRE-POPULATE IN Q34b IF Q24=1-4, Show selected on screen]	4%	6%	3%
No	37%	34%	39%



Q35. Have any good friends, adult child, or other close relatives moved away from you in the past 5 years?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes (Net)	28%	26%	30%
Yes, a good friend	8%	7%	9%
Yes, an adult child	14%	13%	15%
Yes, a close relative (not an adult child)	9%	8%	9%
Close relative / adult child (Net)	22%	21%	23%
No	71%	74%	70%

Q35a. [Q35 = 1, 2 or 3 (someone has moved in the past 5 years)] How connected do you still feel to the person/people who moved away in the past 5 years? If you have more than one friend, adult child, or close relative who has moved away, please think about the one who moved most recently.

a. A good friend

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	58	25	33
Close/Still in touch (net)	^	^	^
We still maintain a close, frequent connection	^	^	^
We're still in touch but less often than before	^	^	^
Drifted apart/Not in contact (net)	^	^	^
We've drifted apart	^	^	^
We are no longer in contact	^	^	^

^*Data suppressed due to small base size



b. An adult child

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	86	35	49
Close/Still in touch (net)	^	^	^
We still maintain a close, frequent connection	^	^	^
We're still in touch but less often than before	^	^	^
Drifted apart/Not in contact (net)	^	^	^
We've drifted apart	^	^	^
We are no longer in contact	^	^	^

^*Data suppressed due to small base size

c. A close relative (not an adult child)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	48	18	30
Close/Still in touch (net)	^	^	^
We still maintain a close, frequent connection	^	^	^
We're still in touch but less often than before	^	^	^
Drifted apart/Not in contact (net)	^	^	^
We've drifted apart	^	^	^
We are no longer in contact	^	^	^

^*Data suppressed due to small base size

Q38. Would you say that you have more friends, fewer friends, or about the same number of friends as you did 5 years ago?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
More	13%	7%	16%
Fewer	30%	46%	19%
About the same	57%	47%	65%



Q39. Are you currently providing unpaid care or assistance to an **adult** friend or family member who needs assistance due to aging, a disability, or a health-related issue? By care or assistance, we are referring to providing help with activities (like bathing/dressing, grocery shopping, housekeeping, meal preparation, providing transportation to medical appointments, managing medications, help with bill-paying or managing their finances, arranging for outside services, etc.) for someone who needs assistance due to aging, a disability, or a health-related issue.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	15%	16%	13%
No	85%	84%	86%

Q41. [If Q39 = 1 (caregivers)] What is this person's relationship to you? If you provide unpaid care to more than one adult friend or family member, please answer about the person for whom you spend the most time providing care.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	93	42	50
Parent	^	^	^
Child	^	^	^
Sibling	^	^	^
Grandparent	^	^	^
Friend	^	^	^
Neighbor	^	^	^
Spouse/partner	^	^	^
Other relative	^	^	^

^*Data suppressed due to small base size



Q46. How often do you attend religious services or other events at a place of worship?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Once a month or more often (Net)	41%	33%	46%
Once a week or more	27%	21%	32%
A couple times a month	8%	7%	8%
Once a month	5%	5%	5%
Less often than once a month (Net)	59%	67%	54%
A couple times a year	16%	17%	16%
Once a year or less	16%	17%	15%
Never	27%	32%	23%

Q48. In the past 12 months, have you volunteered, that is given your time or skills, for a non-profit organization, a charity, school, hospital, religious organization, neighborhood association, civic or any other group?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	21%	17%	23%
No	79%	83%	77%

Q49. [Q48 = 1 (have volunteered in the past 12 months)] In what ways do you participate in volunteer activities?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	132	44	87
In-person	83%	^	^
Virtual	4%	^	^
Both in-person and virtual	13%	^	^

^*Data suppressed due to small base size



Q50. Do you belong to any local community organizations, clubs, or groups such as Kiwanis, book clubs, gardening groups, or other social groups? If so, how many?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0	87%	90%	85%
1+ (Net)	12%	10%	14%
1	7%	6%	8%
2	3%	2%	3%
3 or more	2%	1%	3%

Q51. [Q50 = 2, 3, or 4 (belong to local community organizations)] In what ways do you participate in community organizations, clubs, or group activities?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	87	30	56
In-person	65%	^	^
Virtual	9%	^	^
Both in-person and virtual	26%	^	^

^*Data suppressed due to small base size

Q57. [Those where PPEMPLOY = 1 (Working)] How satisfied are you with your current job?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	294	127	166
Top 2 Box (Net)	73%	65%	79%
Very satisfied	38%	24%	48%
Somewhat satisfied	35%	41%	31%
Bottom 2 Box (Net)	14%	19%	11%
Neither satisfied nor unsatisfied	13%	16%	10%
Somewhat unsatisfied	8%	10%	8%
Very unsatisfied	4%	7%	3%



Q61. [Those where ppwork=5 (retired)] How long have you been retired?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	159	58	98
Less than 1 year	2%	^	^
More than 1 year but less than 5 years	20%	^	^
More than 5 years but less than 10 years	24%	^	^
10 years or more	53%	^	^

^*Data suppressed due to small base size

Q63. [Those where ppwork=5 (retired)] Have you stayed in contact with any of your former coworkers after your retirement?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	159	58	98
Yes (Net)	67%	^	^
Yes, regularly	16%	^	^
Yes, occasionally	28%	^	^
Yes, once in a while	23%	^	^
No	26%	^	^
I did not have coworkers	7%	^	^

^*Data suppressed due to small base size

Q64. How long have you lived at your current residence?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Less than 10 years (Net)	43%	51%	38%
Less than 1 year	5%	8%	3%
1 year to less than 5 years	18%	19%	17%
5 years to less than 10 years	20%	24%	17%
10 years+ (Net)	57%	49%	62%
10 years to less than 20 years	23%	19%	27%
20 years or more	34%	30%	36%



Q70. The following statements describe how people sometimes feel. For each statement, please indicate how often you feel the way described.

a. How often do you feel that you are "in tune" with the people around you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	80%	59%	95%
Always	27%	5%	43%
Sometimes	53%	54%	53%
Bottom 2 box (Net)	19%	40%	5%
Rarely	13%	28%	3%
Never	6%	13%	1%

b. How often do you feel that you lack companionship?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	31%	64%	8%
Always	6%	16%	—
Sometimes	25%	49%	8%
Bottom 2 box (Net)	68%	36%	91%
Rarely	30%	23%	36%
Never	38%	13%	56%



c. How often do you feel that there is no one you can turn to?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	27%	57%	5%
Always	5%	13%	—
Sometimes	22%	44%	5%
Bottom 2 box (Net)	73%	43%	94%
Rarely	31%	32%	31%
Never	42%	12%	63%

d. How often do you feel alone?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	33%	68%	9%
Always	5%	13%	—
Sometimes	28%	56%	9%
Bottom 2 box (Net)	66%	32%	90%
Rarely	35%	25%	42%
Never	31%	7%	48%

e. How often do you feel part of a group of friends?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	69%	40%	90%
Always	29%	4%	47%
Sometimes	40%	37%	43%
Bottom 2 box (Net)	30%	60%	10%
Rarely	18%	35%	6%
Never	12%	24%	4%



f. How often do you feel that you have a lot in common with the people around you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	70%	43%	91%
Always	19%	2%	31%
Sometimes	51%	41%	59%
Bottom 2 box (Net)	29%	57%	9%
Rarely	21%	43%	7%
Never	7%	14%	3%

g. How often do you feel that you are no longer close to anyone?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	31%	61%	9%
Always	5%	11%	1%
Sometimes	26%	50%	8%
Bottom 2 box (Net)	69%	39%	91%
Rarely	33%	27%	38%
Never	35%	12%	53%

h. How often do you feel that your interests and ideas are not shared by those around you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	45%	65%	32%
Always	7%	14%	3%
Sometimes	38%	51%	29%
Bottom 2 box (Net)	54%	35%	68%
Rarely	36%	24%	44%
Never	18%	11%	24%



i. How often do you feel outgoing and friendly?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	82%	67%	94%
Always	39%	16%	55%
Sometimes	43%	50%	39%
Bottom 2 box (Net)	17%	33%	6%
Rarely	14%	27%	5%
Never	3%	6%	1%

j. How often do you feel close to people?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	78%	54%	96%
Always	29%	6%	46%
Sometimes	49%	49%	50%
Bottom 2 box (Net)	22%	46%	4%
Rarely	16%	33%	4%
Never	6%	12%	1%

k. How often do you feel left out?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	29%	58%	7%
Always	4%	9%	—
Sometimes	25%	50%	7%
Bottom 2 box (Net)	71%	42%	93%
Rarely	40%	30%	47%
Never	31%	11%	46%



l. How often do you feel that your relationships with others are not meaningful?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	33%	61%	12%
Always	6%	11%	3%
Sometimes	26%	50%	9%
Bottom 2 box (Net)	67%	39%	88%
Rarely	36%	28%	42%
Never	31%	11%	46%

m. How often do you feel that no one really knows you well?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	38%	66%	17%
Always	7%	16%	2%
Sometimes	30%	51%	15%
Bottom 2 box (Net)	62%	34%	82%
Rarely	36%	23%	45%
Never	26%	10%	37%

n. How often do you feel isolated from others?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	33%	69%	7%
Always	5%	13%	*
Sometimes	28%	56%	7%
Bottom 2 box (Net)	66%	31%	92%
Rarely	31%	23%	37%
Never	35%	8%	55%



o. How often do you feel you can find companionship when you want it?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	72%	48%	90%
Always	36%	8%	56%
Sometimes	36%	40%	33%
Bottom 2 box (Net)	27%	52%	10%
Rarely	18%	35%	7%
Never	9%	17%	3%

p. How often do you feel that there are people who really understand you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	75%	49%	93%
Always	25%	4%	41%
Sometimes	49%	45%	53%
Bottom 2 box (Net)	25%	51%	7%
Rarely	19%	39%	4%
Never	6%	12%	2%

q. How often do you feel shy?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	37%	53%	25%
Always	6%	11%	3%
Sometimes	30%	41%	22%
Bottom 2 box (Net)	63%	47%	75%
Rarely	33%	25%	39%
Never	30%	22%	36%



r. How often do you feel that people are around you but not with you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	42%	72%	22%
Always	7%	14%	2%
Sometimes	36%	58%	20%
Bottom 2 box (Net)	57%	28%	78%
Rarely	32%	19%	41%
Never	25%	9%	37%

s. How often do you feel that there are people you can talk to?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	81%	63%	94%
Always	43%	11%	65%
Sometimes	39%	52%	29%
Bottom 2 box (Net)	18%	37%	6%
Rarely	13%	27%	4%
Never	5%	10%	2%

t. How often do you feel that there are people you can turn to?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	77%	55%	93%
Always	44%	10%	69%
Sometimes	33%	45%	24%
Bottom 2 box (Net)	22%	44%	7%
Rarely	15%	31%	5%
Never	7%	13%	2%



Q71. Overall, how often do you feel lonely or isolated from those around you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (Net)	31%	62%	8%
Always	5%	12%	*
Sometimes	26%	49%	8%
Bottom 2 box (Net)	69%	38%	92%
Rarely	36%	29%	42%
Never	33%	10%	51%

Q75. [Q71=1-3] Sometimes loneliness is caused by a specific event or condition such as the loss of a spouse or an unexpected illness, and sometimes there doesn't seem to be a specific reason why people feel lonely. Is there a specific cause for your feelings of loneliness?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	416	233	177
No	73%	68%	81%
Yes, please specify	24%	30%	18%

Q75 (2). [Q71=1-2] Sometimes loneliness is caused by a specific event or condition such as the loss of a spouse or an unexpected illness, and sometimes there doesn't seem to be a specific reason why people feel lonely. Is there a specific cause for your feelings of loneliness?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	198	168	25
No	60%	58%	^
Yes, please specify	37%	39%	^

^*Data suppressed due to small base size

Q76. Below are some behaviors that people might do to cope with feelings of loneliness or isolation.

Please select things that you do when you are feeling lonely.

a. Talk to a friend or relative in person

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	65%	42%	81%
No	35%	57%	19%



b. Talk to a friend or relative over the internet or via email, phone, or text

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	69%	56%	80%
No	30%	43%	20%

c. Watch television or stream entertainment

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	76%	73%	78%
No	24%	26%	22%

d. Write in a diary or journal

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	9%	9%	9%
No	90%	90%	90%

e. Drink alcohol

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	10%	10%	10%
No	89%	89%	90%

f. Smoke cigarettes or use other tobacco products

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	7%	9%	6%
No	92%	90%	94%



g. Sleep

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	46%	50%	43%
No	53%	49%	57%

h. Go out alone, such as to a restaurant or to run an errand

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	41%	39%	43%
No	59%	60%	57%

i. Eat food

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	47%	48%	46%
No	53%	52%	53%

j. Go out with friends or family

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	60%	41%	74%
No	39%	58%	25%

k. Surf the internet

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	66%	67%	66%
No	33%	32%	34%



l. Go to bars or clubs

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	6%	6%	7%
No	93%	94%	93%

m. Work on a hobby or personal interest

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	56%	46%	62%
No	43%	53%	36%

n. Attend religious services

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	33%	27%	38%
No	66%	73%	61%

o. Use drugs

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	2%	4%	1%
No	97%	95%	99%

p. Take medicine

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	14%	19%	11%
No	85%	80%	88%



q. Take a walk or go to the park

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	51%	47%	56%
No	48%	52%	44%

r. Go shopping

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	43%	36%	48%
No	56%	62%	52%

s. Do something artistic or creative

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	33%	25%	38%
No	67%	74%	62%

t. Scroll or post on social media (e.g., Facebook, YouTube, Instagram, TikTok, etc.)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	58%	61%	56%
No	42%	39%	44%

u. Play a game or gaming

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	32%	35%	31%
No	67%	65%	69%



v. Spend time with your pet

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	35%	32%	38%
No	64%	67%	61%

w. Other

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	8%	7%	9%
No	76%	79%	73%

Q77. On average, how many hours per day are you physically alone?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0-2 hours	48%	33%	58%
3-5 hours	27%	30%	25%
6-10 hours	16%	22%	12%
11-15 hours	5%	8%	3%
16-20 hours	1%	1%	*
21-24 hours	3%	5%	2%



Q78. [Q71 = 1-2] About how long have you felt lonely or isolated from those around you?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	198	168	25
Less than six months	27%	19%	^
Six months to a year	7%	9%	^
One to two years	21%	22%	^
Three to five years	15%	16%	^
Six to ten years	8%	9%	^
More than ten years	21%	24%	^

^*Data suppressed due to small base size

Q79. On average, compared to how you felt 5 years ago, would you say that you are more lonely, less lonely, or about the same?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
More lonely	16%	30%	6%
Less lonely	28%	21%	34%
About the same	55%	49%	60%



Q79a. How often do you feel like you truly belong when you are with the following groups or individuals?

a. In volunteer or civic groups I participate in

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	29%	22%	35%
Always	14%	5%	20%
Sometimes	15%	16%	15%
Bottom 2 box (net)	19%	27%	13%
Rarely	6%	9%	4%
Never	13%	18%	9%
Not applicable	50%	51%	50%

b. In clubs, hobby groups, or social organizations

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	32%	22%	39%
Always	13%	5%	19%
Sometimes	19%	17%	20%
Bottom 2 box (net)	22%	33%	15%
Rarely	10%	12%	8%
Never	12%	20%	6%
Not applicable	45%	45%	45%



c. At my place of worship

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	47%	38%	53%
Always	29%	14%	39%
Sometimes	18%	24%	14%
Bottom 2 box (net)	15%	22%	10%
Rarely	7%	9%	5%
Never	9%	14%	5%
Not applicable	37%	39%	36%

d. In my neighborhood

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	53%	37%	64%
Always	24%	10%	33%
Sometimes	29%	27%	31%
Bottom 2 box (net)	31%	47%	20%
Rarely	19%	26%	14%
Never	13%	21%	7%
Not applicable	14%	16%	13%



e. With my family

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	86%	75%	94%
Always	62%	33%	83%
Sometimes	24%	42%	11%
Bottom 2 box (net)	11%	21%	4%
Rarely	7%	14%	2%
Never	4%	7%	2%
Not applicable	2%	3%	1%

f. With my friends

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Top 2 box (net)	77%	60%	89%
Always	45%	15%	65%
Sometimes	32%	45%	23%
Bottom 2 box (net)	16%	28%	7%
Rarely	10%	18%	4%
Never	6%	11%	3%
Not applicable	6%	11%	3%



g. [ASK IF CURRENTLY WORKING PPEMPLOY = 1] With my co-workers

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	294	127	166
Top 2 box (net)	70%	57%	81%
Always	37%	14%	54%
Sometimes	34%	43%	27%
Bottom 2 box (net)	21%	33%	11%
Rarely	14%	23%	6%
Never	7%	10%	5%
Not applicable	8%	9%	6%

Q79b. Do you currently have access to the internet at home?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes (net)	98%	97%	99%
Yes, I have broadband internet (i.e., fiber, cable, or DSL)	74%	72%	77%
Yes, I have mobile internet (i.e., 4G or 5G)	41%	42%	41%
Yes, I have satellite internet	6%	4%	7%
Yes, I have dial-up internet	3%	3%	2%
No, I do not have internet access at home	2%	3%	1%



Q79c. Which of the following items do you have/own?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Desktop computer, laptop, Netbook, or tablet (e.g., iPad)	68%	65%	71%
Smartphone (e.g., iPhone, Android)	83%	81%	85%
Regular cell phone (not including iPhone or other smartphones)	21%	23%	20%
E-reader (e.g., Kindle, Nook)	10%	8%	11%
Wearable device (e.g., Fitbit, Garmin, Apple Watch, Samsung Galaxy Watch)	25%	23%	27%
Smart home technology (e.g., Amazon Echo/Alexa, Google Home, Nest)	29%	26%	32%
Smart TV	69%	64%	73%

Q79d. How often do you use the following?

a. Desktop computer, laptop, Netbook, or tablet (e.g., iPad)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	448	180	266
Daily/Weekly/Monthly (Net)	88%	84%	90%
Daily/Weekly (Subnet)	80%	77%	83%
Daily	57%	57%	57%
Weekly	23%	20%	26%
Monthly	7%	7%	8%
Less often than monthly	7%	11%	6%
Don't use	4%	5%	4%



b. Smartphone (e.g., iPhone, Android)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	529	212	313
Daily/Weekly/Monthly (Net)	99%	100%	98%
Daily/Weekly (Subnet)	99%	100%	98%
Daily	97%	98%	96%
Weekly	2%	1%	2%
Monthly	—	—	—
Less often than monthly	—	—	—
Don't use	1%	*	1%

c. Regular cell phone (not including iPhone or other smartphones)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	123	56	65
Daily/Weekly/Monthly (Net)	78%	^	^
Daily/Weekly (Subnet)	76%	^	^
Daily	66%	^	^
Weekly	10%	^	^
Monthly	2%	^	^
Less often than monthly	5%	^	^
Don't use	13%	^	^

^*Data suppressed due to small base size



d. E-reader (e.g., Kindle, Nook)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	73	25	48
Daily/Weekly/Monthly (Net)	^	^	^
Daily/Weekly (Subnet)	^	^	^
Daily	^	^	^
Weekly	^	^	^
Monthly	^	^	^
Less often than monthly	^	^	^
Don't use	^	^	^

^*Data suppressed due to small base size

e. Wearable device (e.g., Fitbit, Garmin, Apple Watch, Samsung Galaxy Watch)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	171	65	106
Daily/Weekly/Monthly (Net)	92%	^	90%
Daily/Weekly (Subnet)	89%	^	87%
Daily	82%	^	80%
Weekly	7%	^	6%
Monthly	3%	^	3%
Less often than monthly	4%	^	5%
Don't use	3%	^	5%

^*Data suppressed due to small base size



f. Smart home technology (e.g., Amazon Echo/Alexa, Google Home, Nest)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	197	72	123
Daily/Weekly/Monthly (Net)	89%	^	89%
Daily/Weekly (Subnet)	83%	^	81%
Daily	59%	^	60%
Weekly	24%	^	22%
Monthly	5%	^	7%
Less often than monthly	7%	^	8%
Don't use	4%	^	2%

^*Data suppressed due to small base size

g. Smart TV

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	450	174	274
Daily/Weekly/Monthly (Net)	95%	93%	97%
Daily/Weekly (Subnet)	92%	89%	95%
Daily	82%	80%	84%
Weekly	10%	9%	10%
Monthly	3%	4%	2%
Less often than monthly	2%	4%	1%
Don't use	2%	3%	2%



Q84. [Q79c=1,2,5 and Q79d=1-4 (Desktop, Smartphone or Wearable device at Q79c and use at least one of those devices (Daily, Weekly, Monthly, Less often than monthly) at Q79d)] How many people, if any, have you met online through social media, websites, apps, or forums, who you didn't know before and now consider real friends?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
None	76%	71%	80%
1-2	12%	16%	10%
3-5	6%	6%	6%
6-10	2%	3%	2%
11-20	1%	1%	1%
21 or more	2%	3%	2%

Q89. [Q79c=1,2,5 and Q79d=1-4 (Desktop, Smartphone or Wearable device at Q79c and use at least one of those devices (Daily, Weekly, Monthly, Less often than monthly) at Q79d)] Below is a series of statements about internet relationships. Please indicate how much you agree or disagree with each statement.

a. The internet makes it easier for me to share personal or uncomfortable information.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	26%	31%	23%
Strongly agree	7%	7%	7%
Somewhat agree	20%	24%	17%
Neither agree nor disagree	34%	34%	33%
Bottom 2 box (Net)	39%	33%	43%
Somewhat disagree	10%	6%	13%
Strongly disagree	29%	27%	30%



b. Communicating online is less satisfying than communicating on the phone or in person.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	54%	52%	55%
Strongly agree	31%	31%	32%
Somewhat agree	23%	21%	24%
Neither agree nor disagree	29%	29%	28%
Bottom 2 box (Net)	17%	18%	16%
Somewhat disagree	8%	8%	8%
Strongly disagree	9%	10%	8%

c. Communicating with people online, rather than in person, makes me feel more lonely.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	19%	27%	14%
Strongly agree	6%	9%	4%
Somewhat agree	13%	17%	10%
Neither agree nor disagree	42%	44%	40%
Bottom 2 box (Net)	37%	27%	44%
Somewhat disagree	12%	10%	14%
Strongly disagree	25%	17%	30%



d. Social media sites like Facebook and Instagram have helped me keep in touch with friends and family I would have otherwise drifted away from.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	55%	50%	59%
Strongly agree	26%	21%	29%
Somewhat agree	30%	29%	30%
Neither agree nor disagree	22%	25%	20%
Bottom 2 box (Net)	22%	25%	20%
Somewhat disagree	6%	8%	4%
Strongly disagree	16%	17%	16%

e. The internet has made it so I have fewer "deep" friendship connections.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	20%	26%	16%
Strongly agree	7%	9%	7%
Somewhat agree	12%	17%	9%
Neither agree nor disagree	34%	38%	32%
Bottom 2 box (Net)	45%	36%	51%
Somewhat disagree	15%	12%	17%
Strongly disagree	30%	23%	34%



f. Technology has made it harder to spend time with my friends and family in person.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	25%	31%	21%
Strongly agree	9%	12%	7%
Somewhat agree	16%	20%	14%
Neither agree nor disagree	30%	31%	28%
Bottom 2 box (Net)	44%	36%	50%
Somewhat disagree	14%	10%	16%
Strongly disagree	30%	26%	34%

g. I rely on technology to stay connected and in touch with friends and family.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	50%	51%	51%
Strongly agree	23%	23%	23%
Somewhat agree	28%	28%	27%
Neither agree nor disagree	21%	22%	19%
Bottom 2 box (Net)	28%	26%	29%
Somewhat disagree	9%	11%	8%
Strongly disagree	18%	15%	21%



h. I find it easy to balance my time on the internet with in person activities and obligations.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	52%	44%	59%
Strongly agree	29%	19%	37%
Somewhat agree	24%	25%	23%
Neither agree nor disagree	29%	36%	24%
Bottom 2 box (Net)	17%	19%	15%
Somewhat disagree	6%	7%	5%
Strongly disagree	10%	12%	10%

i. The relationships I maintain online are just as meaningful as those I have in person.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	28%	28%	29%
Strongly agree	8%	7%	10%
Somewhat agree	20%	22%	19%
Neither agree nor disagree	31%	32%	30%
Bottom 2 box (Net)	39%	39%	39%
Somewhat disagree	12%	13%	11%
Strongly disagree	27%	26%	27%



j. The internet makes it easier for me to find people who share my interests, experiences, values, or identity.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	32%	39%	28%
Strongly agree	9%	10%	8%
Somewhat agree	23%	28%	20%
Neither agree nor disagree	34%	30%	38%
Bottom 2 box (Net)	32%	30%	32%
Somewhat disagree	9%	11%	7%
Strongly disagree	23%	19%	25%

k. I worry that interactions with people online aren't genuine or honest.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	55%	55%	56%
Strongly agree	28%	30%	26%
Somewhat agree	27%	25%	29%
Neither agree nor disagree	29%	31%	27%
Bottom 2 box (Net)	15%	12%	17%
Somewhat disagree	6%	4%	7%
Strongly disagree	9%	8%	9%



l. I avoid using digital tools or apps that could help me stay connected with others because it feels too complicated or intimidating.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	26%	34%	20%
Strongly agree	11%	12%	10%
Somewhat agree	15%	22%	11%
Neither agree nor disagree	29%	30%	29%
Bottom 2 box (Net)	44%	36%	50%
Somewhat disagree	15%	13%	17%
Strongly disagree	28%	23%	32%

m. I seek relationships online to avoid feeling lonely.

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	570	232	332
Top 2 box (Net)	7%	13%	3%
Strongly agree	2%	5%	*
Somewhat agree	5%	8%	3%
Neither agree nor disagree	16%	23%	12%
Bottom 2 box (Net)	75%	63%	84%
Somewhat disagree	10%	12%	9%
Strongly disagree	65%	51%	75%



Q91. New technologies, including artificial intelligence (AI), are being developed to offer companionship, conversation, or reminders to connect with others. How interested would you be in an AI-powered solution to help you feel less lonely?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
Unweighted n	618	254	357
Top 2 box (Net)	21%	27%	17%
Very interested	6%	10%	4%
Somewhat interested	14%	17%	13%
Bottom 2 box (Net)	79%	73%	83%
Not too interested	26%	26%	26%
Not at all interested	53%	47%	57%

Q94. Would you like to be more socially connected with others?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
Unweighted n	618	254	357
Yes	43%	48%	39%
No	57%	51%	61%



Q95. [IF Q94 = 1 (would like to be more socially connected)] Which of the following, if any, would you say are the biggest barriers to being more socially connected with others?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	264	126	136
My health	17%	22%	13%
The health of a loved one	6%	4%	8%
Access to transportation	4%	5%	3%
Access to the internet	4%	6%	3%
Fear of rejection or social anxiety	12%	22%	5%
Loss of a someone close to you	4%	6%	2%
Geographic isolation	7%	5%	8%
Financial constraints	12%	17%	8%
Caregiving responsibilities	8%	11%	4%
Cultural or language barriers	15%	14%	15%
Lack of confidence or motivation	20%	28%	12%
Differences in values	11%	13%	10%
Work responsibilities	15%	12%	17%
Not enough time in general	26%	22%	28%
Lack of accessible physical locations	6%	6%	6%
Fear of poor treatment due to discrimination	6%	9%	3%
I don't have any barriers to connect with others	22%	14%	29%



Q93. Last, we have just a few background questions to understand the group of people taking this survey. Which best describes the community where you live?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Urban (Net)	46%	51%	44%
Urban near mix of offices, apartments, and shops	20%	25%	17%
Urban and mostly residential	26%	25%	27%
Suburban (Net)	35%	30%	38%
Suburban with a mix of offices, apartments, and shops	14%	16%	13%
Suburban and mostly residential	21%	14%	26%
Small town	11%	11%	12%
Rural area	7%	9%	6%

Q96. Are you [Show if PPMARIT =1,6] or your spouse / partner] currently a member of AARP?

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Yes	20%	14%	23%
No	74%	78%	73%
Don't know	5%	7%	4%



PPAGE. Respondent's Age

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
45-54 (Net)	40%	47%	35%
45-49 years	21%	24%	19%
50-54 years	19%	23%	15%
55-64 (Net)	32%	31%	32%
55-59 years	17%	16%	18%
60-64 years	15%	15%	14%
65+ (Net)	28%	21%	33%
65-69 years	10%	8%	11%
70-74 years	9%	6%	10%
75 and over	10%	8%	11%

PPETHM. Race/Ethnicity, Census Categories

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
White, Non-Hispanic	—	—	—
ETHNIC (Net)	100%	100%	100%
Black, Non-Hispanic	—	—	—
Other, Non-Hispanic	—	—	—
Hispanic	100%	100%	100%
2+ Races, Non-Hispanic	—	—	—



PPEDUC5. Respondent's Highest Completed Education Level

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
No high school diploma or GED	31%	38%	26%
High school graduate (high school diploma or the equivalent GED)	31%	29%	32%
Some college or Associate degree	19%	16%	21%
Bachelor's degree	13%	11%	14%
Master's degree or above	7%	6%	7%

PPEDUCAT. Respondent's Highest Completed Education Level - Categorical

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Less than high school	31%	38%	26%
High school	31%	29%	32%
Some college	19%	16%	21%
Bachelors degree or higher	19%	17%	21%

PPINC7. Household Income

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Under \$10,000	3%	5%	2%
\$10,000 to \$24,999	11%	14%	9%
\$25,000 to \$49,999	18%	21%	16%
\$50,000 to \$74,999	17%	16%	18%
\$75,000 to \$99,999	12%	10%	14%
\$100,000 to \$149,999	18%	16%	18%
\$150,000 or more	20%	17%	23%



PPRENT. Household Ownership Status

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Owned or being bought by you or someone in your household	64%	54%	71%
Rented for cash	34%	44%	28%
Occupied without payment of cash rent	1%	2%	1%

PPREG4. Region 4 (based on State of Residence)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Northeast	14%	18%	12%
Midwest	8%	11%	7%
South	40%	38%	41%
West	38%	33%	41%

PPMSACAT. Metro/Non-Metro (based on MSA)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Non-metro area	6%	6%	6%
Metro Area	94%	94%	94%



PPHHSIZE. Household Size (including adults and children of all ages, including infants)

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
1	10%	13%	8%
More than one (Net)	90%	87%	92%
2	29%	27%	31%
3	23%	22%	24%
4	17%	20%	16%
5	11%	10%	11%
6	4%	3%	4%
7	1%	1%	2%
8+	3%	3%	3%

PPT18OV. Total number of adults 18+

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
0	—	—	—
1	15%	18%	12%
More than one (Net)	85%	82%	88%
2	40%	36%	42%
3	26%	28%	25%
4	11%	10%	13%
5	5%	4%	6%
6	2%	2%	1%
7	1%	1%	*
8+	1%	*	2%



PPMARIT. Marital status

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Married	65%	59%	69%
Widowed	5%	6%	5%
Divorced	12%	11%	12%
Separated	4%	4%	5%
Never married	9%	15%	5%
Living with partner	5%	5%	4%

PPWORK. Current employment status

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Working - as a paid employee	50%	50%	50%
Working - self-employed	10%	11%	8%
Not working - on temporary layoff from a job	1%	1%	1%
Not working - looking for work	4%	5%	3%
Not working - retired	26%	22%	28%
Not working - disabled	4%	5%	3%
Not working - other	6%	5%	7%

UCLA Loneliness

	Hispanic Total	Hispanic Lonely	Hispanic Not lonely
<i>Unweighted n</i>	618	254	357
Low	33%	44%	25%
High	67%	56%	75%
Lonely	41%	100%	—
Not lonely	58%	—	100%



About AARP

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With a nationwide presence, AARP strengthens communities and advocates for what matters most to the more than 100 million Americans 50-plus and their families: health security, financial stability and personal fulfillment. AARP also produces the nation's largest circulation publications: AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org/about-aarp/, www.aarp.org/español or follow @AARP, @AARPenEspañol and @AARPadvocates on social media.



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