AARP is fighting to support family caregivers and the parents, spouses, and other loved ones they help live independently at home. AARP recently surveyed North Dakota registered voters age 40-plus about caring for their families. Here's what we learned:

North Dakotans are family caregivers. If you’re not a caregiver now and weren’t one in the past, you’ll likely be one in the future:

- **46%** Current or Former Caregivers
- **51%** Likely Caregivers in the future

North Dakota family caregivers help their older loved ones with daily activities like shopping, transportation, meals, and chores. They also:

- **56%** Handle nursing and medical tasks
- **63%** Manage medications

75% of North Dakota voters 40-plus believe living independently at home, with caregiver assistance is the ideal situation when basic tasks become difficult. They strongly support policy options to help.

They want better support when their loved ones are admitted to the hospital and as they transition home:

- **92%** Hospitals should instruct caregivers on medical tasks
- **92%** Hospitals should inform caregivers of major decisions
- **80%** Hospitals should record the name of the family caregiver in the patient’s medical record

This support is strong across political party lines.

The typical North Dakota family caregiver is 58 years old. She cares for a loved one age 80, and works full- or part-time.

2018 Survey of 800 North Dakota Voters Aged 40-plus. Margin of error is ± 3.46%.

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