

**2018 AARP North Dakota Caregiving Survey Annotation
Voting Population 40-plus
October 25 to November 15, 2018 (N=800; Weighted Results)**



SCREENING QUESTIONS

S1. Our study is interested in the opinions of people in certain age groups. Could you please tell me your age as of your last birthday? **[IN YEARS]** _____ **[RECORD ACTUAL AGE AND USE THE AGE GROUPS BELOW TO KEEP TRACK OF HOW MANY RESPONDENTS WE ARE GETTING IN EACH GROUP]**

S2. **[IF REFUSED IN S1]** I understand. Some people are not comfortable giving their age, but would you let me know which of the following age ranges you fall into?

All Respondents (N=800)

- 0.0% Under 40 **[DO NOT READ] [ASK TO SPEAK TO SOMEONE 40 OR OLDER AND REPEAT INTRO AND THEN ASK S1. IF NO ONE 40 OR OLDER, TERMINATE]**
- 24.8% 40-49
- 12.7% 50-54
- 28.9% 55-64
- 33.6% 65 or older
- 0.0% Refused **[DO NOT READ] [GO TO S2]**

S3. **[RECORD RESPONDENT'S GENDER. ASK ONLY IF ABSOLUTELY NECESSARY]** "To ensure it is recorded accurately, could you please state your gender?"

All Respondents (N=800)

- 49.3% Male
- 50.7% Female

S4. Thinking about your state elections for North Dakota Governor and Legislators in the last 10 years, which of the following best describes your voting behavior? Would you say you vote ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

- 67.1% Always
- 21.7% Most of the time
- 5.9% About half of the time
- 5.3% Seldom
- 0.0% Never **[TERMINATE]**
- 0.0% Not sure **[DO NOT READ] [TERMINATE]**
- 0.0% Refused **[DO NOT READ] [TERMINATE]**

MAIN QUESTIONNAIRE

Q1. A family caregiver is someone who provides UNPAID care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This unpaid care may include assisting with personal needs like bathing and dressing, household chores, meals, shopping, transportation, or managing finances or medical care. Are you currently a family caregiver providing UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY ARE PROVIDING CARE TO HAS TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY “THIS PERSON DOES NOT HAVE TO LIVE WITH YOU.”]** Q14. Have you ever been a family caregiver who provided UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY HAVE PROVIDED CARE TO HAD TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY “THIS PERSON DID NOT HAVE TO LIVE WITH YOU.”]**

All Respondents (N=800)

15.8%	Yes, I am currently providing care to an adult loved one
30.4%	Yes, I have been a family caregiver in the past
53.6%	No
0.2%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q2. What is the age of the person you are providing care for? **[INTERVIEWER: IF THEY ARE PROVIDING CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY ARE PROVIDING THE MOST CARE TO] [RECORD AGE IF KNOWN AND GIVEN; IF NOT KNOWN OR GIVEN, TRY TO RECORD IT IN THE RANGE BELOW]** Q15. What was the age of the person who you most recently provided care to? **[INTERVIEWER: IF THEY PROVIDED CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY PROVIDED THE MOST CARE TO]**

Current Caregivers (n=126)

0.0%	Under 18 [SKIP TO Q14]
10.1%	18-49
3.3%	50-59
0.0%	60-64
86.5%	65+
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=243)

0.0%	Under 18 [SKIP TO Q27]
4.1%	18-49
2.7%	50-59
4.3%	60-64
88.9%	65+
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=369)

6.2%	18-49
2.9%	50-59
2.8%	60-64
88.1%	65+
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q3. Who are you caring for? Q16. Who did you care for? **[PLEASE CODE TO LIST BELOW, IF NOT ON LIST, PLEASE ADD TO THE LIST]**

Current Caregivers (n=126)

53.4%	Parents (mother, father, mother/father-in-law)
22.6%	Spouse (husband, wife, companion/partner)
7.9%	Children (son, daughter)
6.2%	Sibling (brother, sister, brother-in-law)
7.5%	Other relative (grandmother, grandmother-in-law, aunt/uncle)
2.5%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=243)

69.8%	Parents (mother, father, mother/father-in-law)
15.5%	Spouse (husband, wife, companion/partner)
2.1%	Children (son, daughter)
2.1%	Sibling (brother, sister)
9.3%	Other relative (aunt/uncle, grandfather/mother, grandmother-in-law, nephew)
1.4%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=369)

64.1%	Parents (mother, father, mother/father-in-law)
17.9%	Spouse (husband, wife, companion/partner)
4.1%	Children (son, daughter)
3.5%	Sibling (brother, sister, brother-in-law)
8.6%	Other relative (aunt/uncle, nephew, grandfather/mother, grandmother-in-law)
1.8%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q4. Still thinking about the person you are providing care to the most, which of the following activities are you providing? Are you ...? Q17. Thinking about the person you most recently provided care to, which of the following activities did you provide? Did you ...? **[INSERT, READ AND RANDOMIZE ITEMS A-G, ASK H and I AS A BLOCK]**

<u>Current Caregivers (n=126)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	30.3%	67.3%	2.4%
b. Providing transportation to appointments	80.6%	17.0%	2.4%
c. Taking them shopping or shopping for them	82.3%	15.3%	2.4%
d. Helping them with meals	69.3%	28.3%	2.4%
e. Helping them to manage finances	73.5%	24.0%	2.4%
f. Aiding with household chores	77.2%	19.5%	3.3%
g. Providing social activities or companionship	86.7%	10.8%	2.4%
h. Overseeing their medication management	62.0%	35.5%	2.4%
i. Being responsible for other medical or nursing tasks	52.4%	45.1%	2.4%

<u>Former Caregivers (n=243)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist with bathing or dressing	54.1%	45.9%	0.0%
b. Provide transportation to appointments	93.2%	6.4%	0.4%
c. Take them shopping or shop for them	89.7%	9.4%	0.8%
d. Help them with meals	85.6%	13.1%	1.4%
e. Help them to manage finances	59.0%	40.7%	0.3%
f. Aid with household chores	91.6%	8.4%	0.0%
g. Provide social activities or companionship	93.2%	6.4%	0.4%
h. Oversee their medication management	62.9%	37.1%	0.0%
i. Have responsibility for other medical or nursing tasks	57.5%	41.2%	1.3%

<u>Current and Former Caregivers (n=369)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist(ing) with bathing or dressing	45.9%	53.2%	0.8%
b. Provide(ing) transportation to appointments	88.9%	10.0%	1.1%
c. Take(ing) them shopping or shop(ing) for them	87.2%	11.4%	1.3%
d. Help(ing)them with meals	80.0%	18.3%	1.7%
e. Help(ing)them to manage finances	63.9%	35.0%	1.0%
f. Aid(ing) with household chores	86.7%	12.2%	1.1%
g. Provide(ing) social activities or companionship	91.0%	7.9%	1.1%
h. Oversee(ing) their medication management	62.6%	36.5%	0.8%
i. Take responsibility (being responsible) for other medical or nursing tasks	55.7%	42.5%	1.7%

Q5 and Q18 will be released at a later date.

Q6. Q19. Have you ever been employed either full- or part-time while providing care to your adult loved one?

<u>Current Caregivers (n=126)</u>	
62.4%	Yes [ASK Q7]
35.2%	No [SKIP TO Q9]
0.0%	Not sure [DO NOT READ] [SKIP TO Q9]
2.4%	Refused [DO NOT READ] [SKIP TO Q9]

Former Caregivers (n=243)

- 70.6% Yes **[ASK Q20]**
- 29.4% No **[SKIP TO Q22]**
- 0.0% Not sure [DO NOT READ] **[SKIP TO Q22]**
- 0.0% Refused [DO NOT READ] **[SKIP TO Q22]**

Current and Former Caregivers (n=369)

- 67.8% Yes
- 31.4% No
- 0.0% Not sure [DO NOT READ]
- 0.8% Refused [DO NOT READ]

Q7. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q20. Now thinking again about the adult loved one you have most recently provided care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-D] [RECORD A RESPONSE FOR EACH ITEM]**

Working Current Caregivers (n=79)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	72.1%	26.8%	1.1%
b. Take a leave of absence from your job to provide care for a loved one	29.8%	70.2%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	18.1%	81.9%	0.0%
d. Give up working entirely to provide care for a loved one	16.8%	81.8%	1.4%

Working Former Caregivers (n=172)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	72.0%	27.4%	0.6%
b. Take a leave of absence from your job to provide care for a loved one	26.9%	73.1%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	13.1%	86.9%	0.0%
d. Give up working entirely to provide care for a loved one	9.6%	90.4%	0.0%

Working Current and Former Caregivers (n=251)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	72.0%	27.2%	0.7%
b. Take a leave of absence from your job to provide care for a loved one	27.8%	72.2%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	14.7%	85.3%	0.0%
d. Give up working entirely to provide care for a loved one	11.9%	87.7%	0.4%

Q8. Q21. **[IF Q7A=YES ASK] [IF Q20A=YES ASK]:** You mentioned that you had to go into work early or late, or take time off to provide care to an adult loved one. How often would you say you had to take time away from work or adjust your work schedule to provide care for someone? Would you say ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=57)

- 14.0% More than once per week
- 13.8% Once per week
- 20.7% Several times per month but less often than once per week
- 21.5% Once per month
- 30.0% Less than once per month
- 0.0% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

Former Caregivers (n=124)

- 25.5% More than once per week
- 15.9% Once per week
- 20.4% Several times per month but less often than once per week
- 18.1% Once per month
- 17.4% Less than once per month
- 2.7% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=180)

- 21.8% More than once per week
- 15.3% Once per week
- 20.5% Several times per month but less often than once per week
- 19.2% Once per month
- 21.4% Less than once per month
- 1.8% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

Q9. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q22. Now thinking again about the adult loved one you have most recently provided care to, while providing this care did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C] [RECORD A RESPONSE FOR EACH ITEM]**

Current Caregivers (n=126)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q10]	56.9%	38.8%	4.3%
b. Make changes to your home for the loved one in your care	34.3%	63.3%	2.4%
c. Move into another home to accommodate the loved one in your care	10.1%	87.4%	2.4%

Former Caregivers (n=243)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q23]	62.5%	36.5%	1.0%
b. Make changes to your home for the loved one in your care	39.6%	60.4%	0.0%
c. Move into another home to accommodate the loved one in your care	15.0%	84.5%	0.5%

Current and Former Caregivers (n=369)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care	60.6%	37.3%	2.1%
b. Make changes to your home for the loved one in your care	37.8%	61.4%	0.8%
c. Move into another home to accommodate the loved one in your care	13.4%	85.5%	1.1%

Q10 and Q23 will be released at a later date.

Q11. Q24. As a caregiver do you ever ...? **[INSERT, READ AND RANDOMIZE ITEMS A-I]**

<u>Current Caregivers (n=126)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	56.1%	40.6%	3.3%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q6] [n=79]	60.2%	38.4%	1.4%
c. Find it difficult to maintain a healthy diet	23.4%	73.3%	3.3%
d. Find it difficult to get enough rest	43.7%	52.0%	4.2%
e. Find it difficult to exercise regularly	34.1%	61.7%	4.2%
f. Find it difficult to take care of your household responsibilities	34.3%	62.5%	3.3%
g. Experience problems with your health	22.6%	74.1%	3.3%
h. Find it difficult to make time to visit your doctor	18.2%	78.5%	3.3%
i. Feel strained financially due to your caregiving responsibilities	18.1%	78.6%	3.3%
<u>Former Caregivers (n=243)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	63.1%	36.1%	0.8%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q19] [n=172]	63.2%	35.6%	1.2%
c. Find it difficult to maintain a healthy diet	30.5%	68.7%	0.7%
d. Find it difficult to get enough rest	55.6%	43.0%	2.3%
e. Find it difficult to exercise regularly	42.4%	55.1%	2.4%
f. Find it difficult to take care of your household responsibilities	38.8%	59.9%	1.3%
g. Experience problems with your health	15.1%	84.1%	0.8%
h. Find it difficult to make time to visit your doctor	18.6%	80.2%	1.2%
i. Feel strained financially due to your caregiving responsibilities	24.6%	75.0%	0.4%
<u>Current and Former Caregivers (n=369)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	60.7%	37.7%	1.7%
b. Feel stressed in trying to balance your job and family [n=251]	62.3%	36.5%	1.2%
c. Find it difficult to maintain a healthy diet	28.1%	70.3%	1.6%
d. Find it difficult to get enough rest	51.5%	46.1%	1.3%
e. Find it difficult to exercise regularly	39.6%	57.4%	3.0%
f. Find it difficult to take care of your household responsibilities	37.2%	60.8%	2.0%
g. Experience problems with your health	17.6%	80.7%	1.7%
h. Find it difficult to make time to visit your doctor	18.5%	79.6%	1.9%
i. Feel strained financially due to your caregiving responsibilities	22.4%	76.2%	1.4%

Q12. How important is it to you to be able to provide care for your loved one so that they can keep living independently in their own home? Is it ...? Q25. How important was it to you to be able to provide care for your loved one so that they could keep living independently in their own home? Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>Current Caregivers (n=126)</u>	
55.4%	Extremely important
31.4%	Very important
4.9%	Somewhat important
1.8%	Not very important
1.7%	Not at all important
2.4%	Not sure [DO NOT READ]
2.4%	Refused [DO NOT READ]

Former Caregivers (n=243)

54.8% Extremely important
35.5% Very important
5.4% Somewhat important
0.8% Not very important
1.8% Not at all important
1.6% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=369)

55.0% Extremely important
34.1% Very important
5.2% Somewhat important
1.1% Not very important
1.8% Not at all important
1.9% Not sure [DO NOT READ]
0.8% Refused [DO NOT READ]

Q13. Q26. Q27. How likely do you think it is that you will provide any caregiving or assistance on an unpaid basis for an adult loved one in the future? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=126)

47.2% Extremely likely
25.7% Very likely
7.0% Somewhat likely
7.6% Not very likely
8.5% Not at all likely
1.7% Not sure [DO NOT READ]
2.4% Refused [DO NOT READ]

Former Caregivers (n=243)

25.6% Extremely likely
18.9% Very likely
18.2% Somewhat likely
15.9% Not very likely
18.1% Not at all likely
2.9% Not sure [DO NOT READ]
0.4% Refused [DO NOT READ]

Current and Former Caregivers (n=369)

33.0% Extremely likely
21.2% Very likely
14.4% Somewhat likely
13.0% Not very likely
14.8% Not at all likely
2.5% Not sure [DO NOT READ]
1.1% Refused [DO NOT READ]

Never Been Caregivers (n=431)

8.7%	Extremely likely
12.9%	Very likely
29.7%	Somewhat likely
24.5%	Not very likely
21.7%	Not at all likely
2.5%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

All Respondents (N=800)

19.9%	Extremely likely
16.7%	Very likely
22.6%	Somewhat likely
19.2%	Not very likely
18.5%	Not at all likely
2.5%	Not sure [DO NOT READ]
0.5%	Refused [DO NOT READ]

Q28-Q29 will be released at a later date.

CARE ACT

Q30. Now I'm going to ask if you support or oppose some proposals that would provide additional help for family caregivers. Do you support or oppose ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

Q31. Is that strongly or somewhat?

<u>All Respondents (N=800)</u>	<u>Strongly support</u>	<u>Some-what support</u>	<u>Neither support or oppose/ Not sure</u>	<u>Some-what oppose</u>	<u>Strongly oppose</u>	<u>REF</u>
a. Requiring hospitals to record the name of a patient's family caregiver in the medical record upon admission	55.2%	25.0%	6.9%	7.4%	4.1%	1.4%
b. Hospitals keeping a family caregiver informed of major decisions, like transferring or discharging the patient	76.1%	15.5%	3.9%	1.8%	1.6%	1.2%
c. Requiring hospitals to explain and demonstrate any medical or nursing tasks family caregivers will need to perform after the patient returns home	73.5%	18.6%	2.7%	2.0%	2.2%	1.0%

INSTRUCTION UPON HOSPITAL DISCHARGE

QUESTION 32 IS ASKED OF RESPONDENTS WHO ARE NOT CURRENT OR FORMER CAREGIVERS.

Q32. Thinking about right now – today – if you had to care for a family member after their discharge from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Respondents Who Are Not Family Caregivers (n=431)

62.1%	Extremely important
28.1%	Very important
7.4%	Somewhat important
0.4%	Not very important
0.7%	Not at all important
0.9%	Not sure [DO NOT READ]
0.4%	Refused [DO NOT READ]

QUESTIONS 33, 34, AND 35 ARE ASKED OF RESPONDENTS WHO ARE CURRENT OR FORMER CAREGIVERS

Q33. Thinking about right now – today – if your family member or loved one was being discharged from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Current and Former Caregivers (n=369)

70.5%	Extremely important
22.5%	Very important
3.9%	Somewhat important
0.8%	Not very important
0.8%	Not at all important
0.3%	Not sure [DO NOT READ]
1.4%	Refused [DO NOT READ]

Q34. At any time while you have been providing care, did your family member or loved one require admission to a hospital?

Current and Former Caregivers (n=369)

74.6%	Yes [SKIP TO QUESTION 35]
22.4%	No [SKIP TO QUESTION 36]
1.6%	Not sure [DO NOT READ] [SKIP TO QUESTION 36]
1.4%	Refused [DO NOT READ] [SKIP TO QUESTION 36]

Q35. Upon their discharge from the hospital, were you ... **[INSERT A-B IN RANDOM ORDER]**

<u>Current and Former Caregivers With Loved Ones in Hospital (n=275)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Provided with instruction or live demonstration of any medical tasks that you may need to perform for your family member or loved one at home	65.6%	27.4%	7.0%
b. Given information about places your loved one could be discharged to	60.9%	32.6%	6.5%

Q36-Q44 will be released at a later date.

INDEPENDENT LIVING

Q45. If you or a loved one needed help when the basic tasks of life become more difficult due to aging or illness, where would you prefer to receive that care or help for yourself or a loved one?

[INSERT, READ AND RANDOMIZE ITEMS A-C. ACCEPT ONLY ONE ANSWER]

All Respondents (N=800)

- 75.2% a. At home with caregiver assistance
- 12.8% b. In an assisted living facility or group home
- 4.1% c. In a nursing home
- 6.6% Not sure [DO NOT READ]
- 1.3% Refused [DO NOT READ]

Q46-Q48 will be released at a later date.

Demographics

The following questions are for classification purposes only and will be kept entirely confidential.

D1. What is your current marital status? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

- 73.6% Married
- 2.2% Not married, living with your partner or significant other
- 0.4% Separated
- 5.6% Divorced
- 8.4% Widowed
- 7.7% Or are you currently single and never married
- 0.3% Not sure [DO NOT READ]
- 1.9% Refused [DO NOT READ]

D2. **[IF D1=1 ASK:** "Are you or your spouse currently a member of A-A-R-P?" **IF D1=2 ASK:** "Are you or your partner currently a member of A-A-R-P?" **OTHERWISE ASK** "Are you currently a member of A-A-R-P?"]

All Respondents (N=800)

- 32.0% Yes
- 65.3% No
- 0.9% Not sure [DO NOT READ]
- 1.8% Refused [DO NOT READ]

D3. In general, when compared to most people your age, how would you rate your health? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

20.3% Excellent
 42.9% Very good
 23.5% Good
 9.7% Fair
 1.7% Poor
 0.4% Not sure [DO NOT READ]
 1.6% Refused [DO NOT READ]

D4. Thinking about who lives in your household, do you currently ...? **[INSERT AND READ ITEMS A-C BELOW]**

All Respondents (N=800)

	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Have any children 18 and under living with you	25.6%	71.8%	0.3%	2.3%
b. Have any children 19 and over living with you	15.7%	82.0%	0.0%	2.3%
c. Have a parent or adult relative living with you	6.1%	91.6%	0.0%	2.3%

D5. Do you own or rent your primary residence?

All Respondents (N=800)

89.9% Own
 6.2% Rent
 1.8% Other living arrangement [DO NOT READ]
 0.3% Not sure [DO NOT READ]
 1.9% Refused [DO NOT READ]

D6. What type of home is your primary residence? Is it ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

85.8% A single family home
 3.2% A mobile home
 2.9% A town home or duplex
 2.6% An apartment
 2.1% A condominium or co-op
 1.4% Or something else
 0.4% Not sure [DO NOT READ]
 1.6% Refused [DO NOT READ]

D7. What is the highest level of education that you completed? Is it ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

3.5%	0 to 12 th grade, but with no diploma
22.0%	High school graduate or equivalent
12.3%	Post high school education, but with no degree
18.1%	2 year degree
22.2%	4 year degree
5.4%	Post graduate study, but with no degree
14.4%	Graduate or professional degree
0.4%	Not sure [DO NOT READ]
1.7%	Refused [DO NOT READ]

D8. Which of the following best describes your current employment status? Are you ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

15.1%	Self-employed full-time
3.5%	Self-employed part-time
38.6%	Employed full-time
8.2%	Employed part-time
28.7%	Retired and not working at all
0.6%	Unemployed and looking for work
3.0%	Or are you not in the labor force for other reasons
0.9%	Not sure [DO NOT READ]
1.5%	Refused [DO NOT READ]

D9. Are you of Hispanic, Spanish, or Latino origin or descent?

All Respondents (N=800)

2.1%	Yes
94.8%	No
0.7%	Not sure [DO NOT READ]
2.5%	Refused [DO NOT READ]

D10. What is your race? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

93.2%	White or Caucasian
0.8%	Black or African American
1.7%	Native American or Alaskan Native
0.3%	Asian
0.0%	Native Hawaiian or other Pacific Islander
0.8%	Or are you some other race?
0.3%	Not sure [DO NOT READ]
3.0%	Refused [DO NOT READ]

D11. Do you consider yourself to be a ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C, FOLLOW UP WITH D]**

All Respondents (N=800)

- 20.4% a. Democrat
- 33.5% b. Republican
- 35.1% c. Independent
- 3.1% d. Something else [DO NOT READ]
- 2.5% Not sure [DO NOT READ]
- 5.3% Refused [DO NOT READ]

D12. How would you characterize your political views? Would you say you are ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

All Respondents (N=800)

- 42.2% a. Conservative
- 35.6% b. Moderate
- 10.2% c. Liberal
- 3.0% None of these [DO NOT READ]
- 4.0% Not sure [DO NOT READ]
- 4.8% Refused [DO NOT READ]

D13. Have you ever used any of the following healthcare technology for yourself or someone else? **[INSERT, READ, AND RANDOMIZE ITEMS A-E]**

<u>All Respondents (N=800)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Tools that alert you to take medications on time	8.3%	89.6%	0.3%	1.8%
b. Personal emergency response systems that let you call for help easily in an emergency	19.1%	78.6%	0.4%	1.8%
c. An online support community for caregivers, like the A-A-R-P Caregiver Resource Center	3.4%	94.0%	0.8%	1.8%

D14. In your residence, do you or any member of your household own or use any of the following computers? **[READ A-C IN ORDER]**

<u>All Respondents (N=800)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. A desktop, laptop, netbook, or notebook computer	84.0%	13.6%	0.3%	2.1%
b. A handheld computer, smart cell phone, or other handheld wireless computer; or	78.6%	18.9%	0.4%	2.1%
c. Some other type of computer	18.9%	77.1%	1.8%	2.2%

D15. In your residence, do you or any member of your household access the Internet?

All Respondents (N=800)

- 84.2% Yes
- 13.3% No **[SKIP TO D17]**
- 0.2% Not sure [DO NOT READ] **[SKIP TO D17]**
- 2.2% Refused [DO NOT READ] **[SKIP TO D17]**

D16. Do you subscribe to the Internet using ...? **[READ A-F IN RANDOM ORDER AND FOLLOW UP WITH G]**

<u>Respondents With Household Internet Access (n=674)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. A dial up service	5.7%	86.3%	7.8%	0.2%
b. A DSL service	32.2%	52.5%	15.2%	0.1%
c. A Cable modem service	56.3%	34.8%	8.7%	0.2%
d. A fiber-optic service	48.5%	40.3%	11.0%	0.2%
e. A mobile broadband plan for a computer or a cell phone	48.2%	41.8%	9.8%	0.2%
f. A satellite Internet service	13.4%	80.4%	6.0%	0.2%
g. Or some other service	6.4%	84.9%	8.5%	0.3%

D17. In general, how comfortable are you in using ... **[INSERT A-C IN RANDOM ORDER]**. Are you ...?
[READ RESPONSE OPTIONS IN ORDER]

<u>All Respondents (N=800)</u>	<u>Extremely comfortable</u>	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Not sure</u>	<u>Refused</u>
a. The Internet	32.5%	29.2%	19.8%	6.4%	9.5%	0.9%	1.9%
b. Computers	29.1%	28.6%	22.8%	7.7%	9.1%	0.5%	2.2%
c. Cell phones or smart phones	26.3%	31.2%	25.8%	6.6%	5.9%	1.8%	2.5%

D18. We realize income is a private matter and so rather than ask you anything specific about your income, I'd like to ask you to please stop me when I get to the category that includes your household's income before taxes in 2017. Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=800)</u>	
2.1%	Less than \$10,000
5.0%	\$10,000 to less than \$20,000
5.7%	\$20,000 to less than \$30,000
6.8%	\$30,000 to less than \$40,000
7.1%	\$40,000 to less than \$50,000
7.4%	\$50,000 to less than \$60,000
7.5%	\$60,000 to less than \$75,000
12.3%	\$75,000 to less than \$100,000
11.4%	\$100,000 to less than \$125,000
5.7%	\$125,000 to less than \$150,000
4.6%	\$150,000 to less than \$200,000
6.3%	\$200,000 or more
3.1%	Not sure [DO NOT READ]
15.0%	Refused [DO NOT READ]

That was our last question for tonight/today. Thanks you very much for taking the time to help us out. Have a great day/night!

METHODOLOGY

AARP North Dakota commissioned a telephone survey among 800 residents age 40-plus in North Dakota, who vote in state elections, to learn about their experiences with family caregiving. The sample utilized an age-targeted landline and cell phone list, obtained from Scientific Telephone Samples (STS). The sample database consisted of 208,932 residents age 40-plus in the State of North Dakota. Residents who said they “never” vote in state elections were not included. Quotas were used in this study based on age and gender and were filled based on responses to questions in the questionnaire. They were designed to yield a proportional representation of the North Dakota age 40-plus population.

Respondents were selected at random from the sample list to be dialed. American Directions asked to speak with the resident listed on the file. If that person was unavailable, American Directions asked to speak with another member of the household aged 40-plus who was a resident of North Dakota. The interviews averaged 22 minutes in length and were conducted in English. The survey has a margin of sampling error of ± 3.46 percent.

This report highlights results from 800 residents interviewed from October 25 to November 15, 2018. The data collection and weighting were performed by American Directions. The data is weighted by age and gender to reflect residents in North Dakota age 40-plus, based on the 2017 one-year population estimates for North Dakota from the American Community Survey.

Percentages reported are rounded. For more information about the methodology, contact Terri Guengerich, AARP Research, tguengerich@aarp.org, (202)434-6306.