

**2018 AARP North Carolina Caregiving Survey Annotation
Registered Voters 40-Plus
February 16 to March 3, 2019 (N=800; Weighted Results)**



SCREENING QUESTIONS

S1. Our study is interested in the opinions of people in certain age groups. Could you please tell me your age as of your last birthday? **[IN YEARS]** _____ **[RECORD ACTUAL AGE AND USE THE AGE GROUPS BELOW TO KEEP TRACK OF HOW MANY RESPONDENTS WE ARE GETTING IN EACH GROUP]**

S2. **[IF REFUSED IN S1]** I understand. Some people are not comfortable giving their age, but would you let me know which of the following age ranges you fall into?

All Respondents (N=800)

0.0%	Under 40 [DO NOT READ] [ASK TO SPEAK TO SOMEONE 40 OR OLDER AND REPEAT INTRO AND THEN ASK S1. IF NO ONE 40 OR OLDER, TERMINATE]
23.7%	40-49
11.1%	50-54
28.1%	55-64
37.1%	65 or older
0.0%	Refused [DO NOT READ] [GO TO S2]

S3. **[RECORD RESPONDENT'S GENDER. ASK ONLY IF ABSOLUTELY NECESSARY]** "To ensure it is recorded accurately, could you please state your gender?"

All Respondents (N=800)

43.4%	Male
56.6%	Female

S4. Are you registered to vote in **North Carolina**?

All Respondents (N=800)

100.0%	Yes
0.0%	No

MAIN QUESTIONNAIRE

Q1. A family caregiver is someone who provides UNPAID care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This unpaid care may include assisting with personal needs like bathing and dressing, household chores, meals, shopping, transportation, or managing finances or medical care. Are you currently a family caregiver providing UNPAID care to an adult loved one? Q12. Have you ever been a family caregiver who provided UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY PROVIDE (HAVE PROVIDED) CARE TO HAD TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY "THIS PERSON DID NOT HAVE TO LIVE WITH YOU."]**

All Respondents (N=800)

17.5%	Yes, I am currently providing care to an adult loved one
35.3%	Yes, I have been a family caregiver in the past
46.9%	No
0.3%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q2. What is the age of the person you are providing care for? Q13. What was the age of the person who you most recently provided care to? **[INTERVIEWER: IF THEY ARE PROVIDING [PROVIDED] CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY ARE PROVIDING (PROVIDED) THE MOST CARE TO]. [RECORD AGE IF KNOWN AND GIVEN; IF NOT KNOWN OR GIVEN, TRY TO RECORD IT IN THE RANGE BELOW]**

Current Caregivers (n=140)

0.0%	Under 18 [SKIP TO Q12]
9.3%	18-49
7.9%	50-59
16.9%	60-69
30.0%	70-79
33.2%	80+
2.8%	Not sure/Refused [DO NOT READ]

Former Caregivers (n=283)

0.0%	Under 18 [SKIP TO Q23]
5.6%	18-49
7.3%	50-59
14.8%	60-69
28.9%	70-79
42.3%	80+
1.1%	Not sure/Refused [DO NOT READ]

Current and Former Caregivers (n=423)

6.8%	18-49
7.5%	50-59
15.5%	60-69
29.3%	70-79
39.3%	80+
1.7%	Not sure/Refused [DO NOT READ]

Q3. Who are you caring for? Q14. Who did you care for? **[PLEASE CODE TO LIST BELOW, IF NOT ON LIST, PLEASE ADD TO THE LIST]**

Current Caregivers (n=140)

48.3%	Parents (mother/father, mother/father-in-law)
24.6%	Spouse (husband/wife, companion/partner)
7.7%	Children (son/daughter, daughter-in-law)
8.6%	Sibling (brother/sister, brother-in-law)
7.9%	Other relative (grandmother/father, grandson/daughter, aunt)
2.8%	Non-relative (friend)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=283)

60.7%	Parents (mother/father, mother/father-in-law, stepmother/father)
13.8%	Spouse (husband/wife, girl/boyfriend)
2.4%	Children (son)
6.6%	Sibling (brother/sister, sister-in-law)
10.4%	Other relative (aunt/uncle, grandfather/mother, grandmother-in-law)
6.3%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=423)

56.5%	Parents (mother/father, mother/father-in-law, stepmother/father)
17.4%	Spouse (husband/wife, companion/partner, girl/boyfriend)
4.0%	Children (son/daughter, daughter-in-law)
7.3%	Sibling (brother/sister, brother/sister-in-law)
9.5%	Other relative (aunt/uncle, grandfather/mother, grandmother-in-law, grandson/daughter)
5.1%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q4. Still thinking about the person you are providing care to the most, which of the following activities are you providing? Are you ...? Q15. Thinking about the person you most recently provided care to, which of the following activities did you provide? Did you ...? **[INSERT, READ AND RANDOMIZE ITEMS A-H AND ASK I and J AS A BLOCK IN ORDER]**

Current Caregivers (n=140)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	50.3%	49.0%	0.8%
b. Providing transportation to appointments	84.5%	15.5%	0.0%
c. Taking them shopping or shopping for them	85.6%	13.7%	0.7%
d. Helping them with meals	88.6%	11.4%	0.0%
e. Helping them to manage finances	68.9%	31.1%	0.0%
f. Aiding with household chores	93.5%	6.5%	0.0%
g. Providing social activities or companionship	89.8%	9.5%	0.8%
h. Maintaining or upkeeping their property	74.1%	25.3%	0.7%
i. Overseeing their medication management	71.9%	28.1%	0.0%
j. Being responsible for other medical or nursing tasks	66.1%	32.5%	1.4%

<u>Former Caregivers (n=283)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist with bathing or dressing	70.1%	29.9%	0.0%
b. Provide transportation to appointments	86.5%	13.5%	0.0%
c. Take them shopping or shop for them	89.6%	10.4%	0.0%
d. Help them with meals	91.8%	8.2%	0.0%
e. Help them to manage finances	67.9%	32.1%	0.0%
f. Aid with household chores	91.1%	8.5%	0.4%
g. Provide social activities or companionship	91.1%	8.3%	0.7%
h. Maintain or upkeep their property	68.5%	31.2%	0.3%
i. Oversee their medication management	77.9%	21.8%	0.3%
j. Have responsibility for other medical or nursing tasks	57.1%	41.2%	1.8%

<u>Current and Former Caregivers (n=423)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	63.5%	36.2%	0.3%
b. Providing transportation to appointments	85.8%	14.2%	0.0%
c. Taking them shopping or shopping for them	88.3%	11.5%	0.2%
d. Helping them with meals	90.7%	9.3%	0.0%
e. Helping them to manage finances	68.2%	31.8%	0.0%
f. Aiding with household chores	91.9%	7.8%	0.3%
g. Providing social activities or companionship	90.6%	8.7%	0.7%
h. Maintaining or upkeeping their property	70.3%	29.2%	0.4%
i. Overseeing their medication management	75.9%	23.9%	0.2%
j. Being responsible for other medical or nursing tasks	60.1%	38.3%	1.6%

Q5. Q16. Have you ever been employed either full- or part-time while providing care to your adult loved one?

Current Caregivers (n=140)

57.7% Yes **[ASK Q6]**
 41.7% No **[SKIP TO Q7]**
 0.7% Not sure [DO NOT READ] **[SKIP TO Q7]**
 0.0% Refused [DO NOT READ] **[SKIP TO Q7]**

Former Caregivers (n=283)

61.8% Yes **[ASK Q17]**
 38.2% No **[SKIP TO Q18]**
 0.0% Not sure [DO NOT READ] **[SKIP TO Q18]**
 0.0% Refused [DO NOT READ] **[SKIP TO Q18]**

Current and Former Caregivers (n=423)

60.4% Yes
 39.3% No
 0.2% Not sure [DO NOT READ]
 0.0% Refused [DO NOT READ]

Q6. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q17. Now thinking again about the adult loved one you have most recently provided care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-D]**

<u>Working Current Caregivers (n=81)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	74.9%	25.1%	0.0%
b. Take a leave of absence from your job to provide care for a loved one	32.6%	67.4%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	22.6%	77.4%	0.0%
d. Give up working entirely to provide care for a loved one	25.0%	75.0%	0.0%

<u>Working Former Caregivers (n=175)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	68.4%	30.4%	1.2%
b. Take a leave of absence from your job to provide care for a loved one	36.6%	63.4%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	18.5%	79.8%	1.7%
d. Give up working entirely to provide care for a loved one	17.1%	82.9%	0.0%

<u>Working Current and Former Caregivers (n=255)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	70.4%	28.8%	0.8%
b. Take a leave of absence from your job to provide care for a loved one	35.3%	64.7%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	19.8%	79.0%	1.2%
d. Give up working entirely to provide care for a loved one	19.6%	80.4%	0.0%

Q7. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q18. Now thinking again about the adult loved one you have most recently provided care to, while providing this care did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

<u>Current Caregivers (n=140)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q8]	79.1%	20.2%	0.7%
b. Make changes to your home for the loved one in your care	43.8%	56.2%	0.0%
c. Move into another home to accommodate the loved one in your care	15.1%	84.9%	0.0%

<u>Former Caregivers (n=283)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q19]	66.5%	33.5%	0.0%
b. Make changes to your home for the loved one in your care	43.1%	56.6%	0.3%
c. Move into another home to accommodate the loved one in your care	16.7%	83.0%	0.3%

<u>Current and Former Caregivers (n=423)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care	70.7%	29.1%	0.2%
b. Make changes to your home for the loved one in your care	43.3%	56.5%	0.2%
c. Move into another home to accommodate the loved one in your care	16.2%	83.6%	0.2%

Q8. As a caregiver, have you ever spent your own money to help care for your loved one for any of the following? Q19. As a caregiver, did you ever spend your own money to help care for your loved one for any of the following? **[INSERT, READ AND RANDOMIZE ITEMS A-H]**

<u>Current Caregivers Who Spent Money on Care (n=111)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	19.0%	81.0%	0.0%
b. Using respite [PRONOUNCED RES-PIT] care to get a break from your caregiving responsibilities	13.0%	87.0%	0.0%
c. Using adult day care	3.6%	96.4%	0.0%
d. Transporting your loved one to where they need to go	85.5%	14.5%	0.0%
e. Making modifications to your home or your loved one's home	44.3%	55.7%	0.0%
f. Buying prescription drugs	57.2%	42.8%	0.0%
g. Making modifications to a vehicle or buying a new vehicle	22.7%	77.3%	0.0%
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	58.4%	40.7%	0.8%

<u>Former Caregivers Who Spent Money on Care (n=188)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	22.8%	77.2%	0.0%
b. Using respite [PRONOUNCED RES-PIT] care to get a break from your caregiving responsibilities	19.0%	79.9%	1.1%
c. Using adult day care	3.7%	95.7%	0.6%
d. Transporting your loved one to where they need to go	82.6%	17.4%	0.0%
e. Making modifications to your home or your loved one's home	34.8%	64.7%	0.6%
f. Buying prescription drugs	56.8%	42.6%	0.6%
g. Making modifications to a vehicle or buying a new vehicle	12.6%	87.4%	0.0%
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	49.6%	50.4%	0.0%

<u>Current and Former Caregivers Who Spent Money on Care (n=299)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	21.4%	78.6%	0.0%
b. Using respite [PRONOUNCED RES-PIT] care to get a break from your caregiving responsibilities	16.8%	82.6%	0.7%
c. Using adult day care	3.7%	95.9%	0.4%
d. Transporting your loved one to where they need to go	83.7%	16.3%	0.0%
e. Making modifications to your home or your loved one's home	38.3%	61.4%	0.3%
f. Buying prescription drugs	57.0%	42.7%	0.3%
g. Making modifications to a vehicle or buying a new vehicle	16.4%	83.6%	0.0%
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	52.9%	46.8%	0.3%

Q9. Q20. As a caregiver do you ever ...? **[INSERT, READ AND RANDOMIZE ITEMS A-I]**

<u>Current Caregivers (n=140)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	59.8%	38.0%	2.2%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q5] [n=81]	66.1%	32.6%	1.3%
c. Find it difficult to maintain a healthy diet	51.8%	46.7%	1.5%
d. Find it difficult to get enough rest	62.8%	37.2%	0.0%
e. Find it difficult to exercise regularly	52.5%	44.5%	3.0%
f. Find it difficult to take care of your household responsibilities	49.4%	49.8%	0.8%
g. Experience problems with your health	45.0%	53.6%	1.4%
h. Find it difficult to make time to visit your doctor	30.6%	68.6%	0.8%
i. Feel strained financially due to your caregiving responsibilities	44.1%	55.2%	0.7%
<u>Former Caregivers (n=283)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	64.4%	35.2%	0.4%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q16] [n=175]	63.4%	36.6%	0.0%
c. Find it difficult to maintain a healthy diet	34.8%	64.5%	0.7%
d. Find it difficult to get enough rest	55.6%	43.7%	0.7%
e. Find it difficult to exercise regularly	49.6%	50.4%	0.0%
f. Find it difficult to take care of your household responsibilities	41.6%	58.0%	0.4%
g. Experience problems with your health	32.4%	67.3%	0.3%
h. Find it difficult to make time to visit your doctor	26.0%	73.3%	0.7%
i. Feel strained financially due to your caregiving responsibilities	32.0%	67.6%	0.4%
<u>Current and Former Caregivers (n=423)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	62.9%	36.1%	1.0%
b. Feel stressed in trying to balance your job and family [n=255]	64.3%	35.3%	0.4%
c. Find it difficult to maintain a healthy diet	40.4%	58.6%	1.0%
d. Find it difficult to get enough rest	58.0%	41.5%	0.5%
e. Find it difficult to exercise regularly	50.6%	48.4%	1.0%
f. Find it difficult to take care of your household responsibilities	44.2%	55.3%	0.5%
g. Experience problems with your health	36.6%	62.7%	0.7%
h. Find it difficult to make time to visit your doctor	27.5%	71.7%	0.7%
i. Feel strained financially due to your caregiving responsibilities	36.0%	63.5%	0.5%

Q10. How important is it to you to be able to provide care for your loved one so that they can keep living independently in their own home? Is it ...? Q21. How important was it to you to be able to provide care for your loved one so that they could keep living independently in their own home? Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>Current Caregivers (n=140)</u>	
63.9%	Extremely important
27.5%	Very important
3.7%	Somewhat important
0.0%	Not very important
0.7%	Not at all important
3.6%	Not sure [DO NOT READ]
0.7%	Refused [DO NOT READ]

Former Caregivers (n=283)

54.0% Extremely important
35.2% Very important
4.6% Somewhat important
1.0% Not very important
3.1% Not at all important
2.1% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=423)

57.3% Extremely important
32.6% Very important
4.3% Somewhat important
0.7% Not very important
2.3% Not at all important
2.6% Not sure [DO NOT READ]
0.2% Refused [DO NOT READ]

Q11. Q22. Q23. How likely do you think it is that you will provide any caregiving or assistance on an unpaid basis for an adult loved one in the future? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=140)

52.8% Extremely likely
21.4% Very likely
9.3% Somewhat likely
2.2% Not very likely
5.0% Not at all likely
8.7% Not sure [DO NOT READ]
0.7% Refused [DO NOT READ]

Former Caregivers (n=283)

22.5% Extremely likely
18.4% Very likely
21.0% Somewhat likely
13.7% Not very likely
20.0% Not at all likely
4.3% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=423)

32.5% Extremely likely
19.4% Very likely
17.1% Somewhat likely
9.9% Not very likely
15.1% Not at all likely
5.7% Not sure [DO NOT READ]
0.2% Refused [DO NOT READ]

Never Been Caregivers (n=377)

14.1%	Extremely likely
17.5%	Very likely
24.4%	Somewhat likely
14.7%	Not very likely
24.3%	Not at all likely
5.1%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

All Respondents (N=800)

23.8%	Extremely likely
18.5%	Very likely
20.5%	Somewhat likely
12.2%	Not very likely
19.4%	Not at all likely
5.4%	Not sure [DO NOT READ]
0.1%	Refused [DO NOT READ]

Q24. IF CURRENT CAREGIVER, ASK ... In your opinion, as a current caregiver, how helpful would the following types of caregiving support be to you? **IF A FORMER CAREGIVER, ASK ...** In your opinion, as a former caregiver, how helpful would the following types of caregiving support be to you? **FOR ALL OTHER RESPONDENTS, ASK ...** In your opinion, as someone who may provide care in the future, how helpful would the following types of caregiving support be to you? Would ... **[INSERT A-G IN RANDOM ORDER, KEEP A & B TOGETHER AND ALWAYS ASK A FIRST THEN B]** be ...? **[READ EACH ANSWER CATEGORY BELOW]**

<u>All Respondents (N=800)</u>	Extremely <u>helpful</u>	Very <u>helpful</u>	Somewhat <u>helpful</u>	Not very <u>helpful</u>	Not at all <u>helpful</u>	<u>NS/REF</u>
a. Assistance with providing transportation in general	19.4%	28.9%	25.1%	7.9%	16.9%	1.9%
b. Assistance with providing transportation to medical appointments	23.2%	29.5%	22.3%	6.3%	17.1%	1.7%
c. Assistance with understanding how to manage medications	19.3%	24.4%	21.9%	11.7%	20.5%	2.1%
d. Connecting with other caregivers in similar situations	12.4%	25.8%	31.7%	9.2%	18.1%	2.7%
e. Respite care or breaks from caregiving responsibilities	22.0%	28.9%	24.5%	7.0%	13.8%	3.7%
f. Assistance with providing meals	18.2%	31.1%	23.8%	7.1%	18.2%	1.6%
g. Assistance with managing household chores	19.3%	28.7%	26.6%	8.6%	16.0%	0.9%

Q25. Family caregivers help older residents in North Carolina live independently by performing services like bathing and dressing as well as managing medication and paying bills. How important do you think it is to have more resources and training for family caregivers? Do you think it is ...?

[INSERT AND READ EACH ANSWER CATEGORY]

All Respondents (N=800)

- 45.8% Extremely important
- 35.7% Very important
- 11.5% Somewhat important
- 1.6% Not very important
- 3.4% Not at all important
- 1.9% Not sure [DO NOT READ]
- 0.1% Refused [DO NOT READ]

THE CARE ACT

Q26. Now I'm going to ask if you support or oppose some proposals that would provide additional help for family caregivers. Do you support or oppose ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

Q27. Is that strongly or somewhat?

<u>All Respondents (N=800)</u>	<u>Strongly support</u>	<u>Some-what support</u>	<u>Neither support or oppose/ Not sure</u>	<u>Some-what oppose</u>	<u>Strongly oppose</u>	<u>REF</u>
a. Requiring hospitals to record the name of a patient's family caregiver in the medical record upon admission	63.3%	20.0%	6.8%	6.1%	3.9%	0.0%
b. Hospitals keeping a family caregiver informed of major decisions, like transferring or discharging the patient	76.2%	14.6%	3.2%	3.4%	2.4%	0.1%
c. Requiring hospitals to explain and demonstrate any medical or nursing tasks family caregivers will need to perform after the patient returns home	83.5%	10.7%	2.1%	1.6%	1.9%	0.1%

QUESTION 28 IS ASKED OF RESPONDENTS WHO ARE NOT CURRENT OR FORMER CAREGIVERS.

Q28. Thinking about right now – today – if you had to care for a family member after their discharge from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Respondents Who Are Not Family Caregivers (n=376)

- 71.3% Extremely important
- 21.7% Very important
- 4.5% Somewhat important
- 0.3% Not very important
- 1.9% Not at all important
- 0.3% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

QUESTIONS 29-31 ARE ASKED OF RESPONDENTS WHO ARE CURRENT OR FORMER CAREGIVERS

Q29. Thinking about right now – today – if your family member or loved one was being discharged from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Current and Former Caregivers (n=423)

77.8%	Extremely important
18.0%	Very important
3.3%	Somewhat important
0.2%	Not very important
0.5%	Not at all important
0.0%	Not sure [DO NOT READ]
0.2%	Refused [DO NOT READ]

Q30. At any time while you have been providing care, did your family member or loved one require admission to a hospital?

Current and Former Caregivers (n=423)

79.5%	Yes [SKIP TO QUESTION 31]
19.1%	No [SKIP TO QUESTION 32]
1.4%	Not sure [DO NOT READ] [SKIP TO QUESTION 32]
0.0%	Refused [DO NOT READ] [SKIP TO QUESTION 32]

Q31. Upon their discharge from the hospital, were you provided with instruction or live demonstration of any medical tasks that you may need to perform for your family member or loved one at home?

Current and Former Caregivers With Loved Ones in Hospital (n=337)

73.6%	Yes
23.7%	No
2.7%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q32-Q35 will be released at a later date.

NURSING SCOPE OF PRACTICE AND PRACTITIONERS

Q36. Twenty-two states have passed a proposal to modernize outdated rules related to nurse practitioners and advanced practice registered nurses. These nurses, who have additional training in specific areas like elder care, often visit older patients in their homes. By updating the rules, nurse practitioners can serve as the primary or acute care provider for a patient. Do you support or oppose modernizing outdated rules to allow nurse practitioners, who have advanced training, to serve as the primary or acute care provider for patients? Q37. Is that strongly or somewhat?

All Respondents (N=800)

66.9%	Strongly support
18.6%	Somewhat support
6.6%	Neither support/oppose/not sure
3.7%	Somewhat oppose
4.0%	Strongly oppose
0.1%	Refused

Q38. To provide more detail, a nurse practitioner is a registered nurse who has graduate education at the master's or doctoral level that prepares him or her to provide healthcare services, including primary care. A nurse practitioner can provide routine health care services such as diagnosing and treating patients, managing chronic conditions, ordering labs tests, prescribing medications, and performing annual exams. In the last twelve months, have you, a family member, or a friend ever been seen by a nurse practitioner?

All Respondents (N=800)

- 59.4% Yes **[ASK Q39]**
- 38.3% No **[SKIP TO Q41]**
- 2.1% Not sure [DO NOT READ] **[SKIP TO Q41]**
- 0.1% Refused [DO NOT READ] **[SKIP TO Q41]**

Q39. And was it you, a family member, or a friend that was seen by a nurse practitioner? **[ACCEPT MULTIPLE RESPONSES]**

Respondents and Others Seen by a Nurse Practitioner (n=475)

- 68.9% Me (respondent)
- 40.6% Family member
- 9.8% Friend
- 1.2% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

Q40. **[IF Q39=ME, ASK Q40]** Thinking about your most recent experience, how would you rate the quality of care you received from the nurse practitioner? Was it ... **[INSERT RESPONSE OPTIONS IN ORDER]**

Only Respondents Seen by a Nurse Practitioner (n=327)

- 64.5% Excellent
- 28.9% Good
- 5.5% Fair
- 0.6% Somewhat Poor
- 0.3% Very poor
- 0.3% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

Q41-Q45 will be released at a later date.

INDEPENDENT LIVING

Q46. If you or a loved one needed help when the basic tasks of life become more difficult due to aging or illness, where would you prefer to receive that care or help for yourself or a loved one? **[INSERT, READ AND RANDOMIZE ITEMS A-C. ACCEPT ONLY ONE ANSWER]**

All Respondents (N=800)

- 82.7% a. At home with caregiver assistance
- 8.2% b. In an assisted living facility or group home
- 3.1% c. In a nursing home
- 5.5% Not sure [DO NOT READ]
- 0.5% Refused [DO NOT READ]

Q47. If you or a loved one needed help to remain independent, how important would it be to have services that would allow you or a loved one to live independently at home for as long as possible? Would it be ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=800)</u>	
70.3%	Extremely important
22.0%	Very important
6.5%	Somewhat important
0.1%	Not very important
0.5%	Not at all important
0.5%	Not sure [DO NOT READ]
0.1%	Refused [DO NOT READ]

Q48. How important is it that services that help older adults live independently, such as home health care, personal care, adult day programs, and services so caregivers can take a break from their caregiving duties, are available in your community? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=800)</u>	
54.7%	Extremely important
28.7%	Very important
12.8%	Somewhat important
0.8%	Not very important
1.5%	Not at all important
1.1%	Not sure [DO NOT READ]
0.4%	Refused [DO NOT READ]

Q49. Now I'm going to ask you about some specific community services. Please tell me how important you think it is to have the following services available in your community to help older adults live independently. How important is having ... **[INSERT, READ AND RANDOMIZE ITEMS A-K.]** in your community? Is it ...? **[INSERT AND READ EACH IMPORTANCE ANSWER CATEGORY]** **[FOR ITEM C: IF NECESSARY READ: Congregate meal programs provide meals and nutrition services to older persons in a group setting like a senior center; FOR ITEM H: IF NECESSARY READ: Medication or services provided to relieve symptoms of terminal illness].**

<u>All Respondents (N=800)</u>	<u>Extremely important</u>	<u>Very important</u>	<u>Somewhat important</u>	<u>Not very important</u>	<u>Not at all important</u>	<u>NS/ REF</u>
a. Senior or community centers	38.6%	35.0%	20.7%	1.9%	1.8%	2.0%
b. Chore or homemaker services where someone comes in to do light housekeeping or cleaning for low-income and older persons	41.9%	31.7%	20.3%	1.5%	2.5%	2.1%
c. Congregate meals such as senior lunch programs	38.3%	32.5%	20.2%	3.8%	3.1%	2.1%
d. Home delivered meals	41.5%	32.7%	18.4%	2.7%	2.7%	1.9%

<u>All Respondents (N=800)</u>	<u>Extremely important</u>	<u>Very important</u>	<u>Somewhat important</u>	<u>Not very important</u>	<u>Not at all important</u>	<u>NS/ REF</u>
e. Visiting nurse services, such as an RN who comes to your home after a hospitalization	47.5%	35.7%	13.8%	0.9%	0.8%	1.3%
f. Well-trained certified home health care providers	54.0%	34.6%	8.9%	0.4%	0.8%	1.4%
g. Breaks for family caregivers from caregiving duties	42.8%	33.4%	18.6%	0.8%	1.8%	2.7%
h. End of life or hospice services	57.2%	29.4%	8.6%	0.6%	1.8%	2.4%
i. Special transportation services such as one for seniors or persons with disabilities	51.5%	36.8%	8.8%	1.0%	0.8%	1.1%
j. An easy way for caregivers to find information and resources to help them provide care	51.0%	35.2%	9.9%	0.9%	1.0%	2.2%
k. Affordable options for home repairs or modifications	43.7%	31.7%	18.5%	1.3%	2.4%	2.5%

Demographics

The following questions are for classification purposes only and will be kept entirely confidential.

D1. What is your current marital status? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

47.7%	Married
3.8%	Not married, living with your partner or significant other
2.5%	Separated
13.7%	Divorced
14.2%	Widowed
14.4%	Or are you currently single and never married
0.4%	Not sure [DO NOT READ]
3.3%	Refused [DO NOT READ]

D2. **[IF D1=1 ASK:** "Are you or your spouse currently a member of A-A-R-P?" **IF D1=2 ASK:** "Are you or your partner currently a member of A-A-R-P?" **OTHERWISE ASK** "Are you currently a member of A-A-R-P?"]

All Respondents (N=800)

29.1%	Yes
66.6%	No
1.3%	Not sure [DO NOT READ]
3.1%	Refused [DO NOT READ]

D3. In general, when compared to most people your age, how would you rate your health? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

12.9%	Excellent
34.4%	Very good
31.2%	Good
13.3%	Fair
4.7%	Poor
0.8%	Not sure [DO NOT READ]
2.8%	Refused [DO NOT READ]

D4. Thinking about who lives in your household, do you currently ...? **[INSERT AND READ ITEMS A-C BELOW]**

All Respondents (N=800)

	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Have any children 18 and under living with you	25.8%	70.5%	0.3%	3.5%
b. Have any children 19 and over living with you	20.0%	76.3%	0.1%	3.6%
c. Have a parent or adult relative living with you	16.7%	79.4%	0.5%	3.4%

D5. Do you own or rent your primary residence?

All Respondents (N=800)

70.3%	Own
22.6%	Rent
2.5%	Other living arrangement [DO NOT READ]
0.2%	Not sure [DO NOT READ]
4.4%	Refused [DO NOT READ]

D6. What is the highest level of education that you completed? Is it ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

7.6%	0 to 12 th grade, but with no diploma
24.1%	High school graduate or equivalent
10.9%	Post high school education, but with no degree
18.6%	2 year degree
18.2%	4 year degree
3.4%	Post graduate study, but with no degree
12.0%	Graduate or professional degree
0.6%	Not sure [DO NOT READ]
4.7%	Refused [DO NOT READ]

D7. Which of the following best describes your current employment status? Are you ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

6.6%	Self-employed full-time
2.7%	Self-employed part-time
27.6%	Employed full-time
5.1%	Employed part-time
36.9%	Retired and not working at all
2.8%	Unemployed and looking for work
11.6%	Or are you not in the labor force for other reasons
1.4%	Not sure [DO NOT READ]
5.2%	Refused [DO NOT READ]

D8. Are you of Hispanic, Spanish, or Latino origin or descent?

All Respondents (N=800)

6.6%	Yes
91.6%	No
1.0%	Not sure [DO NOT READ]
0.9%	Refused [DO NOT READ]

D9. What is your race? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

52.1%	White or Caucasian
32.3%	Black or African American
2.7%	Native American or Alaskan Native
0.2%	Asian
0.0%	Native Hawaiian or other Pacific Islander
5.8%	Or are you some other race?
0.2%	Not sure [DO NOT READ]
6.6%	Refused [DO NOT READ]

D10. Thinking about your state elections for North Carolina Governor and Legislators in the last 10 years, which of the following best describes your voting behavior? Would you say you vote ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

61.7%	Always
23.4%	Most of the time
4.4%	About half of the time
3.0%	Seldom
1.9%	Never
0.5%	Not sure [DO NOT READ]
5.2%	Refused [DO NOT READ]

D11. Do you consider yourself to be a ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C, FOLLOW UP WITH D]**

All Respondents (N=800)

- 40.6% a. Democrat
- 24.0% b. Republican
- 21.7% c. Independent
- 3.1% d. Something else [DO NOT READ]
- 1.3% Not sure [DO NOT READ]
- 9.2% Refused [DO NOT READ]

D12. How would you characterize your political views? Would you say you are ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

All Respondents (N=800)

- 34.9% a. Conservative
- 34.3% b. Moderate
- 14.3% c. Liberal
- 7.9% None of these [DO NOT READ]
- 0.0% Not sure [DO NOT READ]
- 8.6% Refused [DO NOT READ]

D13. In your residence, do you or any member of your household access the Internet?

All Respondents (N=800)

- 76.9% Yes
- 17.8% No
- 0.1% Not sure [DO NOT READ]
- 5.2% Refused [DO NOT READ]

D14. In general, how comfortable are you in using ... **[INSERT A-C IN RANDOM ORDER]**. Are you ...? **[READ RESPONSE OPTIONS IN ORDER]**

<u>All Respondents (N=800)</u>	Extremely comfort- able	Very comfort- able	Somewhat comfort- able	Not very comfort- able	Not at all comfort- able	NS/REF
a. The Internet	29.8%	24.8%	19.5%	4.8%	13.3%	7.9%
b. Computers	29.2%	25.4%	18.2%	5.6%	13.5%	8.0%
c. Cell phones or smart phones	28.3%	27.0%	24.8%	4.6%	8.0%	7.4%

D15. Have you ever used any of the following healthcare technology for yourself or someone else? **[INSERT, READ, AND RANDOMIZE ITEMS A-E]**

<u>All Respondents (N=800)</u>	Yes	No	NS/REF
a. Tools that alert you to take medications on time	11.2%	82.6%	6.2%
b. Personal emergency response systems that let you call for help easily in an emergency	26.2%	67.5%	6.3%
c. An online support community for caregivers, like the A-A-R-P Caregiver Resource Center	6.6%	87.1%	6.3%

D16. We realize income is a private matter and so rather than ask you anything specific about your income, I'd like to ask you to please stop me when I get to the category that includes your household's income before taxes in 2018. Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

5.7%	Less than \$10,000
12.9%	\$10,000 to less than \$20,000
10.0%	\$20,000 to less than \$30,000
9.2%	\$30,000 to less than \$40,000
6.8%	\$40,000 to less than \$50,000
6.3%	\$50,000 to less than \$60,000
6.8%	\$60,000 to less than \$75,000
7.7%	\$75,000 to less than \$100,000
4.8%	\$100,000 to less than \$125,000
2.8%	\$125,000 to less than \$150,000
2.3%	\$150,000 to less than \$200,000
1.7%	\$200,000 or more
2.5%	Not sure [DO NOT READ]
20.7%	Refused [DO NOT READ]

That was our last question for tonight/today. Thanks you very much for taking the time to help us out. Have a great day/night!

METHODOLOGY

AARP North Carolina commissioned a telephone survey among 800 registered voters age 40-plus in North Carolina to learn about their experiences with family caregiving. The sample utilized an age-targeted landline and cell phone registered voter list obtained from Aristotal International. The sample database consisted of 3,967,161 registered voters age 40-plus in the State of North Carolina. There are approximately 1,013,110 residents of North Carolina age 40-plus who are not registered to vote, and there are approximately 1,373,846 registered voters age 40-plus who did not have a phone number on file that were not included in the sampling of this study.

Quotas were used in this study based on age and gender and were filled based on responses to questions in the questionnaire. They were designed to yield a proportional representation of the North Carolina age 40-plus registered voter population.

Respondents were selected at random from the sample list to be dialed. American Directions Research Group (ADRG) asked to speak with the registered voter listed on the file. If that person was unavailable, ADRG asked to speak with another member of the household aged 40-plus who was registered to vote in North Carolina. The interviews averaged 25 minutes in length and were conducted in English. The survey has a margin of sampling error of ± 3.46 percent.

This report highlights results from 800 registered voters interviewed from February 16 to March 3, 2019. The data collection and weighting were performed by ADRG. The data is weighted by age and gender to reflect registered voters in North Carolina age 40-plus, based on the sample source.

Percentages reported are rounded. For more information about the methodology, contact Terri Guengerich, AARP Research, tguengerich@aarp.org, (202)434-6306.