

Support Family Caregivers Who Work in California

Every day, more than 4.4 million Californians care for parents, spouses, or other loved ones, helping them live independently at home and in their communities, where they want to be. These family caregivers take on huge responsibilities that can be overwhelming, stressful, and exhausting. The majority also juggle full- or part-time jobs. Right now, we can take some commonsense steps — like improved flexibility at work — that would help make their lives easier. AARP recently surveyed California registered voters age 40-plus about paid leave and family caregiving. **Here's what we learned:**

The majority of California voters support legislation that would ensure employers cannot fire an employee for caregiving.



83% Support

The majority of California voters support legislation that would allow employees to earn 100% of their wages while on caregiving leave.



70% Support

Californians are family caregivers.

The majority of current California family caregivers work or have worked while caregiving.



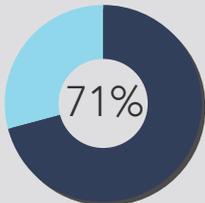
44% Current or former caregivers



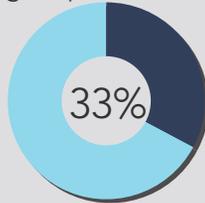
51% Likely caregivers in the future

These family caregivers take on huge responsibilities that can be overwhelming, stressful and exhausting.

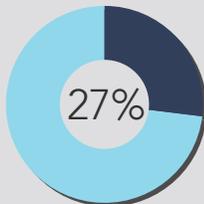
The majority of family caregivers who work adjust their schedules because of caregiving responsibilities:



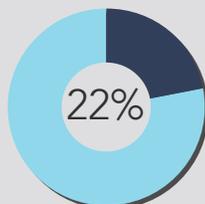
Modify their work schedules, going in late, leaving early, or taking time off



Take a leave of absence from their job



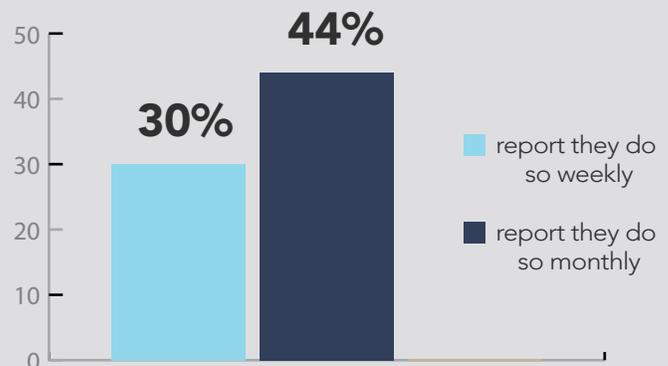
Go from working full-time to part-time



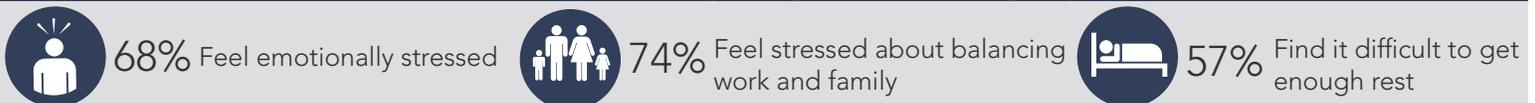
Leave their jobs entirely



Family caregivers who change their work schedules often do so:



A labor of love to be sure, family caregivers take on big responsibilities.



AARP urges the California Legislature to support family caregivers who work.