

FAMILY CAREGIVERS HELP SENIORS IN IOWA

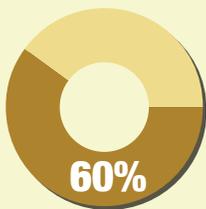


AARP is fighting to support family caregivers and the parents, spouses, and other loved ones they help live independently at home. AARP recently surveyed Iowa voters age 40-plus about caring for their families. Here's what we learned:

Iowans voters are family caregivers. If you're not a caregiver now and weren't one in the past, you'll likely be one in the future:

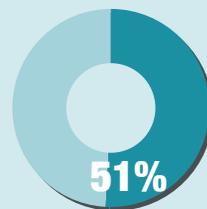


Current or Former Caregivers

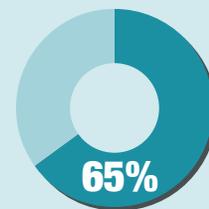


Likely Caregivers in the future

Iowa family caregivers help their older loved ones with daily activities like shopping, transportation, meals, and chores. They also:



Handle nursing and medical tasks

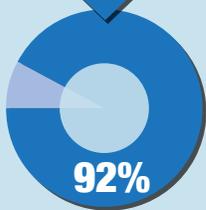


Manage medications

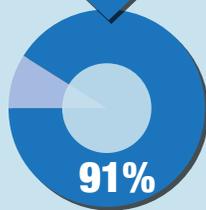
80% of Iowa voters 40-plus believe living independently at home, with caregiver assistance is the ideal situation when basic tasks become difficult. They strongly support policy options to help.



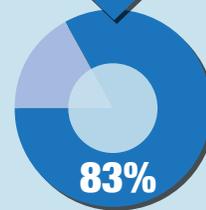
They want better support when their loved ones are admitted to the hospital and as they transition home.



Hospitals should instruct caregivers on medical tasks

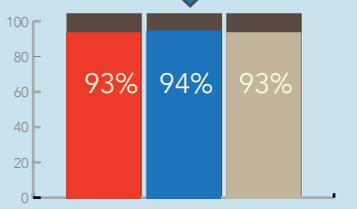


Hospitals should inform caregivers of major decisions

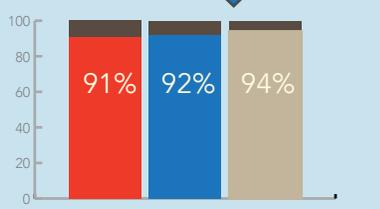


Hospitals should record the name of the family caregiver in the patient's medical record

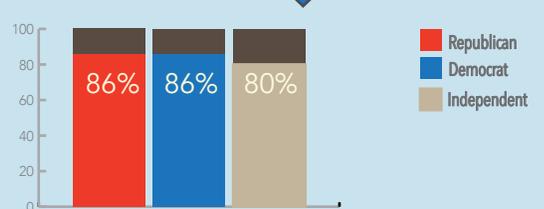
This support is strong across political party lines.



Hospitals should instruct caregivers on medical tasks



Hospitals should inform caregivers of major decisions



Hospitals should give patients the option to record the name of their family caregiver in their medical record

The typical Iowa family caregiver is 62 years old. She cares for a loved one age 80, and works full- or part-time.



Iowa's family caregivers on having loved ones in the hospital:



96% Say it's extremely or very important to receive instruction before discharge on any medical tasks they may need to provide at home for a loved one.



68% Say a loved one has been admitted to the hospital while they were providing care.