

2018 AARP Iowa Caregiving Survey Annotation
Registered Voters 40-plus
November 1-27, 2018 (N=800)



SCREENING QUESTIONS

S1. Our study is interested in the opinions of people in certain age groups. Could you please tell me your age as of your last birthday? **[IN YEARS] _____ [RECORD ACTUAL AGE AND USE THE AGE GROUPS BELOW TO KEEP TRACK OF HOW MANY RESPONDENTS WE ARE GETTING IN EACH GROUP]**
S2. **[IF REFUSED IN S1]** I understand. Some people are not comfortable giving their age, but would you let me know which of the following age ranges you fall into?

All Respondents (N=800)

- 0.0% Under 40 [DO NOT READ] **[ASK TO SPEAK TO SOMEONE 40 OR OLDER AND REPEAT INTRO AND THEN ASK S1. IF NO ONE 40 OR OLDER, TERMINATE]**
- 17.0% 40-49
- 10.0% 50-54
- 21.0% 55-64
- 52.0% 65 or older
- 0.0% Refused [DO NOT READ] **[GO TO S2]**

S3. **[RECORD RESPONDENT'S GENDER. ASK ONLY IF ABSOLUTELY NECESSARY]** "To ensure it is recorded accurately, could you please state your gender?"

All Respondents (N=800)

- 47.0% Male
- 53.0% Female

S4. Are you registered to vote in Iowa?

All Respondents (N=800)

- 100.0% Yes
- 0.0% No **[THANK AND TERMINATE]**

MAIN QUESTIONNAIRE

Q1. A family caregiver is someone who provides UNPAID care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This unpaid care may include assisting with personal needs like bathing and dressing, household chores, meals, shopping, transportation, or managing finances or medical care. Are you currently a family caregiver providing UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY ARE PROVIDING CARE TO HAS TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY “THIS PERSON DOES NOT HAVE TO LIVE WITH YOU.”]**

Q12. Have you ever been a family caregiver who provided UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY HAVE PROVIDED CARE TO HAD TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY “THIS PERSON DID NOT HAVE TO LIVE WITH YOU.”]**

All Respondents (N=800)

13.5%	Yes, I am currently providing care to an adult loved one
23.8%	Yes, I have been a family caregiver in the past
62.5%	No
0.1%	Not sure [DO NOT READ]
0.1%	Refused [DO NOT READ]

Q2. What is the age of the person you are providing care for? **[INTERVIEWER: IF THEY ARE PROVIDING CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY ARE PROVIDING THE MOST CARE TO] [RECORD AGE IF KNOWN AND GIVEN; IF NOT KNOWN OR GIVEN, TRY TO RECORD IT IN THE RANGE BELOW]**

Q13. What was the age of the person who you most recently provided care to? **[INTERVIEWER: IF THEY ARE PROVIDED CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY ARE PROVIDING THE MOST CARE TO]. [RECORD AGE IF KNOWN AND GIVEN; IF NOT KNOWN OR GIVEN, TRY TO RECORD IT IN THE RANGE BELOW]**

Current Caregivers (n=108)

0.0%	Under 18 [SKIP TO Q12]
6.5%	18-49
3.6%	50-59
4.5%	60-64
84.3%	65+
0.0%	Not sure [DO NOT READ]
1.0%	Refused [DO NOT READ]

Former Caregivers (n=190)

0.0%	Under 18 [SKIP TO Q23]
4.3%	18-49
3.1%	50-59
5.3%	60-64
86.2%	65+
1.1%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=298)

5.1%	18-49
3.3%	50-59
5.0%	60-64
85.5%	65+
0.7%	Not sure [DO NOT READ]
0.4%	Refused [DO NOT READ]

Q3. Still thinking about the person you are providing care to the most, which of the following activities are you providing? Are you ...? **[INSERT, READ AND RANDOMIZE ITEMS A-H, ASK I and J AS A BLOCK] [RECORD A RESPONSE FOR EACH ITEM] [FOR EACH 'YES' RESPONSE ASK Q5]**

Q14. Thinking about the person you most recently provided care to, which of the following activities did you provide? Did you ...? **[INSERT, READ AND RANDOMIZE ITEMS A-H AND ASK I and J AS A BLOCK IN ORDER] [RECORD A RESPONSE FOR EACH ITEM]**

Current Caregivers (n=108)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	38.0%	62.0%	0.0%
b. Providing transportation to appointments	81.5%	17.6%	0.9%
c. Taking them shopping or shopping for them	83.3%	16.7%	0.0%
d. Helping them with meals	67.6%	32.4%	0.0%
e. Helping them to manage finances	65.9%	33.2%	0.9%
f. Aiding with household chores	73.2%	25.9%	0.9%
g. Providing social activities or companionship	83.2%	15.8%	0.9%
h. Overseeing their medication management	59.5%	40.5%	0.0%
i. Being responsible for other medical or nursing tasks	53.9%	44.3%	1.9%

Former Caregivers (n=190)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist with bathing or dressing	53.4%	46.0%	0.5%
b. Provide transportation to appointments	91.6%	8.4%	0.0%
c. Take them shopping or shop for them	90.6%	8.9%	0.5%
d. Help them with meals	84.3%	15.2%	0.5%
e. Help them to manage finances	64.3%	35.1%	0.6%
f. Aid with household chores	89.5%	10.5%	0.0%
g. Provide social activities or companionship	91.6%	7.3%	1.1%
h. Oversee their medication management	68.1%	30.8%	1.1%
i. Have responsibility for other medical or nursing tasks	49.2%	49.8%	1.0%

Current and Former Caregivers (n=298)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist(ing) with bathing or dressing	47.8%	51.8%	0.3%
b. Provide(ing) transportation to appointments	88.0%	11.7%	0.3%
c. Take(ing) them shopping or shop(ing) for them	87.9%	11.7%	0.3%
d. Help(ing)them with meals	78.2%	21.4%	0.3%
e. Help(ing)them to manage finances	64.9%	34.4%	0.7%
f. Aid(ing) with household chores	83.6%	16.1%	0.3%
g. Provide(ing) social activities or companionship	88.6%	10.4%	1.0%
h. Oversee(ing) their medication management	65.0%	34.3%	0.7%
i. Take responsibility (being responsible) for other medical or nursing tasks	50.9%	47.8%	1.3%

Q4 and Q15 will be released at a later date.

Q5. Q16. Have you ever been employed either full- or part-time while providing care to your adult loved one?

Current Caregivers (n=108)

62.1% Yes **[ASK Q6]**
 37.9% No **[SKIP TO Q7]**
 0.0% Not sure [DO NOT READ] **[SKIP TO Q7]**
 0.0% Refused [DO NOT READ] **[SKIP TO Q7]**

Former Caregivers (n=190)

65.9% Yes **[ASK Q17]**
 33.5% No **[SKIP TO Q18]**
 0.5% Not sure [DO NOT READ] **[SKIP TO Q18]**
 0.0% Refused [DO NOT READ] **[SKIP TO Q18]**

Current and Former Caregivers (n=298)

64.6% Yes
 35.1% No
 0.3% Not sure [DO NOT READ]
 0.0% Refused [DO NOT READ]

Q6. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-D. RECORD A RESPONSE FOR EACH ITEM]**
 Q17. Now thinking again about the adult loved one you have most recently provided care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-D] [RECORD A RESPONSE FOR EACH ITEM]**

Working Current Caregivers (n=67)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	65.9%	34.1%	0.0%
b. Take a leave of absence from your job to provide care for a loved one	34.5%	64.1%	1.5%
c. Go from working full-time to part-time to provide care for a loved one	25.4%	73.2%	1.5%
d. Give up working entirely to provide care for a loved one	31.2%	68.8%	0.0%

Working Former Caregivers (n=125)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	67.5%	32.5%	0.0%
b. Take a leave of absence from your job to provide care for a loved one	34.2%	65.8%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	27.0%	73.0%	0.0%
d. Give up working entirely to provide care for a loved one	20.7%	78.5%	0.8%

Working Current and Former Caregivers (n=192)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	66.9%	33.1%	0.0%
b. Take a leave of absence from your job to provide care for a loved one	34.3%	65.2%	0.5%
c. Go from working full-time to part-time to provide care for a loved one	26.4%	73.1%	0.5%
d. Give up working entirely to provide care for a loved one	24.3%	75.1%	0.5%

Q7. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C] [RECORD A RESPONSE FOR EACH ITEM]**

Q18. Now thinking again about the adult loved one you have most recently provided care to, while providing this care did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C] [RECORD A RESPONSE FOR EACH ITEM]**

<u>Current Caregivers (n=108)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q8]	51.8%	45.4%	2.7%
b. Make changes to your home for the loved one in your care	38.1%	61.0%	0.9%
c. Move into another home to accommodate the loved one in your care	14.9%	84.2%	0.9%

<u>Former Caregivers (n=190)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q19]	58.1%	40.8%	1.0%
b. Make changes to your home for the loved one in your care	29.9%	70.1%	0.0%
c. Move into another home to accommodate the loved one in your care	15.2%	84.8%	0.0%

<u>Current and Former Caregivers (n=298)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care	55.8%	42.5%	1.7%
b. Make changes to your home for the loved one in your care	32.8%	66.8%	0.3%
c. Move into another home to accommodate the loved one in your care	15.1%	84.6%	0.3%

Q8. As a caregiver, have you ever spent your own money to help care for your loved one for any of the following? **[INSERT, READ AND RANDOMIZE ITEMS A-F]**

Q19. As a caregiver, did you ever spend your own money to help care for your loved one for any of the following? **[INSERT, READ AND RANDOMIZE ITEMS A-F]**

<u>Current Caregivers Who Spent Money on Care (n=56)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	32.4%	67.6%	0.0%
b. Using respite [PRONOUNCED RES-PIT] care to get a break from your caregiving responsibilities	27.0%	73.0%	0.0%
c. Using adult day care	23.2%	76.8%	0.0%
d. Transporting your loved one to where they need to go	84.2%	15.8%	0.0%
e. Making modifications to your home or your loved one's home	50.3%	49.7%	0.0%
f. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	57.2%	42.8%	0.0%

<u>Former Caregivers Who Spent Money on Care (n=110)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	28.8%	71.2%	0.0%
b. Using respite [PRONOUNCED RES-PIT] care to get a break from your caregiving responsibilities	19.9%	78.2%	1.9%
c. Using adult day care	10.0%	90.0%	0.0%
d. Transporting your loved one to where they need to go	71.2%	28.0%	0.9%
e. Making modifications to your home or your loved one's home	34.4%	65.6%	0.0%
f. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	41.5%	58.5%	0.0%

<u>Former and Current Caregivers Who Spent Money on Care (n=166)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	30.0%	70.0%	0.0%
b. Using respite care to get a break from your caregiving responsibilities	22.3%	76.4%	1.3%
c. Using adult day care	14.4%	85.6%	0.0%
d. Transporting your loved one to where they need to go	75.5%	23.9%	0.6%
e. Making modifications to your home or your loved one's home	39.7%	60.3%	0.0%
f. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	46.8%	53.2%	0.0%

Q9. Q20. As a caregiver do you ever ...? [INSERT, READ AND RANDOMIZE ITEMS A-I] [RECORD A RESPONSE FOR EACH ITEM]

<u>Current Caregivers (n=108)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	63.0%	36.1%	0.9%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q5] [n=67]	55.3%	43.2%	1.5%
c. Find it difficult to maintain a healthy diet	32.4%	66.7%	0.9%
d. Find it difficult to get enough rest	53.7%	45.4%	0.9%
e. Find it difficult to exercise regularly	41.6%	58.4%	0.0%
f. Find it difficult to take care of your household responsibilities	40.7%	58.4%	0.9%
g. Experience problems with your health	26.7%	71.5%	1.8%
h. Find it difficult to make time to visit your doctor	25.9%	73.2%	0.9%
i. Feel strained financially due to your caregiving responsibilities	34.1%	64.0%	1.8%

<u>Former Caregivers (n=190)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	63.9%	35.0%	1.0%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q16] [n=125]	62.8%	36.4%	0.8%
c. Find it difficult to maintain a healthy diet	23.4%	75.5%	1.0%
d. Find it difficult to get enough rest	46.6%	52.9%	0.5%
e. Find it difficult to exercise regularly	38.7%	61.3%	0.0%
f. Find it difficult to take care of your household responsibilities	38.1%	60.3%	1.6%
g. Experience problems with your health	22.5%	77.0%	0.5%
h. Find it difficult to make time to visit your doctor	16.6%	82.3%	1.0%
i. Feel strained financially due to your caregiving responsibilities	21.9%	77.0%	1.0%

<u>Current and Former Caregivers (n=298)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	63.6%	35.4%	1.0%
b. Feel stressed in trying to balance your job and family [n=192]	60.2%	38.8%	1.0%
c. Find it difficult to maintain a healthy diet	26.7%	72.3%	1.0%
d. Find it difficult to get enough rest	49.1%	50.2%	0.6%
e. Find it difficult to exercise regularly	39.7%	60.3%	0.0%
f. Find it difficult to take care of your household responsibilities	39.1%	59.6%	1.4%
g. Experience problems with your health	24.0%	75.0%	1.0%
h. Find it difficult to make time to visit your doctor	20.0%	79.0%	1.0%
i. Feel strained financially due to your caregiving responsibilities	26.4%	72.3%	1.4%

Q10. How important is it to you to be able to provide care for your loved one so that they can keep living independently in their own home? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Q21. How important was it to you to be able to provide care for your loved one so that they could keep living independently in their own home? Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=108)

62.0%	Extremely important
28.0%	Very important
5.5%	Somewhat important
0.0%	Not very important
0.0%	Not at all important
4.6%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=190)

57.0%	Extremely important
35.1%	Very important
4.7%	Somewhat important
1.1%	Not very important
0.0%	Not at all important
2.1%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=298)

58.8%	Extremely important
32.5%	Very important
5.0%	Somewhat important
0.7%	Not very important
0.0%	Not at all important
3.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q11. Q22. Q23. How likely do you think it is that you will provide any caregiving or assistance on an unpaid basis for an adult loved one in the future? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=108)

50.8%	Extremely likely
18.7%	Very likely
14.7%	Somewhat likely
8.3%	Not very likely
5.6%	Not at all likely
1.8%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=190)

17.2% Extremely likely
19.8% Very likely
22.6% Somewhat likely
22.5% Not very likely
15.2% Not at all likely
2.6% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=298)

29.4% Extremely likely
19.4% Very likely
19.7% Somewhat likely
17.3% Not very likely
11.8% Not at all likely
2.3% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Never Been Caregivers (n=502)

8.2% Extremely likely
15.5% Very likely
31.3% Somewhat likely
21.6% Not very likely
19.6% Not at all likely
3.2% Not sure [DO NOT READ]
0.6% Refused [DO NOT READ]

All Respondents (N=800)

16.1% Extremely likely
17.0% Very likely
27.0% Somewhat likely
20.0% Not very likely
16.7% Not at all likely
2.9% Not sure [DO NOT READ]
0.4% Refused [DO NOT READ]

Q24. IF CURRENT CAREGIVER, ASK ... In your opinion, as a current caregiver, how helpful would the following types of caregiving support be to you? **IF A FORMER CAREGIVER, ASK ...** In your opinion, as a former caregiver, how helpful would the following types of caregiving support be to you? **FOR ALL OTHER RESPONDENTS, ASK ...** In your opinion, as someone who may provide care in the future, how helpful would the following types of caregiving support be to you? Would ... **[INSERT A-H IN RANDOM ORDER, KEEP A & B TOGETHER AND ALWAYS ASK A FIRST THEN B]** be ...? **[READ EACH ANSWER CATEGORY BELOW]**

	Extremely helpful	Very helpful	Somewhat helpful	Not very helpful	Not at all helpful	NS/REF
<u>All Respondents (N=800)</u>						
a. Assistance with providing transportation in general	20.5%	29.1%	29.5%	9.8%	9.5%	1.6%
b. Assistance with providing transportation to medical appointments	22.2%	30.1%	26.6%	9.6%	10.4%	1.0%
c. Assistance with understanding how to manage medications	21.4%	31.5%	20.3%	12.2%	13.4%	1.3%
d. Connecting with other caregivers in similar situations	15.8%	30.0%	29.2%	12.3%	10.6%	2.1%
e. Information about available resources for caregivers in your community	20.4%	35.5%	26.2%	7.4%	8.5%	2.0%
f. Respite care or breaks from caregiving responsibilities	23.9%	30.1%	26.3%	7.6%	9.5%	2.5%
g. Assistance with providing meals	18.5%	30.5%	26.6%	12.2%	11.3%	0.9%
h. Assistance with managing household chores	14.8%	29.8%	31.6%	11.6%	11.1%	1.0%

Q25. Family caregivers help older residents in Iowa live independently by performing services like bathing and dressing as well as managing medication and paying bills. How important do you think it is to have more resources and training for family caregivers? Do you think it is ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=800)</u>	
36.9%	Extremely important
38.0%	Very important
18.6%	Somewhat important
1.9%	Not very important
3.0%	Not at all important
1.2%	Not sure [DO NOT READ]
0.4%	Refused [DO NOT READ]

CARE ACT

Q26. Now I'm going to ask if you support or oppose some proposals that would provide additional help for family caregivers. Do you support or oppose ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

Q27. Is that strongly or somewhat?

<u>All Respondents (N=800)</u>	<u>Strongly support</u>	<u>Some-what support</u>	<u>Neither support or oppose/ Not sure</u>	<u>Some-what oppose</u>	<u>Strongly oppose</u>	<u>REF</u>
a. Requiring hospitals to give patients the option to record the name of a patient's family caregiver in the medical record upon admission	62.6%	20.5%	7.6%	4.0%	4.4%	0.9%
b. Hospitals keeping a family caregiver informed of major decisions, like transferring or discharging the patient	75.3%	15.6%	4.6%	1.6%	2.5%	0.4%
c. Requiring hospitals to explain and demonstrate any medical or nursing tasks family caregivers will need to perform after the patient returns home	78.9%	13.4%	3.5%	1.6%	1.9%	0.6%

INSTRUCTION UPON HOSPITAL DISCHARGE

QUESTION 28 IS ASKED OF RESPONDENTS WHO ARE NOT CURRENT OR FORMER CAREGIVERS.

Q28. Thinking about right now – today – if you had to care for a family member after their discharge from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Respondents Who Are Not Family Caregivers (n=502)

62.3%	Extremely important
27.1%	Very important
8.1%	Somewhat important
0.6%	Not very important
1.0%	Not at all important
0.4%	Not sure [DO NOT READ]
0.4%	Refused [DO NOT READ]

QUESTIONS 29, 30, AND 31 ARE ASKED OF RESPONDENTS WHO ARE CURRENT OR FORMER CAREGIVERS

Q29. Thinking about right now – today – if your family member or loved one was being discharged from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Current and Former Caregivers (n=298)

73.5%	Extremely important
22.1%	Very important
2.8%	Somewhat important
1.0%	Not very important
0.0%	Not at all important
0.7%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q30. At any time while you have been providing care, did your family member or loved one require admission to a hospital?

Current and Former Caregivers (n=298)

67.6%	Yes [SKIP TO QUESTION 31]
31.0%	No [SKIP TO QUESTION 32]
1.0%	Not sure [DO NOT READ] [SKIP TO QUESTION 32]
0.3%	Refused [DO NOT READ] [SKIP TO QUESTION 32]

Q31. Upon their discharge from the hospital, were you provided with instruction or live demonstration of any medical tasks that you may need to perform for your family member or loved one at home?

Current and Former Caregivers Whose Loved One Was Admitted to a Hospital (n=202)

73.1%	Yes
23.7%	No
2.0%	Not sure [DO NOT READ]
1.0%	Refused [DO NOT READ]

Q32-43 will be released at a later date.

INDEPENDENT LIVING

Q44. If you or a loved one needed help when the basic tasks of life become more difficult due to aging or illness, where would you prefer to receive that care or help for yourself or a loved one? **[INSERT, READ AND RANDOMIZE ITEMS A-C. ACCEPT ONLY ONE ANSWER]**

All Respondents (N=800)

79.6%	a. At home with caregiver assistance
11.3%	b. In an assisted living facility or group home
3.7%	c. In a nursing home
4.1%	Not sure [DO NOT READ]
1.3%	Refused [DO NOT READ]

Q45. If you or a loved one needed help to remain independent, how important would it be to have services that would allow you or a loved one to live independently at home for as long as possible? Would it be ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

58.4%	Extremely important
28.7%	Very important
9.4%	Somewhat important
0.8%	Not very important
1.1%	Not at all important
0.8%	Not sure [DO NOT READ]
0.8%	Refused [DO NOT READ]

Q46. How important is it that services that help older adults live independently, such as home health care, personal care, adult day programs, and services so caregivers can take a break from their caregiving duties, are available in your community? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

49.3%	Extremely important
33.4%	Very important
13.6%	Somewhat important
1.1%	Not very important
1.1%	Not at all important
0.6%	Not sure [DO NOT READ]
0.8%	Refused [DO NOT READ]

Q47 will be released at a later date.

Demographics

The following questions are for classification purposes only and will be kept entirely confidential.

D1. What is your current marital status? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

74.8%	Married
3.4%	Not married, living with your partner or significant other
0.5%	Separated
5.3%	Divorced
7.7%	Widowed
6.4%	Or are you currently single and never married
0.5%	Not sure [DO NOT READ]
1.4%	Refused [DO NOT READ]

D2. **[IF D1=1 ASK:** “Are you or your spouse currently a member of A-A-R-P?” **IF D1=2 ASK:** “Are you or your partner currently a member of A-A-R-P?” **OTHERWISE ASK** “Are you currently a member of A-A-R-P?”]

All Respondents (N=800)

32.2% Yes
 66.0% No
 0.4% Not sure [DO NOT READ]
 1.4% Refused [DO NOT READ]

D3. In general, when compared to most people your age, how would you rate your health? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

17.7% Excellent
 32.1% Very good
 37.5% Good
 8.3% Fair
 3.1% Poor
 0.2% Not sure [DO NOT READ]
 1.1% Refused [DO NOT READ]

D4. Thinking about who lives in your household, do you currently ...? **[INSERT AND READ ITEMS A-C BELOW]**

<u>All Respondents (N=800)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Have any children 18 and under living with you	12.4%	85.6%	0.4%	1.6%
b. Have any children 19 and over living with you	12.4%	85.7%	0.4%	1.5%
c. Have a parent or adult relative living with you	8.6%	89.5%	0.4%	1.5%

D5. Do you own or rent your primary residence?

All Respondents (N=800)

88.0% Own
 8.3% Rent
 1.5% Other living arrangement [DO NOT READ]
 0.7% Not sure [DO NOT READ]
 1.5% Refused [DO NOT READ]

D6. What is the highest level of education that you completed? Is it ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

3.1%	0 to 12 th grade, but with no diploma
19.7%	High school graduate or equivalent
12.9%	Post high school education, but with no degree
16.9%	2 year degree
29.0%	4 year degree
4.9%	Post graduate study, but with no degree
11.7%	Graduate or professional degree
0.2%	Not sure [DO NOT READ]
1.5%	Refused [DO NOT READ]

D7. Which of the following best describes your current employment status? Are you ...? **[READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

6.6%	Self-employed full-time
4.1%	Self-employed part-time
21.0%	Employed full-time
7.6%	Employed part-time
54.4%	Retired and not working at all
1.3%	Unemployed and looking for work
2.5%	Or are you not in the labor force for other reasons
0.5%	Not sure [DO NOT READ]
2.0%	Refused [DO NOT READ]

D8. Are you of Hispanic, Spanish, or Latino origin or descent?

All Respondents (N=800)

1.7%	Yes
96.6%	No
0.0%	Not sure [DO NOT READ]
1.6%	Refused [DO NOT READ]

D9. What is your race? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

88.4%	White or Caucasian
8.0%	Black or African American
0.1%	Native American or Alaskan Native
0.2%	Asian
0.2%	Native Hawaiian or other Pacific Islander
1.2%	Or are you some other race?
0.1%	Not sure [DO NOT READ]
1.6%	Refused [DO NOT READ]

D10. Thinking about your state elections for Iowa Governor and Legislators in the last 10 years, which of the following best describes your voting behavior? Would you say you vote ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

- 66.7% Always
- 23.9% Most of the time
- 5.0% About half of the time
- 1.0% Seldom
- 0.5% Never
- 0.4% Not sure [DO NOT READ]
- 2.5% Refused [DO NOT READ]

D11. Do you consider yourself to be a ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C, FOLLOW UP WITH D]**

All Respondents (N=800)

- 40.6% a. Democrat
- 24.4% b. Republican
- 27.1% c. Independent
- 0.7% d. Something else [DO NOT READ]
- 0.9% Not sure [DO NOT READ]
- 6.3% Refused [DO NOT READ]

D12. How would you characterize your political views? Would you say you are ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

All Respondents (N=800)

- 31.4% a. Conservative
- 35.1% b. Moderate
- 24.1% c. Liberal
- 1.5% None of these [DO NOT READ]
- 2.8% Not sure [DO NOT READ]
- 5.2% Refused [DO NOT READ]

D13. Have you ever used any of the following healthcare technology for yourself or someone else? **[INSERT, READ, AND RANDOMIZE ITEMS A-E]**

<u>All Respondents (N=800)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Tools that alert you to take medications on time	9.0%	88.4%	0.4%	2.3%
b. Personal emergency response systems that let you call for help easily in an emergency	18.6%	78.5%	0.7%	2.1%
c. An online support community for caregivers, like the A-A-R-P Caregiver Resource Center	7.4%	89.7%	0.7%	2.1%

D14. In your residence, do you or any member of your household own or use any of the following computers? **[READ A-C IN ORDER]**

<u>All Respondents (N=800)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. A desktop, laptop, netbook, or notebook computer	70.8%	26.1%	0.5%	2.6%
b. A handheld computer, smart cell phone, or other handheld wireless computer; or	70.0%	27.2%	0.4%	2.5%
c. Some other type of computer	17.5%	79.4%	0.7%	2.4%

D15. In your residence, do you or any member of your household access the Internet?

<u>All Respondents (N=800)</u>	
72.6%	Yes
24.2%	No [SKIP TO D14]
0.6%	Not sure [DO NOT READ] [SKIP TO D14]
2.6%	Refused [DO NOT READ] [SKIP TO D14]

D16. Do you subscribe to the Internet using ...? **[READ A-F IN RANDOM ORDER AND FOLLOW UP WITH G]**

<u>Respondents With Household Internet Access (n=581)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. A dial up service	7.6%	85.4%	6.7%	0.3%
b. A DSL service	23.4%	67.8%	8.6%	0.2%
c. A Cable modem service	51.3%	43.9%	4.6%	0.2%
d. A fiber-optic service	22.1%	69.5%	8.2%	0.2%
e. A mobile broadband plan for a computer or a cell phone	36.4%	56.2%	7.2%	0.2%
f. A satellite Internet service	26.7%	68.8%	4.3%	0.2%
g. Or some other service	5.7%	89.0%	5.1%	0.2%

D17. In general, how comfortable are you in using ... **[INSERT A-C IN RANDOM ORDER]**. Are you ...? **[READ RESPONSE OPTIONS IN ORDER]**

<u>All Respondents (N=800)</u>	<u>Extremely comfort-able</u>	<u>Very comfort-able</u>	<u>Somewhat comfort-able</u>	<u>Not very comfort-able</u>	<u>Not at all comfort-able</u>	<u>Not sure</u>	<u>Re-fused</u>
a. The Internet	28.1%	37.1%	25.7%	5.6%	2.8%	0.3%	0.3%
b. Computers	26.5%	37.7%	25.4%	6.9%	2.8%	0.5%	0.2%
c. Cell phones or smart phones	26.4%	38.1%	24.5%	7.0%	3.2%	0.7%	0.2%

D18. We realize income is a private matter and so rather than ask you anything specific about your income, I'd like to ask you to please stop me when I get to the category that includes your household's income before taxes in 2017. Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=800)

2.6%	Less than \$10,000
3.2%	\$10,000 to less than \$20,000
6.7%	\$20,000 to less than \$30,000
6.2%	\$30,000 to less than \$40,000
6.7%	\$40,000 to less than \$50,000
9.4%	\$50,000 to less than \$60,000
7.5%	\$60,000 to less than \$75,000
9.6%	\$75,000 to less than \$100,000
6.0%	\$100,000 to less than \$125,000
2.4%	\$125,000 to less than \$150,000
4.3%	\$150,000 to less than \$200,000
3.9%	\$200,000 or more
2.9%	Not sure [DO NOT READ]
28.5%	Refused [DO NOT READ]

That was our last question for tonight/today. Thanks you very much for taking the time to help us out. Have a great day/night!

METHODOLOGY

AARP Iowa commissioned a telephone survey among 800 registered voters age 40-plus in Iowa to learn about their experiences with family caregiving. The sample utilized an age-targeted registered voter landline and cell phone list. The sample was obtained from Aristotle International. The sample database consisted of 1,214,802 registered voters age 40-plus in the State of Iowa. There are approximately 381,991 residents of Iowa age 40-plus who are not registered to vote, and there are approximately 415,947 registered voters age 40-plus who did not have a phone number on file that were not included in the sampling of this study. Quotas were used in this study based on age and gender and were filled based on responses to questions in the questionnaire. They were designed to yield a proportional representation of the Iowa age 40-plus registered voter population.

Voter files were selected at random from the voter list to be dialed. American Directions asked to speak with the registered voter listed on the file. If that person was unavailable, American Directions asked to speak with another member of the household aged 40-plus who was a registered voter. The interviews averaged 20 minutes in length and were conducted in English. The survey has a margin of sampling error of ± 3.46 percent.

This report highlights results from 800 residents interviewed from November 1 to November 27, 2018. The data collection and weighting were performed by American Directions. The data is weighted by age and gender to reflect registered voters in Iowa age 40-plus, based on the population of registered voters 40-plus from the sample source.

Percentages reported are rounded. For more information about the methodology, contact Terri Guengerich, AARP Research, tguengerich@aarp.org, (202)434-6306.