

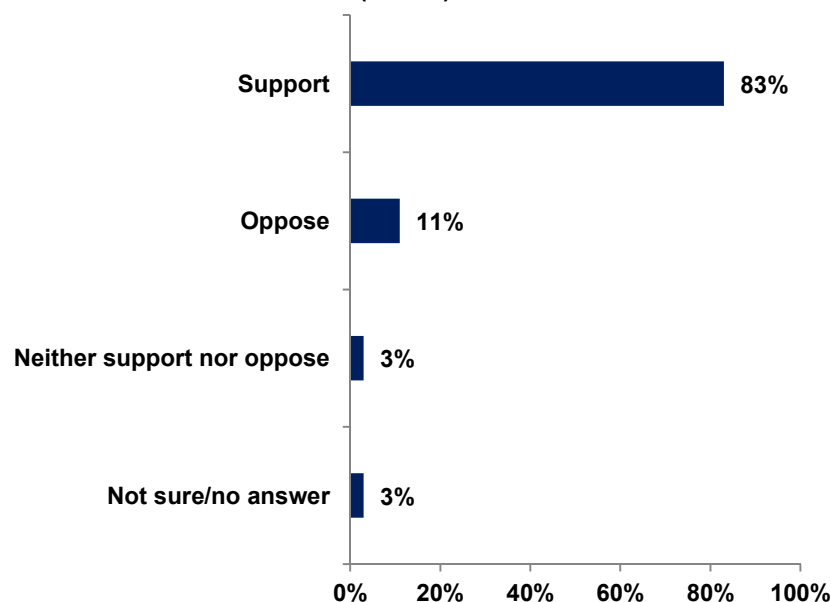
2015 AARP Caregiving Survey of Nebraska Registered Voters Age 45-Plus: Financial Support for Family Caregivers

Seven in ten (70%) of Nebraska registered voters age 45-plus believe that being cared for at home with caregiver assistance is the ideal situation when the basic tasks of life become more difficult due to aging or illness. In fact, more than half (51%)* of Nebraska registered voters age 45 and older say they are providing (17%) or have provided care (35%) on an unpaid basis for an adult loved one who is ill, frail, elderly or who has a disability. Nearly two-thirds (64%) of these caregivers say it is at least somewhat likely that they will need to provide this type of care in the future.

The average Nebraska caregiver is 55 years old or older, and the majority are female (53%), married or living with significant other (69%), are college educated (57%), working full or part-time (52%), and have an annual household income of less than \$75,000 (56%). Many of these caregivers have had to use their own money to help provide care (59%) or make changes to their home for the loved one in their care (31%). Further, a quarter (25%) says they have felt financially strained because of their caregiving responsibilities.

Nebraska registered voters age 45 and older overwhelmingly support providing a state income tax credit to family caregivers who incur expenses for the care and support of an older family member living with them.

Support for a State Income Tax Credit for Family Caregivers Among Nebraska Registered Voters Age 45+ (n=800)



AARP Nebraska commissioned a telephone survey of 800 Nebraska registered voters age 45- plus to learn about their experiences with family caregiving. This report highlights results from residents interviewed between October 2 and October 7, 2015. The data in this report has been weighted by age and gender to reflect the Nebraska registered voter population age 45-plus. The survey has a margin of error of ± 3.5 percent. A fully annotated survey with question wording and responses will be available at www.aarp.org/research.

ACKNOWLEDGEMENTS

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

State Research brings the right knowledge at the right time to our state and national partners in support of their efforts to improve the lives of people age 50+. State Research consultants provide strategic insights and actionable research to attain measurable state and national outcomes. The views expressed herein are for information, debate, and discussion, and do not necessarily represent official policies of AARP.

AARP staff from the Nebraska State Office, Campaigns, and the Research Center contributed to the design, implementation, and reporting of this study. Special thanks go to AARP staff including Mark Intermill and Deborah Lanner, AARP Nebraska; Chryste Hall, AARP Campaigns; Rachelle Cummins, Cassandra Cantave, Cheryl Barnes and Kadeem Thorpe— AARP Research Center. Please contact Aisha Bonner Cozad at 202-434-3531 for more information regarding this survey.



AARP Research

**For more information about this survey, please contact Aisha Bonner Cozad at:
202.434.3531 or e-mail abonner@aarp.org**