



# Livability for All in the City of Chula Vista, CA

## An Age-Friendly Community Survey of Residents Age 45+

AARP December 2016

<https://doi.org/10.26419/res.00132.009>



**AARP**<sup>®</sup>  
Real Possibilities  
**Research**

# Livable Community

A livable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic, and social life.

– AARP Policy Book, Chapter 9



# AARP Network of Age-Friendly Communities

- AARP's Age-Friendly Network is an affiliate of the World Health Organization (WHO) Global Network of Age-Friendly Cities and Communities Program.
- The program was established to connect cities, communities and organizations worldwide with the common vision of making their community a great place where people can grow up and grow old.
- The program targets the environmental, social, and economic factors that influence the health and well-being of residents of all ages.

## The WHO 8 Domains of Livability



Community  
& Health  
Care



Transportation



Housing



Social  
Participation



Outdoor  
Spaces &  
Buildings



Respect &  
Social  
Inclusion



Civic  
Participation  
&  
Employment

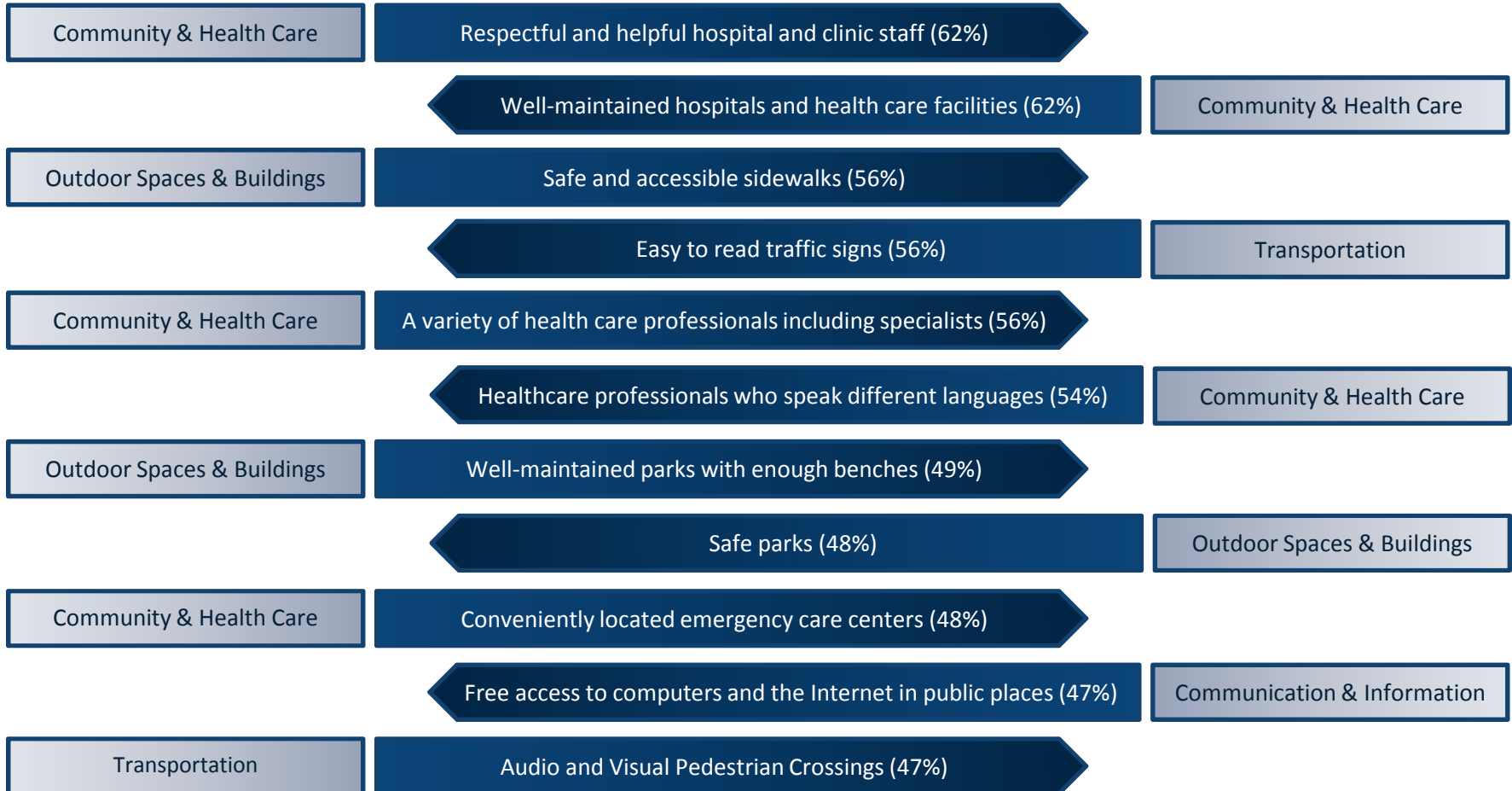


Communication  
& Information

Icons from FlatIcon.com

# Top Community Features

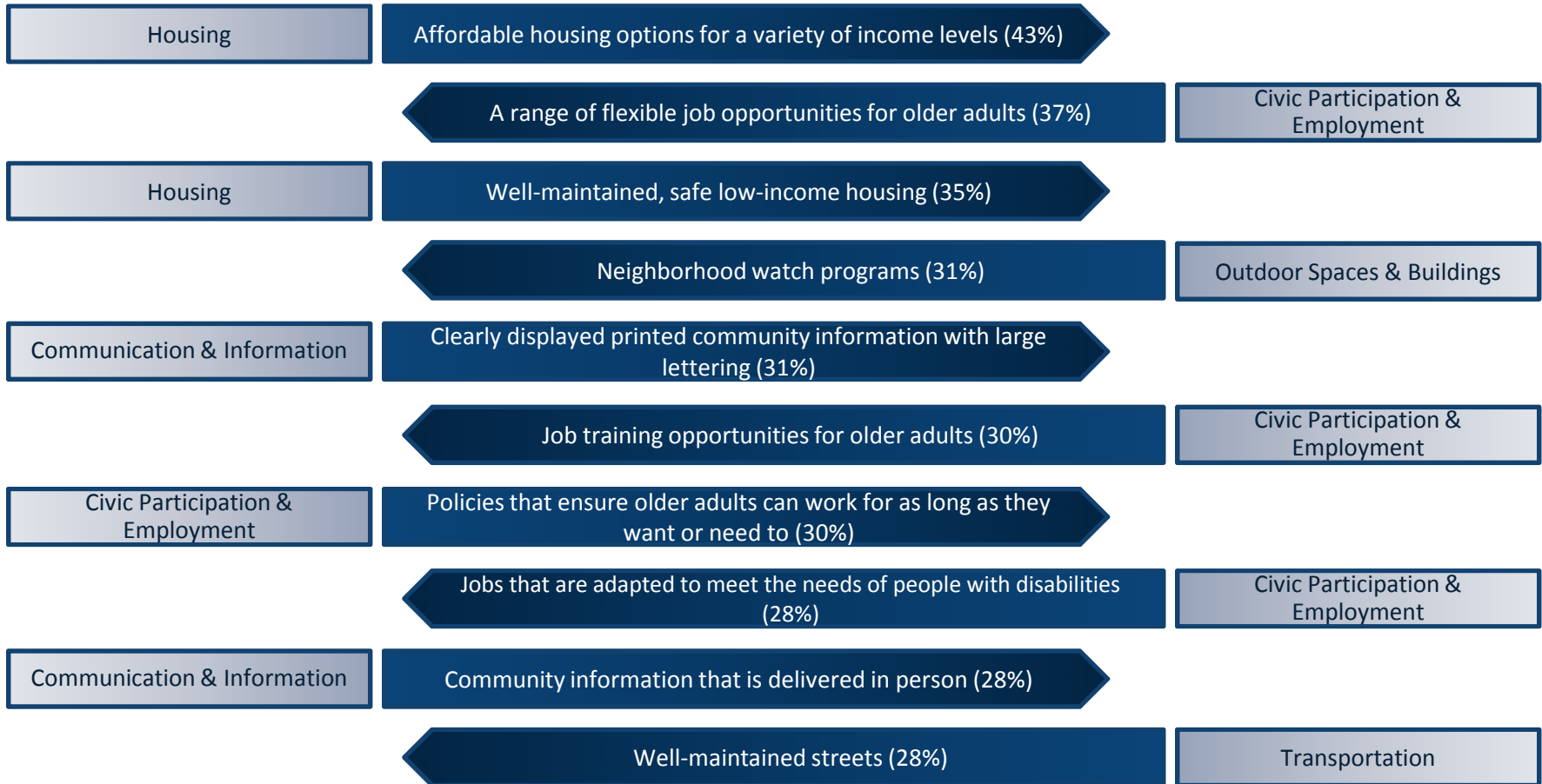
(% Excellent/Very Good)



Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

# Bottom Community Features

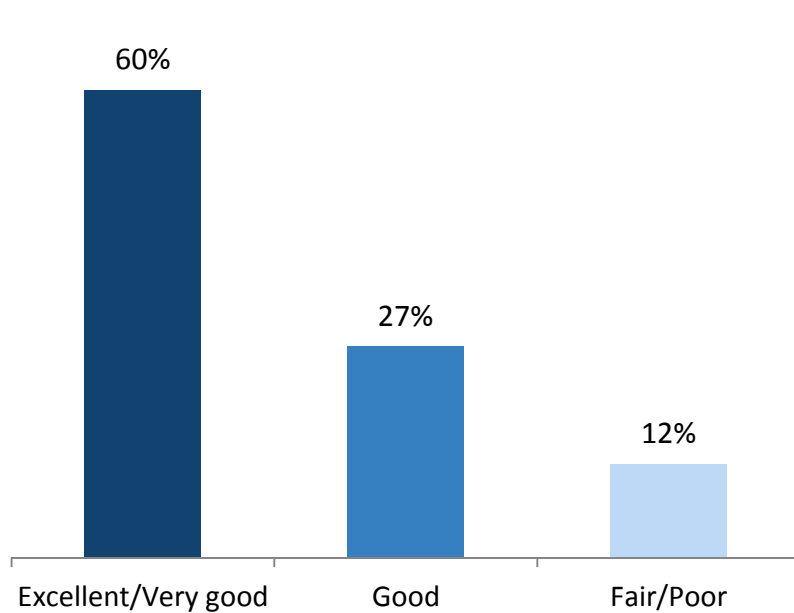
(% Fair/Poor)



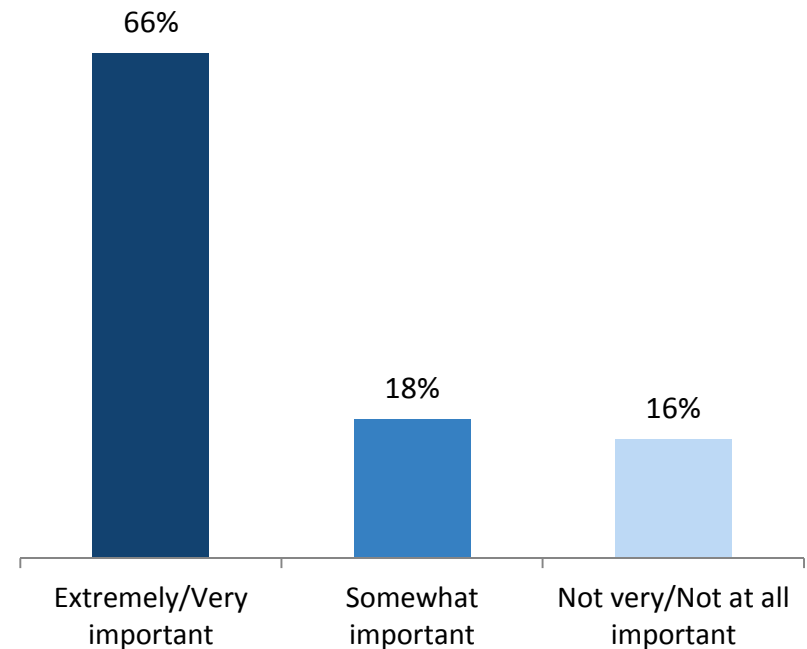
Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

The majority of City of Chula Vista residents age 45+ believe their community is a good place to age and want to live there independently for as long as possible.

Rating of Current Community  
as a Place for People to Live as They Age



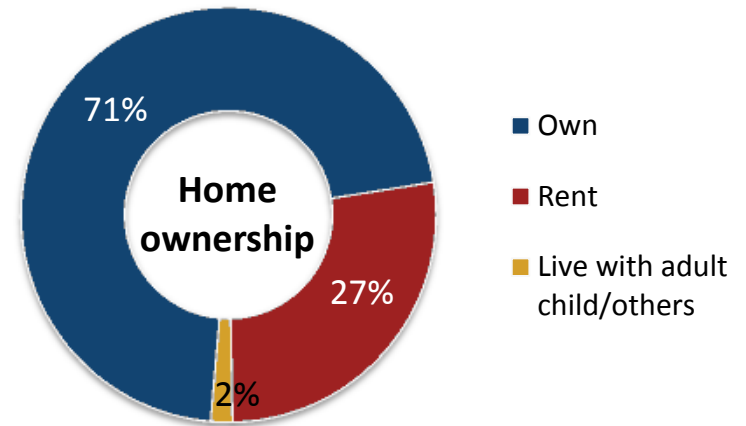
Importance of  
Remaining in Current Community



Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

Most City of Chula Vista residents age 45+ own single family homes.


Type of Home	
A single family house	66%
An apartment	12%
A townhouse/Row house	7%
A condominium/Coop	6%
A mobile home	5%
A two family house that has two separate living units	3%
Senior housing/Assisted living facility	1%
Other	0%



65% of respondents say remaining in their current home is extremely/very important.

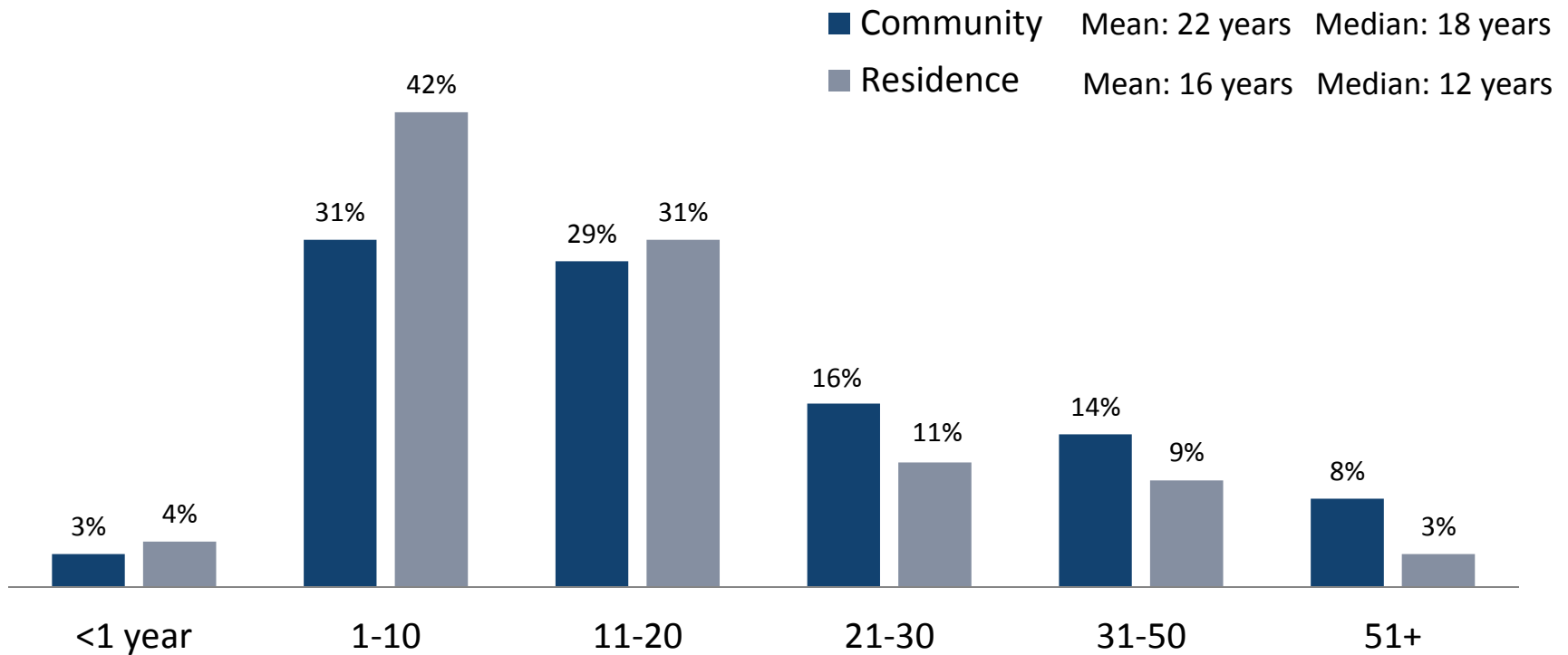


17% of respondents say they need to make major repairs, home modifications, or changes



Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

City of Chula Vista residents age 45+ have lived in their home for an average of 16 years and have lived in their community even longer, an average of 22 years.



Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

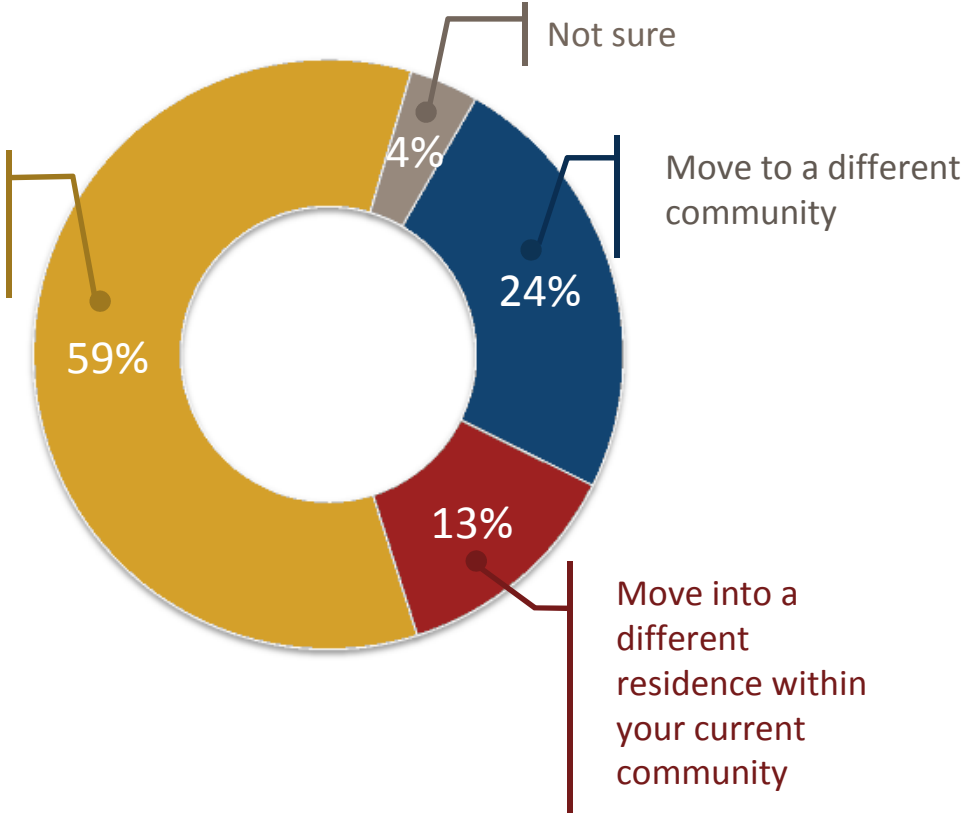


The majority of City of Chula Vista residents age 45+ expect to stay in their home or community as they get older.



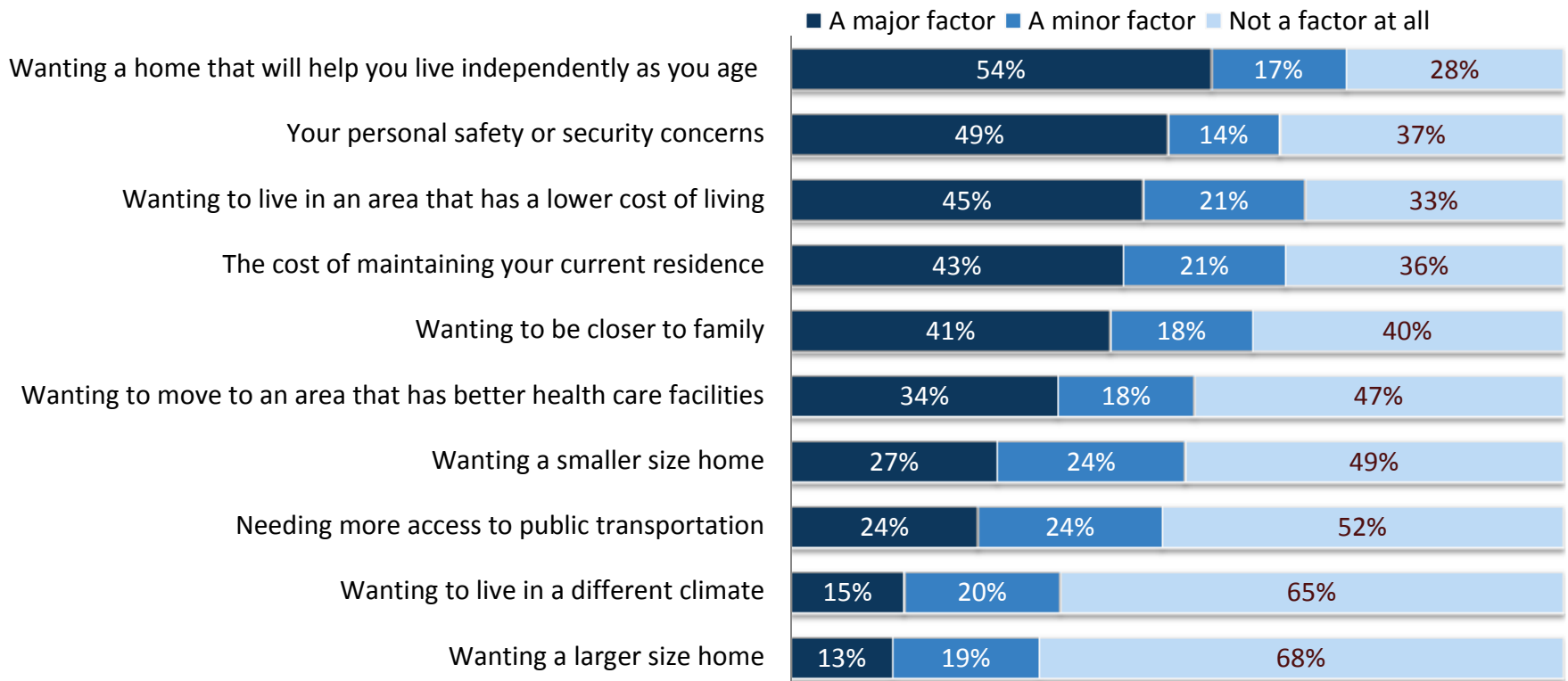
Photo from <http://www.rpsrelocation.com>

Stay in your current residence and never move



Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

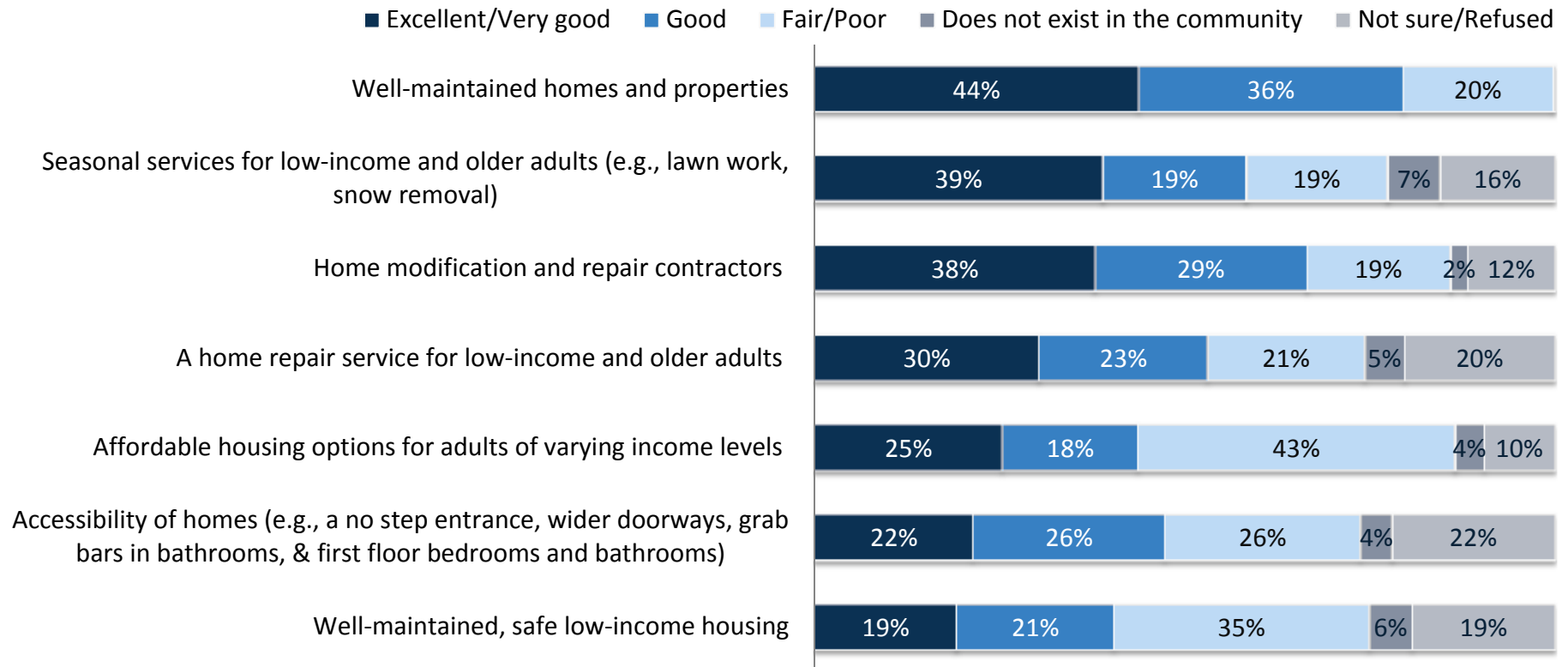
# Age-friendly housing, safety, affordability, and wanting to be closer to family are influential factors for City of Chula Vista residents age 45+ considering moving when they get older.



Question: If you were to consider moving out of your residence, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

# City of Chula Vista residents age 45+ rate their community positively on having well-maintained homes and properties as well as good seasonal services and home modification and repair contractors.

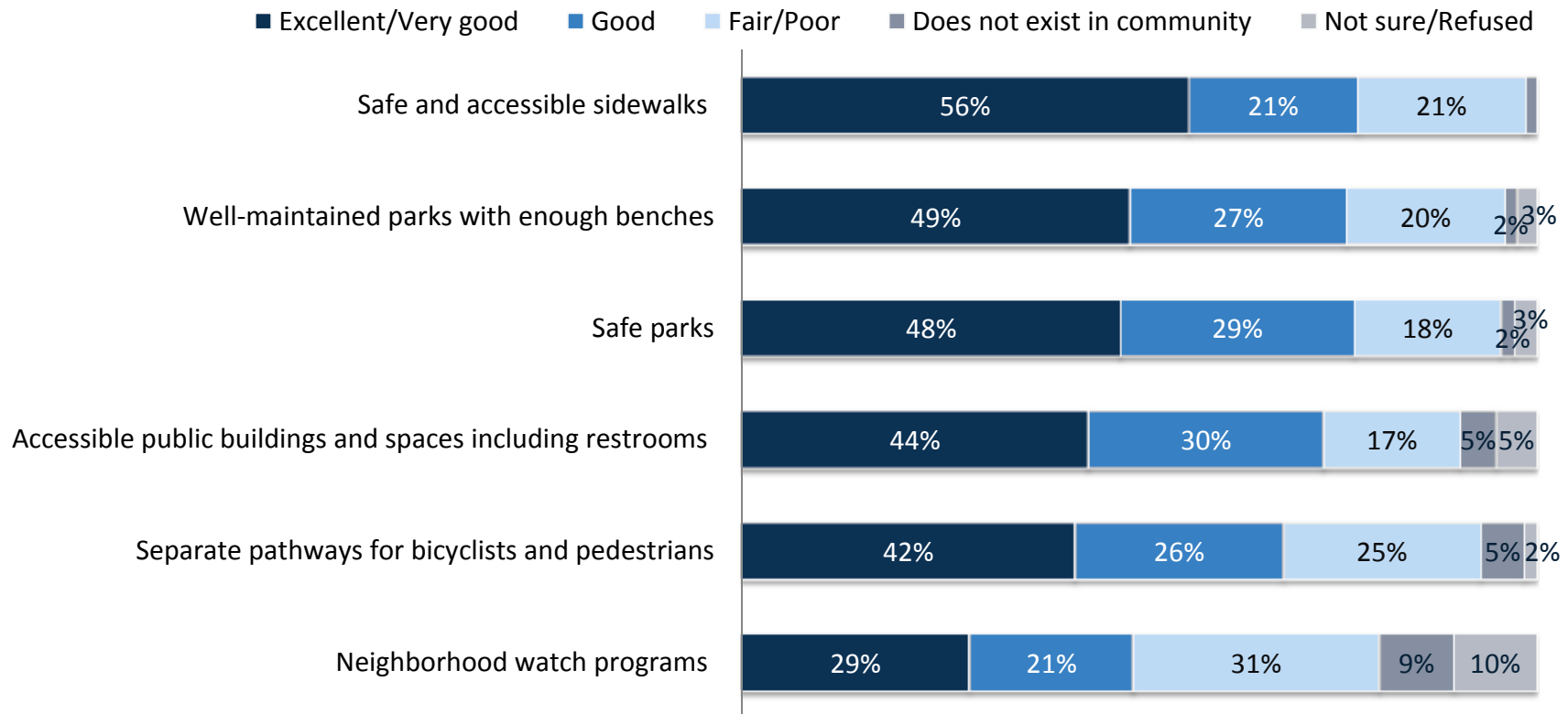


Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



# City of Chula Vista residents age 45+ rate their community excellent to good at having well-maintained, safe parks and accessible sidewalks and public facilities.



Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+





# Most City of Chula Vista residents age 45+ drive themselves to get around their community.



Photo from iStock.com/diego\_cervo

87% drive themselves around  
32% have others drive them



Photo from iStock.com/Satoshi-K

53% walk

24% use public transportation

16% ride a bike



Photo from iStock.com/kali9

12% take a taxi  
8% use a special transportation service  
1% get around some other way



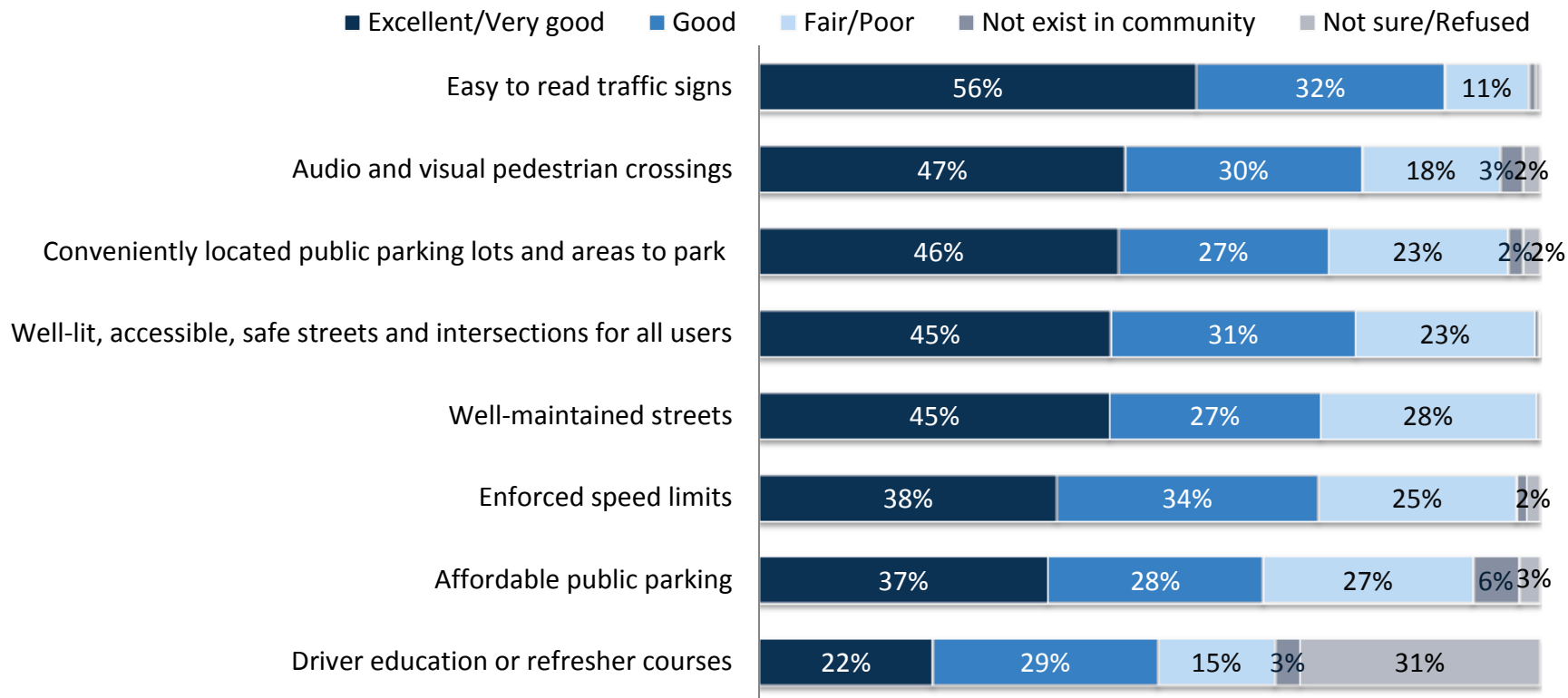
Photo from ScienceWorldReport.com

Question: How do you usually get around your community for things like shopping, visiting the doctor, running errands, or other things?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



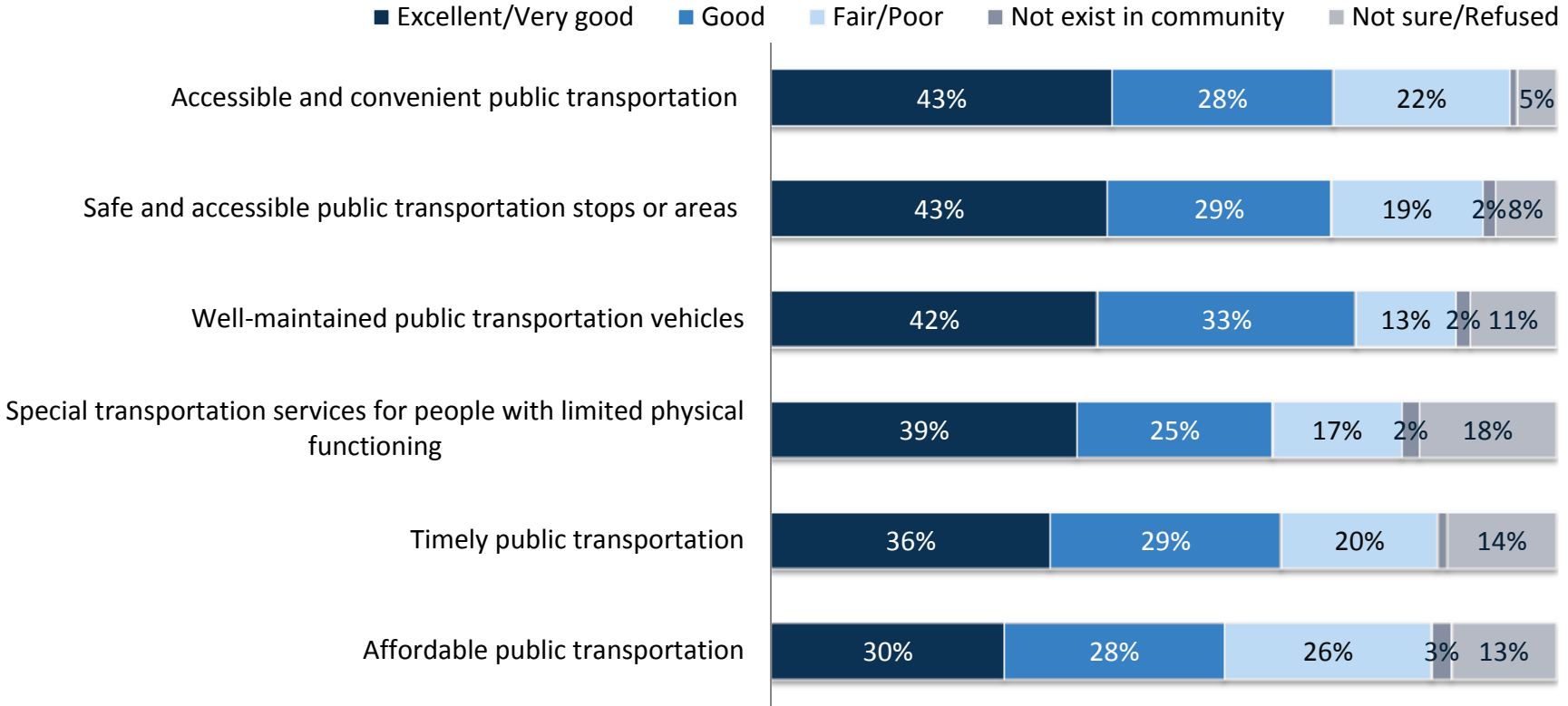
# City of Chula Vista residents age 45+ rate their community excellent to good on having well-maintained, safe streets and ample places to park.



Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

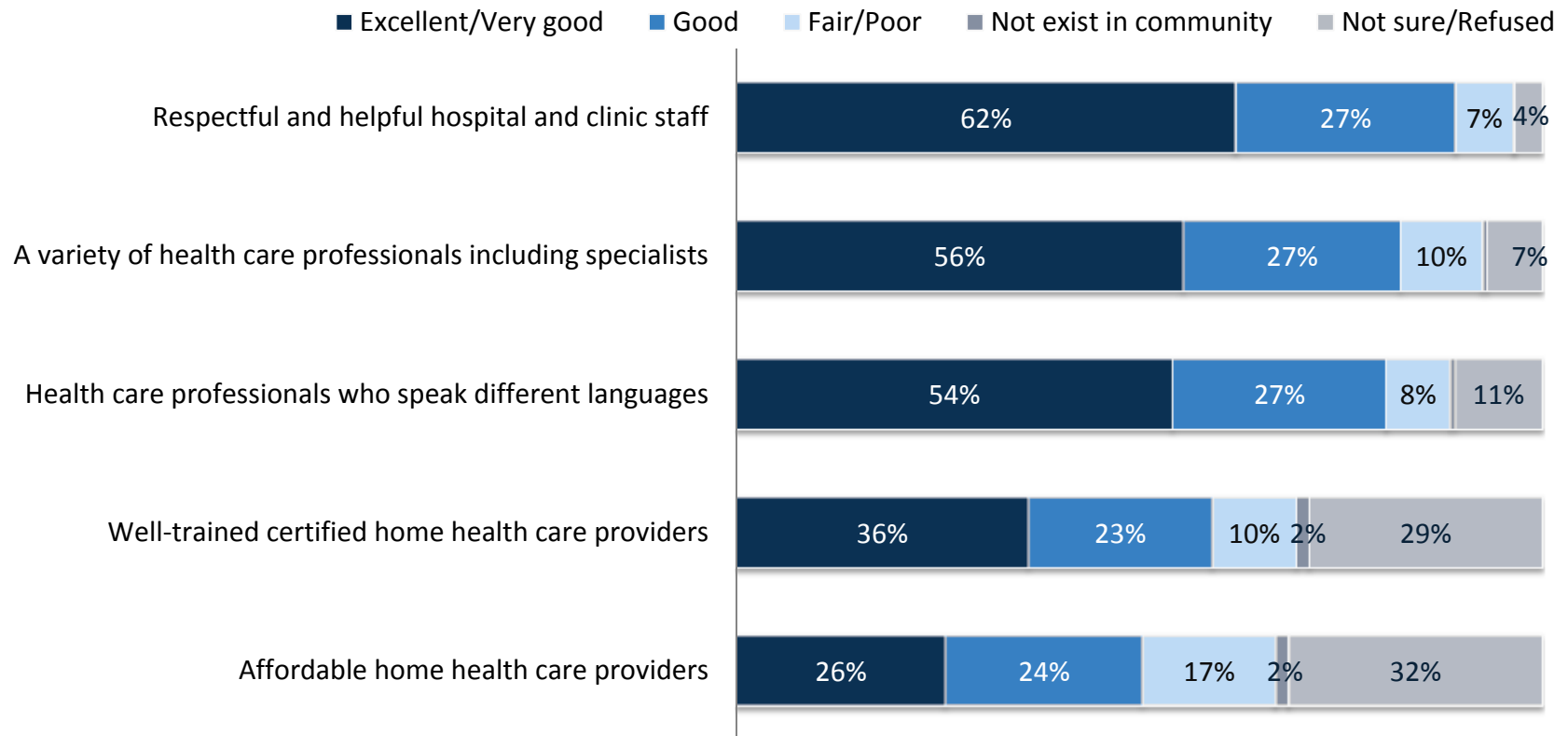
# City of Chula Vista residents age 45+ feel their community offers excellent to good accessible, convenient, safe, and well-maintained public transportation as well as special transportation services.



Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?  
 Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



The majority of City of Chula Vista residents age 45+ rate their community excellent to very good on having a variety of helpful and respectful health care professionals who speak different languages.



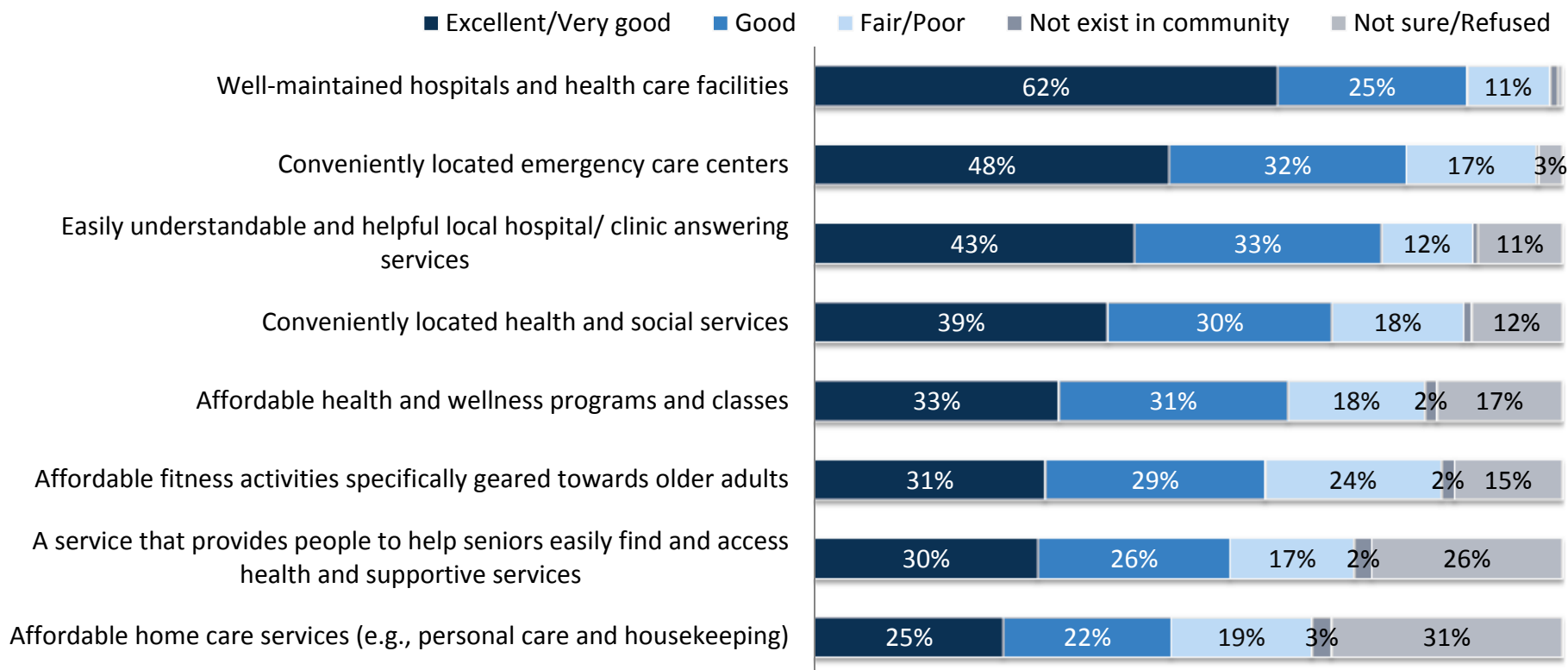
Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+





The majority of City of Chula Vista residents age 45+ rate their community excellent to good on having well-maintained and conveniently located health care facilities.



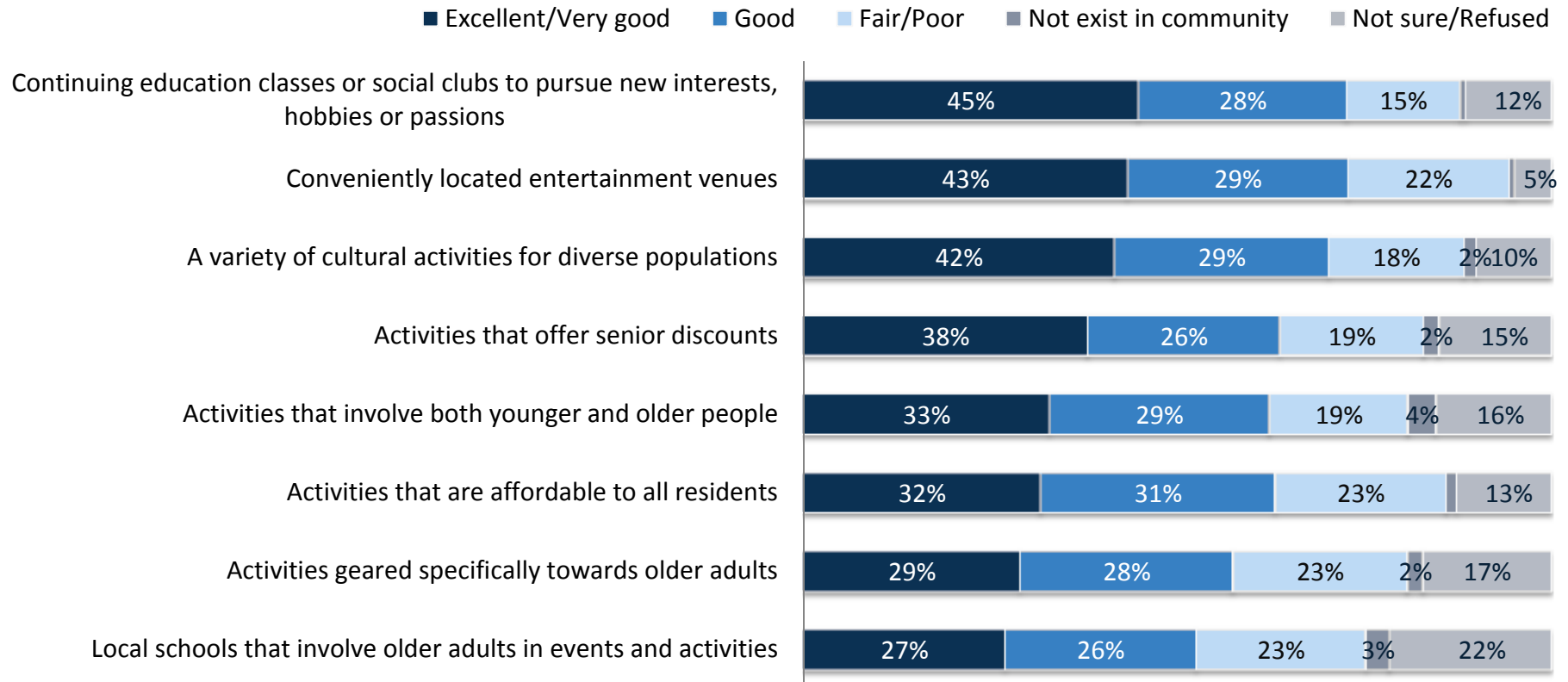
Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+





City of Chula Vista residents age 45+ say their community has an excellent to good variety of affordable social activities at convenient locations.

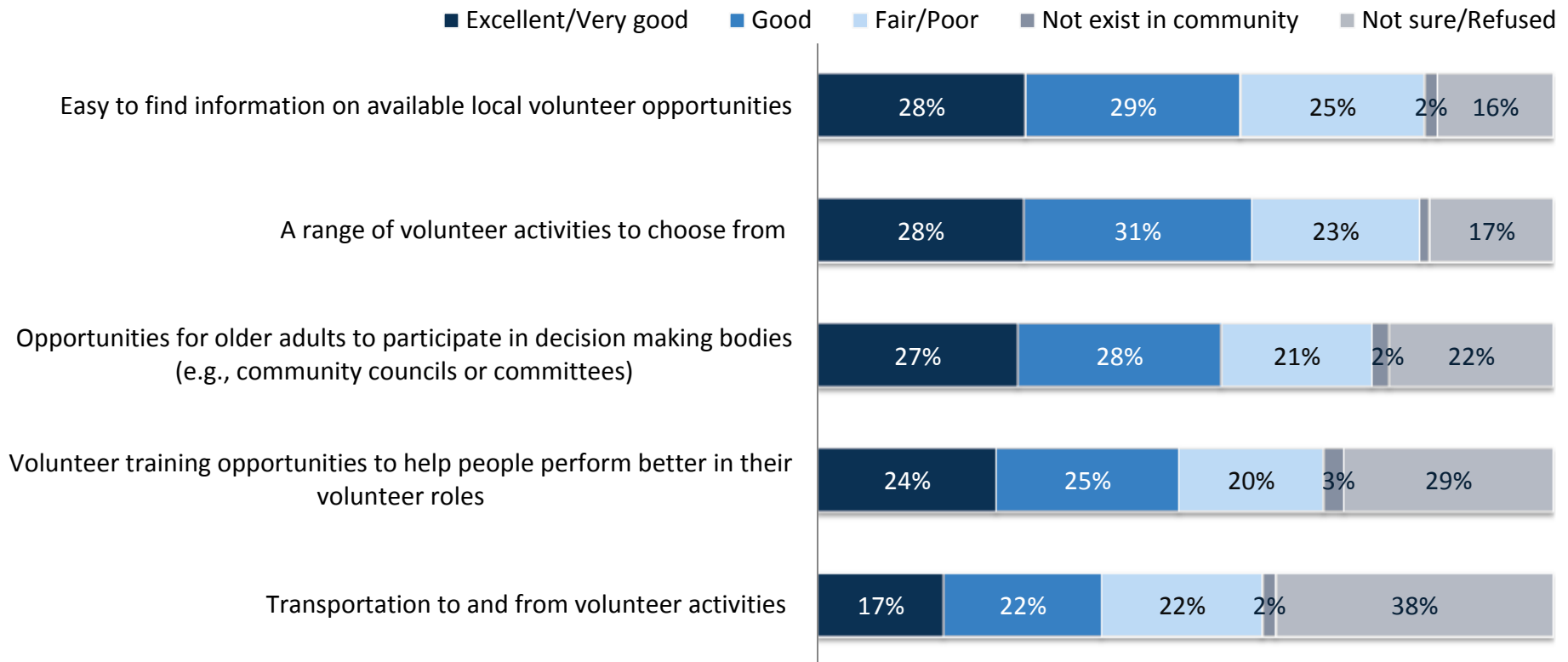


Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



The majority of City of Chula Vista residents age 45+ rate their community positively on having access to a variety of volunteer activities that are easy to find.

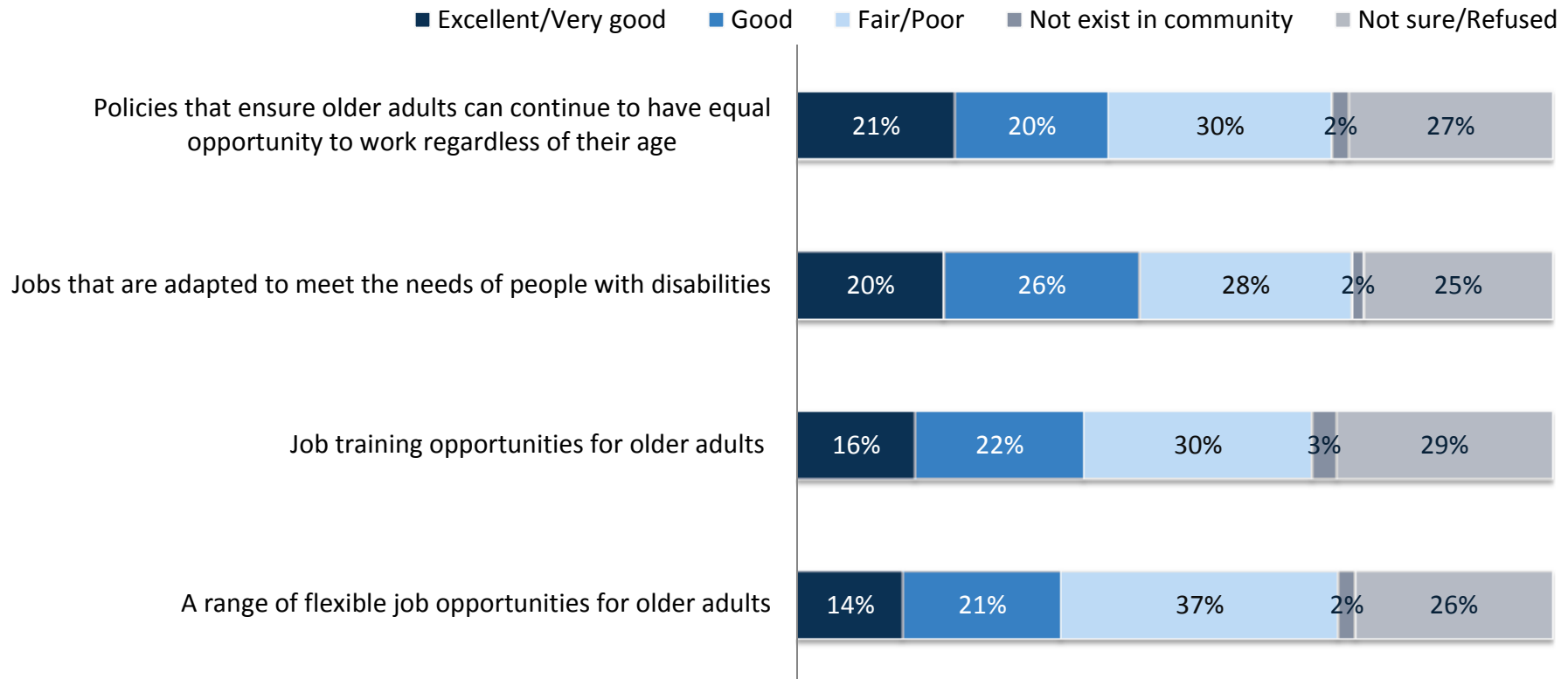


Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



City of Chula Vista residents age 45+ are somewhat divided in their opinions on how well their community is doing in terms of having employment opportunities for older residents.

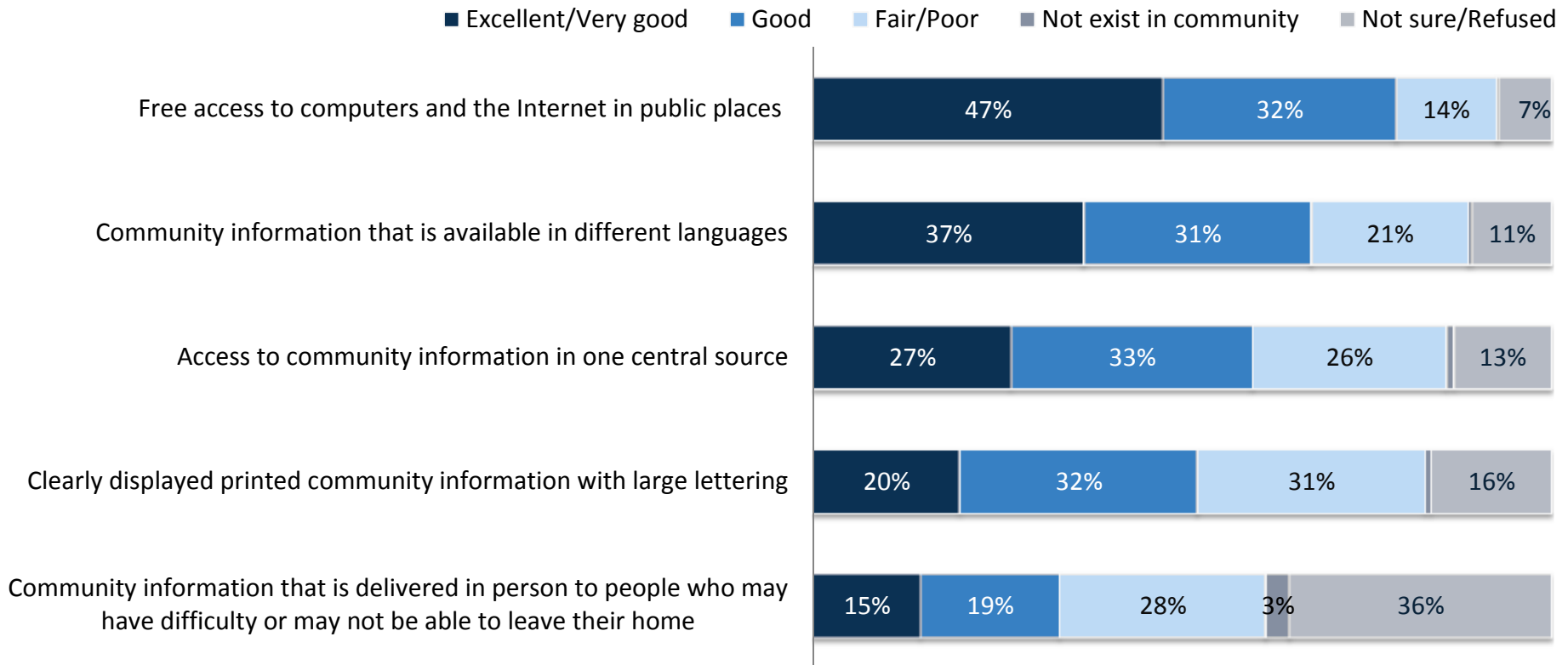


Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



The majority of City of Chula Vista residents age 45+ rate their community positively on having easy access to community information; however, having information available for residents with limited mobility received more negative ratings.



Question: Would you rate your community as excellent, very good, good, fair, or poor on having the following?

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



# Respondent Profile: Demographics

Gender	
Male	46%
Female	54%

Age	
45-49	16%
50-54	24%
55-64	28%
65-74	17%
75-84	10%
85+	4%

Race/Ethnicity	
White or Caucasian	74%
Asian	16%
Black	6%
Native American or Alaskan Native	1%
Native Hawaiian or Pacific Islander	1%
Hispanic	47%
Other	1%

Marital Status	
Single, never married	11%
Married	62%
Not married, living with your partner or significant other	2%
Separated	2%
Divorced	11%
Widowed	12%

Health Status	
Excellent/Very good	51%
Good	27%
Fair/Poor	21%

Disability Status	
Yes, myself	22%
Yes, my spouse or partner	4%
Yes, both myself and my spouse or partner	2%
No	71%

AARP Membership	
Yes	20%
No	79%

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+

# Respondent Profile: Socioeconomic & Voting

## Education

0 to 12th grade, but with no diploma	5%
High school graduate or equivalent	19%
Post high school education, but with no degree	11%
2 year degree (Associate's Degree)	17%
4 year degree (Bachelor's Degree)	22%
Post graduate study, but with no degree	4%
Graduate or professional degree	19%

## Employment Status

Self-employed full-time	7%
Self-employed part-time	3%
Employed full-time	37%
Employed part-time	6%
Retired and not working at all	33%
Unemployed and looking for work	2%
Not in the labor force for other reasons	12%

## Income

< \$10,000	5%
\$10,000 - \$19,999	8%
\$20,000 - \$29,999	11%
\$30,000 - \$49,999	14%
\$50,000 - \$74,999	14%
\$75,000 - \$99,999	11%
\$100,000 - \$149,999	15%
\$150,000 +	11%

## Voting Behavior

Always	62%
Most of the time	23%
About half of the time	3%
Seldom	3%
Never	7%

## Political Party

Democrat	45%
Republican	25%
Independent	24%
Something else	<1%

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+



## Survey Methodology:

- A telephone survey was commissioned by AARP to assess public opinion among City of Chula Vista residents age 45+ about age-friendly and livable community topics in City of Chula Vista.
- Telephone interviewing was conducted by Alan Newman Research from October 25th to November 9th 2016. Respondents selected their interview language preference; 34 interviews were completed in Spanish per respondent request.
- A total of 503 interviews were conducted. The margin of error for this sample is  $\pm 4.4\%$ .
- The sample utilized RDD landline and cell phone records.

Source: 2016 AARP Age-Friendly Community Survey of City of Chula Vista Residents Age 45+





## Contact Information:

- This deck, the annotated survey, the methodology report, and an infographic can be accessed at:  
[www.aarp.org/2016agefriendlycommunity](http://www.aarp.org/2016agefriendlycommunity)
- For more information about age-friendly work in City of Chula Vista, please contact Christina Clem, AARP California, at [ccllem@aarp.org](mailto:ccllem@aarp.org).
- For more information about the survey, please contact Joanne Binette, AARP Research, at [jbinette@aarp.org](mailto:jbinette@aarp.org).