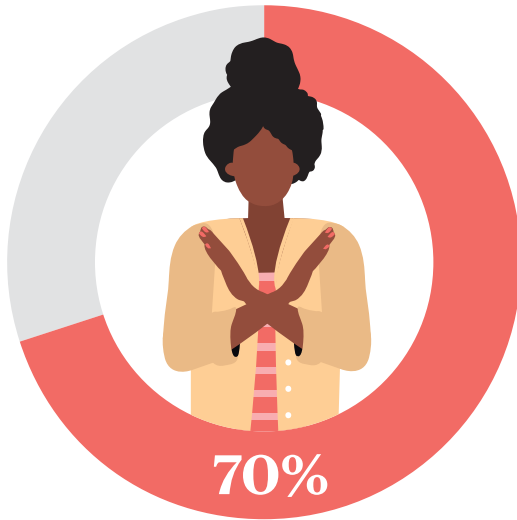
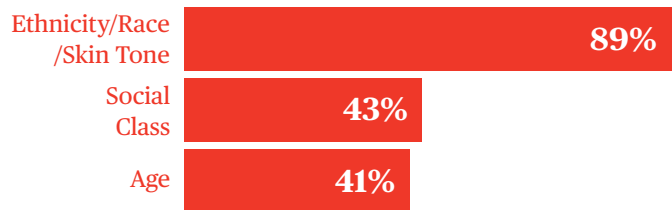


## The Majority of Black Women 50+ Experience Discrimination Regularly

70% of Black women 50-plus feel discriminated against regularly.\*



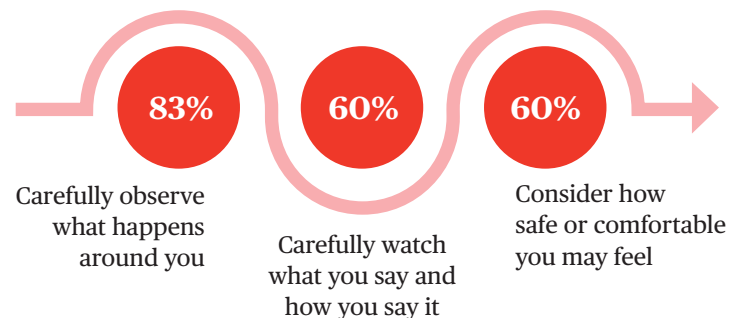
### The most common types of discrimination are:



### 89% of Black women 50-plus

who experience discrimination regularly try to avoid discriminatory behavior.

### Avoidance tactics used most often include:



**81% of working Black women age 50-plus** who experience discrimination regularly have felt pressured to look or act a certain way at work.



\*defined as “sometimes,” “often,” or “almost always”

## Discrimination Impacts the Mental Health of Black Women 50-plus

**Black women 50-plus** who experience discrimination regularly rate their **current mental health lower** than those who do not (54% vs. 49% say they have low/moderate mental health).



**Discrimination based on weight** appeared to have the greatest impact on mental health.