AARP has a long history of supporting Veterans and Military Families. This includes about six million who are AARP members today. This fact sheet highlights data for Maryland Veterans who are 18 years and older.

386,358 live in Maryland

Among Veterans in Maryland

- 68% are 50+
- 14% are women
- 39% have a bachelor’s degree or higher and 5% are enrolled in college
- Median income is $102,000
- 24% of Veteran households have children under the age of 18
- 20% have a service-related disability
- 1% are without health insurance
- 14% are women
- 63% are White
- 29% are African American/Black
- 5% are Hispanic/Latino/Spanish
- 2% are Asian/Pacific Islander
- 26% have used the U.S. Department of Veterans Affairs for healthcare

Source: U.S. Census Bureau, 2016-2020 American Community Survey, 5-year estimates
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