AARP has a long history of supporting Veterans and Military Families. This includes about six million who are AARP members today. This fact sheet highlights data for Maine Veterans who are 18 years and older.

103,783 live in Maine

**Demographics**
- 26% have a bachelor’s degree or higher and 3% are enrolled in college
- Median income is $63,700
- 15% of Veteran households have children under the age of 18

**Among Veterans in Maine**
- 80% are 50+
- 18-49: 20%
- 50-64: 27%
- 65+: 53%
- 8% are women
- 97% White
- 1% African American/Black
- 1% Hispanic/Latino/Spanish
- <1% Asian/Pacific Islander

**Health and Well-being**
- 26% have a service-related disability
- 3% are without health insurance
- 40% have used the U.S. Department of Veterans Affairs for healthcare

Source: U.S. Census Bureau, 2016-2020 American Community Survey, 5-year estimates
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