AARP has a long history of supporting Veterans and Military Families. This includes about six million who are AARP members today. This fact sheet highlights data for Iowa Veterans who are 18 years and older.

180,020 live in Iowa

Demographics

- 22% have a bachelor’s degree or higher and 2% are enrolled in college
- Median income is $61,500
- 17% of Veteran households have children under the age of 18

Health and Well-being

- 20% have a service-related disability
- 2% are without health insurance
- 22% have used the U.S. Department of Veterans Affairs for healthcare
- 6% are women

Among Veterans in Iowa

- 78% are 50+
- 18-49: 22%
- 50-64: 22%
- 65+: 55%
- 180,020 live in Iowa

- 96% White
- 2% African American/Black
- 2% Hispanic/Latino/Spanish
- <1% Asian/Pacific Islander

Source: U.S. Census Bureau, 2016-2020 American Community Survey, 5-year estimates
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