# VITAL VOICES

Issues That Impact Maine Adults Age 45 and Older, February 2021

## Issues of Importance to Maine Adults Age 45+

<table>
<thead>
<tr>
<th>Health Care</th>
<th>Economic/Financial</th>
<th>Independent Living/Long-Term Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staying physically healthy</td>
<td>Having enough income or savings to retire</td>
<td>Staying in your own home as you get older</td>
</tr>
<tr>
<td>Staying mentally sharp</td>
<td>Adequate Social Security benefits</td>
<td>Caring for a loved one</td>
</tr>
<tr>
<td>Adequate health insurance coverage</td>
<td>Having affordable heating</td>
<td>Getting to the places you need to go independently</td>
</tr>
<tr>
<td>Medicare benefits available in the future</td>
<td>Being able to afford healthy food</td>
<td>High-quality long-term care in community</td>
</tr>
<tr>
<td>Access to high-quality hospital care</td>
<td>Protection against consumer fraud</td>
<td>Flexibility in your schedule for caregiving</td>
</tr>
<tr>
<td>Paying for health care expenses</td>
<td>Protection against unfair financial practices</td>
<td>Paid time off for caregiving</td>
</tr>
</tbody>
</table>

80% 92% 87% 85% 80% 78% 76% 87% 83% 80% 73% 71% 58%

0% 50% 100% 0% 50% 100% 0% 50% 100%

“For the following list of issues, please indicate how important each is to you personally.”

% “extremely important” or “very important”
Interviews were conducted with 704 residents of Maine by landline (50%), cell phone (25%), and online (25%) between February 11, 2021 and February 21, 2021.

Age
- 45 to 49: 13%
- 50 to 64: 49%
- 65+: 38%

Education
- Some college or less: 61%
- 4-year college degree: 22%
- Post-graduate study or degree: 17%

Employment
- Full-time: 37%
- Part-time: 11%
- Retired: 37%

Gender
- Female: 53%
- Male: 47%

Marital Status
- Married/ living with partner: 62%
- Divorced/ separated: 17%
- Widowed: 9%
- Never married: 12%

Annual Household Income
- Less than $50,000: 45%
- $50,000 to less than $100,000: 31%
- $100,000+: 16%

Race/Ethnicity
- White/ Caucasian: 95%
- Other - Minority: 5%

Political Views
- Conservative: 37%
- Moderate: 36%
- Liberal: 21%

For more information, contact state-specific advisor: Kate Bridges, KBridges@aarp.org