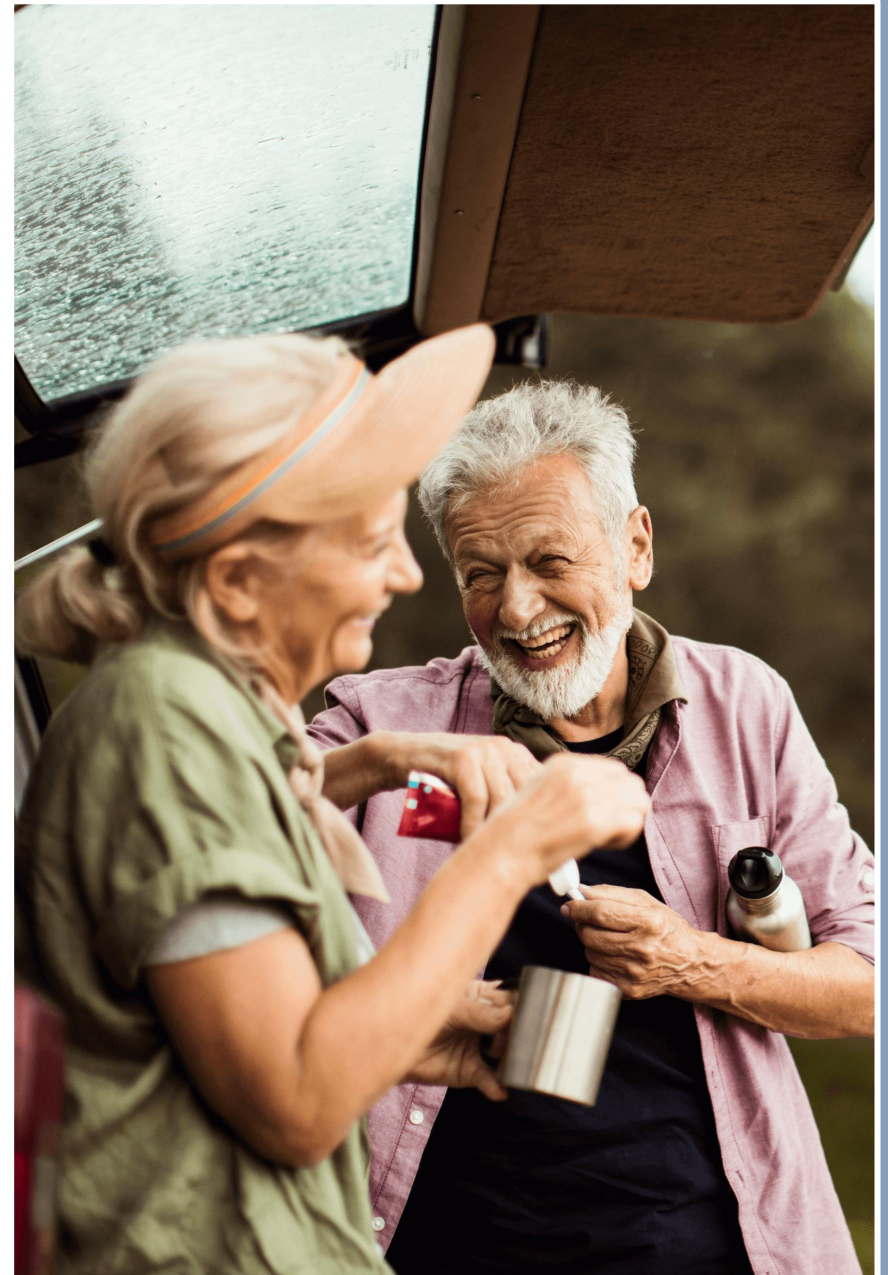


VITAL VOICES

Issues that Impact
Puerto Rico Adults
45 and Older

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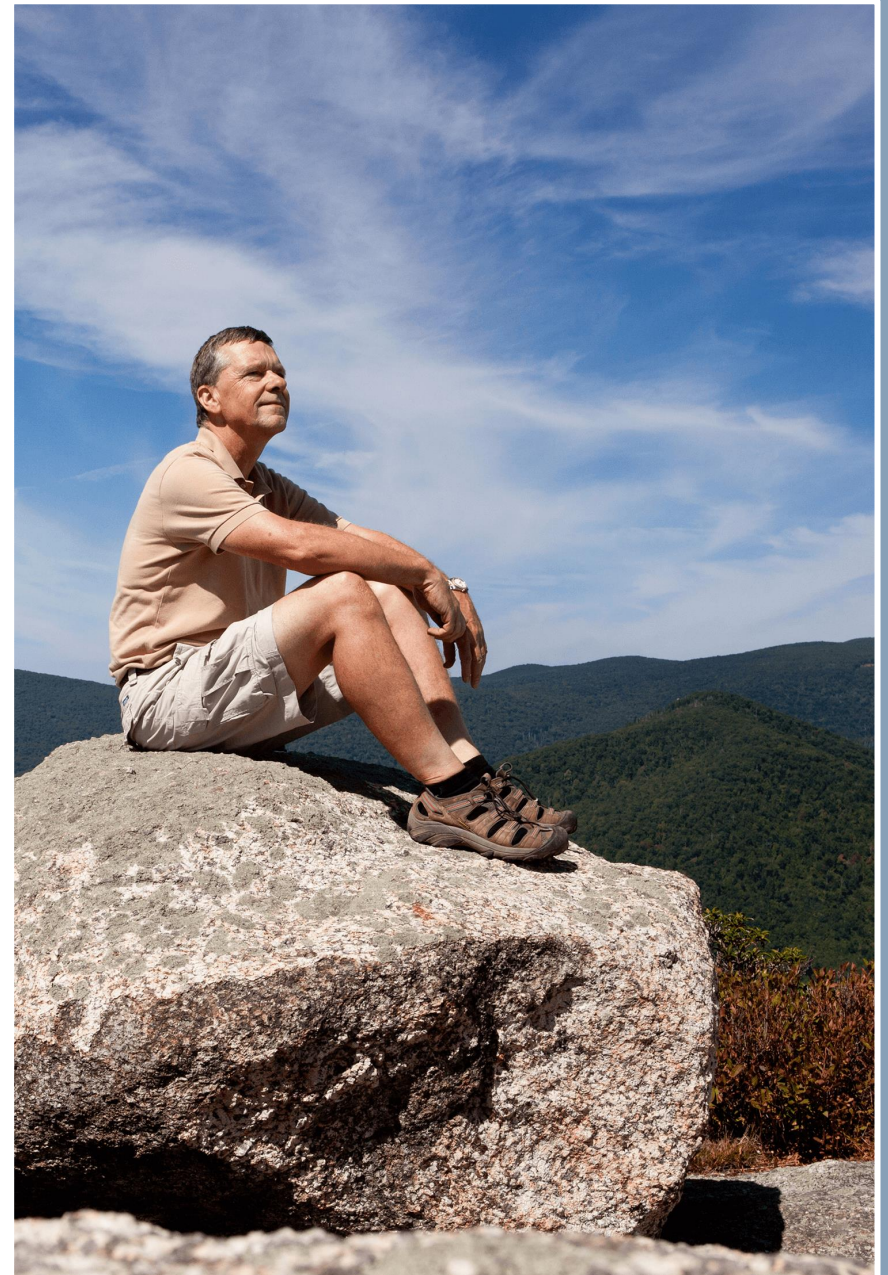
INTRODUCTION

For the past two decades, AARP has provided state offices with data to support planning and advocacy. As the breadth of our work has expanded, AARP Research and our national partners have responded by creating a tool that will empower state offices and staff to do more for their local constituents.

As part of our transition from *National* to *Nationwide*, AARP is launching a new research initiative that will deliver vital, current, and state-specific data to every state office on a rolling three-year schedule. The name of this nationwide initiative is Vital Voices, and we will use it to ensure that each individual state has access to the data they need for local advocacy, outreach, and education efforts. States can use the data in numerous ways:

- Predict the need for a specific program or interest in a specific issue.
- Enhance all communications with current data.
- Track issues and attitudes over time to assess shifts in public opinion.

Bringing Vital Voices to the states has been an enterprise-wide initiative. Never before has AARP launched a research program of this size and with this much promise. We give it to you with the hope that this data will inform better decisions for Puerto Rico adults age 45 and older.



Survey Results for Puerto Rico- Core Questions

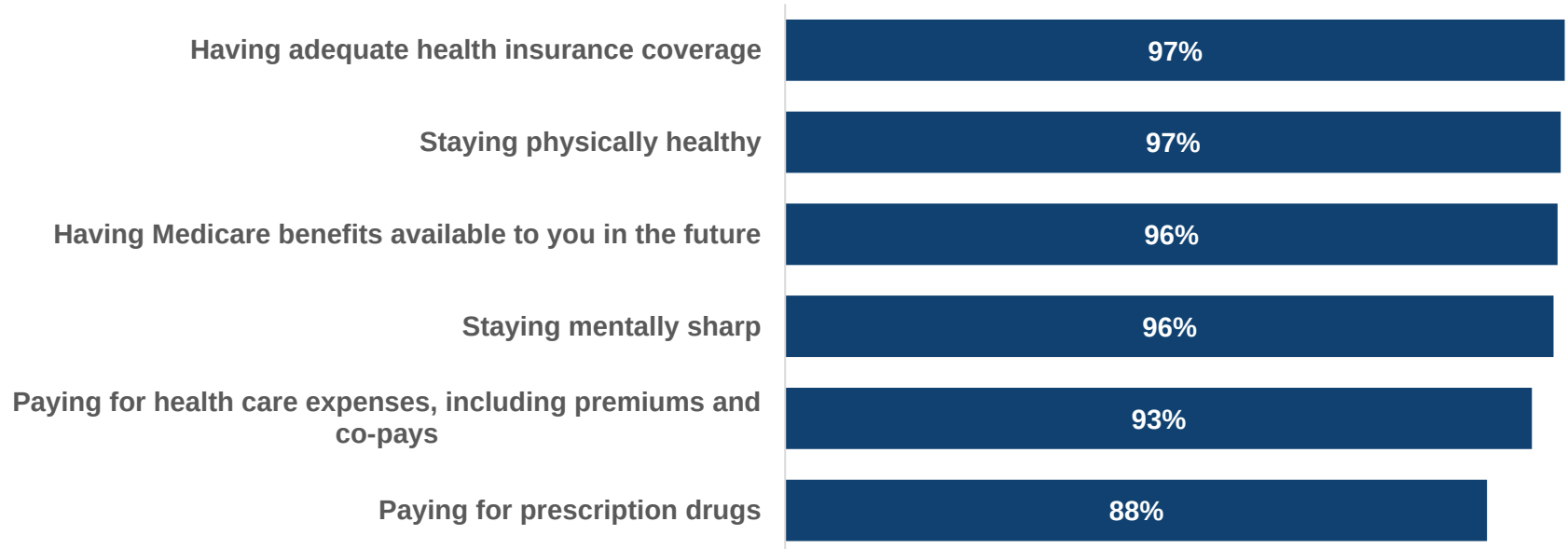
Issues that Impact
Puerto Rico Adults
45 and Older



ISSUES OF IMPORTANCE

Puerto Rico residents age 45+ think a wide variety of health care issues are very important, including ‘having adequate health insurance coverage’ and ‘staying physically healthy.’

Percentage Rating Health Care Issues Extremely or Very Important



I1. For the following list of issues, please indicate how important each is to you personally. (Health Care) (n=745)

*not all charts equal one-hundred percent due to removal of small cells, see annotation for all categories

ISSUES OF IMPORTANCE

Having adequate Social Security benefits available is extremely or very important to nearly all (96%) Puerto Rico residents age 45+.

Percentage Rating Economic Issues as Extremely or Very Important



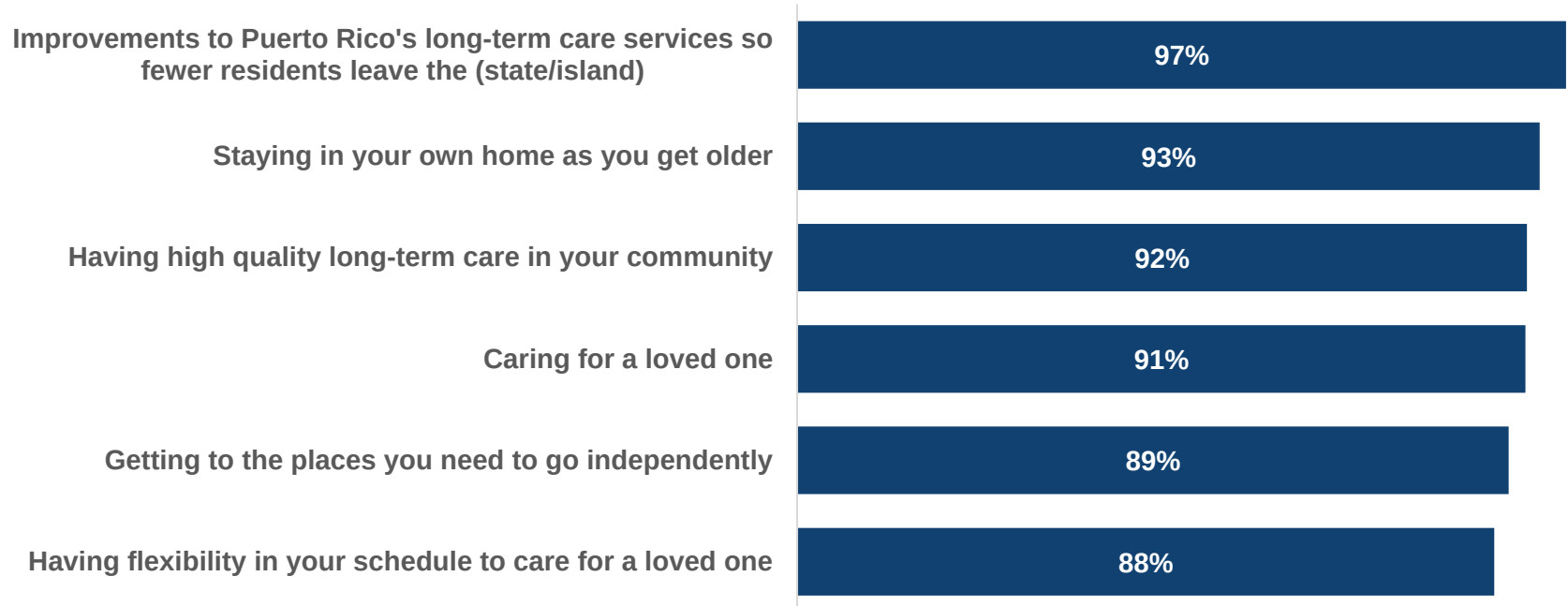
I1. For the following list of issues, please indicate how important each is to you personally. (Economic/Financial) (n=745)

*not all charts equal one-hundred percent due to removal of small cells, see annotation for all categories

ISSUES OF IMPORTANCE

Improvements to long-term care services so fewer residents leave the island is extremely or very important to virtually all (97%) Puerto Rico residents age 45+.

Percentage Rating Independent Living Issues as Extremely or Very Important



I1. For the following list of issues, please indicate how important each is to you personally. (Independent Living and Long-Term Care) (n=745)

*not all charts equal one-hundred percent due to removal of small cells, see annotation for all categories

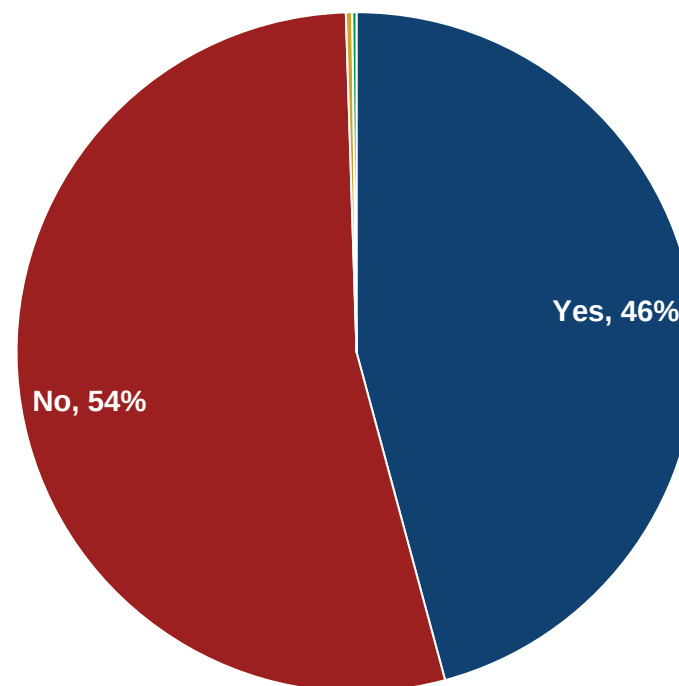


CARE1. Are you currently providing unpaid help to a relative or friend 18 years or older to help them take care of themselves? This would include doing things for them such as grocery shopping, providing transportation, managing finances, arranging for healthcare or other services, or preparing meals.
(n=745)

CAREGIVING ISSUES

Almost half (46%) of Puerto Rico residents age 45+ are currently providing unpaid care to an adult relative or friend.

Percentage Currently Providing Unpaid Adult Care



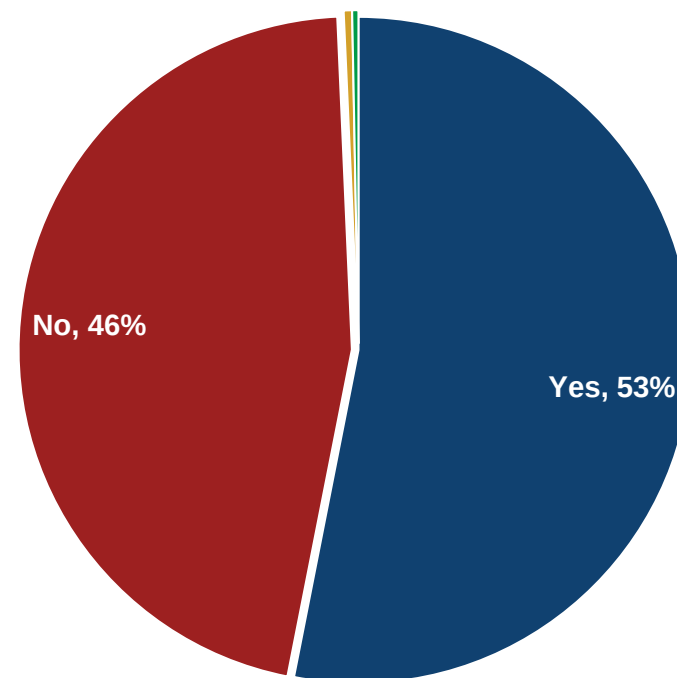


CARE1_A. Have you ever provided this type of unpaid help in the past? (n=404)

CAREGIVING ISSUES

Half (53%) of Puerto Rico residents age 45+ who are not currently providing unpaid care have provided this type of care in the past.

Percentage Previously Provided Unpaid Adult Care



Survey Results for Puerto Rico- Health Questions

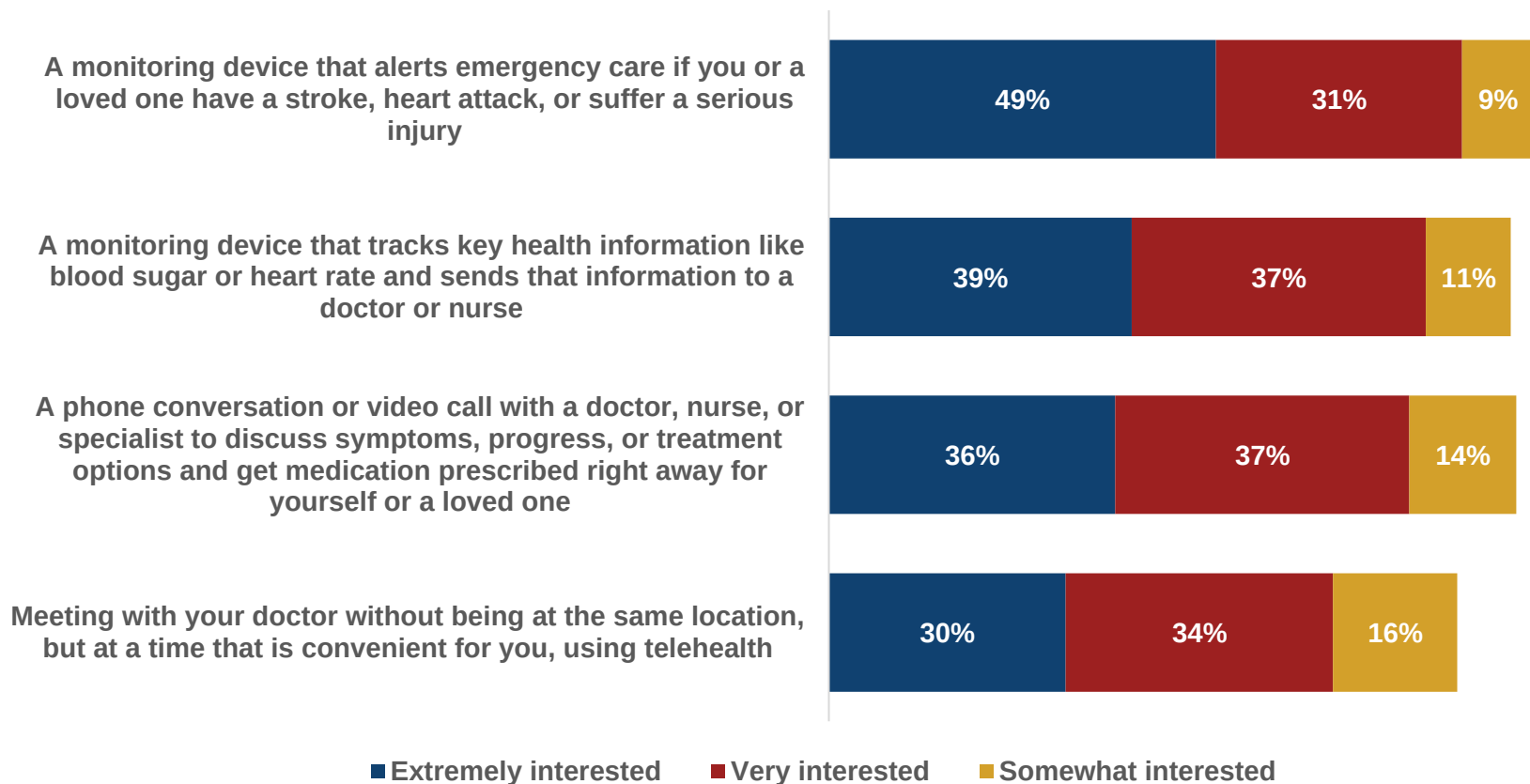
Issues that Impact
Puerto Rico Adults
45 and Older



CAREGIVING ISSUES

Puerto Rico residents age 45+ are interested in a variety of telehealth services, especially a monitoring device that alerts emergency care when needed.

Percentage Reporting Interest in Using Telehealth Services



TEL-2. How interested would you be in using each of the following telehealth services for yourself or a loved one if needed? (n=745)

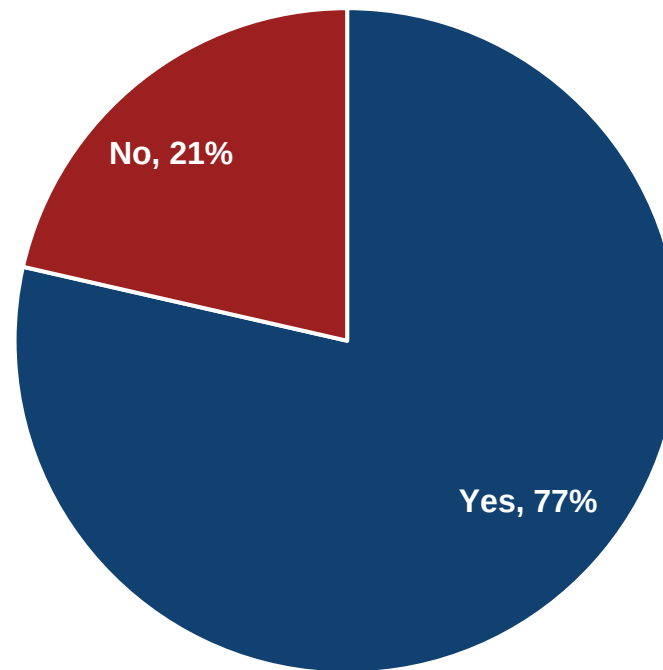


ADM-1. Do you currently serve as a guardian or tutor for someone who is unable to manage his or her own affairs?
(n=745)

CAREGIVING ISSUES

About one in five (21%) Puerto Rico residents age 45+ currently serve as a guardian or tutor for someone who is unable to manage his or her own affairs.

Percentage Currently Serving as a Guardian



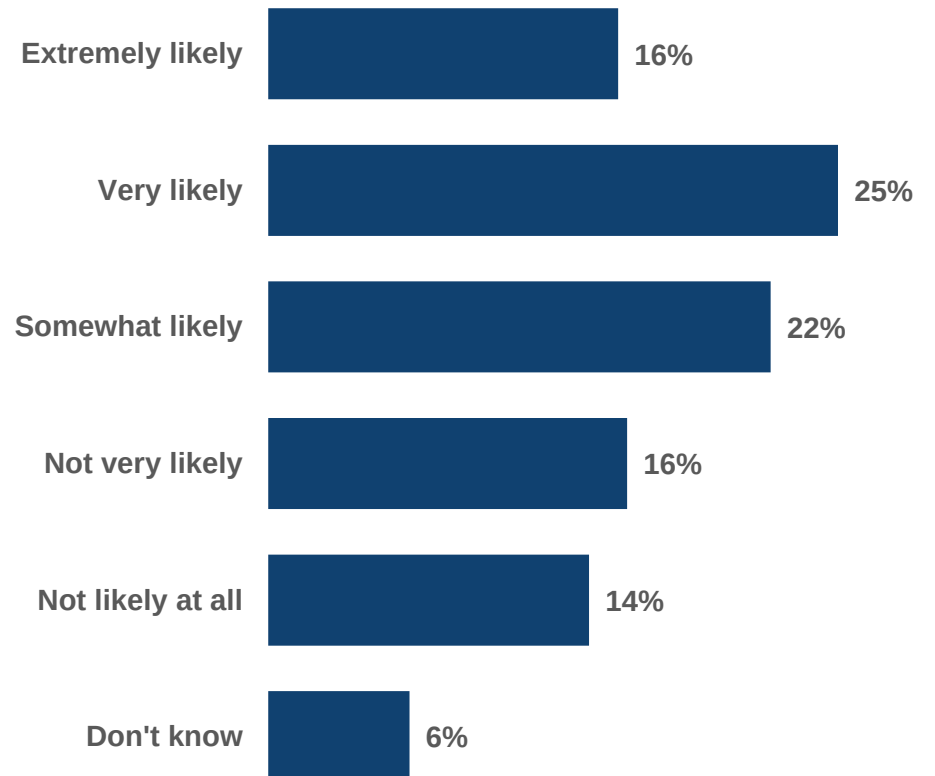


ADM-2. How likely is it that you will serve as a guardian or tutor for someone in the future?
(n=745)

CAREGIVING ISSUES

About two-thirds (63%) of Puerto Rico residents age 45+ are at least somewhat likely to serve as a guardian or tutor for someone in the future.

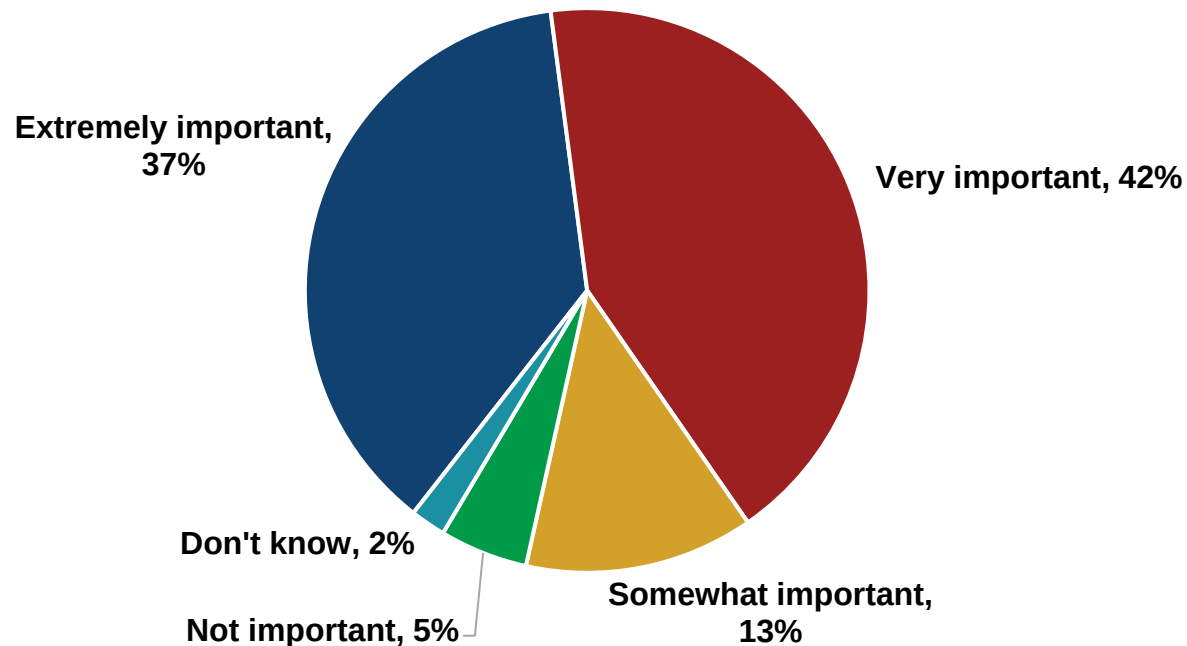
Likelihood to Serve as Guardian



CAREGIVING ISSUES

Four out of five (79%) Puerto Rico residents age 45+ agree that it is extremely or very important for judges to assess available options before appointing a guardian for individuals declared incompetent.

Importance of judges assessing options before appointing guardianship



ADM-4. Currently in Puerto Rico, in cases where an individual has been declared incompetent, the law allows judges to appoint a guardian without looking for other options. How important do you think it is for Puerto Rico to make a policy change to allow judges to look at each case to see if other options are available so the individual can have input or make decisions about their care and finances when they are able? (n=745)

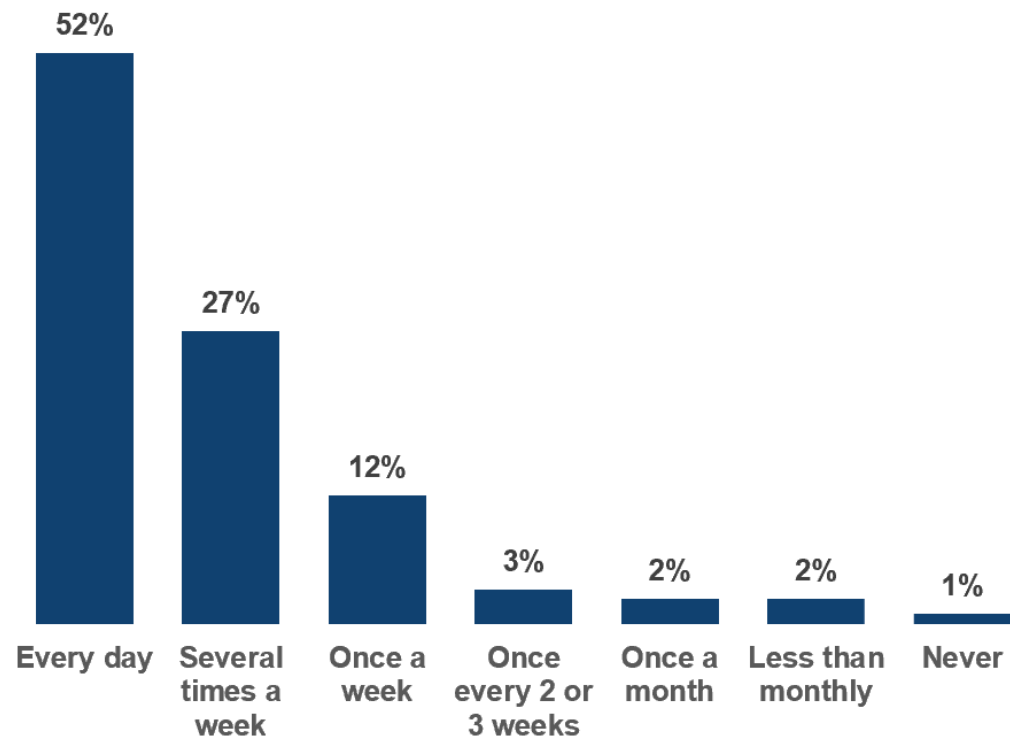


ISO1. How often do you have contact with family, friends, or neighbors who do not live with you? (n=309)

ISOLATION AND MENTAL HEALTH ISSUES

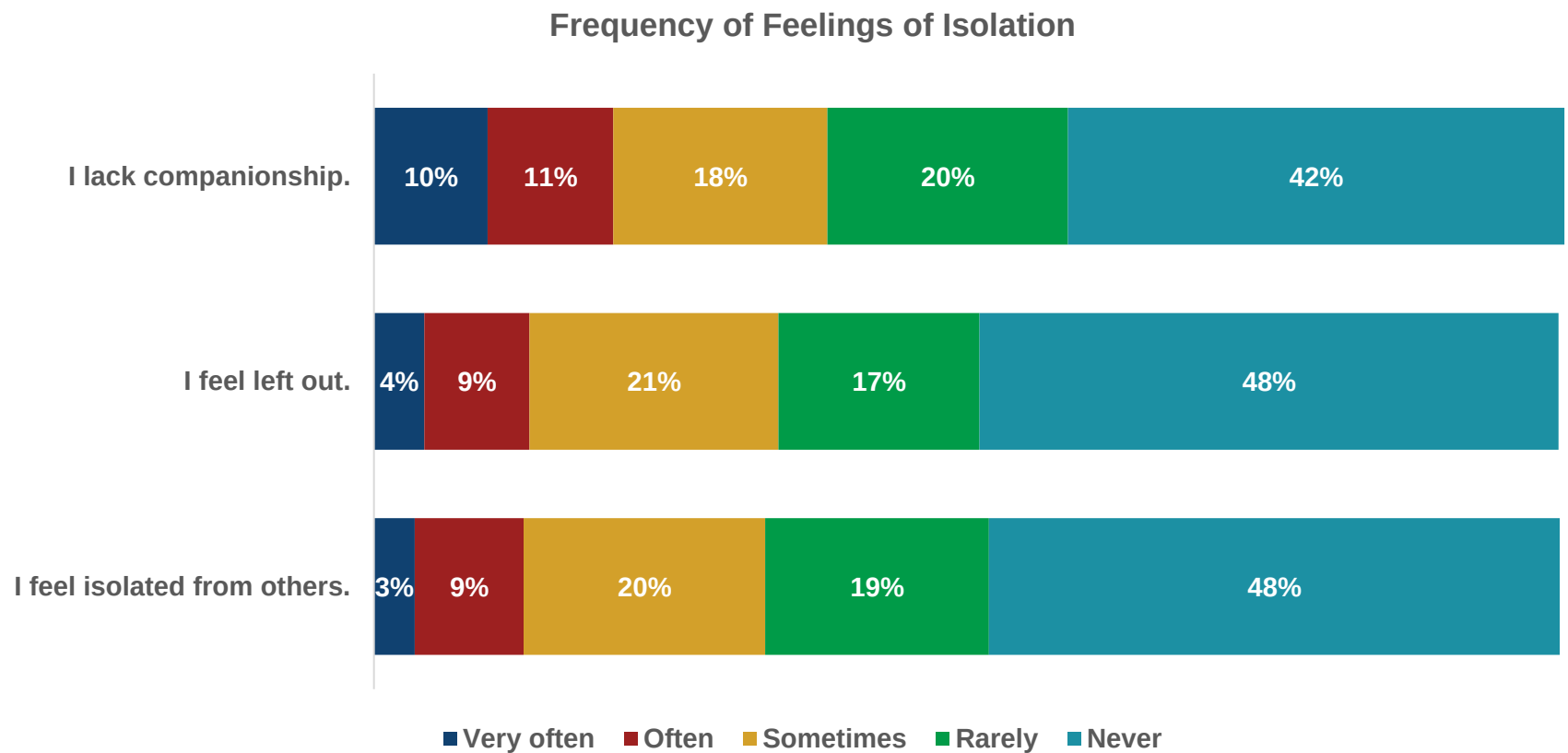
One in five (20%) Puerto Rico residents age 65+ have contact with family, friends, or neighbors once a week or less.

Frequency of Contact with Family and Friends



ISOLATION AND MENTAL HEALTH ISSUES

One in five (21%) Puerto Rico residents age 65+ feel they often lack companionship.



ISO2. How often do you feel the following? (n=309)

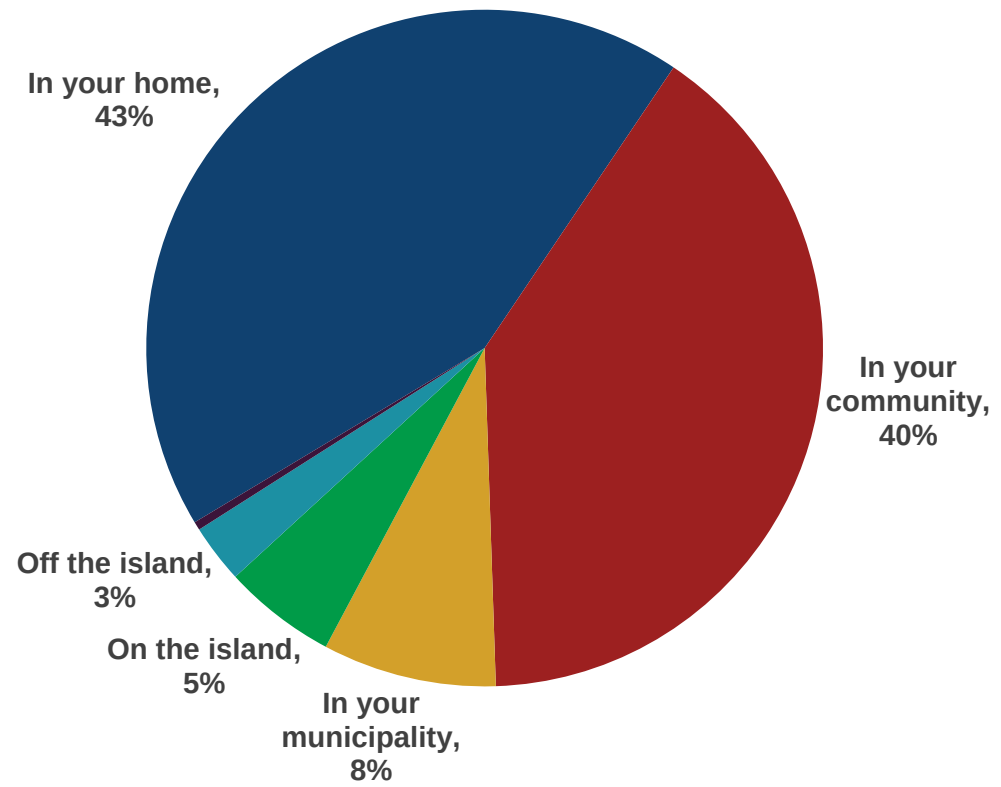


ISO3_A. If you were in trouble and needed help, how close is your nearest friend or family who can help you at any time of the day or night? Does this person live...? (n=309)

ISOLATION AND MENTAL HEALTH ISSUES

Most Puerto Rico residents age 65+ have an emergency contact either in their home (43%) or in their community (40%).

Proximity of Closest Emergency Contact



Survey Results for Puerto Rico- Wealth Questions

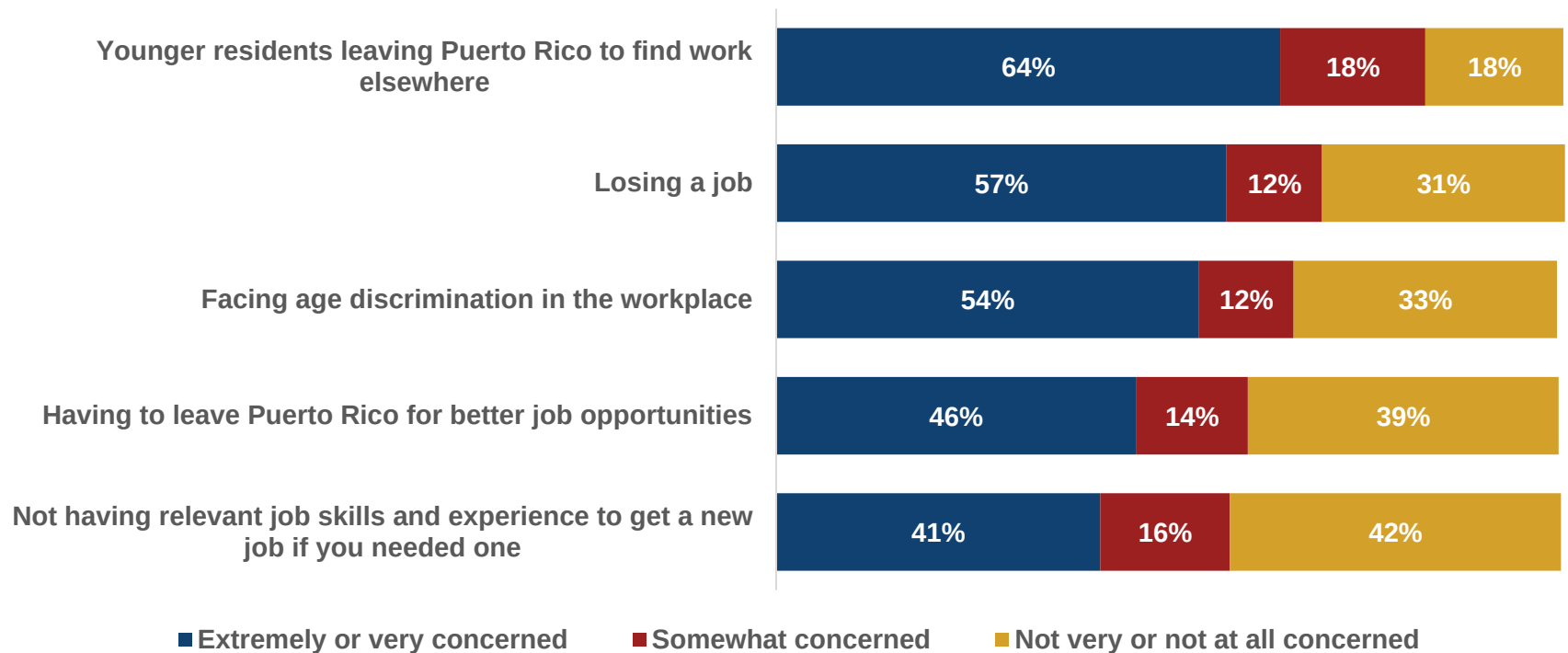
Issues that Impact
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WORK ISSUES

There is significant concern among Puerto Rico residents age 45+ about the current work environment on the island.

Concerns About Puerto Rico's Work Environment

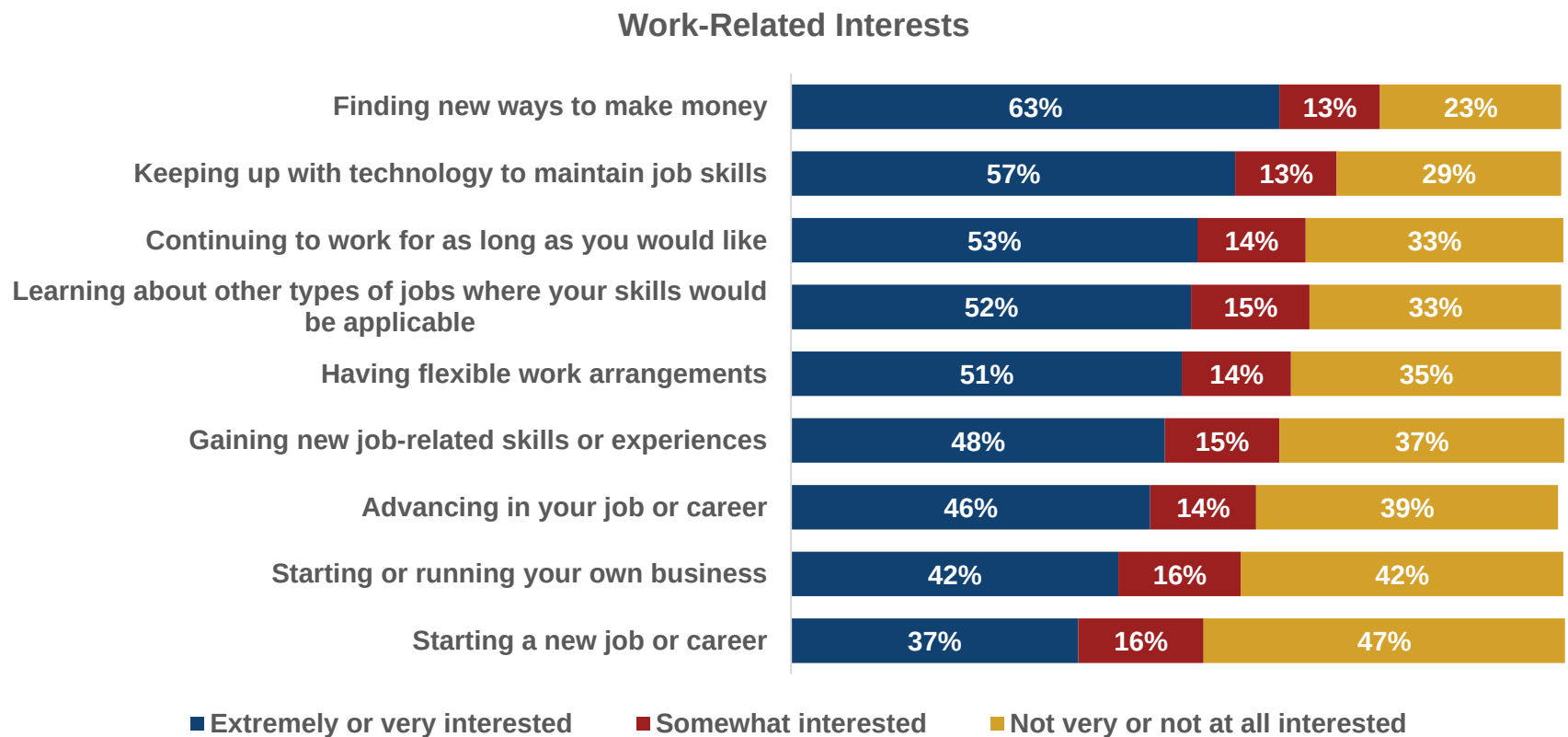


WORK1. How concerned are you about...? (n=745)

*not all charts equal one-hundred percent due to removal of small cells, see annotation for all categories

WORK ISSUES

Many Puerto Rico residents age 45+ are extremely or very interested in ways to improve their career opportunities.

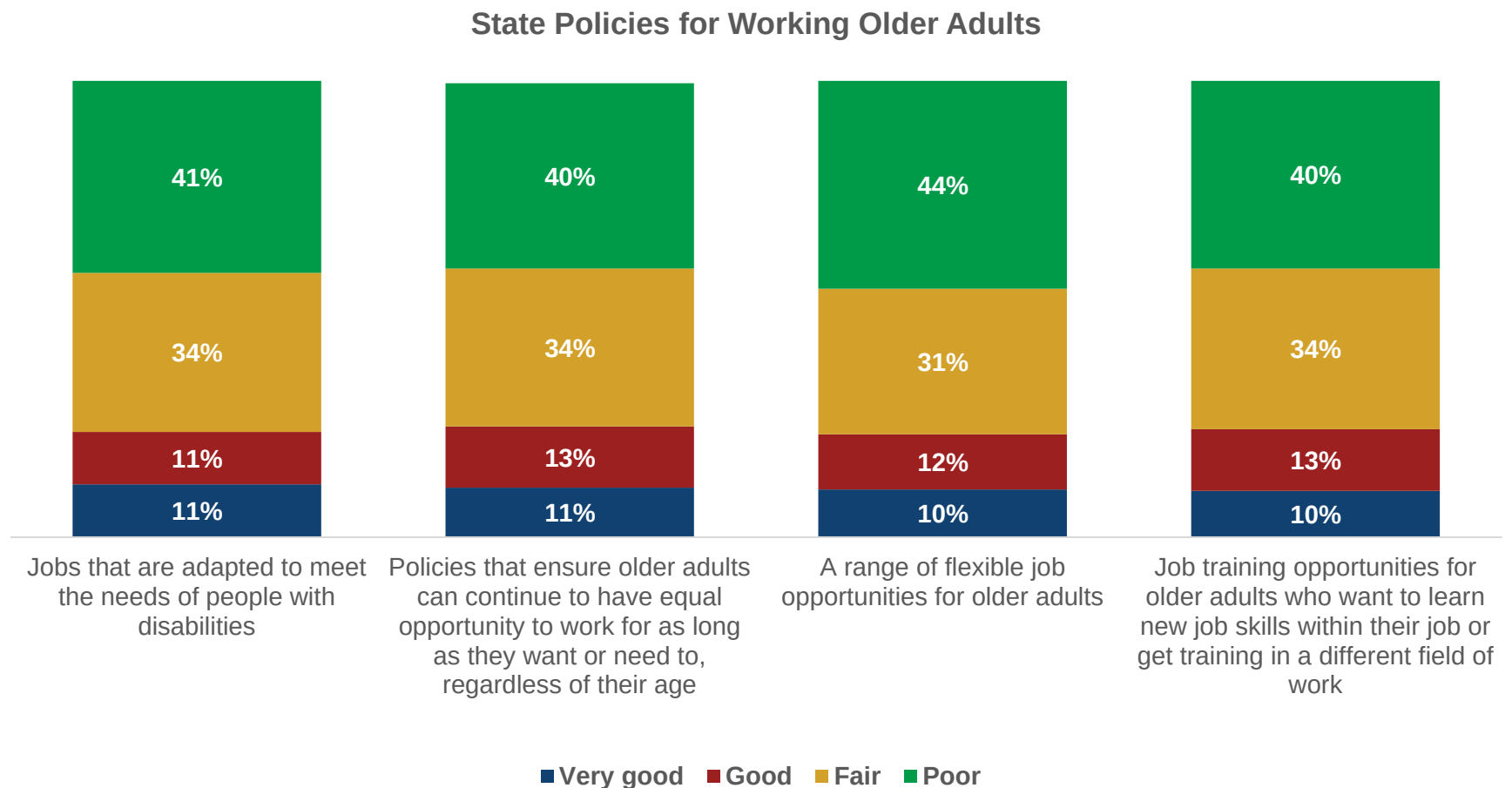


WORK2. How interested are you in...? (n=745)

*not all charts equal one-hundred percent due to removal of small cells, see annotation for all categories

WORK ISSUES

Most Puerto Rico residents age 45+ rate government policies related to working older adults as fair or poor.



WORK3. Would you rate Puerto Rico as very good, good, fair, or poor at providing...? (n=745)

Survey Results for Puerto Rico- Self Questions

Issues that Impact
Puerto Rico Adults
45 and Older



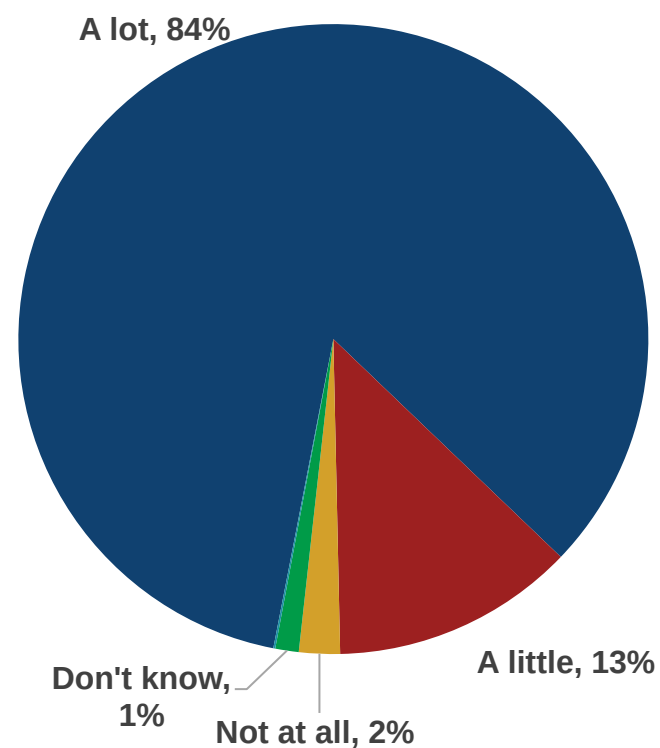


WOM1. How much would you say that older women's well-being is impacted by the multiple roles that women in Puerto Rico have to play during their lifetime? (n=745)

WOMEN'S ISSUES

Most (84%) Puerto Rico residents age 45+ agree that older women's well-being is impacted a lot by the multiple roles women in Puerto Rico play during their lifetime.

Women's Well-Being Impacted by Multiple Roles

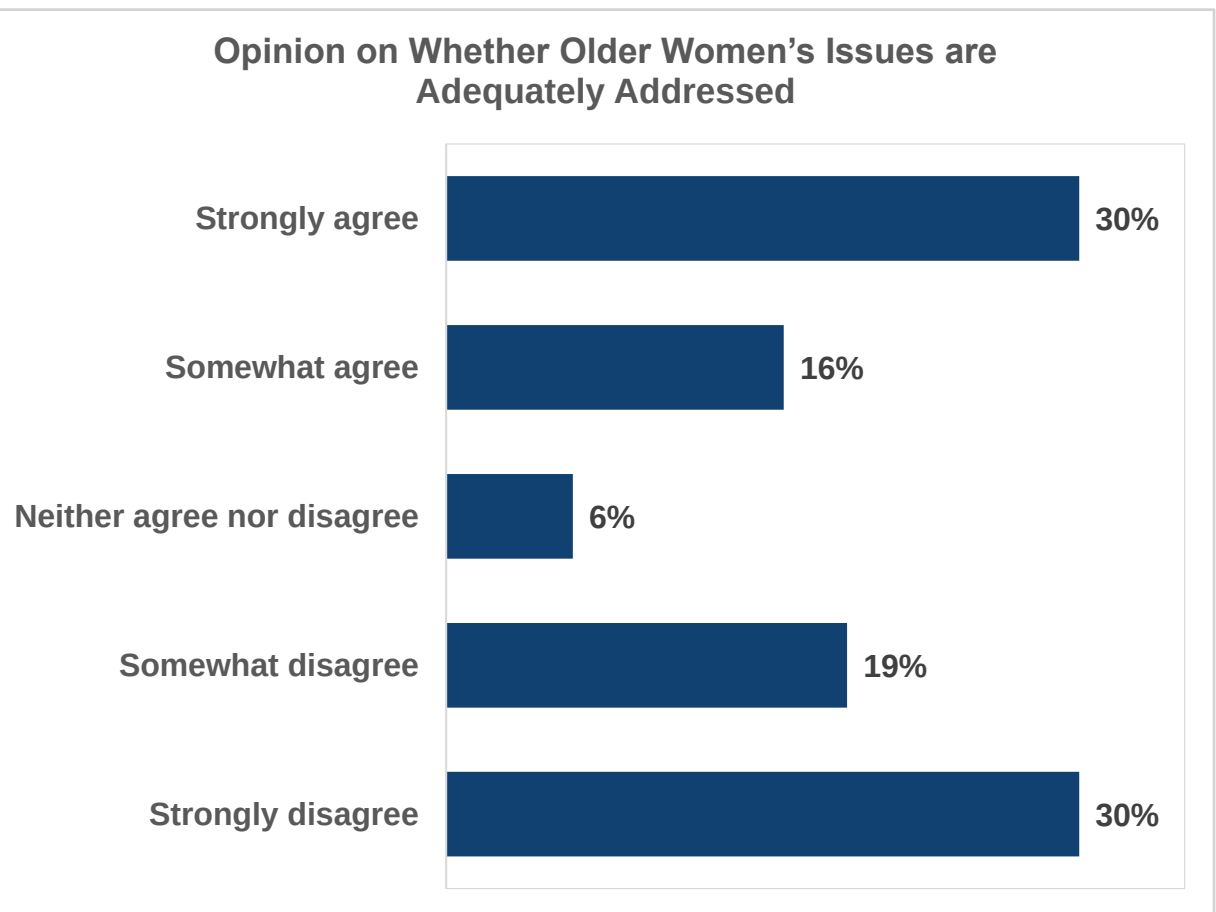




WOM2. Would you agree or disagree that older women's issues are adequately addressed in Puerto Rico?
(n=745)

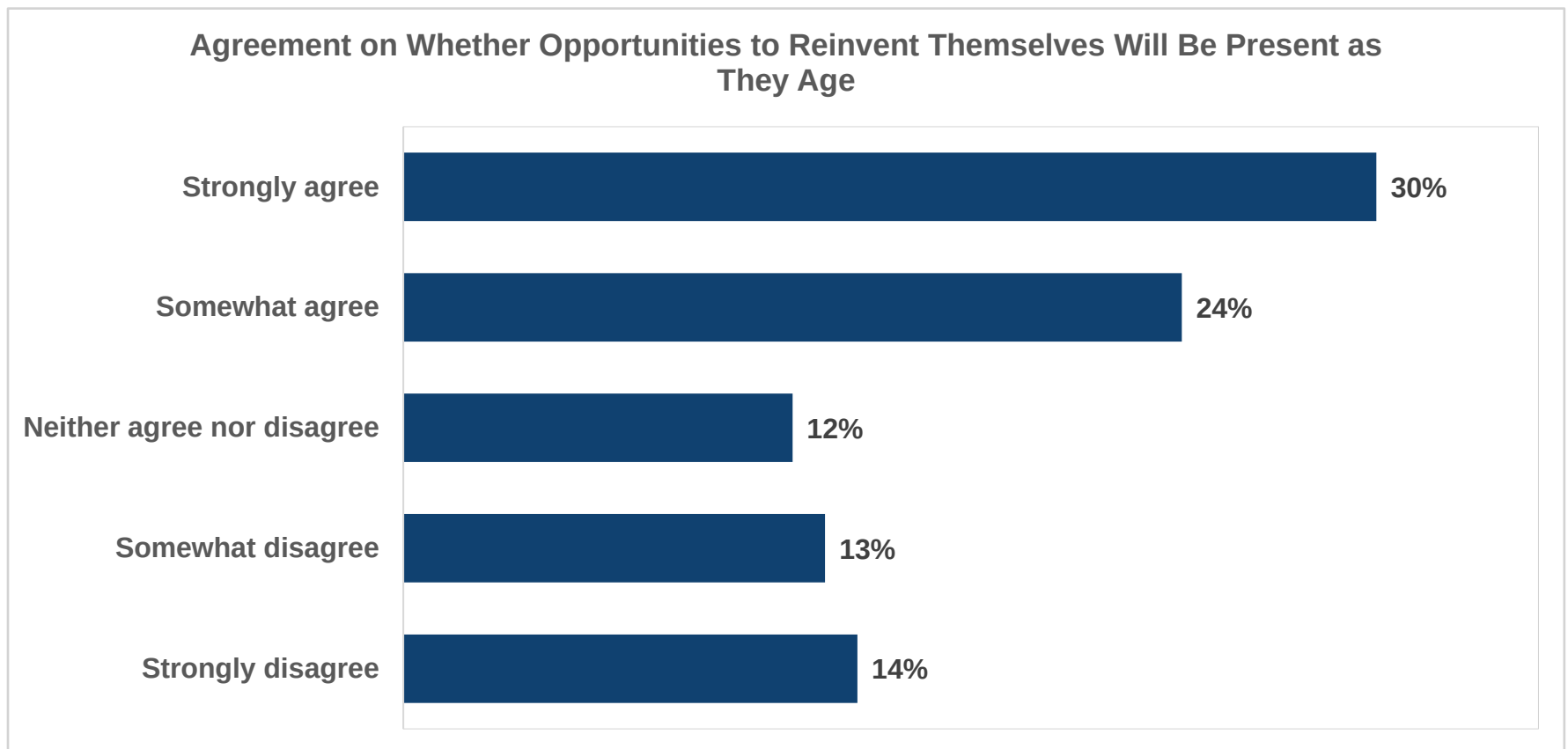
WOMEN'S ISSUES

Puerto Rico residents age 45+ have split opinions regarding whether older women's issues are adequately addressed in Puerto Rico.



PERSONAL REINVENTION

The majority (59%) of Puerto Rico residents age 45+ agree that they will have opportunities to reinvent themselves as they age.



WOM3. Would you agree or disagree that you will have opportunities to reinvent yourself as you age? (n=745)

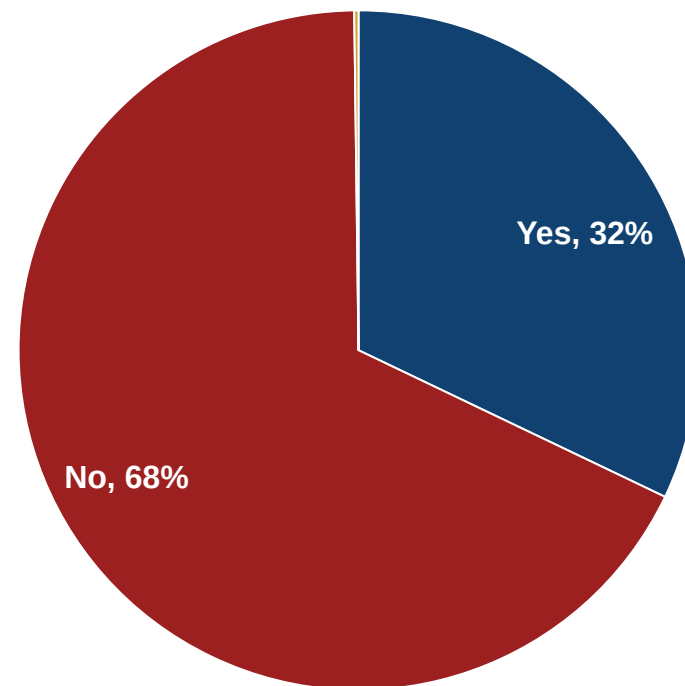


MIG-1. In the past year, have you personally considered leaving Puerto Rico? (n=745)

MIGRATION

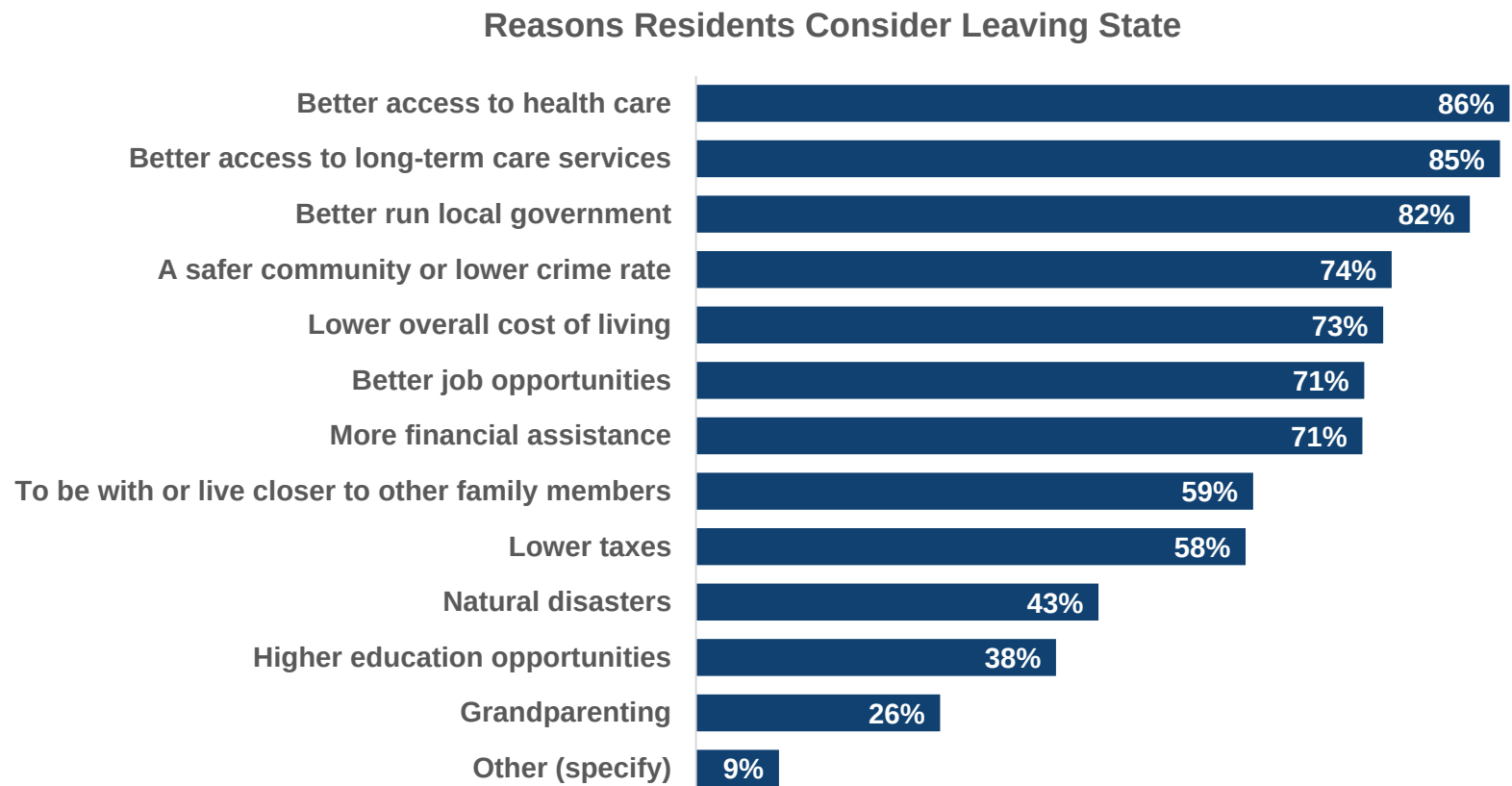
In the past year, one-third (32%) of Puerto Rico residents age 45+ considered leaving Puerto Rico.

Considering Leaving in the Past Year



MIGRATION

Better access to health care (86%) and long-term care services (85%) top the list of reasons why Puerto Rico residents age 45+ have considered leaving the island.

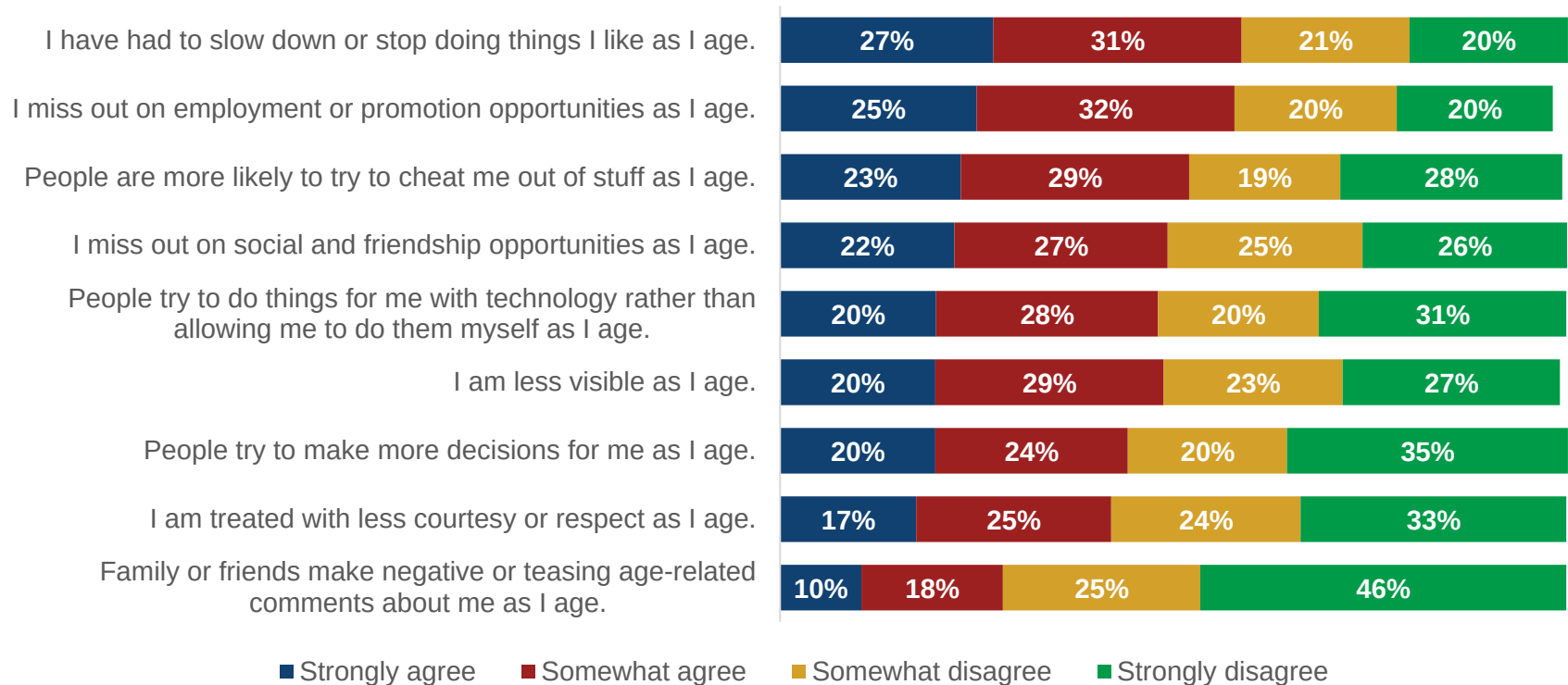


MIG-2. What are your reasons for considering leaving Puerto Rico? (n=239)

ATTITUDES ON AGING

Over half of Puerto Rico residents age 45+ agree that, as they age, they have had to slow down or stop doing things they like, and feel they have missed out on opportunities.

Beliefs Regarding Aging



FP11. How strongly do you agree or disagree with each of the following statements? (n=745)

METHODOLOGY

In September 2019, AARP engaged Alan Newman Research (ANR) to conduct a quantitative research study among Puerto Rico residents age 45 and older. Topics included healthcare, the economy and financial issues, independent living and long-term care, caregiving, guardianship and assisted decision-making, women's issues, isolation and migration from Puerto Rico.

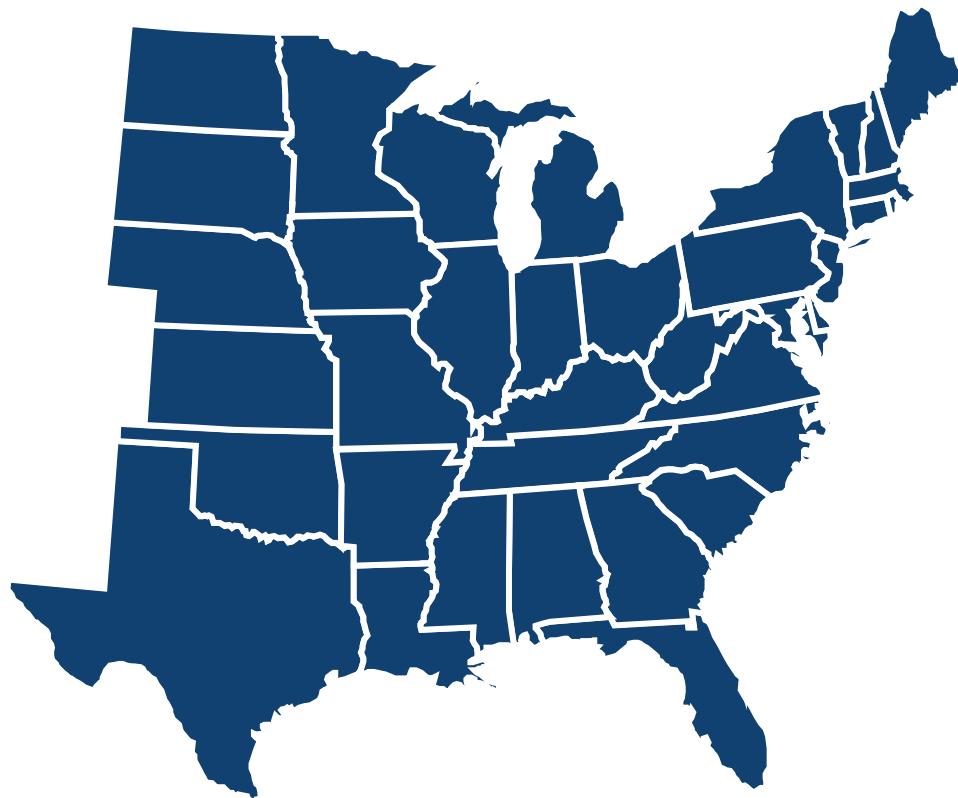
745 Interviews

**Puerto Rico Residents 45+
Fielded in September 2019**

ANR completed a total of 745 interviews (215 via landline telephone, 197 via cell phone, and 333 online). Interviews were conducted in both English and Spanish, based on respondent preference (80 in English and 665 in Spanish). Respondents were screened to meet the following criteria:

- Age 45+
- Resident of Puerto Rico

Survey length averaged 26.8 minutes by telephone and 20.1 minutes online.



METHODOLOGY

Sampling Procedure

Landline, cell phone, and online sampling were used for this research, with sample drawn randomly from a list of residents age 45 and older from Puerto Rico, purchased from Dynata. A total of 28,814 records were utilized to achieve a sample of 745 respondents. For the phone portion of the survey, a list of 24,600 residents of Puerto Rico age 45+ and older was randomly divided into 25 replicates for telephone dialing. Initially, 20 replicates were released for calling, with additional replicates being opened as necessary, with a grand total of all 25 replicates dialed to complete the telephone portion of this study.

The total sample of 745 sample respondents yields a maximum statistical error of $\pm 3.6\%$ at the 95% level of confidence. (This means that in 95 out of 100 samples of this size, the results obtained in the sample would be within ± 3.6 percentage points of the results obtained had everyone in the population been interviewed.)

Interview Methodology

The survey was launched on September 14, 2019 and closed on October 6, 2019.

Telephone interviewing was active between 10:00 a.m. and 9:00 p.m. If necessary, up to 8 call attempts per telephone number were made to reach an eligible respondent. All numbers were called at multiple times of the day as well as days of the week to maximize each resident's opportunity for inclusion in the study.

Percentages of some questions may exceed 100% due to rounding or the use of multiple response question formats.

All data have been weighted by age, gender, and race/ethnicity according to 2017 U.S. Census Bureau Puerto Rico Community Survey (PRCS) statistics.



ABOUT AARP

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age. With nearly 38 million members and offices in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP works to strengthen communities and advocate for what matters most to families with a focus on health security, financial stability and personal fulfillment. AARP also works for individuals in the marketplace by sparking new solutions and allowing carefully chosen, high-quality products and services to carry the AARP name. As a trusted source for news and information, AARP produces the nation's largest circulation publications, AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org or follow @AARP and @AARPadvocates on social media.





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This research was designed and
executed by AARP Research.