AARP has a long history of supporting veterans, military, and their families, including over four million who are AARP members today. This AARP Fact Sheet provides basic data and demographic points on veterans, military and their family members in your state.

**53,157** live in North Dakota

**66%** are 50-plus

**7%** are women

**21%** have a bachelor’s degree or higher & **4%** are enrolled in college

**$61,793** Median income

**59%** live in urban areas & **41%** live in rural ones

**36%** of veteran households have children under 18

**20%** have a service-related disability

**5%** are uninsured

**34%** have used the Veterans Administration for healthcare

Source: U.S. Census Bureau, 2009-2017 American Community Survey, and 2009-2017 Puerto Rico Community Survey; U.S. Census Bureau, 2011-2015 American Community Survey, 5-year estimates; U.S. Census Bureau, 2012 Survey of Business Owners (veteran business owners); Veterans Administration - Race, Age, Gender. Contact: Cassandra Cantave, CCantave@aarp.org, AARP Research. Data is for all veterans 18-plus