

REPORT SPOTLIGHTS FINANCIAL TOLL OF FAMILY CAREGIVING

Credit for Caring Act Could Help

\$6,954

Average Out-of-Pocket Expenses for Family Caregivers in 2016

Family Caregivers in the U.S. Provide \$470 Billion in Unpaid Care

Source: Valuing the Invaluable 2015 Update: Undeniable Progress, but Bigs Gap Remain, AARP Public Policy Institute

\$11,923

Average Out-of-Pocket Expenses for Long-Distance Caregivers in 2016

More than three in four family caregivers (78%) are incurring out-of-pocket costs as a result of caregiving

78%

20%

Family caregivers are spending, on average, nearly 20% of their income on caregiving activities