

REPORT SPOTLIGHTS FINANCIAL TOLL OF FAMILY CAREGIVING

Credit for Caring Act Could Help

\$6,954

Average Out-of-Pocket Expenses for Family Caregivers in 2016

Family Caregivers in the U.S. Provide \$470 Billion in Unpaid Care

Source: Valuing the Invaluable 2015 Update: Undeniable Progress, but Bigs Gap Remain, AARP Public Policy Institute

More than three in four family caregivers (78%) are incurring out-of-pocket costs as a result of caregiving

78%

\$11,923

Average Out-of-Pocket Expenses for Long-Distance Caregivers in 2016

20%

Family caregivers are spending, on average, nearly 20% of their income on caregiving activities

AARP® Real Possibilities

Source: Family Caregiving and Out-of-Pocket Costs: 2016 Report
aarp.org/caregivercosts

To learn more about the Credit for Caring Act (H.R. 2505/ S. 1151) visit aarp.org/supportcaregivers

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