

2014 NASSAU COUNTY, NY LIVABILITY REPORT

Health and Wellness



LARGEST UNMET NEED



-40%

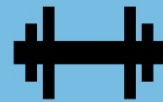
AFFORDABLE HOME HEALTH CARE PROVIDERS

93.6% say it is important to have affordable home health care providers. Only 53.7% say this is present in their community; resulting in a gap of 40.0%.



ACTIVE & EXERCISE

90%



SAY IT IS IMPORTANT FOR THEM TO REMAIN PHYSICALLY ACTIVE FOR AS LONG AS POSSIBLE

64%



EXERCISE AT LEAST SEVERAL TIMES A WEEK



MOST IMPORTANT FEATURE

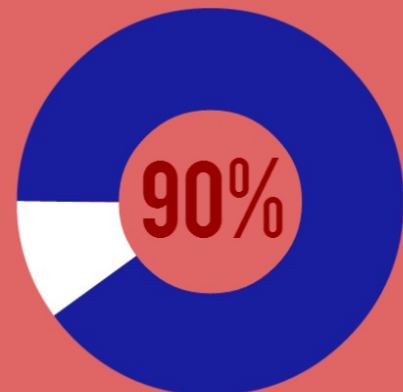
WELL-MAINTAINED HOSPITALS AND HEALTH CARE FACILITIES



Well-maintained hospitals and health care facilities are the most important feature (96%) to Nassau County AARP members age 50+.



HEALTH RATING



Nassau County AARP members age 50+ were asked to rate their health compared to most people their age. 90% rate their own health as excellent, very good, or good.