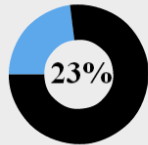
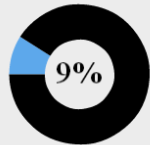
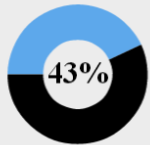


# Volunteering Among Adults Age 50+

Three in four 50+ adults volunteered in the past year

Percentage who volunteered:



Both **formally** (i.e., for an organization) and **informally** (i.e., on their own)

ONLY for an organization

ONLY on their own



On average, 50+ adults spent more hours volunteering for organizations than on their own

Average number of hours spent per month volunteering:



For organizations



On their own

Helping those with food insecurity and fundraising were the top volunteer activities among the 50+

27%



Collect, prepare, serve food

24%



Fundraise or sell items to raise money

20%



Provide professional assistance

19%



Provide general labor or transportation

Nearly half of 50+ adults volunteered for religious organizations

48%



Religious organizations

23%



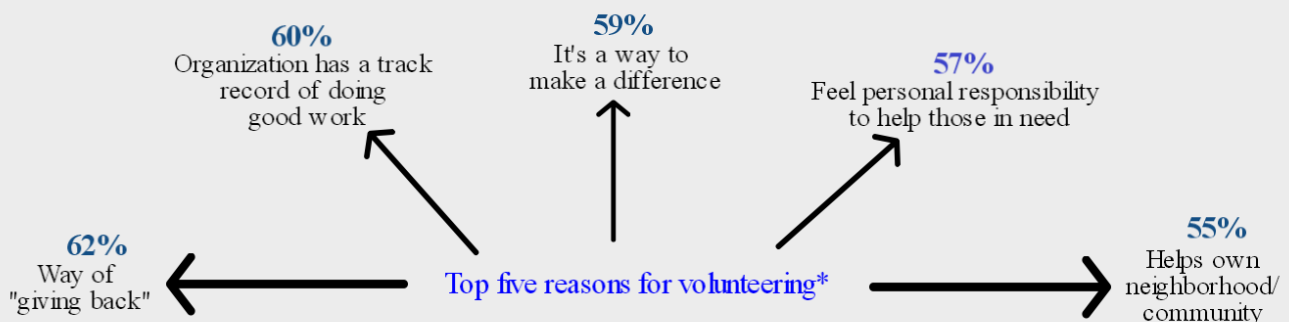
Social/community service group

13%



Kid's educational, sports, or recreation group

Having an impact on those served is the underlying motivator for volunteering among the 50+



\* The percentage of volunteers who said it was a "very important" reason to personally volunteer.

NOTE: These findings were gathered in August 2014 from a telephone survey of 3,003 adults age 50+.

Sources:  
Connecting, Serving, and Giving: Civic Engagement Among Mid-Life and Older Adults, 2016.

Current Population Survey: September 2014 Volunteer Supplement. Bureau of Labor Statistics/Bureau of the Census. Washington, DC.

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<https://doi.org/10.26419/res.00119.006>

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