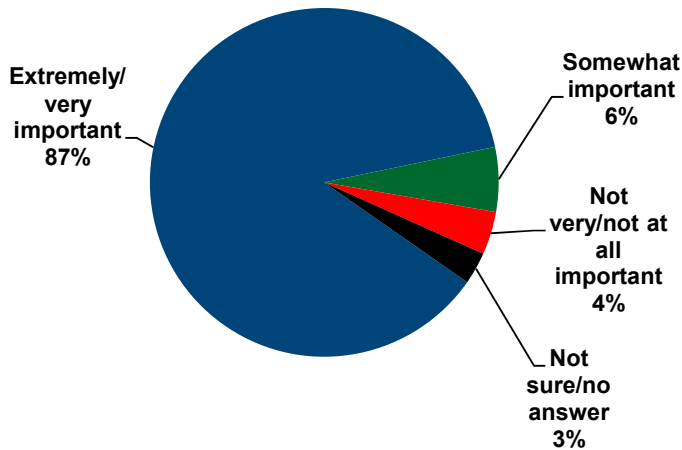


## 2015 AARP Caregiving Survey of Texas Registered Voters Age 45 and Older: Family Caregiver Profile

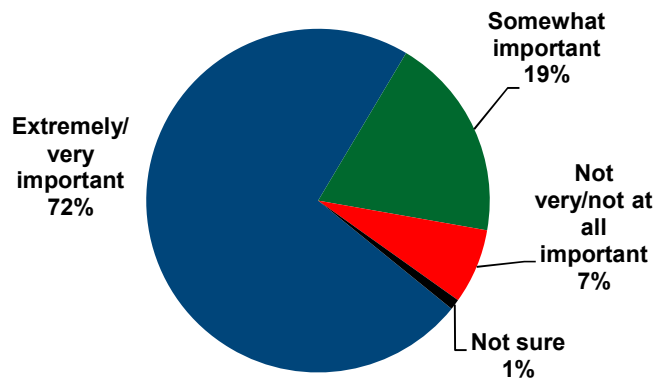
More than three-quarters (77%) of Texas registered voters age 45 and older believe that being cared for at home with caregiver assistance is the ideal situation when the basic tasks of life become more difficult due to aging or illness. In fact, over half (54%) of Texas registered voters age 45 and older say they are providing (20%) or have provided care (43%) on an unpaid basis for an adult loved one who is ill, frail, elderly or who has a disability.

Most Texas caregivers are helping or have helped their loved ones with shopping (90%), transportation (87%), meal preparation (85%), household chores (83%), as well as more complex care like managing medications and other nursing and medical tasks (73%). About seven in ten (71%) of these caregivers say it is at least somewhat likely that they will need to provide this type of care in the future. As such, these caregivers believe it is important to be able to provide care so that their loved ones can keep living independently in their own home and to have more caregiver resources and training that allows family caregivers to continue to provide in-home care.

**Importance of Providing Care to Adult Loved Ones Among Texas Caregivers**  
(n=537, Respondents Who Are Current or Past Caregivers)



**Importance of Having More Resources and Training for Texas Caregivers**  
(n=1000, Texas Registered Voters Age 45+)



\*Percentages may not add up to 100 percent due to rounding

The average Texas caregiver is 55 years old or older, and the majority is female (62%), married or living with significant other (70%), college educated (69%), retired or not working (51%), and has an annual household income of less than \$75,000 (51%).

AARP Texas commissioned a telephone survey of 1,000 Texas registered voters age 45 and older to learn about their experiences with family caregiving. This report highlights results from residents interviewed between February 12 and February 22, 2015. The data in this report has been weighted by age and gender to reflect the Texas registered voter population age 45 and older. The survey has a margin of error of  $\pm 3.2$  percent. A fully annotated survey with question wording and responses will be available at [www.aarp.org/research](http://www.aarp.org/research).

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## ACKNOWLEDGEMENTS

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces *AARP The Magazine*, the world's largest circulation magazine; *AARP Bulletin*; [www.aarp.org](http://www.aarp.org); AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at [www.aarp.org](http://www.aarp.org).

AARP staff from the Texas State Office, Campaigns, and the Research Center contributed to the design, implementation, and reporting of this study. Special thanks go to AARP staff including Amanda Fredriksen and Mark Hollis, AARP Texas; Chyste Hall, AARP Campaigns; Rachelle Cummins, Cassandra Cantave, Darlene Matthews, and Cheryl Barnes— AARP Research Center. Please contact Aisha Bonner at 202-434-3531 for more information regarding this survey.



### AARP Research

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