

2012 AARP Survey of Members in Indiana on Caregiving

The AARP Indiana State Office commissioned a survey to explore the views of its members on the topics of long-term care, caregiving, livable communities, retirement security, older workers and utilities. This brief focuses on the topic of caregiving.

These results are based on a mail survey fielded August 21 to September 18, 2012 of 2,000 AARP members in Indiana. A total of 733 surveys were returned yielding a margin of error of ± 3.7 percent. The results are weighted to reflect the AARP membership population in Indiana. This report is based on 733 weighted responses. An annotated survey of the weighted responses to the caregiving questions begins on page 6 followed by a description of the methodology. Responses to all questions asked in this survey are available upon request.

Survey-In-Brief

- ❖ **50+ AARP members in Indiana are current or former caregivers and most of them provide care for their immediate family members.**
 - ✓ One-third says they are *currently* providing care for a relative, friend, spouse, companion, or partner 18 years or older who is ill, frail, elderly, or has a physical, mental or emotional disability (12%) or *have provided* this type of care for someone in the past five years (20%).
 - ✓ A quarter provides or has provided care for their spouse or partner (25%). A third provides or has provided care for a parent (33%), and about one in ten provides or has provided care for a sibling (8%).

- ❖ **50+ AARP members in Indiana have been caregivers for more than five years and spend or have spent more than twenty hours per week providing this care.**
 - ✓ 31% say they have been providing or provided care for over five years, and of these caregivers 13% have been providing or provided care for over 10 years.
 - ✓ 43% spend or have spent over 20 hours per week on caregiving activities, and of these caregivers 23% provides or have provided care for more than 40 hours per week.

- ❖ **50+ AARP members in Indiana have made changes in their job schedules, used their personal savings, and modified their homes to accommodate those they provide caregiving services for.**
 - ✓ 42% say they have had to change their work schedule or take time off, and 5% have had to go from a full-time to part-time work schedule.
 - ✓ 15% have had to give up working entirely, and 8% have had to take a leave of absence from their job.
 - ✓ About a third says they have had to go into their personal savings (34%) or make changes to their home (33%) in order to provide care for someone.
 - ✓ 10% have had to move into another home to better accommodate care recipients.

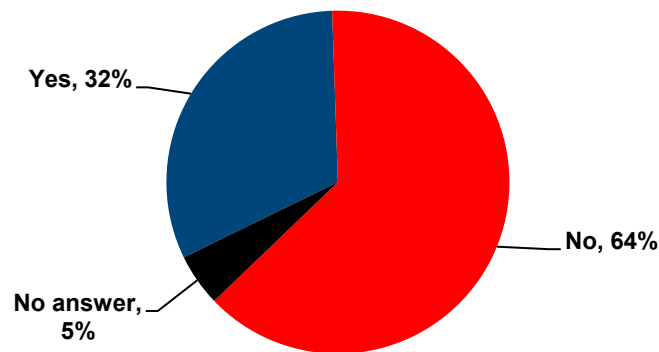
Detailed Findings

Many 50+ AARP members in Indiana are caregivers or have been caregivers in the past.

An informal caregiver can be anyone who provides unpaid care for a relative, friend, spouse, companion, or partner 18 years or older who is ill, frail, elderly, or has a physical, mental or emotional disability. Unpaid care may include assisting with personal needs, household chores, meals, shopping or transportation, financial or medical management, arranging for outside services or a variety of other tasks. The care recipient may live with the caregiver or somewhere else.

- ✓ About one-third says they are *currently* providing care for a relative, friend, spouse, companion, or partner 18 years or older who is ill, frail, elderly, or has a physical, mental or emotional disability (12%) or *have provided* this type of care for someone in the past five years (20%).
- ✓ On the other hand nearly two-thirds say they are not providing care for anyone or have not provided care in the past five years.

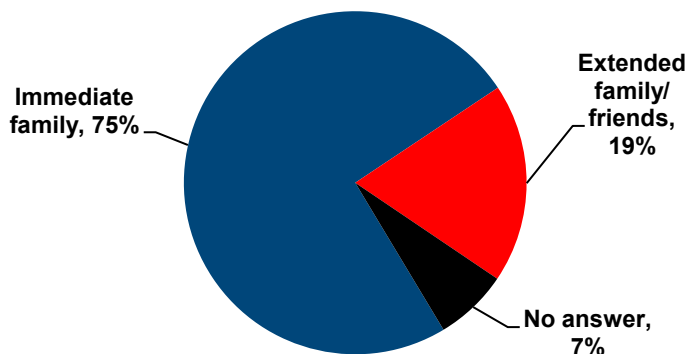
**Providing/Provided Unpaid Caregiving Services
(n=733)**



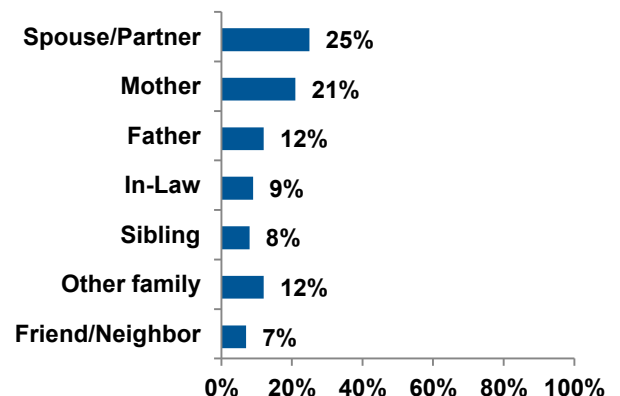
Three-quarters of 50+ AARP members in Indiana provide or have provided unpaid caregiving services for their immediate family members.

- ✓ Of those who identify themselves as current or former caregivers, a quarter provides or has provided care for their spouse or partner. Two in five provide care or have provided care for a parent or sibling. One in five provides care or has provided care for an in-law or other family member, and fewer than one in ten says they care or have cared for a friend or neighbor.
- ✓ 44 percent say the person they provide or provided care for lives or lived with them.

**Relationship of Care Recipient to Caregiver*
(n=231)**



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(n=231)**

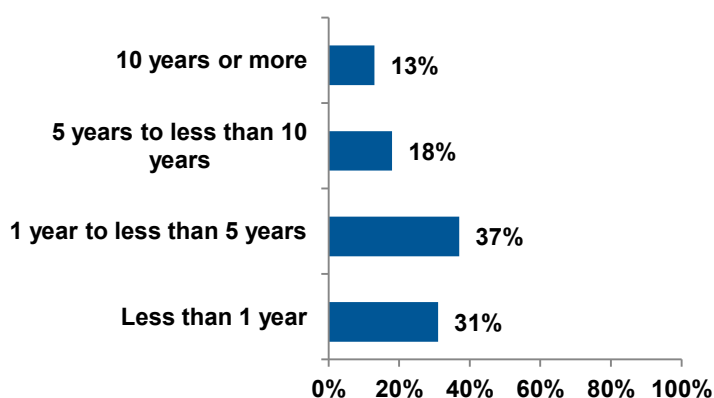


*Percentages may not add up to 100 percent due to rounding.

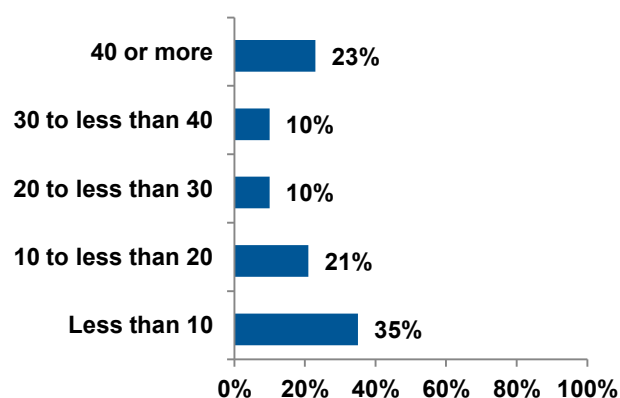
Many 50+ AARP members in Indiana have been caregivers for at least five years and spend or have spent more than twenty hours per week providing this care.

- ✓ Three in ten say they have been providing or provided care for over five years, and of these caregivers one in eight has been providing or provided care for over 10 years. About a third has been providing or provided care for at least one year but less than five years, and three in ten are or have been caregivers for less than a year.
- ✓ Over two in five spend or have spent over 20 hours per week on caregiving activities, and of these caregivers nearly a quarter provides or has provided care for more than 40 hours per week. About one in five provides or has provided care for at least 10 but less than 20 hours per week, and about a third spends or has spent less than 10 hours per week on caregiving tasks.

Length of Time Indiana Members Have Been Caregivers (n=231)



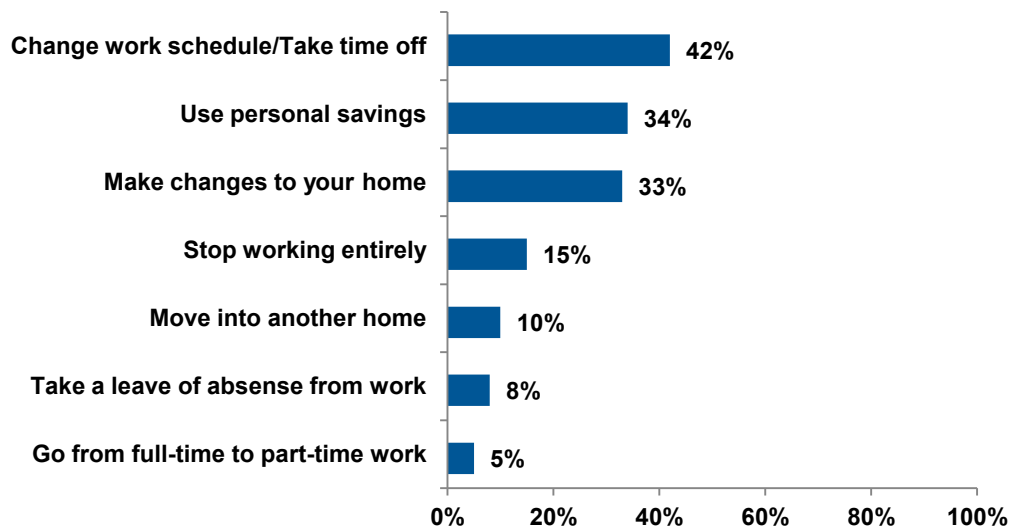
Number of Hours Per Week Indiana Members Spend Providing Caregiving Services (n=231)



Many 50+ AARP members in Indiana have had to make changes in their jobs, use personal savings and modify their homes in order to provide caregiving services for family and friends.

- ✓ Over four in ten say they have had to change their work schedule or take time off, and five percent have had to go from a full-time to part-time work schedule to be able to provide care for family and friends.
- ✓ About one in seven has had to give up working entirely, and slightly less than one in ten has had to take a leave of absence from their job.
- ✓ About a third says they have had to go into their personal savings or make changes to their home in order to provide care for someone.
- ✓ One in ten has had to move into another home to better accommodate caregiving recipients.

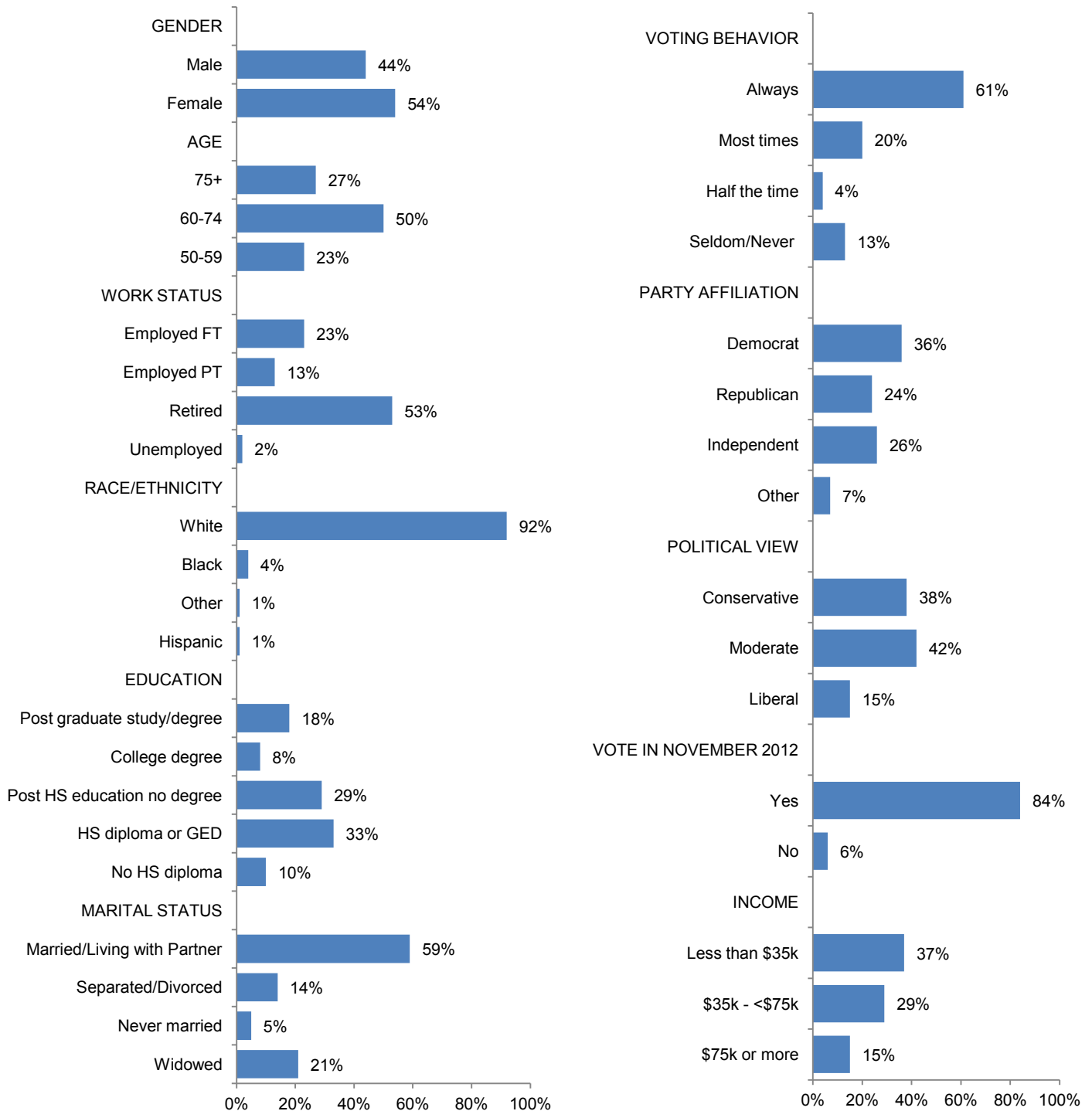
Actions Indiana Members Have Had to Take Due to Caregiving Responsibilities
(n=231)



*Graph shows respondents who checked "yes" under each action.

Demographic Profile of Respondents

- ✓ Less than a quarter of survey respondents are ages 50-59, half are ages 60-74 and over a quarter are ages 75 or older. Most respondents are married or living with a partner. The majority is retired and about a quarter is employed full-time. The majority has a high school or post high school education but no college degree. The majority has an annual household income of less than \$75,000. Over a third identifies their political party as Democrat and a quarter as Republican or Independent. The majority votes always or most of the time. About two in five identify themselves as conservative or moderate in their political views and about one in seven say they are liberal. More than four in five say they intend on voting in the November 2012 Presidential election.



2012 AARP Survey of Members in Indiana on Caregiving
(Weighted by Age & Gender, N=733 members)

Caregiving

- 11. An informal caregiver can be anyone who provides unpaid care for a relative, friend, spouse, companion, or partner 18 years or older who is ill, frail, elderly, or has a physical, mental, or emotional disability. Unpaid care may include assisting with personal needs, household chores, meals, shopping, transportation, financial or medical management, arranging for outside services, or a variety of other tasks. The person you provide care for may live with you or somewhere else.**

Have you provided unpaid assistance in the past 5 years, since August 2007, or are you currently providing unpaid assistance, to care for a relative, friend, spouse, companion, or partner 18 years or older who is ill, frail, elderly, or has a physical, mental, or emotional disability?

%

- 12 Yes, I am currently providing care for someone → **GO TO Question 12**
20 Yes, I have provided care for someone in the past 5 years → **GO TO Question 12**
64 No → **GO TO Question 17**
5 No answer

- 12. Thinking about your most recent caregiving experience with a family member or friend, what is the care recipient's relationship to you? If you are a former caregiver, what was the care recipient's relationship to you? (n=231)**

%

- 25 Spouse or partner
21 Mother
12 Father
9 Mother-in-law or Father-in-law
3 Sister
4 Brother
12 Other family member
7 Friend or neighbor
7 No answer

- 13. Still thinking about the person you most recently provided care for, does the care recipient live with you? If you are a former caregiver, did the person you provided care for live with you? (n=231)**

%

- 44 Yes
55 No
<.5 No answer

14. How long have you been providing care for this person? If you are a former caregiver, how long did you provide care for this person? (n=231)

%

- 10 Less than 3 months
- 6 3 months but less than 6 months
- 14 6 months but less than 1 year
- 37 1 year but less than 5 years
- 18 5 years but less than 10 years
- 6 10 years but less than 15 years
- 7 15 years or more
- 1 No answer

15. Considering all types of care you provide for this person, how much time do you spend in an average week doing these things? If you are a former caregiver, how much time did you spend in an average week? (n=231)

%

- 19 Less than 5 hours a week
- 16 5 hours but less than 10 hours a week
- 21 10 hours but less than 20 hours a week
- 10 20 hours but less than 30 hours a week
- 10 30 hours but less than 40 hours a week
- 7 40 hours but less than 60 hours a week
- 7 60 hours but less than 80 hours a week
- 9 80 hours or more a week
- 2 No answer

16. As a current or former caregiver, have you had to take any of the following actions in order to provide care for someone? (n=231)

	Yes	No	No
	<u>%</u>	<u>%</u>	<u>%</u>
a. Go into your personal savings in order to help provide care	34	46	20
b. Go into work early or late, or take time off to provide care	42	36	22
c. Take a leave of absence from your job.....	8	61	31
d. Make changes to your home for the care recipient.....	33	47	21
e. Go from working full-time to part-time.....	5	63	32
f. Give up working entirely	15	58	27
g. Move into another home to accommodate the care recipient.....	10	61	29

About You

The following questions are for classification purposes only and will be kept entirely confidential.

D1. Are you male or female?

%

44 Male
54 Female
2 No answer

D2. What is your age as of your last birthday? (in years)

%

23 50-59
50 60-74
27 75+
<.5 No answer

D3. What is your current marital status?

%

57 Married
2 Not married, living with partner
1 Separated
13 Divorced
21 Widowed
5 Never married
1 No answer

D4. Do you own or rent your primary residence?

%

85 Own
10 Rent
4 Other
1 No answer

D5. Besides you, do you have any of the following people living in your household?

	Yes %	No %	No Answer %
a. Spouse or partner	58	25	18
b. Child/children under 18	4	60	36
c. Child/children 18 or older	12	54	33
d. Child/children away at college.....	3	60	38
e. Grandchildren under 18	2	60	38
f. Grandchildren 18 or older	3	61	36
g. Parents/parents-in-law	2	61	38
h. Other relatives	2	60	38
i. Others not related to you or your spouse or partner	2	60	38
j. No other people in household	24	49	27

D6. Do you have any kind of health care coverage, including employer-provided health insurance, private health insurance, or government plans such as Medicare or Medicaid?

- %
- 92 Yes → **GO TO Question D7**
 - 4 No → **GO TO Question D8**
 - 1 Not sure → **GO TO Question D8**
 - 4 No answer

D7. Do you have health care coverage through the following sources? (n=674)

	Yes %	No %	No Answer %
a. Current employer or spouse's current employer	29	39	32
b. Past employer or spouse's past employer (may be a retirement benefit)	21	44	35
c. On your own through an individual insurance policy	29	38	33
d. Medicare	63	20	17
e. Medicaid	9	48	44
f. Veteran's Administration (VA) or military benefits	9	48	44

D8. Does any disability, impairment or chronic disease keep you from participating fully in work, school, household, or other activities?

- %
- 24 Yes
 - 68 No
 - 4 Not sure
 - 1 Refused
 - 3 No answer

D9. What is the highest level of education that you completed?

<u>%</u>	
10	0-12 th grade (no diploma)
33	High school graduate (or equivalent)
20	Post-high school education (no degree)
10	2-year college degree
8	4-year college degree
4	Post-graduate study (no degree)
14	Graduate or professional degree

D10. Are you of Hispanic, Spanish, or Latino origin or descent?

<u>%</u>	
1	Yes
96	No
3	No answer

D11. What is your race?

<u>%</u>	
92	White or Caucasian
4	Black or African American
<.5	American Indian or Alaska Native
<.5	Asian
0	Native Hawaiian or other Pacific Islander
1	Other

D12. Thinking about state elections for Indiana Governor and Legislators in the last 10 years, how often would you say you vote?

<u>%</u>	
61	Always
20	Most of the time
4	Almost half of the time
8	Seldom
5	Never
3	No answer

D13. Do you plan to vote in the upcoming election this November 2012 for Indiana's Governor?

<u>%</u>	
84	Yes
6	No
8	Not sure
2	No answer

D14. Do you consider yourself to be a Democrat, Republican, Independent, or something else?

%
 36 Democrat
 24 Republican
 26 Independent
 7 Something else
 7 No answer

D15. In general, would you describe your political views as very conservative, somewhat conservative, moderate, somewhat liberal, or very liberal?

%
 9 Very conservative
 29 Somewhat conservative
 42 Moderate
 11 Somewhat liberal
 4 Very liberal
 5 No answer

D16. In the last 12 months, have you accessed the Internet or sent or received email?

%
 70 Yes → **GO TO Question 17**
 28 No → **GO TO Question 19**
 3 No answer

D17. In the last 12 months, have you visited any of AARP’s Internet/Web sites (aarp.org, AARPmagazine.org, etc.)? (N=509)

%
 35 Yes
 63 No
 3 No answer

D18. Do you do any of the following activities when you use the Internet? (n=509)

	Yes <u>%</u>	No <u>%</u>	No Answer <u>%</u>
a. Send and receive email	95	4	1
b. Perform online banking or other financial services.....	55	40	5
c. Seek information on community events, news, or schedules	73	22	5
d. Buy or make a reservation online for a travel service, such as an airline ticket, hotel room, or rental car	64	32	4
e. Buy a product online, such as books, music, toys, clothing.....	72	24	4
f. Use a social networking site like Facebook or Twitter	49	47	4

D19. What is your 5-digit ZIP Code? (Write in your ZIP CODE) :

D20. What city or town do you live in? _____ (Write in city or town)

D21. What was your annual household income before taxes in 2011?

<u>%</u>	
5	Less than \$10,000
11	\$10,000 to \$19,999
21	\$20,000 to \$34,999
13	\$35,000 to \$49,999
8	\$50,000 to \$59,999
8	\$60,000 to \$74,999
6	\$75,000 to \$99,999
9	\$100,000 or more
9	Not sure
10	No answer

Full Methodology

AARP commissioned a mail survey of 2,000 members in Indiana between August 21, 2012 and September, 18, 2012. Surveys were mailed to a statewide sample of members, stratified by age to select members proportionate to each of three age groups: 50-59, 60-74, and 75+. Each sampled member was contacted about the survey in four ways: a pre-notification postcard, the survey itself, a reminder postcard, and a second survey. Of those surveyed, 733 completed questionnaires were used yielding a response rate of 37 percent. The survey has a sampling error of ± 3.7 percent at the 95% level of confidence. This means that in 95 out of 100 samples of this size, the results would be within ± 3.7 percentage points of the results obtained had everyone in the population completed a survey. Responses were weighted to reflect the actual distribution of members by age. The weighted number of responses for this survey is also 733. Throughout the report, statistics representing member responses are reported in percentages which may not add up to 100 due to rounding and non-response. Also due to rounding, the percents reported in the text may vary slightly from those in the annotation or in graphs.

AARP is a nonprofit, nonpartisan organization, with a membership of more than 37 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment security and retirement planning. We advocate for consumers in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP VIVA, a bilingual news source. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

State Research brings the right knowledge at the right time to our state and national partners in support of their efforts to improve the lives of people age 50+. State Research consultants provide strategic insights and actionable research to attain measurable state and national outcomes. The views expressed herein are for information, debate, and discussion, and do not necessarily represent official policies of AARP.

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Research and Strategic Analysis

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