

Older Workers Employ a Growth Mindset



Satisfaction is high among older workers who have opportunities to learn new skills or say they are continuing to grow in their job

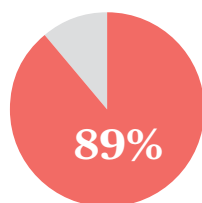
Over 4 in 5

enjoy their job



Over 3 in 4

are satisfied with their job



say a new job must give them the opportunity to use their skills and talents

Reskilling and upskilling are key for retention

1 in 10 resigned from their job because the work was no longer challenging

Among those who believe they could lose their job in the next year...

25%

say their job is being replaced by automation or technology

24%

believe their skills are becoming obsolete

18%

feel they don't have enough education or training



Job-related skills training enhances productivity and contributes to growth in the workplace

54%

are taking or have taken job-related skills training in the past 2 years

43%

keep their skills up to date for better job performance

20%

develop new skills to advance in their career



AARP has resources to help workers stay competitive in today's job market. Learn more at **AARP.org/Work.**