



Social Security: 2012 North Dakota Quick Facts

North Dakota's 65+ population is expanding.

In 2010, North Dakota's population was about 654,000, with 15% being age 65 and older (96,000 residents).¹ In 2015, the 65+ population will make up 15% of the state's population, and in 2030, it will be 20%.^{2,3}

North Dakota ranks 18th in income level among the states.

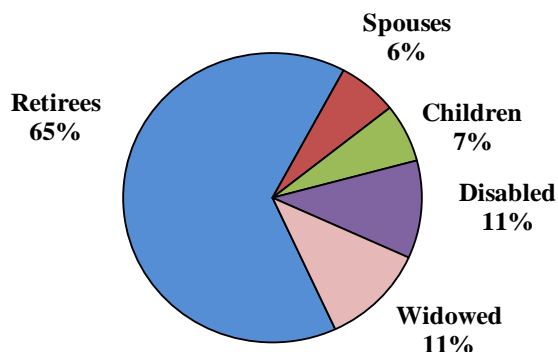
The average personal income in North Dakota was \$40,596 in 2010. North Dakota's per capita income (18th) ranks higher than South Dakota (25th).⁴

One in six North Dakota residents receives Social Security.

The Social Security program not only provides monthly benefits to retired workers, but also to families when the worker retires, dies, or becomes disabled. In 2010, over 54 million Americans received Social Security benefits; of these, 120,098 lived in North Dakota.⁵

In 2010, one in six North Dakota residents received Social Security.¹ While 65% of beneficiaries are retirees, 35% are not: 13,064 are widows and widowers; 13,570 are people with disabilities; 7,244 are spouses; and 7,734 are children.⁵

North Dakota Social Security Beneficiaries



Social Security pumps over one billion into North Dakota's economy.

In 2010, North Dakota residents received 1.5 billion from Social Security.⁶ The average yearly Social Security benefit for a North Dakota retiree in 2010 was \$12,759—or about \$1,063 a month.⁷

Nearly all North Dakota residents age 65 or older receive Social Security.

Over 16% of all people receive Social Security benefits; in North Dakota, 18% of residents do. However, older people are more likely to receive the benefit, with 92% of those ages 65 and over receiving it nationwide, and 95% of older North Dakotans receiving it.¹

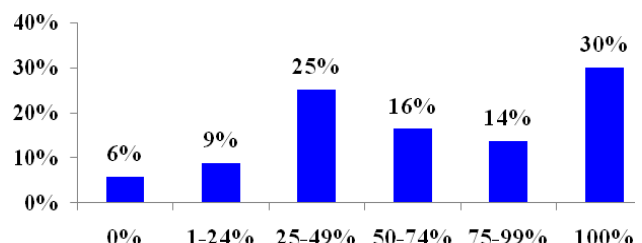
Social Security lifts more than one-third of retirees from poverty.

In 2009, more than one-third (35%) of the nation's older population would be living in poverty if they were not receiving Social Security. In North Dakota, 35% of state's 65+ population would also have incomes below the poverty line if they did not receive Social Security.⁸

Social Security is the only source of income for three in ten North Dakotans age 65+.

Social Security makes up 50 percent or more of the income for three in five North Dakotans age 65 and older. Three in ten of older North Dakotans rely on Social Security as their only source of income.^{9,10}

Income Percentage from Social Security for North Dakotans 65+



End Notes

¹ OASDI Beneficiaries by State and County, 2010. Social Security Administration:
http://www.ssa.gov/policy/docs/statcomps/oasdi_sc/2010/table01.html

² Projections of the Population, By Age and Sex, of States: 1995 to 2025. United States Census Bureau:
<http://www.census.gov/population/projections/state/stpjage.txt>

³ Ranking of States by Projected Percent of Population age 65 and Over: 2000, 2010, and 2030. United States Census Bureau:
<http://www.census.gov/population/www/projections/projectionsagesex.html>

⁴ State Bureau of Economic Analysis Regional Factsheet, 2010. U.S. Dept. of Commerce:
<http://www.bea.gov/regional/bearfacts/statebf.cfm>

⁵ OASDI Beneficiaries by State and County, 2010. Social Security Administration:
http://www.ssa.gov/policy/docs/statcomps/oasdi_sc/2010/table02.html

⁶ OASDI Estimated Total Benefits Paid, 2010, Social Security Administration:
<http://www.ssa.gov/policy/docs/statcomps/supplement/2011/5j.html#table5.j1>

⁷ OASDI Number and Total Monthly Benefits for Beneficiaries, age 65 or older, 2010:
<http://www.ssa.gov/policy/docs/statcomps/supplement/2011/5j.html#table5.j3>

⁸ AARP analysis from The March 2009 Annual Social and Economic (ASEC) Supplement from the Current Population Survey (CPS).

⁹ AARP analysis using data from the 2009 U.S. Census Bureau American Community Survey.

¹⁰ For a three-year estimate refer to “Social Security is a Critical Income Source for Older Americans: State-Level Estimates, 2007–2009.” AARP Public Policy Institute:
<http://www.aarp.org/work/social-security/info-09-2011/fs236-ss.html>

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