

**Fact Sheet**

# 14 Years of the Affordable Care Act: Impact on Adults Ages 50 to 64 in Connecticut

Olivia Dean, Jane Sung, and Catelyn Middlebrooks  
*AARP Public Policy Institute*

The Affordable Care Act (ACA)—now 14 years old—has played a critical role in expanding access to affordable health coverage for millions of adults ages 50 to 64 in Connecticut, including through ACA’s health insurance marketplaces.

## 50%

The drop in the uninsured rate  
among adults ages 50 to 64  
since ACA implementation

Since the start of the ACA, the number of adults ages 50 to 64 in Connecticut with health insurance has increased from 682,622 in 2012 (out of 751,942) to 718,414 in 2022 (out of 753,227). Meanwhile, the share of adults ages 50 to 64 in Connecticut without health insurance (the uninsured rate) has fallen significantly, dropping from 9.2 percent in 2012 to 4.6 percent by 2022. This decline marks a 50 percent drop in the uninsured rate for adults in this age group between 2012 and 2022.<sup>1</sup>

## 4.6%

The share of adults ages 50 to 64  
who remained uninsured in 2022

In 2022, 34,813 people ages 50 to 64 in Connecticut, or 4.6 percent of adults in this age group, remained uninsured. Policy actions have contributed to record-low uninsured rates. One such example is states keeping people enrolled in Medicaid during the COVID-19 pandemic in exchange for enhanced federal funding. Enactment of enhanced federal premium tax credits under the American Rescue Plan Act (ARPA) of 2021 and extended under the Inflation Reduction Act (IRA) of 2022 also helped make Marketplace coverage more affordable.

## 13.3

The percentage-point drop  
in the uninsured rate among  
Hispanic adults ages 50 to  
64 between 2012 and 2022

Among adults ages 50 to 64 in Connecticut, uninsured rates improved between 2012 and 2022 across many racial and ethnic groups. Specifically, the uninsured rate in this age group fell from 25.6 percent to 12.4 percent among Hispanic adults, 16.2 percent to 7.0 percent among Asian adults, 12.4 percent to 4.5 percent among Black adults, and 7.0 percent to 3.0 percent among white adults.

## 45,492

Adults ages 50 to 64 who relied  
on nongroup (individual)  
health insurance in 2022

As of 2022, 6.0 percent of adults ages 50 to 64 in Connecticut relied on the nongroup (individual) health insurance market for coverage. The number of adults ages 50 to 64 with nongroup coverage went from 43,595 in 2012 to 45,492 in 2022.

# 44,185

Adults ages 55 to 64 who enrolled in Marketplace coverage in 2024<sup>2</sup>

In 2024, 34 percent of Connecticut enrollees in a Marketplace plan are between the ages of 55 and 64—totaling 44,185 people.

# 4,000

Adults ages 50 to 64 who are estimated to become newly eligible for Marketplace coverage after losing Medicaid<sup>3</sup>

As states lift the COVID-era restrictions on Medicaid disenrollment, many individuals are seeking new sources of affordable health insurance coverage. 4,000 adults ages 50 to 64 in Connecticut are estimated to be newly eligible for Marketplace coverage after losing Medicaid. Of this group, 4,000 are estimated to be eligible for premium tax credits, including the enhanced premium tax credits under ARPA and IRA.

# 111,789

Marketplace enrollees who pay reduced or no premiums in 2024 due to federal tax credits<sup>2</sup>

Totaling 111,789 people, the majority (87 percent) of Marketplace enrollees of all ages in Connecticut pay reduced or no health insurance premiums due to availability of federal premium tax credits.

# \$233

The average monthly Marketplace premium after premium tax credits in 2024<sup>2</sup>

On average nationally, consumers (regardless of age) who receive premium tax credits in 2024 save more than \$700 per year on premiums due to the expanded tax credits under ARPA and IRA. On average in Connecticut, Marketplace plan premiums are \$233 per month after tax credits, but 21 percent of Marketplace enrollees pay even lower premiums: \$10 or less per month.

**Source unless otherwise noted:** KNG Health Reform Model 2024 (a microsimulation model developed by KNG Health Consulting, Inc.) using the American Community Survey (ACS).

<sup>1</sup> ACS data are not yet available for 2023 and 2024, when states began lifting COVID-era restrictions on Medicaid disenrollment.

<sup>2</sup> Centers for Medicare & Medicaid Services (CMS) 2024 Marketplace Open Enrollment Period Public Use Files and reports. Reports include data for adults ages 55 to 64 but not ages 50 to 64.

<sup>3</sup> Avalere Health analysis of CMS Monthly Unwinding Data Reports and State Unwinding Dashboards as of March 2024.

Fact Sheet 1873301, May 2024

© AARP PUBLIC POLICY INSTITUTE  
601 E Street, NW  
Washington DC 20049

Follow us on Twitter @AARPPolicy  
on facebook.com/AARPPolicy  
[www.aarp.org/ppi](http://www.aarp.org/ppi)

For more reports from the Public Policy Institute, visit <http://www.aarp.org/ppi/>.

<http://www.doi.org/10.26419/ppi.00229.008>

