One in five Hispanic/Latino adults (20%) are providing unpaid care to an adult with health issues or a disability.

HISPANIC/LATINO ADULTS MAKE UP 17% OF FAMILY CAREGIVERS WHICH IS 8 million HISPANIC/LATINO ADULTS

Who are today’s Hispanic/Latino family caregivers?

AVERAGE AGE = 43

ON AN AVERAGE, THEY PROVIDE CARE 26 HOURS PER WEEK
48% LIVE WITH THE PERSON THEY CARE FOR
49% ARE IN HIGH-INTENSITY CARE SITUATIONS
DECLINE IN HEALTH STATUS SINCE 2015 (35% EXCELLENT/VERY GOOD VS. 51% IN 2015)