Long-Term Services and Supports | LTSS

WHAT ARE LTSS?
LTSS consist of a broad range of day-to-day help needed by people with long-term conditions, disabilities, or frailty. LTSS can include, but are not limited to, help with:

- Bathing
- Dressing
- Toileting
- Medications
- Wound Care
- Housekeeping
- Transportation
- Paying Bills
- Preparing Meals
- Shopping

WHO NEEDS LTSS
14 Million adults need LTSS in 2018
- 56% are age 65+
- 44% are age 18-64
Most people with LTSS needs live in the community rather than a nursing home.

WHO PROVIDES LTSS
The vast majority of people with LTSS needs rely on unpaid assistance from family and friends.

41 MILLION FAMILY CAREGIVERS
Provide an estimated:
- 34 Billion Hours of unpaid care in 2017
- $470 Billion Economic value of unpaid care

Without family-provided care, many individuals with LTSS needs would lack the critical support they need to live in the community.

WHO PAYS FOR PAID LTSS
- Most LTSS costs are paid by Medicaid and individuals paying out of pocket.
- Medicare does not cover extensive LTSS.

LTSS can be expensive. Costs vary widely depending on the type and amount of care someone needs.

HOW MUCH LTSS COST

<table>
<thead>
<tr>
<th>Service</th>
<th>Cost</th>
<th>Median price per year in 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Day Care</td>
<td>$19,500</td>
<td>5 days/week</td>
</tr>
<tr>
<td>Home Health Aide</td>
<td>$35,900</td>
<td>30 hours/week</td>
</tr>
<tr>
<td>Assisted Living</td>
<td>$48,600</td>
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</tr>
<tr>
<td>Nursing Home</td>
<td>$102,200</td>
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</tbody>
</table>

Total Cost = $235 Billion in 2017