

Family caregivers providing complex medical/nursing care

PAIN MANAGEMENT

Today's family caregivers provide *intense and complex care*, including medical/nursing (M/N) tasks and managing multiple health conditions that are often accompanied by pain.



Nearly **7 in 10** who perform M/N tasks help their family member manage pain and/or discomfort.

WHEN PERFORMING PAIN MANAGEMENT



- **8 in 10** caregivers rate pain management as stressful

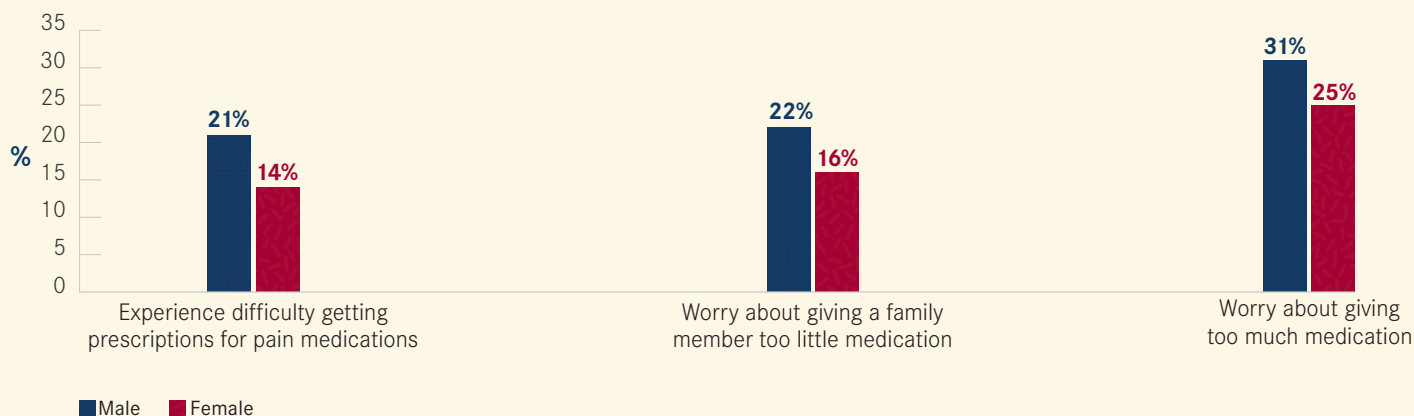


- About **4 in 10** face difficulties with controlling pain

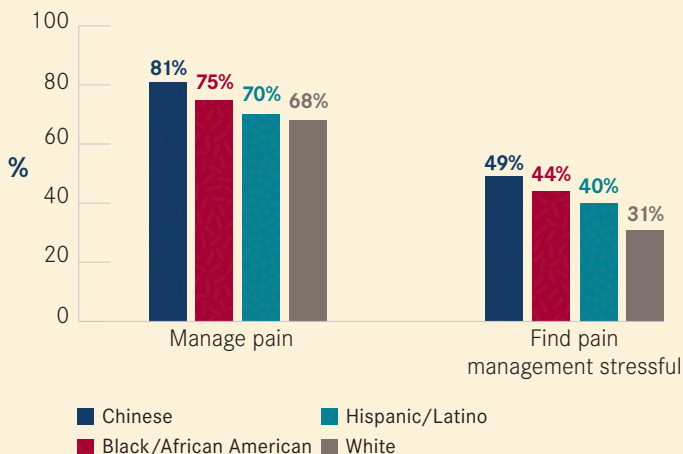


- More than **4 in 10** express concerns about giving the optimal dose

DIFFERENCES BETWEEN MALE AND FEMALE FAMILY CAREGIVERS



DIFFERENCES BETWEEN CAREGIVER RACIAL AND ETHNIC GROUPS



DIFFERENCES BETWEEN GENERATIONS



Find managing their family member's pain very stressful:

- **Nearly 50%** of millennial, younger adult, and generation X caregivers (combined)
- **About 33%** of baby boomers
- **About 25%** of silent generation



Experience difficulty getting prescriptions for pain medications:

- **More than 20%** of millennials and younger adults
- **Almost 20%** of generation X
- **Less than 10%** of silent generation

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