

Family caregivers providing complex medical/nursing care

INCONTINENCE

Family caregivers are **largely on their own** in learning how to perform medical/nursing tasks they find difficult to perform, such as **managing incontinence**.



54% manage incontinence multiple times a day.

Caregivers reported that managing incontinence is **more difficult** than



37% of caregivers say that it is hard to perform.



Managing medications



Helping with assistive devices



Performing wound care

MANAGING INCONTINENCE WITH DISPOSABLE BRIEFS:

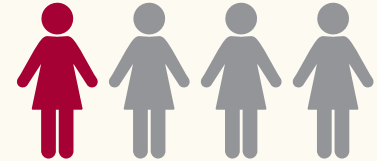


23% say it is **emotionally difficult** for the caregiver.

31% say it is **embarrassing** for their family member. This varies by the sex of the caregiver.



40% of men



Almost 25% of women

ASSISTANCE:



75% of family caregivers who manage incontinence tackle this task without help, and it's the **number one area** they learn on their own.

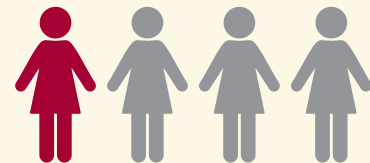
TRAINING:



76% learned how to do it **on their own**.



More than **1 in 4** would appreciate having another person to help.



More than **25%** would have found this task easier to perform after more or better instruction.

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