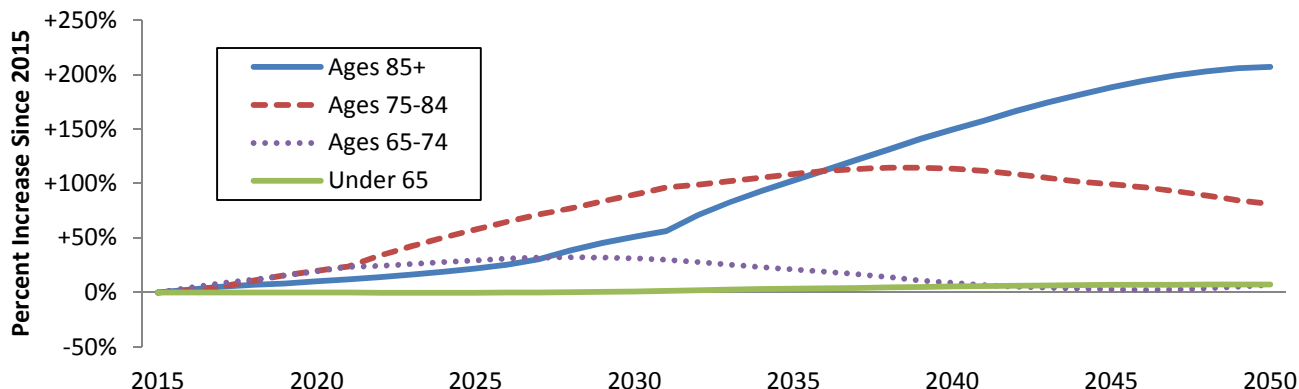


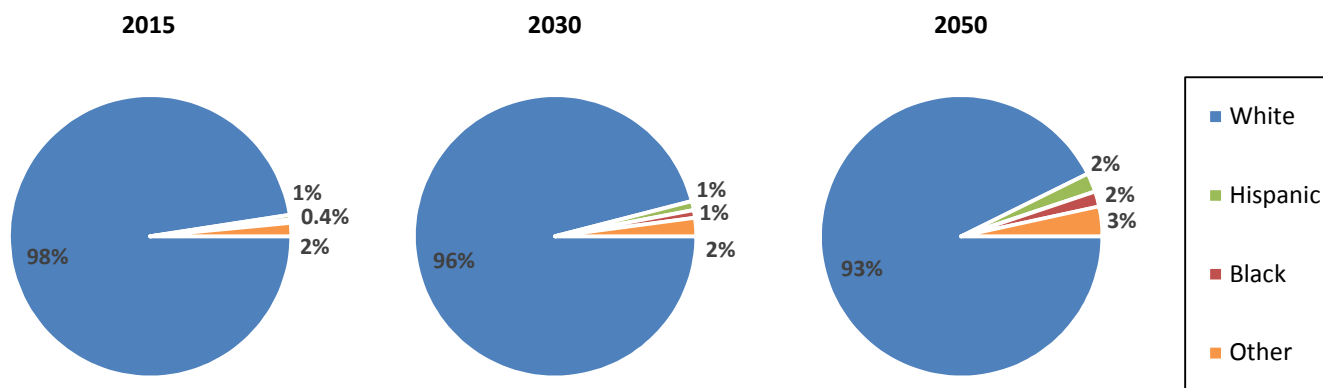
## Across the States 2018: Profile of Long-Term Services and Supports in Maine

Projected Population Growth in Maine, by Age Group, 2015-2050



	2015			2030			2050		
	State	Rank	U.S.	State	Rank	U.S.	State	Rank	U.S.
<b>Population (thousands)</b>									
All Ages	1,329	42	321,419	1,467	42	358,380	1,544	42	395,882
Under 65	1,079	42	273,658	1,089	42	284,013	1,159	42	307,819
Ages 50+	565	39	110,973	627	41	134,344	698	41	160,466
Ages 65+	251	39	47,761	378	40	74,367	386	41	88,062
Ages 85+	32	40	6,287	48	41	9,300	98	40	19,385
<b>Percent of Total Population</b>									
Ages 50+	42.5%	1	34.5%	42.8%	1	37.5%	45.2%	1	40.5%
Ages 65+	18.8%	2	14.9%	25.7%	1	20.8%	25.0%	4	22.2%
Ages 85+	2.4%	8	2.0%	3.3%	3	2.6%	6.4%	2	4.9%
<b>Percent Change from 2015</b>									
All Ages				+10%	23	+11%	+16%	35	+23%
Under 65				+1%	27	+4%	+7%	31	+12%
Ages 50+				+11%	47	+21%	+24%	47	+45%
Ages 65+				+51%	29	+56%	+54%	44	+84%
Ages 85+				+51%	24	+48%	+207%	22	+208%

Projected Diversity of the Population Ages 65+ in Maine, by Year



Note: Data are ranked from highest to lowest value; this does not necessarily correspond to level of performance.

## Across the States 2018: Maine State Profile

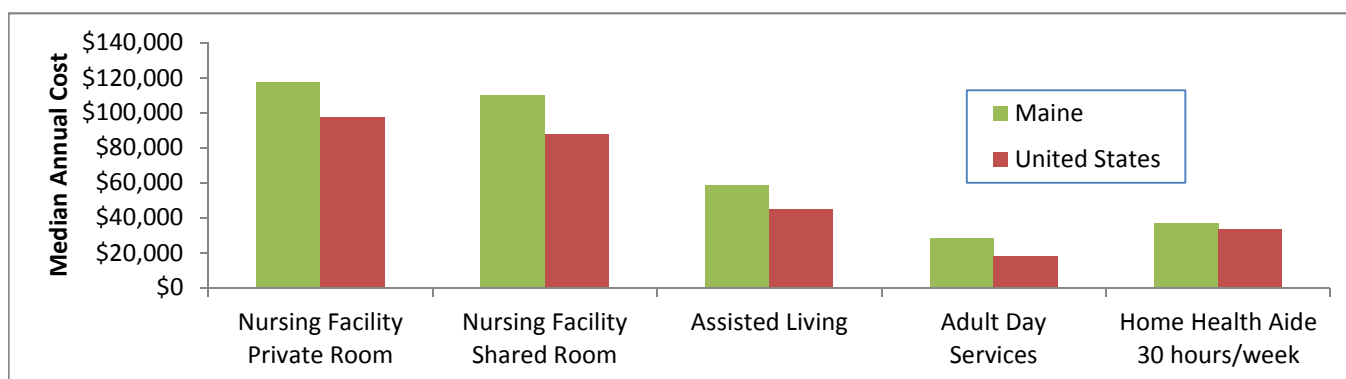
### Population Characteristics

<b>Living Arrangements and Poverty, 2016</b>	<b>Number (1,000's)</b>	<b>Percent</b>	<b>Rank</b>	<b>U.S.</b>
People ages 75+ living alone	33	31.4%	34	31.6%
People ages 65+ living in nonmetropolitan areas	116	44.9%	9	17.3%
Below poverty level ages 65+	23	9.1%	18	9.2%
Below 250% of poverty level ages 65+	102	40%	9	37%

<b>Household Income, 2016</b>	<b>State</b>	<b>Rank</b>	<b>U.S.</b>
Median household income ages 65+	\$37,344	45	\$42,113

<b>Disability Rates, 2016</b>	<b>Number (1,000's)</b>	<b>Percent</b>	<b>Rank</b>	<b>U.S.</b>
People ages 65+ with disabilities				
Self-care difficulty	14	5.8%	45	8.1%
Cognitive difficulty	20	8.0%	32	8.9%
Any disability	83	33.4%	36	35.0%
People ages 18-64 with disabilities				
Self-care difficulty	16	1.9%	22	1.9%
Cognitive difficulty	51	6.3%	3	4.5%
Any disability	109	13.5%	9	10.6%

### Private Pay Costs



<b>Annualized Private Pay Costs by LTSS Type, 2017</b>	<b>State</b>	<b>Rank</b>	<b>U.S.</b>
Nursing facility, private room	\$117,165	14	\$97,455
Nursing facility, shared room	\$109,683	13	\$87,600
Assisted living	\$58,680	7	\$45,000
Adult day services	\$28,080	4	\$18,200
Home health aide (30 hours/week)	\$36,660	19	\$33,540

<b>Long-Term Care Insurance, 2015</b>	<b>State</b>	<b>Per 1,000 Ages 40+</b>	<b>Rank</b>	<b>U.S.</b>
Private long-term care insurance policies in effect	41,992	57	20	50

Note: Data are ranked from highest to lowest value; this does not necessarily correspond to level of performance.

## Across the States 2018: Maine State Profile

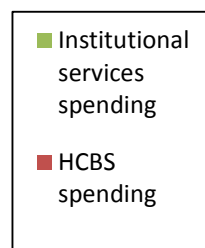
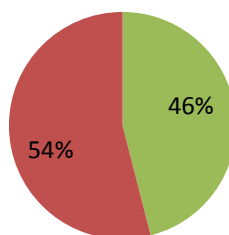
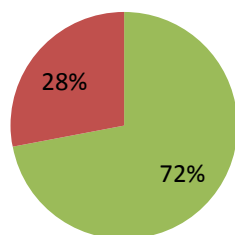
### Medicaid Long Term Services and Supports

Medicaid Spending Balance	Year	State	Rank	U.S.
Medicaid HCBS spending as a percent of LTSS spending for older people and adults with physical disabilities	2011 *	33%	23	38%
	2016 *	28%	34	45%
	% change	-4.5%	48	+7.0%

#### Medicaid LTSS Spending Balance in Maine, by Population, 2016

Older People and Adults with Physical Disabilities

All Populations



Medicaid Expenditures (Total Federal + State)	Total (millions)	Per Person	Rank	U.S.
Medicaid LTSS spending for older people and adults with physical disabilities, 2016 *	\$427	\$321	21	\$320
Nursing facility spending	\$308	\$231	15	\$175
HCBS spending	\$120	\$90	27	\$145
Medicaid LTSS spending for all populations, 2016 *	\$1,038	\$780	8	\$515
Institutional services spending	\$479	\$360	8	\$223
HCBS spending	\$559	\$420	11	\$292
State-funded HCBS expenditures for older people and adults with physical disabilities, 2014	\$15.8	\$11.88	5	\$3.36

Change in Medicaid Expenditures 2011-2016 *	% Change 2011-16	Rank	U.S.
Medicaid LTSS spending for older people and adults with physical disabilities	+29%	15	+22%
Nursing facility spending	+37%	3	+8%
HCBS spending	+11%	40	+45%

Medicaid LTSS Users Ages 65+, 2013	State	Per 1,000 Ages 65+	Rank	U.S.
All Medicaid LTSS users ages 65+ **	xx	xx	xx	47
Institutional services only ***	xx	xx	xx	22
HCBS only **	xx	xx	xx	23
HCBS and institutional services **	xx	xx	xx	2.8

Medicaid LTSS Users, All Ages, 2013	State	Per 1,000 People	Rank	U.S.
All Medicaid LTSS users ***	xx	xx	xx	16.4
Institutional services only ***	xx	xx	xx	4.7
HCBS only ***	xx	xx	xx	11.1
HCBS and institutional services ***	xx	xx	xx	0.7

Note: Data are ranked from highest to lowest value; this does not necessarily correspond to level of performance.

\* 2014 data used instead of 2016 for 4 states (AK, CA, ID, KS); base year other than 2011 for 3 states (MA, NJ, NM).

\*\* 14 states are excluded because of missing, old, or unreliable data. The highest rank is 37.

\*\*\* 9 states are excluded because of missing, old, or unreliable data. The highest rank is 42.

xx Data not reported due to missing or unreliable data in the source.

## Across the States 2018: Maine State Profile

### Family Caregivers

	State	Per 1,000 People	Rank	U.S.
Number of family caregivers, 2013	178,000	134	11	127
Economic value of family caregiving, 2013 (millions)	\$2,220	\$1.67	6	\$1.49
Economic value per hour, 2013	\$13.41		15	\$12.51
Ratio of economic value to Medicaid HCBS spending, 2013	4.6		37	6.2
Caregiver Support Ratio (age 45-64 per age 80+), 2015	6.4		40	7.0
Caregiver Support Ratio, 2050 (projected)	2.6		40	2.9

### Home and Community-Based Services

<b>Personal Care and Home Health Aides</b>	State	Per 1,000 AWD *	Rank	U.S.
Personal care aides, 2015 **	6,999	211	9	148
Median hourly wage, 2017	\$11.37		18	\$11.11
Home health aides, 2015 **	2,527	78	28	104
Median hourly wage, 2017	\$11.98		18	\$11.16

<b>Congregate and Home Delivered Meals, 2016</b>	State	Per 1,000 Ages 65+	Rank	U.S.
People receiving OAA congregate meals	11,019	43	22	32
People receiving OAA home delivered meals	4,685	18	29	17
Total OAA meal expenditures (thousands)	\$6,154	\$24	34	\$31

<b>Assisted Living Supply, 2014</b>	State	Per 1,000 Ages 75+	Rank	U.S.
Assisted living and residential care units ***	6,500	63	14	52

### Nursing Facilities

<b>Nursing Facilities, Utilization, and Resources</b>	State	Per 1,000 Ages 75+	Rank	U.S.
Total nursing facilities, 2016	101	0.96	18	0.76
Nursing facility beds, 2016	6,829	65	39	80
Nursing facility residents, 2016	6,071	58	32	65
Nursing facility occupancy rate, 2016	89%		6	81%
% Change in nursing facility residents, 2011-2016	-5.8%		33	-3.9%
Direct care nursing hours per resident day, 2016	4.48		8	4.03
RN hours per resident day, 2016	1.05		8	0.79
Nursing assistants, 2015 **	5,500	53	17	43
Median hourly wage, 2017	\$12.90		27	\$13.23

<b>Nursing Facility Quality and Resident Characteristics</b>	State	Rank	U.S.
Long-stay residents receiving an antipsychotic medication, 2017	17.8%	11	15.5%
High-risk residents with pressure sores, 2017	4.3%	39	5.6%
Long-stay residents with a hospital admission, 2014	11.9%	41	17.0%
Nursing facility residents with low care needs, 2014 ****	4.1%	49	11.5%
Residents with Medicaid as primary payer, 2016	66%	9	62%
Residents with Medicare as primary payer, 2016	13%	23	14%
Residents with "other" as primary payer, 2016	21%	36	25%

Note: Data are ranked from highest to lowest value; this does not necessarily correspond to level of performance.

\* Adults With Disabilities (defined as having self-care difficulty, equivalent to ADL level of disability).

\*\* Average of three years 2014-2016.

\*\*\* Total capacity is rounded to the nearest hundred. Data not reported for two states. The highest rank is 49.

\*\*\*\* Data not reported for two states. The highest rank is 49.