

Fact Sheet: Connecticut

Changing Medicaid to a Block Grant or Per Capita Cap Could Hurt Connecticut Residents

Brendan Flinn
AARP Public Policy Institute

*For more than 50 years, Medicaid has served as a critical safety net and lifeline for over 70 million Americans. This includes more than 17 million children and adults with disabilities and low-income seniors, many of whom need health care and long-term services and supports (LTSS)—including help with eating, bathing, dressing, or managing finances—to address their daily needs. Financed by both the federal and state governments, **Medicaid guarantees health and LTSS coverage for all eligible individuals and families.***

Under the current system, federal funding increases in response to increases in enrollment, service costs, and use. Some policymakers have recommended that federal financing be limited, either by annually providing states with a fixed amount—a “block grant”—or by providing a set amount per beneficiary—a “per capita cap”—for their Medicaid programs. While block grants and per capita caps are related but different concepts, both could end Medicaid’s guaranteed access to care. They could also shift costs over time to both states and to Medicaid enrollees, many of whom simply cannot afford to pay more for their health care or LTSS needs.

Current Status: What Medicaid Does for Connecticut Residents

Medicaid is a key source of health care and LTSS coverage.

Medicaid provides health care and LTSS to low-income children, families, and low-income seniors and individuals of all ages with physical, mental health, intellectual, or developmental disabilities in Connecticut. Medicaid helps individuals who have low incomes, incur high costs, or have already spent through their resources paying out-of-pocket for health care and LTSS. LTSS can be delivered in institutional settings (such as nursing facilities)

or through home and community-based services (HCBS).

- In fiscal year (FY) 2013, more than 858,000 Connecticut residents (24 percent of the state’s total population) received health coverage and LTSS through Medicaid.^{1,2}
- About 14.2 percent (121,000) of Connecticut’s Medicaid beneficiaries were low-income seniors and 9.5 percent (81,000) were children and adults under age 65 with disabilities.³

If Connecticut limits or reduces enrollment in Medicaid as a result of a block grant or a per capita cap policy, these individuals could lose the essential



**Public Policy
Institute**

services they need.

Medicaid helps low-income Medicare beneficiaries.

Most low-income seniors and some people with disabilities under age 65 who receive Medicaid are also covered by Medicare. These individuals are known as dual eligibles. Medicaid covers a range of important services *not covered* by Medicare, including LTSS and in some cases dental, vision and prescription drugs not covered by Medicare Part D. Medicaid can also help cover Medicare cost-sharing expenses.

- In FY2013, about 174,100 low-income Medicare beneficiaries in Connecticut received Medicaid.⁴
- An estimated 84,300 were “full” dual eligibles and received full Medicaid benefits in addition to assistance with their Medicare costs.⁵
- About 89,700 of these individuals were “partial” dual eligible enrollees and received help with only their Medicare Part A and/or Part B costs.⁶

States and the federal government share the cost of financing Medicaid.

Federal payments represent a significant contribution, which allow states to meet the health and LTSS needs of vulnerable populations.

- In FY 2015, Connecticut received \$4.5 billion in federal funding for its Medicaid program.⁷

Federal funding for Medicaid could drastically decline under a block grant or per capita cap. This could shift costs to Connecticut and force the state to raise taxes, restrict enrollment, reduce services, and/or cut provider payments.

How Block Grants or Per Capita Caps Would Affect Connecticut Residents

Block grants do not account for changes in Medicaid enrollment.

Block grants would provide states a fixed amount of federal funds that would not change based on enrollment. Under a block grant, states would likely have discretion to determine which populations and services they cover. States would be at risk for covering expenses that exceed block grant funds. This puts Connecticut at risk in the event of an

economic downturn or other cause of higher-than-anticipated enrollment. For example, during the Great Recession (June 2008-June 2010),

- The unemployment rate in Connecticut reached 9.1 percent⁸ and
- Medicaid enrollment increased in Connecticut by 20.8 percent (109,000 people).⁹

Per capita caps would likely not meet the needs of Connecticut residents receiving Medicaid.

Medicaid provides health and LTSS to a broad range of populations, including low-income seniors and children and adults with disabilities. In addition, the care needs of Medicaid enrollees can also vary significantly. As a result, it would be difficult to set a per capita cap that would appropriately serve Connecticut residents who rely on Medicaid to meet their health care and LTSS needs. Because per capita caps are based on historical spending on Medicaid, such caps would also likely lock in the current variation of federal dollars sent to the states indefinitely—even with health care costs consistently rising faster than inflation.

There are better ways to stretch Medicaid dollars that do not cut people off from the services they need.

Under federal Medicaid law, states receive federal funding for and are *required* to provide nursing facility care for all who are eligible. Meanwhile, states *may* offer HCBS, but are not required to do so and often limit the number of people who may receive services. HCBS, however, is traditionally more cost effective than institutional LTSS. This institutional bias is a costly component of Medicaid LTSS.

- In FY2012, approximately 72,174 Connecticut residents received LTSS through Medicaid, including institutional care and HCBS.¹⁰
- About 51.7 percent (37,278) of Medicaid LTSS beneficiaries in Connecticut were low-income seniors, 41 percent (29,572) were adults with disabilities ages 21 through 64, and 5.6 percent (4,073) were children and youth with disabilities under age 21.¹¹
- Connecticut spent an average of \$21,215 per Medicaid enrollee receiving HCBS compared

to \$34,132 per Medicaid enrollee served in a nursing facility.¹²

- Because nursing facility care is so expensive, it comprised 52.4 percent of Medicaid LTSS expenditures in Connecticut.¹³

Restructuring Medicaid's current rules and allowing states flexibility to access funding for HCBS in the same way they can access nursing home funding

could help realize savings in Medicaid without cutting people off from the services they need. Beyond cost savings, AARP surveys show that about 90 percent of older adults want to remain in their homes and communities for as long as possible. Finally, updating current law to both improve cost efficiencies and reflect where and how people want to receive services today could reduce cumbersome administrative burdens for states.

References

- 1 Medicaid and CHIP Payment Advisory Commission (MACPAC). "MACStats: Medicaid Enrollment by State, Eligibility, Group and Dually Eligible Status." Washington, DC: MACPAC, December 2016. <https://www.macpac.gov/publication/medicaid-enrollment-by-state-eligibility-group-and-dually-eligible-status/>.
- 2 AARP analysis of MACPAC data and 2013 population figures found on AARP Data Explorer: AARP Data Explorer. "Population by Age, Sex, Race/Ethnicity." Washington, DC: AARP Public Policy Institute. <http://dataexplorer.aarp.org/indicator/65/population-by-age-sex-raceethnicity>.
- 3 Medicaid and CHIP Payment Advisory Commission (MACPAC). "MACStats: Medicaid Enrollment by State, Eligibility, Group and Dually Eligible Status." Washington, DC: MACPAC, December 2016. <https://www.macpac.gov/publication/medicaid-enrollment-by-state-eligibility-group-and-dually-eligible-status/>.
- 4 Ibid.
- 5 Ibid.
- 6 Ibid.
- 7 Medicaid and CHIP Payment Advisory Commission (MACPAC). "MACStats: Medicaid Spending by State, Category, and Source of Funds." Washington, DC: MACPAC, December 2016. <https://www.macpac.gov/publication/medicaid-spending-by-state-category-and-source-of-funds/>.
- 8 Bureau of Labor Statistics. "Local Area Unemployment Statistics Map." Washington, DC: Bureau of Labor Statistics. <https://data.bls.gov/map/MapToolServlet?survey=la>. Data from June 2008 to June 2010 were used.
- 9 Kaiser Family Foundation. "Medicaid Enrollment: June 2011 Data Snapshot." Washington, DC: Kaiser Family Foundation, June 2012. <https://kaiserfamilyfoundation.files.wordpress.com/2013/01/8050-05.pdf>. Data from June 2008 to June 2010 were used.
- 10 Eiken, Steve. "Medicaid Long-Term Services and Supports Beneficiaries in 2012." Bethesda, MD: Truven Health Analytics, September 2016. <https://www.medicaid.gov/medicaid/ltss/downloads/ltss-beneficiaries-2012.pdf>.
- 11 Ibid.
- 12 AARP Data Explorer. "Medicaid LTSS Spending per User." Washington, DC: AARP Public Policy Institute. <http://dataexplorer.aarp.org/indicator/31/medicaid-ltss-spending-per-user>. Data gathered from Terence Ng, Charlene Harrington, MaryBeth Musumeci, and Erica L. Reaves, "Medicaid Home and Community-Based Services Programs: 2011 Data Update" (HCBS) and 2013 Medicare and Medicaid Statistical Supplement (Nursing Homes).
- 13 Eiken, Steve, Kate Sredl, Brian Burwell, and Paul Saucier. "Medicaid Expenditures for Long-Term Services and Supports in FY 2014." Bethesda, MD: Truven Health Analytics, April 2016. <https://www.medicaid.gov/medicaid/ltss/downloads/ltss-expenditures-2014.pdf>.

Fact Sheet 408, March 2017

© AARP PUBLIC POLICY INSTITUTE
601 E Street, NW
Washington DC 20049

Follow us on Twitter @AARPolicy
on facebook.com/AARPolicy
www.aarp.org/ppi

For more reports from the Public Policy Institute, visit <http://www.aarp.org/ppi/>.



Real Possibilities

**Public Policy
Institute**