The Problem

According to “Home Alone: Family Caregivers Providing Complex Chronic Care,” most family caregivers perform complex medical/nursing tasks with very little guidance, leaving them feeling stressed and concerned about making a mistake.

AARP Public Policy Institute is convening the Home Alone Alliance (HAA) in response. HAA will bring together partners from the public, private, and nonprofit sectors as a catalyst for change in the way health care organizations and professionals interface with family caregivers.

The Solution

Alliance Strategy

Foster the production of high-quality caregiver instructional videos that are rooted in research and clinical expertise.

Engage key health care organizations, providers, and academic institutions to broadly change the way we work with and support family caregivers.

Outcomes

Decrease family caregivers stress.

Increase health care professional knowledge of how to instruct family caregivers.

To learn more, contact: SReinhard@aarp.org or RChoula@aarp.org.