

# Home Alone Alliance<sup>SM</sup>

a collaborative from **AARP**<sup>®</sup>

## The Problem



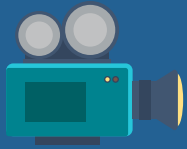
According to “Home Alone: Family Caregivers Providing Complex Chronic Care,” most family caregivers perform complex medical/nursing tasks with very little guidance, leaving them feeling stressed and concerned about making a mistake.

AARP Public Policy Institute is convening the Home Alone Alliance (HAA) in response. HAA will bring together partners from the public, private, and nonprofit sectors as a catalyst for change in the way health care organizations and professionals interface with family caregivers.



## The Solution

### Alliance Strategy



+



=

Foster the production of high-quality caregiver instructional videos that are rooted in research and clinical expertise.



+



=

Engage key health care organizations, providers, and academic institutions to broadly change the way we work with and support family caregivers.

### Outcomes



Decrease family caregivers stress.

Increase health care professional knowledge of how to instruct family caregivers.



To learn more, contact: [SReinhard@aarp.org](mailto:SReinhard@aarp.org) or [RChoula@aarp.org](mailto:RChoula@aarp.org).