The Problem
According to “Home Alone: Family Caregivers Providing Complex Chronic Care,” most family caregivers perform complex medical/nursing tasks with very little guidance, leaving them feeling stressed and concerned about making a mistake.

The Strategy
AARP Public Policy Institute is convening the Home Alone AllianceSM (HAA) in response. HAA will bring together partners from the public, private, and nonprofit sectors as a catalyst for change in the way health care organizations and professionals interface with family caregivers.

As the hub of the research, outreach, convenings and resource development, the HAA will be a focal point for coordination, stimulation and collaboration among internal and external stakeholders committed to serving the needs of family caregivers.

The HAA will be uniquely positioned to galvanize the input and resources of a variety of public and private entities to advance the vision of a society where family caregivers are more confident and assured in performing a range of care to others who depend on them for their care for wellness and support.

The Outcomes
Creating a broader cultural change in how health care organizations and professionals interface with family caregivers is needed, and AARP’s Public Policy Institute is uniquely positioned to act as a catalyst for that change. Through the further creation of thoughtful and engaging instructional materials, organizations and individuals engaged in the Home Alone AllianceSM will be actively contributing to the broad cultural change needed to support family caregivers.

Founding Partners