


Is My Home “HomeFit”?



**Read the following questions and check the box when your answer is “No.”
Your responses will help you identify how your home can become more “HomeFit.”**

(Skip any questions that don’t apply or you’re unsure about.)

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Is there at least one step-free entrance into your home? | <input type="checkbox"/> Are your staircases well lighted? | <input type="checkbox"/> Are the exterior door thresholds easy to see? | <input type="checkbox"/> Are there nonslip strips or nonslip mats in the bathtub and/or shower? |
| <input type="checkbox"/> Is there a bedroom, full bathroom and kitchen on the main level? | <input type="checkbox"/> Are your exterior walkways and entrances well lighted? | <input type="checkbox"/> Do all of your area rugs have nonslip strips to prevent tripping or slipping? | <input type="checkbox"/> Is your hot water heater set at or below 120°F? |
| <input type="checkbox"/> Are the interior doorways at least 36” wide? | <input type="checkbox"/> Are your exterior walkways in a safe condition, free of tripping hazards? | <input type="checkbox"/> Is the carpeting on your stairs secure and in good condition? | <input type="checkbox"/> Are there smoke and carbon monoxide detectors on each floor of the home? |
| <input type="checkbox"/> Does your kitchen have a work surface you can use while seated? | <input type="checkbox"/> Is your home’s address number clearly visible from the street? | <input type="checkbox"/> Are the switches that control stairway light fixtures located at both the top and bottom of the stairs? | <input type="checkbox"/> Can a smoke and carbon monoxide detector be heard in every bedroom? |
| <input type="checkbox"/> Is there a fire extinguisher within reach of the oven or stove? | <input type="checkbox"/> Is the entrance door easy for you to unlock, lock, open and close? | <input type="checkbox"/> Are all electrical and phone cords safely located (so they aren’t a tripping hazard)? | <input type="checkbox"/> Is a telephone easily accessible on every level of your home? |
| <input type="checkbox"/> Are your kitchen cabinets and shelves easy for you to reach? | <input type="checkbox"/> Do your exterior doors have secure locks that can’t accidentally lock you in or out of the home? | <input type="checkbox"/> Do you have a shower with a step-free entry? | <input type="checkbox"/> Do you have flashlights in multiple rooms (in case of a power failure)? |
| <input type="checkbox"/> Does your kitchen have a lever-, touch- or sensor-style faucet? | <input type="checkbox"/> Does your entrance door have a peephole, viewing panel or security technology so you can see who is outside? | <input type="checkbox"/> Are the bathroom cabinets and shelves easy for you to reach? | |
| <input type="checkbox"/> If you use a step stool, does it have nonslip surfaces and a handle you can grip? | <input type="checkbox"/> Does your entrance door have a secure slide latch or chain so you can open the door enough to speak with someone outside while not fully unlocking and opening the door? | <input type="checkbox"/> Does your bathroom have a lever-, touch- or sensor-style faucet? | |
| <input type="checkbox"/> Are there secure handrails on both sides of your stairs? | | <input type="checkbox"/> Is there “blocking” (e.g., a wood stud or other solid surface) behind the bathroom walls so grab bars can be securely installed in the bathtub, shower and toilet areas? | |
| <input type="checkbox"/> Are your hallways well lighted? (Can you see what’s in front of you and on the floor beneath you?) | | | |



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