



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 1/13/2020

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Town of Barre

STATE: Massachusetts

POPULATION SIZE: 5398

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 18.3%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: TBA-Town Administrator

OFFICE ADDRESS OF THE SIGNER: 40 West Street

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

Please describe the named person's role in the city or community's age-friendly initiative:

Ms. Kowal is the committee chair and is committed to making the community a better place to live for all ages. Ms. Kowal has served on several other committees and boards and is very active in the community.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The programs and services that are provided are through the Senior Center that include a wide range of events that include fitness, health, wellness, and personal growth. The Center offers educational sessions that target hearing, vision, insurance needs, nutritional needs, food needs through the food pantry, and other organizations, such as the Lions Club, The EMS, and the local Medical Center.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The community will engage and involve the older population by making them more aware of resources, goals, programs and services the community provides.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

LONG-AND-SHORT-TERM-GOALS

1. To improve the housing options in the community
2. To offer transportation and meet the needs of those in the community
3. To educate business owners and municipal employees on what to look for/how to help those with dementia/sign and symptoms
4. To have sidewalks installed/improved within the community
5. To inform those visiting the community that we are an age and dementia friendly community by having signage installed at all access road into the community
6. To identify available space within the community to offer a social day program
7. To establish a social day program
8. To look at outreach options and set up a program for student/interns to visit shut-ins within the community
9. To educate students within the Quabbin Regional School District on how to

talk/interact with someone that has dementia 10. To create a support system to aid families impacted by dementia and the aging process 11. To create a support system to support family's impacted by hunger 12. To create a position for an outreach coordinator to assist community members in meeting their needs and providing resources

Section 4: NETWORK MEMBERSHIP


Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We hope to share resources and ideas with other communities. We hope to be able to set an example to neighboring communities and be an incentive to implement their own goals to address the needs in their communities.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Personal experiences of committee members have motivated us to make a better community, living environment for aging citizens and those living with dementia.



Click here to enter text.

6) Please provide a digital (JPG, PNG or PDF) file of your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >