Membership Application
To join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Cities and Communities

- If you have questions while completing this form, please email livable@aarp.org
- If you need additional space for answering the questions you may add an additional sheet of paper

Section 1: COMMUNITY DETAILS
APPLICATION SUBMISSION DATE: May 19, 2020

NAME OF THE COMMUNITY: Manning
STATE: Iowa
POPULATION SIZE: 1500
PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 40%
NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Joe Maas, Mayor
OFFICE ADDRESS OF THE SIGNER: 321 Center St., Manning, IA 51455

Section 2: COMMUNITY CONTACT for the AARP Network of Age-Friendly States and Communities
- The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

Please describe the named person’s role in the city or community’s age-friendly initiative:

As Deputy City Clerk, I research possible projects to improve the quality of life for the citizens of Manning, Iowa. Once projects are decided upon and the goals are set to achieve, my position helps with finding resources, tracking revenue and expenses and being support for those involved with the project. In the case of AARP initiatives, I am the project lead.

The person named above agrees to be subscribed to the AARP Livable Communities Weekly e-Newsletter, which is one of the primary ways we share useful news and resources. To add additional subscribers, type their names and email addresses into below. Once this application is processed, a subscription confirmation message will be sent so the individual can confirm that they want to subscribe. To subscribe today, follow the link above or visit AARP.org/Livable-Subscribe.
Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

Manning has a Community Senior Center which provides daily meals and activities for seniors. There are also 3 apartment complexes that provide low to middle income housing for 55+. There are 45-50 apartments within 1-2 blocks of downtown Manning. Along with a modern hospital, Manning has 2 medical clinics, a long term care center, an assisted living facility, a chiropractic clinic, a physical therapy clinic, a dentist, an optometrist, a pharmacy, 2 nursing agencies, and 2 massage therapists. The local Rec Center has a pool, in which specific times are allotted for adult swimming and water aerobics. A walking/biking trail system has been built to provide a safe route for outdoor exercise. We also have a community garden for anyone interested in growing their own fresh produce. In 2019, a river access was built to accommodate people who want to fish, canoe or kayak the river. This is the first and only ADA access to the river. Future plans include building more trails, adding more benches, high-visibility crosswalks and adding outdoor exercise equipment.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

In order to get community feedback on how the city is performing and what projects citizens are interested in seeing developed, annual surveys are taken every year. Along with on-line surveys, hard copies are also distributed at the senior center. The utilities department also asks which trainings people want to help them keep up with technology. The Library also gets feedback so they can create or provide programs of interest to seniors (i.e. Orphan Train, W.W.I). We are diversified on city boards, trying to include a wide age range. (City Council, Betterment Committee, Housing Board, etc)

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

We continue to try to keep a wide range of ages on committees and boards. We seek input from all ages by using multiple data collection techniques. We have had a limited relationship with the county RSVP program, but we are seeking to create a more active relationship. We will continue to work with the Accura (long-term care) and Manning Senior Living (assisted living care) to make sure their needs in the community are being addressed. By becoming a member of the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age Friendly Communities, we are looking forward to having access to ideas that we would be able to put in place for an improved quality of life, not just for our seniors, but for all ages in our community. We will continue to work with the hospital to address the needs identified in the Community Health Needs Assessment.
Section 4: NETWORK MEMBERSHIP

- Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Our goal is to create a safe and healthy environment for all ages. We are a very pro-active community, always ready to look for new ideas to keep Manning fresh and thriving. Just as we have learned from others, we have also shared our successes with other communities by giving tours, and mentoring. Not only are we working to create a healthier environment, we are also working at preserving past history. Manning has a historic Main Street, a water tower on the National Historical Registry, and our most recent endeavor is Trestle Park, which is helping to preserve the city’s railroad history. The city of Manning was featured in the 2020 Spring Iowa DNR magazine regarding our successful efforts for maintaining a safe water supply. Our utilities were the cover story for the most recent Cityscape magazine, featuring our gas line expansion. These, along with other articles, are evidence of our constant efforts to improve all areas of community life in Manning.

5) What motivated your community to join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Manning has received 2 AARP grants in the past. Our former mayor has urged us to pursue a partnership with AARP because of all the age friendly activities and amenities. We want to be better able to promote and provide healthy, enjoyable activities to our citizens.

6) Provide a digital file or link of a logo or other image that represents your community and for which you have reprint rights. The image resolution should be at least 72 dpi. As an example of an image, here’s ours:

Our City Logo will be emailed to livable@aarp.org