

Membership Application

To join the **AARP Network of Age-Friendly States and Communities**
and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarp.org
- If you need additional space for answering the questions you may add an additional sheet of paper

Section 1: COMMUNITY DETAILS

APPLICATION SUBMISSION DATE: June 19, 2020

Original submission to the World Health Organization: 6/12/19

NAME OF THE COMMUNITY: *Daly City*

STATE: *California*

POPULATION SIZE: 109,122

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 23%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Glenn R. Sylvester

OFFICE ADDRESS OF THE SIGNER: Daly City, City Hall, 333 90th St, Daly City, CA 94015-1895

Section 2: COMMUNITY CONTACT for the AARP Network of Age-Friendly States and Communities

- The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Please describe the named person's role in the city or community's age-friendly initiative:

Daly City Age-Friendly Initiative Task Force Co-Chairs

The person named above agrees to be subscribed to the [AARP Livable Communities Weekly e-Newsletter](#), which is one of the primary ways we share useful news and resources. To add additional subscribers, type their names and email addresses into below. Once this application is processed, a subscription confirmation message will be sent so the individual can confirm that they want to subscribe. To subscribe today, follow the link above or visit [AARP.org/Livable-Subscribe](https://www.aarp.org/livable-subscribe).

Click here to enter text.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

Summary of activities to date: Active Adult Services offers multilingual programming at three sites throughout Daly City (Doelger Senior Center, Lincoln Community Center, and War Memorial Senior Center). Additionally, the Congregate Nutrition Program offers free and/or subsidized lunches to older adults. The Daly City Partnership, through their Healthy Aging Response Team (HART) volunteers, helps connect older adults and adults with disabilities with resources in the community. Shawwna Maltbie, City Manager, was recently awarded a master's degree in Gerontology from University of Southern California. She is a hands-on advocate for older persons and has been central in leading, supporting, and advocating for the age-friendly initiative in Daly City. We have met with her on several occasions. Reverend Leonard Oakes, Pastor of Holy Child & St. Martin Episcopal Church, has committed to organizing a coalition of faith-based community leaders to further assess needs and develop targeted services.

Website: http://www.dalycity.org/City_Hall/Departments/LibraryandRecreationServices/rec/Active_Adults_Seniors.htm

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

Engagement of older people: In order to become more age-friendly, our approach was to engage older adults from the very start, beginning with five focus groups in Daly City - one with service providers, one with Filipino older adults, and three with older adults at the various community centers and living facilities that serve the older adults. These in-depth discussions focused on discovering unmet needs in the older adult population, from their perspective. We found that services that were targeted towards older adults were not serving them as well as hoped. Utilizing the age-friendly methodology, we are able to develop evidence-based programming/interventions to more efficiently and effectively deliver services to older adults. They were so thrilled to be asked their opinions, that they asked to remain engaged, and our age-friendly task force has decided to conduct more focus groups as needed.

Based upon the focus groups conducted in Daly City, we generated three age-friendly cities projects First, television monitors will be installed in all community centers with a community channel for older adults, with live streaming capability so that older adults can stay informed of upcoming events, educational programming and City Council meetings. In addition, the Daly City website will be revamped to include all resources for older adults in one place. Second, we will build an expansive resource guide for dissemination to the community that includes directories from Pilipino Bayanihan Resource Center (PBRC), Alliance for Community Empowerment (ALLICE), Healthy Aging Response Team (HART), and Help at Home published by San Mateo Commission on Aging. Finally, we will hold a summit on affordable housing, which is an issue that is affecting older adults most critically. The date and venue will be finalized this summer. Many of these efforts are directly responding to the Communication and Information domain, which emerged as a leading area of unmet need in our focus groups.

Our strong connection with the Filipino American media heightens our ability to involve and reflect the population that comprises over 40% of the town population.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Cross-sectoral collaboration: Collaboration and working in partnership is the hallmark of our age-friendly efforts. With limited available funding, it is imperative that we find ways to work together in order maximize limited resources and avoid duplication of efforts. We very deliberately assembled a cross-sectoral city-wide age-friendly task force. These members include representatives from the faith community, culturally based non-profit organizations representing the Filipino community, residential groups from various neighborhoods, county-wide government agencies, and city-wide non-profit agencies. Additionally, to assure the implementation and success of our age-friendly efforts, our task force also has a representative from city government- the Vice Mayor of Daly City. One of the tangible benefits of going through the process of becoming age-friendly is seeing the value of having diverse voices represented in the discussions. As we move forward, we intend to invite more agencies/organizations to work with us in implementing our projects. We are already in the process of setting up an interfaith meeting with leaders from different faiths.

Section 4: NETWORK MEMBERSHIP

- Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Daly City is a learning lab. Our strength is our diversity- culturally, socially and economically. It is also one of our challenges. As we implement our age-friendly projects, we hope to share best practices, lessons learned, and the opportunities and challenges of working in an urban environment. We would also like to learn from other diverse cities in the Global Network.

Participating in the age-friendly process has illustrated the value of working with different partners, learning from other age-friendly cities and sharing knowledge and ideas across communities. We would like to do this on a larger scale and share what we've learned. Daly City is a multicultural city due to the diversity of our various national origins and unique identities, some of whom live in poverty, have varying degrees of English language proficiency, and due to cultural barriers, do not seek assistance. How we mitigate these factors in our outreach to older adults is an example of what we'd like to share with other communities, and also learn from other communities. Daly City is part of the three-city pilot program of the Age-Friendly San Mateo County Initiative. Our plan is to have all 20 cities in San Mateo County become age-friendly.

What motivated your community to join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Daly City believes that cities should be friendly for all ages. Because the older population has been growing so quickly, and based on our age friendly methodology, we want to be sure that our city is putting into place policies and changes for both our current population of older adults as well as addressing the increased growth and diversity that exists in this population. By engaging our seniors in age-friendly conversations through focus groups, we have evidence that reflects the area/category where our attention is most needed to start – the domain of *Communication and Information*. The Age-Friendly Projects (attached) describe three projects where communication and information will be increased so that Daly City is more age-friendly for our older adults. Please also find attached the reports that resulted from our focus groups.

In light of the seismic shifts occurring in the country as the COVID-19 pandemic, economic downturn, and Black Lives Matter movement bring into relief striking disparities in everything from access to services to poor health outcomes for older adults, especially for people of color, members of the LGBT+ community, those in nursing homes and, in San Mateo County, middle income seniors who are over resourced for needed services they can't afford, we believe these further emphasize the need for our projects that address the Communication and Information domain. We are also looking at how to effectively move forward in our age-friendly efforts integrating awareness of the above significant events.

5) Provide a digital file or link of a logo or other image that represents your community and for which you have reprint rights. The image resolution should be at least 72 dpi. As an example of an image, here's ours:

