



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 2/26/2019

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: City of Royal Oak

STATE: Michigan

POPULATION SIZE: 59,112 (2017 American Community Survey, US Census Bureau)

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 17.6%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Michael Fournier

OFFICE ADDRESS OF THE SIGNER: 211 S. Williams St., Royal Oak, MI 48067

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

Please describe the named person's role in the city or community's age-friendly initiative:

The City Manager's office will ensure that Royal Oak is actively engaged with the community & ensure that the city is maintaining a commitment to the 8 Domains of Livability. The City Manager's office will work closely with the Senior Task Force to ensure that Royal Oak is continuing to promote policies and activities that will enhance the live of residents over 60 years of age. Additionally, the City Manager's office will oversee community management and outreach and development of the plan and the organization of meetings. While working with the city's Senior/Aging-in-Place taskforce as the steering committee, the City of Royal Oak will be able to proactively develop a plan to provide resources to our senior community.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

In addition to offering two beautiful senior centers, the City of Royal Oak offers several programs to residents age 50 and over. The Adjacent Generational Exchange (AGE) program provides assistance to frail elderly citizens. AGE is sponsored by a grant from Beaumont Hospital. Royal Oak also offers meal programs, including Meals on Wheels to residents in need. The Royal Oak Senior Essential Services (ROSES) program provides supportive services to residents over age 62 who own their homes and reside alone, with a spouse, or a disabled adult child. ROSES provides assistance for basic household tasks, home repairs, and assistance with daily activities. Additionally, the city provides transportation services to elderly residents who may need rides to attend doctor appointments or run errands. There is a suggested contribution of \$3 for each one-way trip and \$4 for each round-trip. Additionally, the Senior Center publishes The Senior Times, a free monthly newsletter for our residents aged 50 plus.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The city will offer several townhall-style events and focus groups to reach out to elderly citizens, in an effort to solicit feedback on programs, policies and the general livability of Royal Oak for seniors. The city will use the senior center, library, recreation facilities, assisted/ senior living facilities, and churches to host various events throughout the community. The city will promote these activities on the Royal Oak website and social media pages along with placing flyers in city hall and other Royal Oak facilities. The city will also work with local churches to spread the word about the AARP Age-Friendly Community initiative. Additionally, citizens' input will be used to determine what opportunities exist for Royal Oak to better serve its aging population. The feedback that the Royal Oak receives from the townhall events will help the city identify areas for improvement and possible policy changes to best serve older residents.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Currently, the City of Royal Oak collaborates with various agencies to provide the best services and programs to our senior citizens. The city partners with Beaumont Health to provide services through the AGE program. Through Emerald Food Services, Meals on Wheels are provided to residents who need food assistance. Meals are prepared daily at the Troy Community Center. Oakland County's Meals on Wheels program is funded by the Area Agency on Aging 1-B. Royal Oak also works directly with the Suburban Mobility Authority for Regional Transportation (SMART) to provide transportation services to senior citizens. The Royal Oak Recreation department provides various activities for seniors, such as dance classes, day trips to the museum, or extended trips throughout the country. The Royal Oak Public Library also delivers books to residents who are homebound due to long-term or temporary disability.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Royal Oak hopes to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities by upholding the 8 Domains of Livability while creating policies and programs to meet the needs of our ageing community.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

The largest motivating factor in Royal Oak’s decision to join the AARP Network of Age-Friendly Communities is the city’s rapidly aging population. To address this population shift, the city has decided to ensure that there are ample policies, programs, and amenities available to the senior citizens within the community.

6) Please provide a digital (JPG, PNG or PDF) file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours

