



City of Sanford, Maine

Office of the City Manager

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Steven R. Buck

July 29, 2019

Lori Parham
AARP Maine State Director
53 Baxter Blvd
Portland ME 04101

Dear Ms. Parham,

On behalf of the City of Sanford, I am pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. Sanford recognizes the importance of encouraging and promoting age-friendly planning and policies to address changing demographics and to enhance independent living, and is committed to a process of continual improvement to support active and healthy aging.

As part of our involvement and commitment we will work with the Sanford "Thriving in Place" organization to conduct a base assessment of the community's age-friendliness and develop a community action plan based on the findings of the assessment. We will involve older residents deeply in the planning process and we commit to monitoring progress toward implementing the action plan.

This initiative is particularly timely for Sanford as the City is just beginning an update of its current Comprehensive Plan and a focus on age-friendliness is one of the elements that is missing from the City's 2005 Plan.

Sincerely,

Thomas P. Cote, Mayor

Cc: Steve Buck, City Manager
Beth Della Valle, Director of Planning & Development
Robin Bibber, Trafton Center

