Membership Application

To join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Cities and Communities

- If you have questions while completing this form, please email livable@aarp.org
- If you need additional space for answering the questions you may add an additional sheet of paper

Section 1: COMMUNITY DETAILS
APPLICATION SUBMISSION DATE: 9/16/2019

NAME OF THE COMMUNITY: Cohasset
STATE: MA
POPULATION SIZE: 8316
PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 21.8
NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Kevin McCarthy, Chairman of the Board of Selectmen
OFFICE ADDRESS OF THE SIGNER: Town Hall, 41 Highland Ave., Cohasset, MA 02050

Section 2: COMMUNITY CONTACT for the AARP Network of Age-Friendly States and Communities

- The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

Please describe the named person's role in the city or community's age-friendly initiative:

Nancy will oversee the Program Assistant, Nettie Nuttle, to assess, coordinate, plan, implement and advocate in making Cohasset a community that is welcoming and inviting to all citizens whether they are 8 or 80 years of age and anything above or below!

The person named above agrees to be subscribed to the AARP Livable Communities Weekly e-Newsletter, which is one of the primary ways we share useful news and resources. To add additional subscribers, type their names and email addresses into below. Once this application is processed, a subscription confirmation message will be sent so the individual can confirm that they want to subscribe. To subscribe today, follow the link above or visit AARP.org/Livable-Subscribe.

Both Nancy and Nettie are subscribed (nlafauce@cohassetma.org & mnuttle@cohassetma.org)
Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The Town of Cohasset is committed to older adults and has leadership based at Willcut Commons, a new state of the facility dedicated to our older population. Willcut Commons offers ongoing social, physical and educational programs, as well as, regular luncheons. We provide transportation to medical appointments and shopping trips and have a stellar community outreach to homebound and isolated older residents. We will conduct a survey to reach more individuals to ascertain their needs and implement age friendly opportunities. In addition, we will continue to grow all programs based on interest and resource availability.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The Cohasset Age friendly Community will engage older adults by forming an Advisory Committee, distributing a bi-annual questionnaire and holding both formal and informal meetings at several locations in the community such as library, senior center and senior housing.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.
The community of Cohasset has an active Master Plan. The Town Manager, Board of Selectmen and Town Planner are actively engaged in supporting and collaborating efforts to implement all aspects of the Age Friendly Action Plan. We will include town departments in an Age Friendly committee to ensure input from leadership across the community is received and used.
Section 4: NETWORK MEMBERSHIP

- Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

We hope others will gain excitement based on our planning, our efforts and our results. We can mentor others as they set and implement their goals. Our community strives to be a leader in promoting Age Friendly services. We value all of our community members and promote intergenerational programming which will allow for increased and improved communication between ages in order for all generations to better understand and enjoy one another.

5) What motivated your community to join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Cohasset is a lovely, historic seaside community where people come & stay or never leave. Awareness of the aging community and it’s changing needs leads us to take action to prepare to keep our community vibrant. Age & Dementia Friendly guides us to succeed! We are motivated by wanting more older people to age in place, where we know most people prefer in their own home or their much loved community.

6) Provide a digital file or link of a logo or other image that represents your community and for which you have reprint rights. The image resolution should be at least 72 dpi. As an example of an image, here’s ours: