



October 18, 2019

Nancy McPherson
State Director, AARP California
200 S. Los Robles Ave., Suite 400
Pasadena, CA 9110-2422

Dear Ms. McPherson,

On behalf of National City, I am excited about the opportunity to partner with the World Health Organization and AARP California to become a member of the global network of the Age Friendly Cities and Communities.

As Mayor, I strongly support the policy objectives outlined in the AARP Network of the Age-Friendly Communities Initiative and recognize the importance of preparing for the aging population in National City. I'm committed to promoting age-friendly planning and policies to enhance healthy aging, civic participation and sustainable economic and social success for the people in our communities.

Many of our city's priorities are aligned with the World Health Organization's eight domains of Livability in establishing National City as an Age-Friendly Community.

I am pleased to support the planning process that will examine how National City can best support its aging population. Through this process, I will be advancing public policy goals as outlined in the eight domains of livability.

I look forward to working with AARP San Diego and The San Diego Foundation to ensure National City is prepared to meet the needs of our community of all ages with dignity and respect.

Sincerely,

Alejandra Sotelo-Solis,
Mayor
National City, California
Pronouns: She Her Hers

Alejandra Sotelo-Solis, Mayor

1243 National City Boulevard, National City, CA 91950-4397

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Membership Application

To join the **AARP Network of Age-Friendly States and Communities**
and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarp.org
- If you need additional space for answering the questions you may add an additional sheet of paper

Section 1: COMMUNITY DETAILS

APPLICATION SUBMISSION DATE: 10/8/2019

NAME OF THE COMMUNITY: National City

STATE: California

POPULATION SIZE: 58,000

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 18%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Alejandra Sotelo-Solis,
Mayor

OFFICE ADDRESS OF THE SIGNER: 1243 National City Blvd, National City, CA 91950

Section 2: COMMUNITY CONTACT for the AARP Network of Age-Friendly States and Communities

- The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

NAME: Carlos Aguirre

POSITION: Director of Housing, City of National City

EMAIL ADDRESS: caguirre@nationalcityca.gov

TELEPHONE NUMBER: 619-336-4391

Please describe the named person's role in the city or community's age-friendly initiative:

Director Aguirre is head of the Housing department for the City of National City working closely with our Finance, Parks and Rec and leadership teams to accomplish best practices to incorporate housing for all.

The person named above agrees to be subscribed to the [AARP Livable Communities Weekly e-Newsletter](#), which is one of the primary ways we share useful news and resources. To add additional subscribers, type their names and email addresses into below. Once this application is processed, a subscription confirmation message will be sent so the individual can confirm that they want to subscribe. To subscribe today, follow the link above or visit AARP.org/Livable-Subscribe.

Xiomara Dodson, Mayoral Executive Assistant xdodson@nationalcityca.gov; Alejandra Sotelo-Solis asotelosolis@nationalcityca.gov

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The City of National City will successfully complete the year-one requirements of the AARP Age-Friendly Communities Planning Phase to support development and implementation of National City's Age-Friendly Action Plan. National City will successfully meet the following Planning Phase requirements by: 1) establishing a mechanism to involve older people in all stages of the age-friendly cities and communities process 2) Conduct a comprehensive and inclusive baseline assessment of the age-friendliness of National City. 3) Develop a 3-year community wide action plan based on assessment findings. 4) Identify indicators framework to monitor progress of the action plan.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The community will engage in traditional outreach methods that include over the phone survey, in-person conversations and tabletop discussions as well as social media outreach. This effort will be included in the efforts of the City wide strategic plan efforts which also will include outreach to community service clubs, our local senior center and service providers of our elders.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Through existing partnerships and city wide departments we will look through the lens of older adults and ways in which our community can better serve 60+ individuals as well as those looking to age in community (place). Our staff and community leaders will have the opportunity to hear from experts in the field of aging to be better equipped to discuss creating an Age Friendly community and be a more effective community partner.

Section 4: NETWORK MEMBERSHIP

- Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Strengthen the visibility of AFC efforts and the partnership of local philanthropy to help make it happen.

5) What motivated your community to join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

The motivation stemmed from the City’s strategic planning goal to be an inclusive of all and engaging all our residents. The grant support from The San Diego Foundation is also a value that we can add to our outreach and efforts to connect with our older adult population.

6) Provide a digital file or link of a logo or other image that represents your community and for which you have reprint rights. The image resolution should be at least 72 dpi. As an example of an image, here's ours:

<https://binged.it/2OztYf9>

