



Membership Application

To join the **AARP Network of Age-Friendly States and Communities**
and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarp.org
- If you need additional space for answering the questions you may add an additional sheet of paper

Section 1: COMMUNITY DETAILS

APPLICATION SUBMISSION DATE: 1/10/2019

NAME OF THE COMMUNITY: City of San Diego Parks and Recreation Department

STATE: CA

POPULATION SIZE: 1.42 million

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 13.1 %

**NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Kevin L. Faulconer Mayor
of the City of San Diego**

OFFICE ADDRESS OF THE SIGNER: 202 C Street 11th Floor

Section 2: COMMUNITY CONTACT for the AARP Network of Age-Friendly States and Communities

- The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

Please describe the named person's role in the city or community's age-friendly initiative:

Ms. Fenick will work with the City of San Diego's Parks and Recreation staff on assessing, implementing and evaluating the Age Friendly initiative. Ms. Fenick has been the District Manager of Theapeutic Recreation and Senior Services since 2013. Prior to Ms. Fenick's current role, she was the Supervising Recreation Specialist at the City of San Diego Parks and Recreation Department's Senior Services, where she implemented recreational/social/physical fitness programs for older adults. In addition, Ms. Fenick collaborated with a number of community agencies in order to expand programming for older adults. Ms. Fenick, along with Marla Davis (current Supervising Recreation Specialist), have a good understanding of the needs/interests of older adults and look forward to working with fellow staff on the implementation of the Age Friendly initiative.

The person named above agrees to be subscribed to the [AARP Livable Communities Weekly e-Newsletter](#), which is one of the primary ways we share useful news and resources. To add additional subscribers, type their names and email addresses into below. Once this application is processed, a subscription confirmation message will be sent so the individual can confirm that they want to subscribe. To subscribe today, follow the link above or visit [AARP.org/Livable-Subscribe](#).

NA

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

1.) Social Participation: Provide an increase in program opportunities, such as sports/fitness activities, art classes, current event discussion groups, cultural opportunities, card/table games for older adults. 2.) Respect and Social Inclusion: Provide an increase in intergenerational programs, such as tech programs with youth teaching older adults, cooking programs where older adults teach youth, youth performing at retirement/community centers, hobby sharing with youth and older adults. Goal is to increase an awareness and appreciation of one's differences. 3.) Civic Participation & Employment: Provide an increase in volunteer opportunities for older adults, utilizing their skills and talents, resulting in empowerment.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

Outreach through community forums and surveys to ensure program opportunities are meeting the needs of older adults. Provide senior sensitivity training to educate Parks and Recreation staff regarding helpful hints in working with and providing recreational opportunities for older adults.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Meet with representatives from the City of La Mesa, City of Chula Vista and County of San Diego regarding “learned lessons” of their Age Friendly Initiatives. Continue to collaborate with Aging and Independence Services, San Diego Foundation, Caregiver Coalition and Sharp Healthcare, as well as other community agencies/schools to expand recreation/physical fitness/ educational/intergenerational/volunteer opportunities for older adults.

Section 4: NETWORK MEMBERSHIP

- Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

Currently, the Parks and Recreation Department offers less than 5% of it's programs for older adults, with the majority of programs for youth and teens. Over the next five years, the City of San Diego Parks and Recreation Department will provide a notable increase in program opportunities for older adults, contributing to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities.

5) What motivated your community to join the AARP Network of Age-Friendly States and Communities and the World Health Organization Global Network of Age-Friendly Communities?

The City of San Diego Parks and Recreation Mission Statement is to provide healthy, sustainable and enriching environments for all, which is in line with the three domains (Social Participation, Respect and Social Inclusion, Civic Participation & Employment)

6) Provide a digital file or link of a logo or other image that represents your community and for which you have reprint rights. The image resolution should be at least 72 dpi. As an example of an image, here's ours:

Click here to add a link to where we can find your logo. Or, send a JPEG, PDF or PNG of your logo by email attachment to livable@aarp.org.

