



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 5/31/2018

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: City of Portsmouth

STATE: New Hampshire

POPULATION SIZE: 21,000

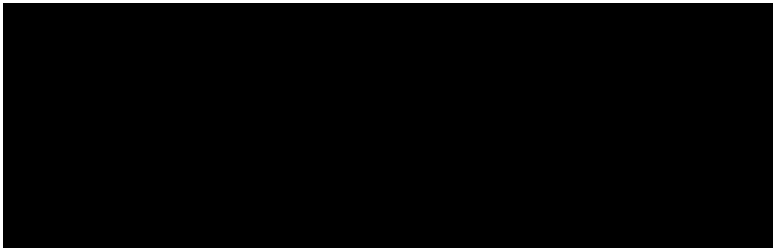
PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 18%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mr. Jack Blalock, Mayor

OFFICE ADDRESS OF THE SIGNER: Mayor's Office, 1 Junkins Ave, Portsmouth, NH 03801

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.



Please describe the named person's role in the city or community's age-friendly initiative:

As directed by the City Manager, the Senior Services Supervisor will be the project leader for the age-friendly initiative in Portsmouth. The senior services department is part of the City's recreation department. The senior services department manages a senior center and works with a variety of city staff/departments, regional agencies, businesses, and citizen groups to promote program and activities for older adults.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

Current: --City of Portsmouth supports a Senior Services Dept through the Recreation Dept. --Subsides a fixed route and senior transportation program. --Senior Activity Center facility with 1,100 members. --Indoor Pool with specific senior programming. --YMCA with specific senior programming. --RSVP's Bone Builders offered in two recreation facilities. --Meals on Wheels offers both delivered and congregate meals. --Bike/Walk Master Plan includes older adult feedback and consideration. --Libaray with an array of programs for older adults including computer services. The City will continue to support and enhance the current programming and partnerships as well as work to build an evironement that includes the 8 Domains of Livability.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

--Re-energize the senior citizen group called PORT. There is also a group working to bring the "Village" model to Portsmouth. I think that would also be a worthwhile group with whom to connect. --There is a large group of seniors who live in the housing complexes and we will plan to include them in this process. --Connect with agencies that use older adult volunteers including the Seacoast Rep, Music Hall, Strawbery Banke, Chamber of Commerce. --Connect with social groups including the Elks. --Host Community Forums (we have a big cookout every year that would be good to promote this initiative)

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

To facilitate collaborative planning between difference agencies and departments is a matter of education about this program. We can do that through a variety of communication methods; email, Facebook, mailings. We can also host events, go to their events, and create an ambassador program with volunteers who go out into the community to talk about the age-friendly initiative and be present at certain planning meetings. The senior center can serve as a conduit for much of this planning.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We hope to be a leader in New Hampshire and provide an example for future age-friendly communities to follow. We will strive to be a good partner and represent the AARP/WHO brand with distinction.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Portsmouth has already been working hard to serve the needs of older adults in our community. When AARP approached us, it made sense to join their established network and formalized program. We are excited to join their network to better support and promote our aging population. [Click here to add a link to where we can find your logo. Or, send us your logo by email attachment to livable@aarp.org.](#)



6) Please provide a digital (JPG, PNG or PDF) file of your logo. Membership Application: AARP Network of Age-Friendly Communities – Page 3

The image resolution should be at least 72 dpi. As an example of an image, here's ours >