



## Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email [livable@aarpp.org](mailto:livable@aarpp.org).
- If you need additional space for answering the questions you may add an additional sheet of paper.

**APPLICATION SUBMISSION DATE:** *Click here to enter a date.*

### Section 1: COMMUNITY DETAILS

**NAME OF THE COMMUNITY:** Town of Goffstown

**STATE:** New Hampshire

**POPULATION SIZE:** 17,800

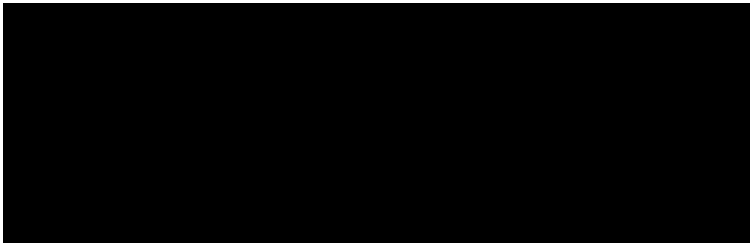
**PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60:** 23%

**NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT:** Mark Lemay, Chairman

**OFFICE ADDRESS OF THE SIGNER:** 16 Main Street, Goffstown NH 03045

### Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.



**Please describe the named person's role in the city or community's age-friendly initiative:**

The Town Administrator serves as both the Department Head responsible for Planning, Zoning, and Economic Development efforts, but also the Town ADA Coordinator and liaison to the Board of Selectmen.

### **Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS**

**1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.**

Goffstown is home to a large percentage of older residents, including those at the Hillsborough County Nursing Home. We were selected for phase 2 of the Southern New Hampshire Planning Commission (SNHPC) "Becoming Age-Friendly" pilot program, in part for our efforts to date. Taxpayers have funded an on-demand transportation program in cooperation with SNHPC and the Manchester Transit Authority. This bus service is available to residents of all ages, but is primarily directed to elderly for shopping and medical appointments. The Goffstown Parks and Recreation Department, Library, and Police Department have several age-friendly initiatives including Bone-Builders exercise groups, Senior Holiday Lights Tour, and a running "Seniors Count" segment on the community access channel. There are several local groups, such as the Senior Health Incentive Network Endeavor (SHINE) that meet regularly and provide community services and companionship for older residents.

**2) How will the community engage and involve older people in the process of becoming a more age-friendly?**

We will build upon our existing networks in the areas of recreation, transportation, volunteer groups, and faith-based groups. The first phase of the Becoming Age Friendly program with the Southern NH Planning Commission helped to build out this support network. We have plans to bring our accessory dwelling unit information on a "road show" to the various senior groups as a way to help people age in place. We are working on a welcome booklet and community newsletter for better information dissemination and outreach.

**3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.**

The town is due for a community master plan revision, so this effort comes at the perfect time. We will host public hearings, make visits to community activities such as art shows and business expos, and speak at volunteer group meetings such as the Rotary and Lions Club. The Phase 2 of the Becoming Age Friendly Pilot program with SNHPC is a great way to strengthen the relationships we have already made, and exercise collaborative planning.

**Section 4: NETWORK MEMBERSHIP**

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

**4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?**

Goffstown can be a great example of a community with a Main Street that is also a main State road. Infill development and village renovation efforts are helping make our community desirable. In addition, we directly abut Manchester, the largest city in New Hampshire. We can be a great example of a community that provides connectivity with resources in the city next door, but with all the comforts of a quieter place to live and enjoy the outdoors.

**5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?**

The Southern New Hampshire Planning Commission “Becoming Age Friendly” program started the process, as well as the opportunity for our Town Administrator to attend the Livable Communities Conference.



*Will email logo file.*

**6) Please provide a digital (JPG, PNG or PDF) file of your community.** Membership Application: AARP Network of Age-Friendly Communities – Page 3

The image resolution should be at least 72 dpi. As an example of an image, here's ours >