



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and**

- If you have questions
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 1.30.18

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Sullivan

STATE: Maine

POPULATION SIZE: 1236 (2010 census)

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 12.5% age 65+

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Russell Gordon, 1st Selectman

OFFICE ADDRESS OF THE SIGNER: 1888 US Highway 1, Sullivan, ME 04664

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work – it is not the responsible AARP staff member.

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Please describe the named person's role in the city or community's age-friendly initiative:

Rob Eaton is the Sullivan Town Manager and the responsible town employee to oversee this initiative. Candy Eaton is the lead volunteer to coordinate activities, collect and assess data, maintain records, develop new initiatives. She has extensive experience in developing and managing new projects, fund development & fiscal management, collaborating with other organizations, serves as on the library Board of Trustees, and maintains the town's website, as well as the website for the Historical Society.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

Sullivan's citizens have actively initiated some programs to address the needs of the community by addressing the various domains identified in the "Essential Features of Age-friendly Cities". All will need to be reviewed using the WHO checklist. **Outdoor Spaces:** With the leadership of the Frenchman's Bay Conservancy, hiking trails have been developed and mapped. With leadership from the Library, weekly walks (Monday 5pm, Tuesday & Thursday 1pm) on flat surface at the Rec Center have been continuing for a year. The Sunrise Trail (86 mile rails to trail project) runs through Sullivan offering a flat trail available year-round. A public beach and boat ramp on local lake provides swimming, fishing & boating opportunities in the summer, with ice fishing, snowmobiling, snowshoe and cross-country skiing opportunities in the winter. **Transportation** is a major barrier as there is no public transportation. **Housing** stock is primarily single-family, old and needs to be assessed for aging-in-place opportunities. **Social participation** opportunities include: Library, Recreation Center, Adult & Community Education, Historical Society, Churches, public suppers, etc. More is needed and desired. **Respect and Social inclusion** needs to be assessed and improved. **Civic participation** is primarily by seniors and retirees; while very few employment opportunities exist within the community borders. **Communication and Information** – Sullivan recently established a new website www.sullivanmaine.org and Facebook page. More is needed and desired. **Community and health services** – currently, all residents must travel to neighboring communities to access healthcare and social services. The community recently became a "Heart Safe" community with assistance of the volunteer fire department.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

A volunteer committee of our seniors has been established to research the requirements for becoming a more age-friendly community. A needs and asset assessment will provide a baseline assessment for the community with a community-wide plan of action to be developed based on that assessment.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

As of today, 45 Maine communities have become "age-friendly", with 12 towns in our county alone. We will collaborate with these communities, Ellsworth's Senior Center, Eastern Area Agency on Aging and various healthcare & social service agencies. Members of our committee have served in a variety of educational, health and social service agencies and have maintained relationships with them all. Our lead volunteer has extensive experience in developing Family Resource Centers and managing various human service projects in collaboration with federal, state, local and private non-profit agencies and foundations.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Sullivan is a rural, coastal Maine community that has a distinct winter population with an increased summer population. We are situated between Acadia National Park on Mount Desert Island and Acadia National Park at Schoodic Point. Picturesque and poor in the winter, bustling and economically thriving in the summer create the challenge to meet the needs of our community seniors. We will obtain and maintain data that will be used to inform our goals, objectives and strategies as we address the needs of our community – of all ages.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

AARP's resources are an incredible value to a small community. We are looking forward to using the evaluation tools, resources, and guidance to make our community more livable, no matter what a resident's age or needs. Reviewing lessons learned from our neighboring communities, will help us move forward more quickly, without reinventing the wheel.

Click here to add a link to where we can find your logo. Or, send us your logo by email attachment to livable@aarp.org. See attached Sullivan Seal (PDF)

6) Please provide a digital (JPG, PNG or PDF) file or link of a logo or other image that represents your community.

*The image
ours >*



resolution should be at least 72 dpi. As an example of an image, here's