



City of Caribou, Maine

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February 27, 2018

Lori Parham AARP Maine State Director
53 Baster Blvd
Portland ME 04101

Dear Ms. Parham,

On behalf of the City of Caribou, I am pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. Caribou recognizes the importance of encouraging and promoting age-friendly planning and policies to address changing demographics and to enhance independent living, and is committed to a process of continual improvement to support active and healthy aging.

Caribou is a warm and friendly community and we recognize the needs of our growing senior population. It is our desire to become recognized as senior friendly and to promote our distinctive opportunities for older adults to enjoy the wonderful environment we share and to remain active and engaged members of our community.

As part of our involvement and commitment we will conduct a base assessment of the community's age-friendliness and develop a community action plan based on the findings of the assessment. We will involve older residents deeply in the planning process and we commit to monitoring progress toward implementing the action plan.

We know that this important designation would be a rallying point for community members, organizations and stakeholders. We look forward to working together to celebrate seniors and promote healthy living, active lifestyles and endless adventures!

Sincerely,

David Martin, Mayor
City of Caribou

