



John M. Parent  
Hudson Board of Selectmen Chair  
78 Main Street  
Hudson, MA 01749

February 26, 2018

Mr. Michael Festa  
AARP Massachusetts State Director  
One Beacon Street, Suite 2301  
Boston, MA 02108

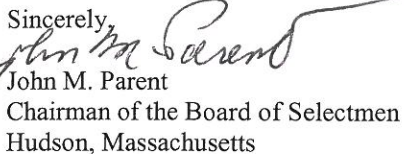
Dear Mr. Festa,

It is with great pleasure that I write to you today on behalf of the Town of Hudson to express our ongoing commitment to creating an Age-Friendly Community, and I respectfully request membership to the AARP/WHO Global Network of Age-Friendly Cities and Communities. Hudson is submitting this letter and its application as a part of a 14-town collaborative effort<sup>i</sup> of the Minuteman Advisory Group on Interlocal Coordination<sup>ii</sup> (MAGIC) to advance regional age-friendly planning, as well as part of the regional MetroWest Mass in Motion project that aims to promote healthy eating and active living among residents of all ages, and includes an Age-Friendly initiative.

According to the 2016 American Community Survey, 23% of the Town of Hudson population is over the age of 60, with another 23.8% between the ages of 45 and 59. These numbers will continue to increase in the coming years. In response to the demands that this demographic shift will place on housing, transportation, health care, and other services, the town is looking to ensure that current efforts and planning allow older residents to lead stable, engaged, and healthy lives, both now and in the future.

Through Mass in Motion and the Minuteman Advisory Group on Interlocal Coordination, Hudson will continue to advance age-friendly planning and solutions with a focus on two particular issues: housing and transportation. Where the town has limited public transit and is largely car-dependent, solutions must address needs for older adult mobility, particularly for those that do not drive cars, and including active transportation solutions that support active and healthy lifestyles. In Hudson, the available housing stock may not meet the needs of adults as they age and as their households get smaller. Therefore, solutions must be responsive to older adults across their lifetime, and must also include adequate affordable options to ensure that residents may continue to age in their communities. Through Mass in Motion, we are currently researching what our community members see as important to maintaining healthy lifestyles and successfully aging in place. Based on these results, our two intercommunity coalitions can build on successes and identify and implement regional housing and transportation solutions for older adults both for the near term and into the future.

Thank you for your consideration of our membership to the World Health Organization's Global Network of Age-Friendly Cities and Communities. We look forward to our partnership in building an age-friendly community.

Sincerely,  
  
John M. Parent  
Chairman of the Board of Selectmen  
Hudson, Massachusetts

<sup>i</sup> The regional age-friendly effort is a collaboration between Acton, Bedford, Bolton, Boxborough, Carlisle, Concord, Hudson, Lexington, Lincoln, Littleton, Maynard, Stow, Sudbury and Westford.

<sup>ii</sup> MAGIC is a subregion of the Metropolitan Area Planning Council, and is the convener of the regional Age-Friendly initiatives. More information: [www.mapc.org/magic](http://www.mapc.org/magic)