

## RESOLUTION NO. 18-1542

**A RESOLUTION OF THE TOWN COUNCIL OF THE TOWN OF MIAMI LAKES AUTHORIZING THE MAYOR TO EXECUTE A LETTER OF COMMITMENT FOR THE TOWN TO BE RECOGNIZED AS AN AARP AGE FRIENDLY COMMUNITIES DESIGNATION; AUTHORIZING TOWN MANAGER TO SUBMIT AN APPLICATION FOR THE TOWN TO BE RECOGNIZED AS AN AARP AGE FRIENDLY COMMUNITY; PROVIDING FOR INCORPORATION OF RECITALS; AUTHORIZING THE TOWN MANAGER AND TOWN ATTORNEY TO TAKE NECESSARY MEASURES TO IMPLEMENT THE RESOLUTION; AND PROVIDING FOR AN EFFECTIVE DATE.**

**WHEREAS**, a goal of the Town of Miami Lakes (the “Town”) is to enhance the quality of life through land use, efficient provision of public facilities and services, protection of neighborhoods, and conservation of built and natural assets which define the Town; and

**WHEREAS**, the Town aims to cater to its diverse population, including those which aim to age in place; and

**WHEREAS**, in order to make the Town a livable community for all its residents, of all ages, the Town is seeking to become an AARP Age Friendly Community; and

**WHEREAS**, benefits of becoming an AARP Age Friendly Community include opportunities for partnerships with other cities, access to information regarding best practices, events initiatives, mentoring and peer review from members cities among others; and

**WHEREAS**, there is no fee for application or participation; and

**WHEREAS**, the AARP Network of Age-Friendly Communities is an affiliate of the World Health Organization’s Age-Friendly Cities and Communities Program, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization. The program has participating communities in more than 20 nations, as well as 10 affiliates representing more than 1,000 communities; and

**WHEREAS**, the global population of people aged 60 and over is expected to grow from 600 million in 2000 to almost 2 billion by 2050; and

**WHEREAS**, in the United States, the population of people aged 65 and over is expected to grow from 35 million in 2000 to 88.5 million by 2050, taking the total share of the 65+ population from 12 percent to 20 percent of the total population; and

**WHEREAS**, research shows that older Americans overwhelmingly want to remain in their homes and communities as they age; and

**WHEREAS**, access to quality health care and long-term services and supports is essential for individuals to live in their homes and communities; and

**WHEREAS**, of the 80 percent of adults 65 and older living in metropolitan areas, 64 percent live outside the principal cities of these areas in suburban locations that tend to be auto-dependent, creating challenges for residents who do not drive; and

**WHEREAS**, 21 percent of adults age 65 and older do not drive, and more than half of these non-drivers do not leave home on a given day, in part because they lack transportation options; and

**WHEREAS**, reduced mobility for older non-drivers leads to 15 percent fewer trips to the doctor, 59 percent fewer shopping trips and visits to restaurants, and 65 percent fewer trips for social, family and religious activities; and

**WHEREAS**, the World Health Organization (WHO) has developed a Global Network of Age-Friendly Cities and Communities to encourage and promote public policies to increase the number of cities and communities that support healthy ageing and thereby improve the health, well-being, satisfaction, and quality of life for older Americans; and

**WHEREAS**, active ageing is a life-long process, whereby an age-friendly community is not just “elder-friendly” but also intended to be friendly for all ages; and

**WHEREAS**, the WHO has noted that “making cities and communities age-friendly is one of the most effective policy approaches for responding to demographic ageing,” and

**WHEREAS**, the WHO has developed eight domains of community life that influence the health and quality of life of older people:

**1. Outdoor spaces and buildings** – accessibility to and availability of clean, safe community centers, parks, and other recreational facilities;

**2. Transportation** – safe and affordable modes of private and public transportation, “Complete Streets” types of initiatives, hospitable built environments;

**3. Housing** – wide range of housing options for older residents, ageing in place and other home modification programs, housing that is accessible to transportation and community and health services;

**4. Social participation** – access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people;

**5. Respect and social inclusion** – programs to support and promote ethnic and cultural diversity, programs to encourage multigenerational interaction and dialogue, programs to combat loneliness and isolation among older residents;

**6. Civic participation and employment** – promotion of paid work and volunteer opportunities for older residents; opportunities for older residents to engage in formulation of policies relevant to their lives;

**7. Communication and information** – promotion of and access to the use of technology to keep older residents connected to their community and friends and family, both near and far; and

**8. Community support and health services** – access to homecare services, clinics, programs to promote active ageing (physical exercise and healthy habits); and

**WHEREAS**, the WHO recognizes that cities and communities have different needs, resources, and varying capacities to engage their resources to take action to facilitate active ageing; and

**WHEREAS**, should the Town be selected, the Town will be required to conduct a comprehensive assessment of age-friendliness, housing, outdoor spaces and buildings, transportation and streets, social participation, inclusion, among others; and

**WHEREAS**, the Town will have two years to develop a three-year community plan with support from the AARP; and

**WHEREAS**, the Town Council believes it is in the best interest of the Town to forward a letter of support and apply for AARP Age Friendly Community program.

**NOW, THEREFORE, BE IT RESOLVED BY THE TOWN COUNCIL OF THE TOWN OF MIAMI LAKES, FLORIDA, AS FOLLOWS:**

**Section 1. Recitals.** The foregoing Recitals are true and correct and incorporated herein by this reference.

**Section 2. Authorization of Town Officials.** The Town Manager and/or his designee and the Town Attorney are authorized to take all steps necessary to implement the terms and conditions of this Resolution, including the completion and submission of an application for the AARP Age Friendly Community program, and any amendments, extensions or supplemental agreements required in furtherance of this program.

**Section 3. Authorization to Submit a Letter of Support.** The Town Mayor is authorized to execute a letter of support with a copy of this Resolution in furtherance of the Town's application to AARP Age Friendly Community program.

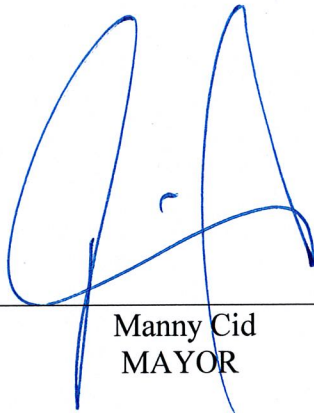
**Section 4. Effective Date.** This Resolution shall take effect immediately upon adoption.

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Passed and adopted this 5<sup>th</sup> day of June 2018.

The foregoing resolution was offered by Councilmember Mestre who moved for adoption. The motion was seconded by Councilmember Collazo and upon being put to a vote, the vote was as follows:

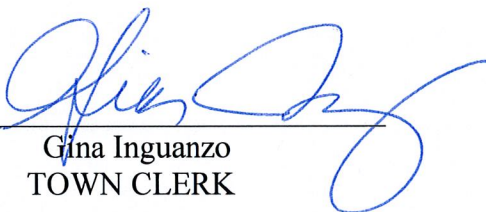
Mayor Manny Cid	<u>yes</u>
Vice Mayor Frank Mingo	<u>yes</u>
Councilmember Luis Collazo	<u>yes</u>
Councilmember Tim Daubert	<u>yes</u>
Councilmember Ceasar Mestre	<u>yes</u>
Councilmember Nelson Rodriguez	<u>Absent</u>
Councilmember Marilyn Ruano	<u>yes</u>



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Manny Cid  
MAYOR

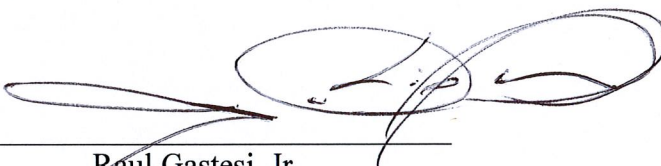
Attest:



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Gina Inguanzo  
TOWN CLERK

Approved as to form and legal sufficiency:



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Raul Gastesi, Jr.  
Gastesi & Associates, P.A.  
TOWN ATTORNEY